\$5.50

what a delicious flavor Neilson's Cocoa has - I'm glad I took my grocer's advice. He said it is his best seller because it is the Chocolate Cocoa.

1 lb. 29c, 1/2 lb. 19c



TAKING CARE OF MEN WHO FOUGHT WAR

(Continued from page 1)

cal and dental treatment of the ervice man before he was dis-

At the outset of his talk, Com- onto on the sad occasion of the cate

the government but he felt that Gyro Club here. the government was also entitled there would be necessary medi- to credit for what it was doing in such things as the handling of

plans for service personnel. President Frank Skinner was civil life, taking into account in the chair at yesterday's luntreedom of choice and personal cheon and extended the appreciinitiative. Then would come the ation of the club to Commander

A vote of condolence was pass-

mander Cree referred to the death of her husband, Dr. Carpopular diversion of "panning" son, who was a member of the

The club decided to sponsor a candidate in the forthcoming civic centre carnival queen contest, this being proposed by Dr. public finance, curbing of infla- R. G. Large, a member of the tion and post-war rehabilitation civic centre committee, who urged support of the carnival in every way possible.

> Carlton Clay and Hector Cowie were welcomed as new members [interior. of the club,

Lloyd Morris was a luncheon ed to Mrs. J. H. Carson of Tor- raffle of a war savings certifi-

U the world's hungry millions

need every pound of food that

we at home can spare. But

farmers are short of help,

transportation is cut to a

minimum. This means every-

thing produced must be put to

best possible use. So, when

planning your food purchases,

especially fresh foods, calcu-

late quantities carefully so that

nothing is wasted. Buy only

the foods you know your

family will eat, avoid left-overs

wherever possible, but when

they occur use them up at

another meal. Choose foods

for nutriment as well as

appetite appeal, keep your

total food bill down to a

minimum. In all of these ways

you will be assisting Canada's

Food Conservation Program,

hastening the day of victory

FREE RECIPE BOOK - Send

your name and address to B. C.

Sugar Refining Co. Ltd., Van-

and peace.

N.B.

LOCAL NEWS NOTES

A S.O.N. Dance, Oddfellows' Hall. Friday, May 19, 9:30 p.m.

Tonight's train, due from the east at 10:45, was reported this afternoon to be on time.

▲ Don't forget C.W.L. bridge, whist, cribbage, Thurs. 18, 8 p.m. K.O.C. Hut. Prizes, refreshments.

Rev. G. L. Douglas, naval chaplain at H.M.C.S. Chatham, was the speaker today at the regular weekly luncheon of the Prince Rupert Rotary Club. President A. S. Nickerson was in the chair and there was a good attendance of members with a few guests.

▲ General meeting of the Navy League of Canada, Prince Rupert Branch, in Legion Rooms, May 22, at 8 p.m., for election of officers and general busi-

William Hanson, son of Olaf tracks. Hanson, M.P., arrived in the city morrow of his godfather, the a porter. late C. G. R. Anderson. He will return Friday evening to the

FUNERAL NOTICES

Funeral service for the late Charles Gustaf Rupert Ander- 18. son will take place at St. Paul's Lutheran Church on Friday 19th, at 2:30 p.m.



An emergent meeting of Tsimpsean Lodge will be held in June 2. the Masonic Temple on Friday May 19, 1944 at 2 o'clock p.m. for the purpose of conducting a Church, June 3. uneral service for our late brother, C. R. G. Anderson. Members of Tyee Lodge and sojourning brethren are invited to attend. A public service will Moorehouse, June 15. be held in the Lutheran Church at 2:30 p.m.

W.D.VANCE,

Card of Thanks

Conservative Meeting

will be held in the I.O.D.E. Hall, 5th Ave. E., on

Monday, 22nd May, 1944, at 8:15 p.m.

All Conservatives and supporters of John

Any More

OLD RECORDS?

RCA Victor is still calling for old records. We'll pay you

CASH for them. Any old record, chipped or broken, except

those with paper cores (Edison and U.S. Columbia) are

- We will pay you -

5e EACH FOR 10" RECORDS

8c EACH FOR 12" RECORDS

Turn your old records into cash and buy

War Saving Stamps

Bring your old records to-

OME Tae Toos. Ltd

A meeting of the Conservative Association

Mr. and Mrs. W. J. Lineham and family wish to extend their heartfelt thanks and appreciation for the many kindnesses and messages of love and sympathy and beautiful floral offerings from their many friends during their recent sad and sudden bereavement in the passing away of their loving daughter and sister, Mrs. Ena Cherry.

Bracken cordially invited.

Ted Capstick arrived in the city yesterday from Vancouver, where he successfully completed his first year in arts and science at the University of British Columbia, and will act as local representative of the International Fisheries Commission during the summer months.

Women Control British Trains

traffic on a busy, northbound Prince George. main rail line. As signal woman she throws the 15 levers, weighing each about 80 pounds, that keep the trains on their right

One of 400 signal women in from Smithers on last night's Britain, she earns about \$18.50 train to attend the funeral to- and worked up to the job from

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Hospital Auxiliary Tea, May

Presbyterian Tea, May 24th Mrs. W. D. Lambie's, 330 4th Ave.

Valhalla Dance, May 26, Oddfellows' Hall. Old Time Music.

Cambrai Dance, I.O.O.F. Hall

Help Norway Tea, Lutheran

Hill Sixty Tea, June 7. Mrs. R. J. D. Smith.

St. Peter's Tea, Mrs. J. W.

Men, 30, 40, 50! Want Normal Pep, Vim, Vigor?

At all druggists. Start taking Ostrex Tablets today.

J. M. S. Loubser

D.C., B.A. CHIROPRACTOR Phone 640 Wallace Block

D. C. STUART, .

Acting Secretary.

Coast Steamer Companies and Men to Bargain

VANCOUVER, May 18 (P)-Negotiations between Canadian National Steamships and the British Columbia steamboat men's union will be opened within ten days, officials say following notification from the Wartime Labor Relations Board that the union was certified as official bargaining agency with the company.

The union was certified as bar-CAMBRIDGE, Eng., May 18 gaining agency on behalf of all 4 A 19-year-old girl, Pauline unlicensed personnel in deck and Parish who liked trains since engine room departments of she was a child, directs train the steamers Prince Rupert and



NOW WEAR YOUR PLATES EVERY DAY HELD COMFORTABLY SNUG THIS WAY It's so easy to wear your plates all day when held firmly in place by this "comfort-cushion"—a dentist's

1. Dr. Wernet's vent sore gums. Powder lets you 2. Economical; enjoy solid foods small amount -avoid embar- lasts longer. rassment of loose 3. Pure, harmless, plates. Helps pre- pleasant tasting. All druggists - 30¢. Money back if not delighted





We are specializing in the newest

NESTLE'S COLD WAVE

Especially suitable for finer hair

ANNETTE POWELL'S BEAUTY SHOPPE

Fourth Street. Peggy Saunders

DANCE

ODDFELLOWS' HALL Wednesday, May 31

Mutual Benefit

Health and Accident See JOHN L. WRIGHT Phone 741 Pioneer Rooms, No. 6

ANNOUNCEMENT

I.O.D.E. HALL (Formerly Eagles', 5th and McBride)

Under New Management

DANCING!

EVERY WEDNESDAY And SATURDAY GOOD MUSIC

Gents 75e : Ladies Free Positively no undesirables or liquor allowed on these premises

SLOW PROCESS

Today, more than ever . . .

A STORE IS KNOWN BY THE BRANDS IT KEEPS!

We have a very limited supply of Stanfield's Underwear in the heavier weights. Make your purchase NOW while our stock is complete in sizes. .

Stanfield's Shirts and Drawers. \$3.00 Blue Label quality. Per garment ...

Stanfield's Shirts and Drawers. \$2.50 Red Label quality. Per garment

Stanfield's Combinations. \$5.00 Blue Label quality. Per suit Stanfield's Combinations. \$4.50

Red Label quality. Per suit Stanfield's Combinations. No. 3800. Pure Wool De Luxe quality.

Per suit

ENicherson MEN'S and BOYS' CLOTHING FIVE-THREE . TWO THIRD AVENUE

Will be given by

ELSE MARGRETE ROED Last woman to escape from Nazi-occupied Norway to this country.

Lutheran Church Thursday, May 18 8:30 p.m. In Norwegian

Presbyterian Church Friday, May 19 8:30 p.m. In English

Admission 75c

Tickets on sale at Kaien Co-op, Watts & Nickerson, Ormes Drug Store. -No orders by phone Proceeds for War Services

THE REX CAFE

Now Open for Business

CHOP SUEY CHOW MEIN Opening Hours: 5 p.m. to 2 a.m.

2nd Avenue (Across from Prince Rupert Hotel) Phone 173

For that Long-wanted MONUMENT OR MARKER

National Monuments 602 5th East Box 1425 Station B Prince Rupert, B.C.

PRINCE RUPERT ROOFING CO.

Box 725

Specialists on Builtup Roofs Repairs, Re-shingling

Free Estimates

GEO. J. DAWES

AUCTIONEER - and -VALUATOR

SALES CONDUCTED TO SUIT YOUR CONVENIENCE FURNITURE AND HOUSE HOLD EFFECTS PACKEL AND SHIPPED

Phone fo Estimates Appointmen 146 4th Ave. E. RED 12'

> KWONG SANG HING HOP KEE

CHOP SUEY HOUSE

612 7th AVE. WEST (Next to King Tai)

All your patronage welcome Open 5 p.m. to 12 p.m. Tuesday,10 p.m. to 12 p.m.

Outside Orders from 2 p.m. to 12 p.m.

Phone Red 247

By Westover

MUSSALLEM'S ECONOMY STORE

"Where dollars have more cents" We have a complete variety of available

Groceries, Fresh Fruits and Vegetables Tobaccos and Confectionery

FREE DELIVERY throughout the City three times weekly (Tuesdays, Thursdays and Saturdays) Opposite Canadian Legion

I'M AFRAID I'D NEVER BE AS WELL, I'LL JOIN UP NEXT





TILLIE THE TOILER

accepted.

GOOD A WAC AS YOU ARE

charged with rehabilitation grants and clothing allowances

PLAN FOOD BUYING CAREFULLY ANADA'S fighting men and

Save Food for Fighters! Here are 10 FOOD-SAVING RULES

For Wartime PLAN FOOD BUYING CAREFULLY

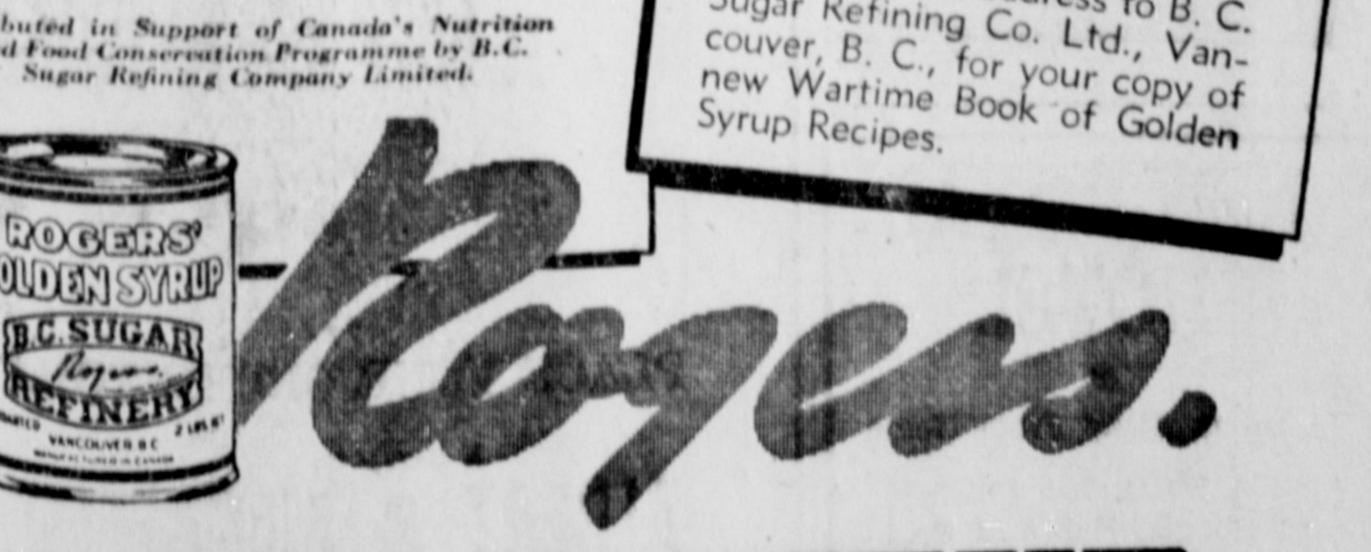
Follow your cook book carefully so as to avoid SERVE SMALLER PORTIONS

When you do cook too much, save meat and vegetable remnants for stews, bones for soups, SAVE SURPLUS FATS Use what you need in your own cooking. What's

left over turn in with your other salvage. Canada has a sufficiency of all the foods you need. Don't hoard or buy foods for the sake of using up your ration coupons.

A ENCOURAGE OTHERS TO SAVE

Contributed in Support of Canada's Nutrition and Food Conservation Programme by B.C. Sugar Refining Company Limited:



AVAILABLE IN 2-LB., 5-LB. AND 10-LB. TINS