If you want extra fine Quality try our Orange Pekoe Blend



coupons for the ½ pound

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FORMAL OPENING OF
RUPERT BUTCHERS
UNDER NEW MANAGEMENT OF W. LOCK



choicest cuts of Meat,
Fresh Fruit and Vegetables in season from our own farm arriving by each boat.
Complete line of groceries.

ALL PRICED FOR ECONOMY HERE!

RUPERT BRAND
SMOKED
Black Cod
Smoked Daily
Canadian Fish & Cold Storage
RUPERT Co. Ltd. BRITISH COLUMBIA

MUSSALLEM'S ECONOMY STORE
"Where dollars have more cents"
We have a complete variety of available
Groceries, Fresh Fruits and Vegetables
Tobaccos and Confectionery
DELIVERY throughout the City three times weekly
(Tuesdays, Thursdays and Saturdays)
Opposite Canadian Legion

POULSEN'S LUNCH
IS NOW OPEN
6th Ave. E., Beside P.O. Station B.
"Select Lunches and Select Service"

Our stock fresh and complete, prices right
POULSEN'S GROCERY
Courtesy and Service — Free Delivery — Red 441

Place an Ad in The Daily News—It Pays

Local News Items . . .

PHONE 86 TO CONTRIBUTE PERSONAL AND NEWS ITEMS

Since D-Day 450 men in Prince Rupert have joined the active service ranks for military service.

▲Will Mr. Varkes please phone Green 487 before Saturday if he wishes to claim the prize won by him at the Canadian Legion W. A. Dance. (188)

City Fire Department answered a call to Royal Hotel last night where a blaze occurred in waste paper below a counter. It was apparently started by a discarded cigarette end. No damage was done.

▲The regular meeting of Valhalla Lodge, 67, will be held Friday, August 11 at 8 p.m. sharp. Important that all members attend. (188)

Sgt. J. C. MacKenzie of Headquarters, Pacific Command, at Vancouver is in Prince Rupert to show motion pictures on behalf of the Civilian Defence. He arrived Wednesday night from Terrace after touring interior centres, where his motion pictures have attracted large and enthusiastic attendances.

▲Free showing of film "Whey We Fight," featuring the Battle of Russia, at City Hall, Friday, August 11, at 8 p.m., under auspices of Civil Defence Committee. A.R.P. members specially invited but all citizens are welcome. (188)

Urge Fresh Fruits For Added Health

Fresh fruits in abundant variety are one of the joys of summer.

The Nutrition Division at Ottawa suggests that this is the time of year to go one better than Canada's Food Rules by using two servings of fruit daily (in addition to tomatoes or citrus fruit) rather than one.

They urge fruit with every meal in the day. For a quick dessert that's rich in vitamins, they suggest fresh fruit topped with a soft custard sauce. Or, for a special treat, a good fruity pie.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Pioneer Home Benefit Dance, Sept. 1, Oddfellows' Hall, 10 to 2. De Carlo's Orchestra.

Orange Ladies' Dance, Oddfellows' Hall, Aug. 10, DeCarlo's Orchestra, 9:30 to 1:30.

Women's Corps Needing 5,000

Theatre patrons are being made pleasantly aware of the big job the C.W.A.C. is doing toward increasing the active fighting strength of Canada's army. Army Corps women joined the ranks of Capitol Theatre usherettes yesterday and will continue on through today, as an informative film short is shown, entitled "Badge of Honour" and which is narrated by Raymond Massey, outstanding Canadian acter.

"Five thousand more C.W.A.C. recruits are needed to release fighting men for the front lines. Girls and women, join now." This is the message behind the interesting film, showing how the women are taking over many jobs they have paralleled in peace time and how they are being trained for highly-skilled work.

As a stage musical feature, Miss Mary McAllister, of the C.W.A.C., sang "We're the Girls of the Army Corps" and "Little Gray Home in the West." She was accompanied by Miss Betty Craige at the piano.

The average price of wine in England in the 12th century was a penny a gallon.

MINERAL ACT
(Form F.)
CERTIFICATE OF IMPROVEMENTS
NOTICE

Bon Accord No. 3 Mineral Claim, situate in the Portland Canal Mining Division of Cassiar District.

Where located:—Harkley Creek.

TAKE NOTICE that J. O. LeFrancois of Stewart, B.C., acting as agent for Wm. T. Tolin.

Free Miner's Certificate No. 2092 E., intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of improvements for the purpose of obtaining a Crown grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.

Dated this 30th day of June, 1944.

COAL
Lump, Egg, Nut, Pea and Slack
HYDE TRANSFER
Phone 580

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B. C. MESSENGER
Experienced Carriers to intelligently fill your:
• BAGGAGE
• EXPRESS and FREIGHT
• LIGHT HAULING REQUIREMENTS
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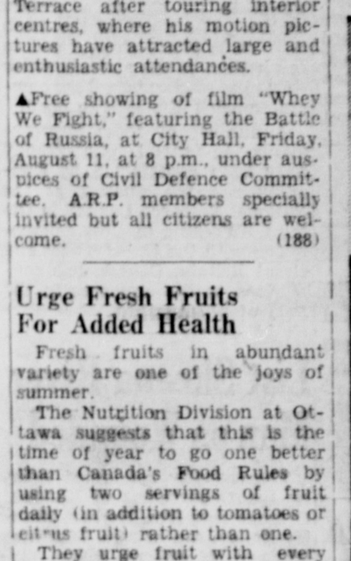
Take Enlistments as Transport Drivers In Naval Reserve

Young Prince Rupert men who wish to see service with the Royal Canadian Naval Volunteer Reserve now have an opportunity to enlist in the Navy's transport branch, which is recruiting motor transport drivers.

The transport section, Vancouver, requires men over 35 years of age who are in category "A," and will accept enlistments from men below 35 in category "B."

Recruits will be enlisted as able seamen in the Volunteer Reserve. Duties of enlisted drivers include the operation of heavy duty trucks, panel delivery wagons, staff cars, ambulances, and other vehicles.

Applicants should write to the Recruiting Officer, H.M.C.S. Discovery, Vancouver, B.C.



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BLUE RIBBON
BAKING POWDER
Ensures Baking Success

DANCE
FRIDAY, AUGUST 11
Bobby Reid's Orchestra
ODDFELLOWS' HALL

GEO. J. DAWES
AUCTIONEER
— and —
VALUATOR
SALES CONDUCTED TO SUIT YOUR CONVENIENCE
FURNITURE AND HOUSEHOLD EFFECTS PACKED AND SHIPPED
Estimates Free — Phone for Appointment
146 4th Ave. E. — RED 127

Service Today for Robert P. Innis

Funeral service for the late Robert P. Innis, 29, of Port Essington, was held at 2 o'clock today from B. C. Undertakers' chapel.

Mr. Innis succumbed Sunday from an illness from which he had suffered for the last three years.

Interment took place in Fair view Cemetery.

Surviving are his wife and two children, his parents, Mr. and Mrs. Alfred Innis, one sister, Mrs. Paul Stan, and four brothers, James, Harry, Silas and Roy.

Meet Me at . .
JOHNNY'S
•
JOHNNY'S SNACK BAR
(Our Coffee is Tops)



CRISP AND FULL OF FLAVOR

These crisp little bundles of whole wheat sure make a grand breakfast treat. For "Shreddies"* is the breakfast food with the surprise flavor—rich, mellow and tasty. Youngsters simply love it.

"Shreddies" is a fine energy food too—contains all the robust nourishment of whole wheat—the bran, minerals, protein, and the precious wheat germ. Treat the family to "Shreddies" for breakfast tomorrow.



*Shreddies is a registered trademark owned in Canada by The Canadian Shredded Wheat Company, Limited

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CHIROPRACTOR
If pain—Chiropractic!
If nerves—doubly so!
Smith Block — Green 995

Atlas Boiler Works
Electric, Oxygen, Acetylene Welding, Blacksmith, General Repair.
Phone Red 884

Auction Sale
Every Thursday
7 p.m.
at the Auction Rooms of
J. MAIR, Auctioneer
THIRD AVENUE
(Next door to Commodore Cafe)

. . . authentic in style
. . . expressive in quality
. . . attractive in price
ASTORIA SHOES



The "BEST MAN"
Medium Shade Brown Calf Blucher Oxford
Sizes, 6½ to 11½
Widths, "B" to "E"
Per Pair—
$10.50

Watts & Nickerson
MEN'S and BOYS' CLOTHING
PHONE 345 — FIVE-THREE-TWO THIRD AVENUE



HOW LONG SINCE YOU'VE WRITTEN THAT SOLDIER?

He NEEDS those cheerful letters from home! And we make it easy for you to send them by having a complete selection of all the cards, paper, envelopes and other writing aids you need.

Send That Letter Today!

The Variety Store

A. MacKENZIE FURNITURE LTD.
A GOOD PLACE TO BUY
STORE CLOSED AUGUST 5
WILL REOPEN AUGUST 21 (9 a.m.)
Phone 775 — 327 3rd Avenue

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Try a



Watermans Fountain Pen
Moderately Priced
From $3.57 up
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