

**THE DAILY NEWS**  
 PRINCE RUPERT, BRITISH COLUMBIA  
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 G. A. HUNTER, MANAGING EDITOR

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### YANKS WIN OVER NAVY

Score of 58 to 44 Last Night in Exhibition Basketball Game.

Forcing the crack Yanks quintet to extend themselves in order to gain the verdict, the improved Navy team dropped a fast exhibition basketball game by 58 to 44 count in the Naval Drill Hall last night. It was the twentieth successive win for the Acropolis Hill eagles.

The scheduled clash between the Yanks and Reserve Army was called off so the former elected to play a friendly tilt with the Navy. At that the fixture didn't look very friendly at times due to rough play. Three players were knocked down in one collision but it was laughed off by all concerned.

The game was of the bright, crowd-pleasing type and there was sharp shooting in large amounts. Wallace, of Navy, was top score with 20 points, while Garzelloni, of the Yanks, secured 18.

At half-time with the score tied at 24-all. The Yanks started clicking on close-in shots and by the start of the last quarter they led 40 to 32.

Most of the Navy counters were made the hard way from quite a distance from the basket, and the sailors inability to keep pace with the Yanks on sinking shots from close-in proved their undoing.

Line-ups follow:  
 Yanks—Willoughby, Laena 8, Keizer 10, Garzelloni 18, Page, d'Antremont 8, Brugger 2, Dice 10.  
 Navy—MacLeod 2, Carlisle, Humber 4, Wallace 20, Thorburn 2, Kelly 2, Martin 14.

### ACTIVITIES OF Y.M.C.A. AND Y.W.C.A.

By DOROTHY GARBUTT

If anyone took a parcel—unopened—marked "Arthur Peacock", or an iron—electric—by mistake from the Empress offices will they please return them to Arthur and to Walker Wiley respectively. Both gentlemen hope an error has been made, just the same as I hoped it was a mistake that my brand new Colman lantern was taken from the store cupboard at the hut. Errors like that are costly—for those who are the victims of such mistakes.

I think you will like the following. Arthur Peacock gave it to me. Judge Enright of Toronto and Oshawa was so taken with it that he had it reproduced for his friends and gave one to Arthur's parents. I quote:

"Youth is not a time of life—it is a state of mind. It is not a matter of red lips and supple knees; it is a temper of the will, a quality of the imagination, a vigour of the emotions; it is a freshness of the deep springs of life. Youth means a temperamental predominance of courage over timidity, of the appetite of adventure over the love of ease. Nobody grows old by merely living a number of years; people grow old by deserting their ideals. Years may wrinkle the skin but to give up enthusiasm wrinkles the soul. Worry, doubt, self-distrust, fear and despair—these are the long, long years that bow the head and turn the growing spirit back to dust. Whether seventy or sixteen, there is in every being's heart, the love of wonder, the sweet amazement at the stars and starlight things and thoughts, the undaunted challenge of events, the unflinching childlike appetite for what next, and the joy and the game of life. You are as young as your faith, as your self-confidence, as old as your despair. In that central place of your heart, there is a wireless station; so long as it receives messages of beauty, hope, courage, grandeur and power, from the earth from men and from the Infinite, so long are you young. When you are all down and all the central place of your heart is covered with the snows of pessimism and the ice of cynicism, then are you old indeed—and may God have mercy on your soul!"

**FROM GRID TO NAVY**  
 GREAT LAKES, It., Feb. 22.—Four members of Notre Dame's national football champions of 1943 are stationed at Great Lakes naval training station. They are Jim White, Jim Tharpe, Jim Mello and Bob Hanlon.

### WIVES OF GENERALS—TRAVELLED FAR AFIELD

Mrs. E. L. M. Burns Makes "Real Home" in Canada After Surviving Earthquakes and Blitz.

By Helen Bannerman (Canadian Press Staff Writer)  
 OTTAWA, Feb. 22.—Devoted to her home and 10-year-old daughter Mary Eleanor, the wife of Maj.-Gen. E. L. M. (Tommy) Burns is busy making a "real home" for her husband to return to when the war is won.

Mrs. Burns knows the loneliness of a home with the "man-of-the-house" overseas for she last saw her husband two years ago when he returned to Canada briefly as officer administering the Armored Corps. Last spring he was promoted to a divisional command overseas.

The quiet house in Ottawa's sandy hill district where Mrs. Burns and Mary now live is filled with souvenirs of far-flung places where the family has visited or lived. Benarès brass bowls, rich Indian rugs and an unusual brass table take their place beside family pictures in the Victorian living room.

Mrs. Burns and Mary experienced the blitz in England during the first year of war when Gen. Burns was at Canadian Military Headquarters. Memory of the nightmare of bombing which visited their quiet Devon home makes Mrs. Burns appreciate doubly the quiet life she leads in Canada's capital.

"The voyage back was uneventful but it was nerve-racking because the danger of submarine attack was so great then," Mrs. Burns said. "I planned several ways of saving Mary if we were torpedoed and there was never anyone more thankful when we reached Canada safely."

### THREE YEARS IN OTTAWA

In the three years she has been living in Ottawa Mrs. Burns has been a member of the executive of the Royal Canadian Engineers Women's Auxiliary and is one of the supervisors of the Women's Hostel for service women.

The excitement of far places has come often into Mrs. Burns' life for in 1927, as a bride, she accompanied her husband, then a major, to Quetta, India, where he attended the Imperial Defence College for three years. During their stay there were two minor earthquakes.

"But the life in India was wonderful," Mrs. Burns said. "We could play the outdoor games we both like so much."

Music is Mrs. Burns' hobby, and outdoor sports of all kinds her relaxation. Her daughter, shares her enthusiasm for both. Mrs. Burns, only daughter of the late Dr. and Mrs. Daniel Phelan of Kingston, Ont., met Gen. Burns there when he was an instructor at Royal Military College.

### FOR HIM I WAIT

By Violet Dynes, Coquitlam

At night when wheels of toil are still  
 And it is time to rest,  
 I seek his coming o'er the hill  
 From out the sunset west.

I breathe a thankful little sigh  
 Awaiting his approach,  
 And wish that he could really fly  
 By chariot or winged coach.

This is my hour and it shall be,  
 By cunning and contriving,  
 'Tis worth each day's anxiety  
 To see him thus arriving.

Faithful and true the long year  
 through,  
 This one who brings such joy,  
 But heaven knows I must disclose.  
 It is my paper boy.

### TIMELY RECIPES

#### POTATO CHEESE SOUFFLE

2 cups mashed potatoes  
 1 cup grated cheese  
 2 eggs, separated  
 2 tablespoons melted fat  
 1-3 cup milk  
 1/2 teaspoon salt  
 1/4 teaspoon pepper  
 1/2 teaspoon mustard

Mix grated cheese thoroughly with potato. Beat egg yolks until thick and lemon coloured and combine with milk, melted fat and seasoning. Add to the potato mixture and beat smooth. Fold in stiffly beaten egg whites. Turn into a well-greased baking dish, set in a pan of hot water and oven-poach in a moderate oven, 350 degree F, until set, about 40 minutes. Six servings.

# Why Most Young Mothers Use this External Way To Relieve Miseries of Children's Colds



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### Basketball Buzz

If past records are any criterion, the Air Force Women's Division Engineering Department should play an interesting game at Number Four Group, R.C.A.F. tonight. The stake will be first place in the Women's Area Basketball League for in four games the W.D.'s have lost none and the U.S.E.D. girls have dropped only one decision.

In the third game of the triple header tonight, Coast Battery clashes with Ontario Regiment. The first tilt will see Booth Memorial High School facing the Maple Leafs in another girls' game. The winner of this game will hold third place.

The latest league standing follows:

| Women's Division | P. | W. | L. |
|------------------|----|----|----|
| Air Force W.D.'s | 3  | 3  | 0  |
| U. S. E. D.      | 4  | 1  | 1  |
| High School      | 3  | 2  | 1  |
| Maple Leafs      | 4  | 2  | 2  |
| Last Resort      | 4  | 1  | 3  |
| C.W.A.C.'s       | 4  | 0  | 4  |

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### A Helpful Film . . .

A special short subject entitled "Training Table," now showing on the Capitol Theatre screen, is as attractive and impressive an exposition of the importance of food in physical development and maintenance as has been seen. The picture centres on scientific dietetics as applied to the Royal Canadian Air Force and gives a fine insight into the reason why such a fine body of men is being developed in that force. The picture can be recommended as being very helpful to all citizens in the way of conveying valuable food suggestions, particularly in the way of balanced and efficient diets. Of course, housewives will point to the difficulty, on account of rationing restrictions and general shortages, of obtaining adequate supplies of some of the recommended foods. The people in the forces have it over the civilians in this regard.

### St. John Ambulance . . .

It is to be regretted that interest in the annual meeting of the local St. John Ambulance Association, called for Sunday afternoon was so slack that only the executive was in attendance. It is another of the essential community activities, of particular importance in these days of war risk and peril, which should be kept up and which can only be maintained by the support and assistance of the citizens themselves. The lack of interest does not speak well for the appreciation by the citizens of their responsibility both to the community and to themselves.

First aid organization is but one of the voluntary civilian functions which seem to have fallen upon lethargic days.

It might be said for this as well as other activities of a like nature that there are many new citizens in Prince Rupert these days who are as much interested and concerned as the residents of longer standing and they should be accorded a better response to civilian protection organization.

At the forthcoming adjourned annual meeting, it is to be hoped there will be a more adequate attendance to formulate plans for carrying on the work.

### Russia Vast Country . . .

The news keeps us constantly thinking about Russia now: sometimes not about her war effort so much as about her plans for the postwar world. Now the whole constitution of the U.S.S.R. has been transformed. The sixteen republics constituting the Soviet Union are to be reorganized on a federal basis, each with its own military forces, each with its own business representative at foreign capitals; a sort of Russian "Commonwealth of Nations," like the British Commonwealth of Nations, held together by common ideals, but each managing its own affairs.

There are so many racial groups speaking so many different languages, and with such different interests, in the Soviet Union as to require for efficiency of management a decentralization such as this.

Few of us realize how vast and intricate is that population, occupying one-sixth of the whole surface of the globe. The original Russia, commonly now called "Great Russia," has not much more than half of it. Some 52 per cent are inhabiting twenty provinces in the central and northern part of the country marked "European Russia" on our map, with Moscow as centre. From the original nucleus, after a manner not unlike the expansion of the British Empire, developed a vast system of Dominions, beginning in the sixteenth century. It will take a long time for the sixteen republics into which the new federal Soviet Union is divided, to develop anything like our Commonwealth.

But, as Mr. Roosevelt would put it, they are perhaps "on the way." It took Lenin's Russia considerable time to evolve into Stalin's Russia and Stalin's Russia may well evolve far further. At least it has merited the best wishes of the ally it has so signally served. And we might argue, from the experience which the last 2 1/2 years have brought, that instead of the old warning, "don't expect too much from Russia," we should warn ourselves and one another never again to set limits to what that marvellous people may achieve.

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