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VISIT OUR BASEMENT STORE For Fine China, Dinnerware, Glasses, Baggage and Novelties

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# Rupert Peoples Store



## A. MacKENZIE FURNITURE LTD.

WALNUT STEEL BEDSTEAD-

Steel Cable Bed Spring with Felt Mattress. Sizes 4-6 and 4-0 Bed complete ..... \$37.50

UNIT STEEL BEDSTEAD—

Unit Steel Bedspring with wide Steel Ribbon. This is like pre-curtailment but sold as unit. Mattress extra. 4-6 size only . ... \$29.75

Send in your Mail Orders, they will be shipped to you the day order received.

Phone 775.

327 3rd Avenue

# MUSSALLEM'S ECONOMY STORE

"Where dollars have more cents"

We have a complete variety of available Groceries, Fresh Fruits and Vegetables

Tobaccos and Confectionery

FREE DELIVERY throughout the City three times weekly (Tuesdays, Thursdays and Saturdays) Opposite Canadian Legion

Step Into Spring With

# HARTT SHOES

We can think of no better way to spruce up for Spring than to order a Pair of Hartt's Handsome New Spring Shoes for Easter.

SOLE AGENTS . . .

# FAMILY SHOE STORE LTD.

"THE HOME OF GOOD SHOES"

# Classified Ads

FOR SALE

Cove Avenue, \$1200 cash. Will

be vacant by March 31. Write

or phone L. Nohr, Inverness

FOR SALE - Bicycle, gent's;

FOR SALE OR RENT-Old Post

Office building situate at cor-

ner of 2nd Avenue and 7th

Street. Official Administra-

tor, Court House, Prince Rup-

FOR SALE - Chesterfield with

two matching chairs, also one

odd chesterfield chair; carpet

FOR SALE-Tenders will be re-

ceived by the undersigned

until noon of Saturday, March

25th, for the purchase of the

Polberg and Dawson cabins

situate across the harbor from

the Drydock. Terms: cash. -

Norman A. Watt, Official Ad-

HELP WANTED

WANTED.—Experienced miners

for Northern Gold Mine. Ap-

ply Selective Service A.M. 110.

WANTED - Competent stenog-

rapher for wholesale grocery

house. Apply National Selec-

eral office work. Wholesale

CLERK, male or female, for gen-

WANTED. - Men for under-

mine. No experience neces-

sary. Apply Selective Service

WANTED-Experienced stenog-

rapher, typing and shorthand

permanent position, goo

wages, with well known

wholesale grocery firm. Apply

LOST

LOST-Lady's gold watch; re-

LOST-C.C.M. Tricycle from 260

LOST- Saturday evening be-

9th Ave. East for three weeks.

Selective Service Comm. AF-

tive Service AF 117.

Service AF 119.

A.M. 111.

118.

House,

ministrator, Court

Prince Rupert.

9x12. Phone Red 976.

cheap. 252 8th West, Blue

Cannery.

ert, B.C.

WANTED

WANTED-Small apartment or FOR SALE-House, 1136 Hays nice room. Phone 748 after 5 p.m.

WANTED — Housekeeping room or rooms for couple; urgent. Apply Box 709 Daily News. (73)

WANTED - Service, man and wife require room by April 1 urgent. Apply Box 716 Daily

Y.W.C.A. Rooms Registry. Rooms urgently needed. Mrs. Garbutt.

WANTED - Room by respectable working girl. Close in. Willing to share. Phone Green 961, Roberta LaBelle.

HOUSEKEEPING Room for man and wife. Apply Box 721 Daily News.

HAS anyone a furnished housekeeping room or two for a couple? Available now or April 1. No children. Phone black 937.

#### FOR RENT

FOR RENT-Furnished room for gentleman only. 843 9th West.

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GEORGE L. RORIE

Public Accountant, Auditor, etc. Income Tax Returns Compiled Besner Block Phone 387

Expert PERMANENTS ESTHER STANYER

Late of Hudson's Bay, Vancouver Phone Black 934 mornings or call at 1345 Pigott Place Upstairs

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"FLEXFORM" SERVICE Shapes Dresses Without Guesses

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tions on Ladies' and Men's Suits.

Quick and efficient service.

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preserving food was first ex-

pressed in the middle of the

Phone 174

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Reasonable prices.

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tween Plaza and Commercial Hotel, lady's Bulova wrist-Mail Orders-Box 99 watch. No bracelet attached. Finder please phone 676, M. MODERN TAILORS A. McCarthy. Reward. (72) We are open again for alter-

Reward.

LOST-Wire haired terrier with parents expressed surprise that 318 5th St. (Behind Royal Bank)

> LOST-Pair of glasses. \$3 reward. Please leave at Daily News.

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FOR THE BEST in Painting and decorating Phone Blue 378. "We Can Satisfy." (89) HIGH CLASS DECORATING

> game fishing, lumbering, boat- of the city's schools. ing, or other industrial ac-Areas, black and white or

#### Schools and Colleges

### Information Wanted

with Mrs. Watt, 1109 7th Ave. East.

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precision instruments.

Put a cube or two of STEEROmade with real BEEF extract - in your gravies. They'll add a delicious, rich BEEFY flavor to satisfy your family's meat-appetite yet save precious ration points. Start meals, too, with a full-bodied in a cup of boiling water makes a big

SHARAHAN'S LTD. . VANCOUVER, B. C. BISTRIBUTORS

Vitamins and Minerals Easily Had Nutrition Board Head Says-Program Planned as Result of Survey

Vitamins and minerals, those apparently elusive elements which in a week's survey held recently were found lacking in grocery firm. Apply Selective (tf) 95 percent of the diets of 800 of the city's school children, are not elusive at all, according to ures. ground work at northern gold Miss Elizabeth Young, chairman of the Prince Rupert Nutrition Council.

"Like all food essentials, the ones found consistently lacking are contained in easily obtained, appetizing food," she says. "Milk, milk products, fruits, cereals and vegetables have most of them."

The survey, carried out by the use of score cards on which the children recorded the foods they ate at home and in school lunches, revealed a notable lack ward; keepsake. Phone Blue of vitamins A, B-one, B-two, D (74) and the minerals calcium and

> Miss Young, who is home economic teacher at Booth Memorial High School, believes that parental ignorance of the importance of vitamins and minerals to growing children largely responsible for their exclusion from childrens' diets.

"When the results of the survey were made public, many harness and collar. Reward, their children were not being Anyone found harboring this properly fed," she revealed. dog will be prosecuted. Phone "Since then there has been a (73) growing interest in what constitutes a balanced diet."

Acting on information obtained in the survey, the Nutrition Council will emphasize a campaign to educate parents and children in the need for balanced nourishment. Miss Young. and Miss Collison, also of the nutrition committee, have been asked by Inspector of Schools PHOTOGRAPHERS - We will B. Thorsteinsson to work out a purchase good quality photo- supplementary unit for the graphic negatives, size 21/4x course of studies which will be 31/4 or larger of native scenic, incorporated in the curriculum

The supplement will deal spetivities in the Prince Rupert cifically with local nutrition and Queen Charlotte Island needs as shown by the survey.

Miss Young says that it is her Kodachrome. Please forward intention to keep track of the negatives to us for inspection supply of vitamin-rich foods, and we will advise you of im- such as fruit and vegetables, mediate acceptance or return available at local food markets, same promptly. - Steffens- in order to publicize their Colmer Limited, 560 Granville availability, and to recommend Street, Vancouver, B.C. (113) substitutes when they are not

The supply of canned and powdered milk, which necessar-STENOS, TYPISTS. POSTAL lly must supplement, or entirely CLERKS for Government war replace fresh milk in Prince work. You can train at home. Rupert, is being investigated. Free information, M.C.C. Civil The survey revealed a consist-Service Schools Ltd., Winni- ent lack of milk in the children's diets.

Another feature of the campaign, Miss Young says, will be the distribution of score cards, WILL the American soldiers who not only to school children, but witnessed the truck hitting to the general public as well, to 9:00-To be announced school girl on Nov. 4 on 7th be used as guides to good nutri-Ave. E. outside King Edward tion. They will be similar to School, kindly communicate those used for scoring the childrens' diets in the survey.

NATIVE WOMAN J. P. BATHURST, M-Mrs. -. A. 10:45-They Tell Me Mahoney, an African, whose ap- 11:00-Scandinavian Melodies JOHANNESBURG, O- A vo- pointment as justice of the 11:15—Broadcast of Messages cational guidance bureau to peace for Gambia, British West 11:17—Recorded Interlude 1315 Piggot Ave. help children by scientific Africa, has been announced, has 11:45—Ray Kinney's Orchestra aptitude tests, to choose their the distinction of being the first careers has been started in Jo- woman J. P. for that territory.

DIADEMS OF SILK

The first diadems, worn by 12:50-Recorded Interlude Nylon strands are being used the ancients instead of crowns, 1:00-One Night Stand to polish jewel bearings for were made of silk or wool and set with precious stones.

# DOCUMENT

Sensational Novel "Happy Land" Is Brought to Screen Here

A picturization of MacKinlay Kantor's sensational best-seller, "Happy Land," is coming Monday and Tuesday to the Capitol Theatre.

The film features Don Ameche, Frances Dee, Harry Carey and Ann Rutherford and tells the story of the laughter, tears, love and courage of the beefy soup - a cube of STEERO people who are the heart of "Happy Land" deals with the

effect of the war on one family in a typically American community. It is the story of the Marsh family-of Lew Marsh, in whose friendly drugstore a town's life and drama is played; of Agnes, his wife, whose courage conquered the cruelest thing that ever could happen to a woman; of "Gramp" Marsh who was destined to change people's lives, even if he had to change worlds to do sit; of 'Rusty' Marsh whose growing to manhood is the essence of the American story; and of Lenore Prentiss who made herself over into the image and likeness of the girl of "Rusty's" dreams.

"Happy Land" is as typically American as a soda at the corner drugstore.

LONDON (9) - Caroline Haslett, an engineer who started her career in a boiler factory

5:30—Personal Album

5:45-Melody Round-up 6:00-CBC News

6:05-Your Radio Theatre

7:00-National Barn Dance 7:30-Jubilee

8:00-All Time Hit Parade

8:30-Truth or Consequences 9:00-Front Line Theatre

9:80-Kate Smith

10:00-CBC News

10:05—Recorded Interlude 10:15-Harry James

10:30-Bob Crosby 11:00—Silent.

#### SUNDAY A.M.

10:00-Music for Sunday 10:30-Sammy Kaye 11:00-CBC News

11:05—Boston Symphony

12:00-Piano Ramblings

12:15-Hymns from Home

12:30-Music We Love 1:00—Andre Kostelanetz

1:30-Xavier Cugat 2:00-NBC Sunday Symphony

3:00-Labor Forum

3:30-Charlie McCarthy

4:00-Duffy's Tavern

4:30-Village Store 5:00—Cavaliers

5:15-Just Mary

5:30-Family Hour

6:00—CBC News

6:05-Recorded Interlude 6:15-Hymns from Home

6:30-Service Men's Program

7:00-Hour of Charm

7:30—Jack Benny 8:00—Mail Call

8:30-The Great Gildersleeve

9:00—Comrades in Arms

9:30—Command Performance 10:00-CBC News 10:05—Vesper Hour

10:30—Silent MONDAY

A.M. 7:30—Musical Clock

7:45—CBC News 7:50—Musical Clock

8:30—Morning Devotions 3:45-Vernon Geyer

9:15—The Oakies

9:30—CBC News 9:35—Transcribed Varieties

10:00-Mirror for Women

10:15—Marek Webber 10:30-Wilf Carter

12:00—Vaughn Monroe

12:30—Spotlight Bands

12:45—CBC News

1:30—School Broadcast 2:00—Silent

STARTS MONDAY FOR 2 DAYS Complete Shows at 1:00, 3:03, 5:06, 7:09, 9:12 Feature at 1:48, 3:51, 5:54, 7:57, 10:00

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Colored Cartoon: "Baby Puss" Sportlight: "Amphibious Fighters" Fitzpatrick Travel "A Day in Death Valley"

Canada Carries on

Presents "Lock to the North"

SUNDAY MIDNIE Virginia Bruce, "Carely's Shoulders." Plus Georg in "Quiet Murder Pine".

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Delivered to you 10 days from receipt of your Use Air-Mail. We have measurements on file of all the Ta made by us in the past 2 years or otherwise write at

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at \$2.50 a week, has been cited as one of Britain's highest paid women. Her salary as director of the Electrical Association for SUNDAY-2 P.M. Women runs well into five fig-"SWING FEVER" FREE-Services Only Before the letters SOS were adopted generally as a distress signal at sea, the letters CDQ were used. 1240 Kilocycles SATURDAY Material definitely 4:00-Sound off THE BEST 4:15-G. I. Jive (21-oz. Pure Wool) 4:30-Lower Basin Street Bell Drape or Medium 5:00-Yank Swing Session Pants.