for best results:

vent scorching. Pack solidly in

that it is covered with juice.

degrees fahrenheit.

Grand

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landing.

ONE MAN'S INCOME

IS ANOTHER MAN'S

OUT.

READY FOR COMBAT

J.S. Ferry Pilots Take Novel Moniker

Weatherbound Airmen in the North Join Nose Pickers Association

WATSON LAKE, Y.T., June 27 in a bewildered fashion at sign in the Operations Office which says: "N.P.A. - Watson Lake Chapter."

The N.P.A., the curious are told, is the Nose Pickers Associa tion. ("Nose picker" is strictly a ferry pilot term and absolutely acceptable in aviation circles The association is limited U.S. Ferry pilots and, just like the now-famous "Short Snort ers," has its own rules.

To become eligible for membership, a pilot must have "picked his nose" at a station for at least three days while as the jar is being filled. waiting for the weather to break or for repairs to his plane. But to be accepted into full N.P.A. membership, he must present to the association a "nose picker," carved by himself in wood.

with keen rivalry as to the wood- everyone knows that milk comes secretary of state for Scotland, radio sets, weapons, ammuni-cutting capabilities of the pilots under this category too. Nutriti- died at her farm home here, professional exception and light equipment neces- who find carving one answer to tion Services say that the ribo- aged 102. She managed the three-mile grind. He was real call to invasion came in secgranted from the sary to support them upon the many hours they must while flavin in milk is destroyed by farm's affairs until three clocked in 15:42.1 with Cpl. Dave recy, and correspondents faded away when "weathered" in. light, so it is important to put months ago.

The Experts Say - - -CAN RHUBARB NOW - "The milk in the refrigerator or in wise housewife is canning rhu- another cool, dark place, as soon

barb now," says Laura Pepper, as it is delivered. IMPORTED CELERY- Prices chief of the Agriculture Department consumer section, and she for celery may be high now, suggests the following methods while it is being imported from the United States, but the Cana-Wash and cut the rhubarb in dian crop, which will be cheaper small pieces, but do not peel, is coming along. While the high over the world has its own pe- Crush part of the fruit in the price of imported celery is due to culiar organizations and vocals- bottom of a preserving kettle the lack of a U.S. price ceiling ulary. But perhaps the most un and add the remaining fruit on it, the Prices Board also the juice starts to flow. If nec- pears and plums will be sold at a essary add a little water to pre- controlled prices.

VICTORY GARDENS-Hoeing sealers crushing fruit slightly so under the blazing summer sun may not be comfortable but it is Partially seal the sealer and the right attack on weeds in a process in a boiling bath for 15 sprouting victory garden. minutes for pints, 20 minutes for perienced gardeners say quarts. With a thermostatically most important to destroy weeds the second placed armored divi- raided a port where some of controlled oven process pints for when they are small to prevent sion. Rosen's feats included tri-them were spending the night 25 minutes and quarters for 30 them using up the moisture and umphs in the 100-yard dash and aboard ships of the invasion minutes at a temperature of 275 plant food that should go to the the 220-yard event. The Winni-fleet. young and growing vegetables.

Fruit put up this way may be | CHOPPED MEAT spoils quickdone with or without sugar. If ly and should be put away in P. F. Taylor, a gunner from Oak-bombs were dropped. The raidweetened fruit is wanted add the coldest part of the refriger-34 of a cup of sugar in small ator. Better still, chop it just be- H. Cox of Fort William, Ontario, of that area's fiercest barrages amounts between layers of fruit fore using. Another meaty tip: never cool boiled ham or any ond place in the 220. The win- The co-incidence of the mass VITAMIN D is being wooed at other meat in the broth. Remove ning time was 25.1 seconds. gatherings of naval writers and this time of year when health as soon as it is cooked. Cool and Lieut. W. W. Knapp showed a an invasion port raid probably seekers are getting just as much store meat and broth separately.

sunshine as possible, and most people know enough these days BARKESTONE, Eng., ()-Mrs. to protect their skin from too Results are hung up in the much exposure to the direct Mary Hornbuckle, aunt of Sir Operations office and produce rays of the sun. However, not Horace Hamilton, permanent

Sport Chat

A fleet fellow who soared through the air with the greatest of ease blasted a Canadian Army record when a Canadian Corps in Britain halted on invasion eve for a turn of sport. Lieut. E. B. Morgan of Leamington, Ontario, featured the Corps' track and field championship by covhop, step and jump. It smashed fore history's greatest armada Brinsdon of Moose Jaw, Sask., means of working out problems cine. who placed second.

peg took the individual championship of the meet by compil- dence, but it is a fact that ing 10 points that helped his few hours after naval corresinfantry division win the team pondents gathered at the Adtitle with 74 points to 26 for miralty in London the Luftwaffe pegger broke the tape in the This was apparently a reconcentury in 10 seconds flat, with naissance raid although a few ville, Ontario, inches behind. W. ing planes were subjected to one chased Rosen hard to take sec- of the war. snappy finishing sprint that was probed by Allied Intelli-

a few yards behind. Officers another rehearsal. gained their third and final vic- THE "FALSE tory in the running high jump START" when Lieut. K. R. Wallace of The rehearsal began with a Edmonton, Alta., cleared the bar oll to each correspondent askat five feet, eight inches. Brins- ing him to report at a certain don, second in the hop, step and hour the following morning. jump event, soared into his ser- | Correspondents scheduled to acond place. Pte. S. J. May company the forces were divided nard of Toronto leaped 21 feet | into groups.

tario, third. G. Kemp of Montreal. Cpl. J. L | ture would be that the "big Nicholson of Bonnyville, Alberta. show" was about to start. ry team won the mile relay writers disappeared. Members were Beck, Cpl. I. M. As an example of the attenvevy of Wolfville, N. S., and tion drawn to the mass array of Ptes. G. A. Patterson of Hanover. fully equipped correspondents Intario, and W. E. Hunter of gathered outside the Admiralty Toronto. An armored team pull- in full view of passing crowds ed itself to victory in the tug- an English correspondent told f-war classic and winning the spokesman that his taxi members included Cpl. P. K Fanning of Port Arthur, Ontari and Ptes. D. W. Campbell, Min- "Blimey, Guy, is the big show Ont.; M. Huston, Port- going to start?" age La Prairie, Man.; J. Sanders Fort William Ontario.

SOO-SUD NOTES

Rifleman James Robert Cat- gloves to serve as protection ling, son of Mr. and Mrs. Charles against gun flashes. Then, they Catling, Queen Street, Sault Ste. were transported to British ports Marie, has been killed in action and divided into groups to stay overseas, it was offocially re- the night aboard ships. ported to his parents recently. | Enroute to the ports they He was in the army three years passed long lines of varied-type and formerly worked for the vehicles waiting to be taken Northern Foundry Company.

merly worked for the Abitibi construction. Paper Mill will hold their senior- One group boarded a small ity until they return, George landing craft which raced Hicks, local president of the through the harbor area de-Pulp, Sulhpite and Paperworkers positing correspondents on varisaid that the union had an one mishap as the newspapera reament with the manage- men, some of them comparative

ment to that effect. from East Avenue to Gore Av deck of their transport. enue, will be paved, City Engineer E. E. Smith has announced The work will be begun immediately by the Sterling Construction Company of Windsor.

More than 5,000 people have made donations of blood at the Sault Blood Donors' Clinic in the past year, it was learned or the first anniversary of the clinic's founding, recently.

SPITE BRINGS WARNING LONDON, (P) - Janet Brigg: vas discharged from an engineering firm for misconduct. She was hailed into court fo: having 'phoned a director of the firm 1,600 times in the year afte her dismissal and was bound over for 12 months.

S. Loubser D.C., B.A.

CHIROPRACTOR Phone 640 Wallace Block

Allied Correspondents Invasion Navy Staged Big Rehearsal as a Security Measure

WITH THE INVASION FLEET June 27 (P) -Allied correspondents attached to the invasion

C.Q.M.S. Bert Rosen of Winni- to be unsnarled before H-Hour. Possibly it was just a co-inci-

brought victory in the 880-yard gence. It was known among the event in the time of 2:6.8. Pte. newspaper fraternity that such S. Smith of Hamilton, Ontario, a public display of battle-ready

crossed the line in second place correspondents was arranged Another Hamiltonian, Sgt. G purposely with the question of Elliott, showed a wealth of sec- security and possible informaend front stamina in winning tion leakage in mind. Later, the Canavan, a Northern Irishman away with few realizing they attached to the Canadian Army had departed on anything but

134 inches, to victory in the run- Escorted to a large conference ning broad jump while Pte. G room they were told bluntly W. Hetherington of St. James that this was an information-Manitoba, was second and Pte eeking false start. The press D. W. McLean of Brockville, On- liaison naval spokesman pointed out, for example, that those cor-A signalman from Gaspe respondents who were in the Quebec, R. P. Beck, took the habit of visiting local pubs for 440-yard dash in 54.2 seconds a beer or two would be missed beating his superior, Capt. J. P by their acquaintances; conjec-

paced himself to a stirring tri- When the correspondents reumph over Sgmn. E. J. Young of turned within a few days the Moncton, N. B., in the mile run | "quessing gang" would be Nicholson's time was 4:41.3. In squelched and rumor would not just one second less an infant- run rampant the next time the

river took one look at the asmblage and said:

ULL EQUIPMENT SSUED

Following the meeting corresondents were issued sea-going ar-such as duffle coats, sea pots and white headgear and

board vessels, and saw at least Men on overseas duty who for- one prisoner-of-war pen under

nion, told an interviewer. He ous infantry ships. There wasn't landlubbers, scrambled up the One mile of Queen Street ships' sides from the bobbing

Salt Loss in Sweat May Cause Paralysis

NEW YORK, June 27 (9) --Tests on children with infantile paralysis which suggest that loss of salt in sweating is a reason why this disease is reputed to ering 2 feet, four inches, in the navy got off to a false start be- attack the most robust children, and why it strikes mainly in the former mark by nine inches got under way. It was organized summer, have been reported by James F. Rinehart, University usual is at this northern out. Heat for a few minutes or until points out that imported peaches and a security measure and a of California School of Medi-

Dr. Rinehart measured the salt in the blood of children ill with infantile paralysis last mmer and early in this illness found frequent signs of alt depletion.

Attention to salt and water metabolism would appear desirable in treating infantile paralysis, he reported.

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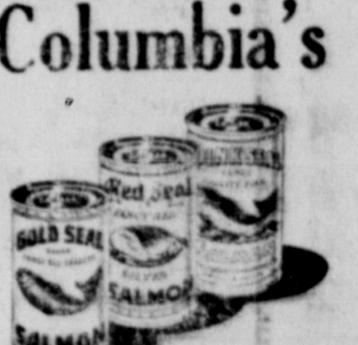


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If one person demands higher prices-another higher profitsanother a higher wage or salary -soon everybody would be making the same demands-demands on everyone else.

Then costs of production could not be controlled.

The ceiling could no longer be held.

Living costs would go up-

OUTgo

IF rising prices and costs were allowed to keep pushing each

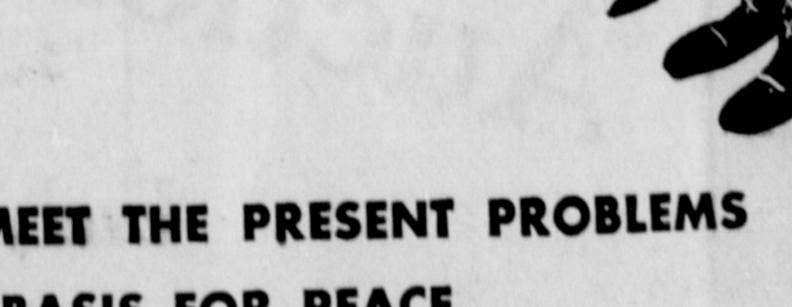
other up, inflation would be unavoidable. That's what inflation

is-a panic rise in prices-with money losing its value and con-

fusion everywhere. To prevent inflation, a ceiling has been set

on prices and profits, -wages and salaries have been controlled.

and INcome begin their frantic rise.



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LISTEN TO "IN THE SPOTLIGHT" RADIO PROGRAMME EVERY SUNDAY NIGHT 7.30 p.m., E.D.T.

This is the ninth of a series being issued by the Government of Canada to emphasize the importance of preventing further increases in the cost of living now and deflation later.