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As we start a new year, we are proud of our record, and grateful for the confidence you have shown in us. May we continue to serve you.

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To the Health Seeker

Perhaps, a "Belief" exists that "everything has been tried and, failed"? Has "faith" subsided to the low ebb of accepting as a fact, the belief that a disease is incurable? Meanwhile, a vague misgiving persists that: Somehow, somewhere there must be an answer to incurability.

Chiropractically, the greatest handicap to health restoration is: So many cherish a traditional faith or belief to the bitter end. Meantime, a simple disease descends | R123752; David Trembley (fainto an indefinite and complicated realm of incur-ABILITY. Thus faith and belief hinders, and denies, the natural self-curABILITY within themselves the rightful duty to remedy (meaning: to cure again).

Such statements, of disease, special or general are verified by an exhaustive survey. Over 93.000 persons turned, when disillusioned and disappointed, to Chiropractic (Nature) as a LAST resort.

Some 410 qualified Chiropractors raised no question as to the merits of faith, belief or, the competency of any remedy, to cure again. Nature had preordained that everything was incorporated within. Nature's OWN Remedy substituted incur-ABILITY for cure or marked improvement in 79,000 cases; or, 85% of tiresome, intangible disease names.

A critical reader may question this astonishing record. For the needy there are two basic considerations: The belief that a condition is obstinately incurable as, against the Chiropractic record with thousands of varied, incurable cases. Both cannot be right.

When faith and belief fails to move mountains, Mahomet must go to the mountain. Possibly, the earnest Health Seeker discerns, by the mountainous record, that everything has not been tried; that, high odds yet remain in his

As Mahomet would resolve: If Chiropractic eventually, why not . . . NOW!

J. L. CURRY, Chiropractor

Phone Green 995 PRINCE LUPERT SMITH BLOCK

AIR FORCE CASUALTIES

OVERSEAS

Killed on Active Service:

MacLeod, James Geirge, FO J22415; T. M. McLeod (father) Bayside Drive, East Saint John.

Thompson, William Colin, Sgt R162116; Mrs. G. A. Thompson (mother) 559 Walker Ave. Winni-

Missing on Active Service after Air Operations:

Miller, Vernon Leslie, FS R161-298; Alexander Miller (father) Paris, Ont.

Stephens, James Anthony, FO J20202; Mrs. J. A. Stephens (wife) 342 Victoria Avenue N. Hamilton,

Toombs, John Blackstock, FS R130140; C. T. Toombs (father) 20 Ferris Ave., Sault Ste. Marie, Ontario.

Previously Reported Missing on Active Service - Now Reported Prisoner of War, Germany:

Arseneau, Joseph Douglas Henry, WO R73263; John Arseneau (father) Newcastle, N.B. Davidson, Alexander Suttie, Sgt R134223; Mrs. A. S. Davidson (wife) Milden, Sask.

Gairns, Robert Harold, FS R-106897; G. L. Gairns (father) Cranberry Lake, Powell River.

Previously Missing on Active Service-Now Reported Prisoner of War-Germany.

Steele, James Gordon, WO R112-780; William Steele (father) 994 St. Clair Ave. West. Toronto. Previously Reported Missing on

Active Service-Now for Official Purposes Presumed Dead: Bebensee, Douglas Glen, DFM Sgt R68061; Mrs. Herbert Beben-

see (mother) Bothwell, Ont. Betts, Norman Garnet, FS R-134551; G. H. Betts (father) 27 Noble Ave. Winnipeg.

Broadbent, Robert Charles, Sgt. R176158; C. F. Broadbent (father) 410 12th St. E. Prince Albert, Sask.

Crowe, James Franklin Karl, FS R85550; Richard Crowe (father) Lakefield, Ont.

Dixon, Albert, Sgt R176201: Mrs. Albert Dixon (wife) 428 Iroquois St. W. Moose Jaw, Sask.

Emerson, Thomas Henry Navin PO J18062: T. J. Emerson, K.C. (father) 1124 1st Ave. N.W. Moose Jaw. Sask.

Greenwood, Geo.Evelyn. FS R87 974: Mrs. H. A. E. Greenwood (mother) 416 Maple St. Nelson. Harrison, Richard Samuel, PO J18463; Samuel Harrison (father)

262 4th St. E, North Vancouver Hightower, Cecil Earl, PO C18-022; H. H. Hightower (father) Beverly, Alta.

Ledford, William Holt, DFM WO R98963; Miss D. M. Ledford (sister) Nurses Home, King St., Saskatoon, Sask.

McGladrey, George Glover DFC FO J6843; Mrs. G. G. McGladrey wife) Broadview Ave. Toronto. Milburn, Francis Lloyd, FO J20316; Frank Milburn (father) Genthon Post Office, St. Vital,

Morgans, Edward Allan, WO R106093; John Morgans (father) Brandon, Man.

O'Reilly, James Patrick Gallery FS R154098; J. P. O'Reilly (father) 356 Elm Ave. Westmount, Que. Pearson, William, WO R123129;

Mrs. William Pearson (wife) 76 Alcorn Ave. Toronto.

Reid, Kenneth Maxime, PO J18163; Mrs. Robert Reid (mother) 7 Highland Place, Sea Cliff, Long Island, New York. Reid, Norman Duncan, AFC FO J10353; G. W. Reid (father)

Durban, Man. Tremblay, David Gerald, Sgt.

ther) Elm Creek, Man.

Stewart, Walter Ferg, FO J16-779; A. C. Stewart (father) Oxbow. Sask. Sutton , Harold Ransom, DFC, Operations:

FL J3722; R. F. Sutton (father) Sun Life Assurance Co., Empire Bldg., Edmonton. Sweeney, James Vincent, FS

R90888; Mrs. Patrick Sweeney (mother) Cobalt, Ont. Wearn, Leslie Allan, Sgt R127-520; A. M. Wearn (father) Ux-

bridge, Ont. Weeks, William George, FL J15-

549; Mrs. W. G. Weeks (wife) 503 1st St. Medicine Hat, Alta. Zayets, Stephen, Sgt R56703;

Alec Zayets (father) 1911 Bannatyne Ave., Winnipeg. Seriously Ill on Active Service:

Tardiff, Joseph Arthur Anson, LAC R125533; Mrs. J. A. A. Tardiff (wife) 32 Louisa St. N. Cornwall, Ont.

CANADA

Killed on Active Service: Hughes, W.A. PO RAF152836; S. H. Hughes (father) 23 St. Georges

Ave., Hornchurch, Essex, Eng. Sluyter, Johannes Lambertus, PO RAF138417; C. Sluyter (father) 162 Clases de Vrieselaan, Rotterdam, Holland. couver.

Timely Recipes

ROLLED OATS EGG SALAD

Tasty and tempting, a refreshing sandwich filling to tempt hard-to-please box lunchers. Rolled oats provides the proteins and vitamins that help fight afternoon lag . . . provide lots of slow-burning energy.

- 1/4 cup mayonnaise. 1/4 cup milk.
- 1/2 cup quick rolled oats (uncooked).
- 2 tablespoons sweet pickle relish or chopped dill pickles. 1/2 cup finely chopped celery. 1 teaspoon grated onion..
- teaspoon Worcestershire Sauce.
- 1 teaspoon prepared mustard. 14 teaspoon pepper.
- 1 teaspoon salt. 4 hard-cooked eggs.

egg. Chill.

Mix mayonnaise with milk and combine with rolled oats, pickles, celery, onion and seasoning. Mix thoroughly, add chopped

Army Changes



LIEUT.-GEN. SIMONDS New Corps Commander



LIEUT. E. W. SANSOM Retires



MAJOR-GEN. C. FOULKES New Division Commander

NEWFOUNDLAND Missing on Active Service After Air

Bennett, Clifford William, Sgt 11:00-Silent R158267; Mrs. C. W. Bennett (wife) 504 Avalon Apts. Saskatoon, Sask.

Mannett, Clarence Wilfred, PO J36705; Joseph Mannett (father) 124 Creighton St., Halifax. Morton Stuart Wilfred, PO J

36684; Mrs.S. W. Morton (wife) 918 Brock St., Whitby, Ont. Pawson, Hugh Douglas, PO J 27026; E. H. Pawson (father) 41

Pine St., Sudbury, Ont. Weir, Glenn Edgar, PO J26659: W. L. Weir (father) Medicine Hat, Alta.

CANADIAN IN THE ROYAL AIR FORCE- ERSEAS Previously Reported Missing on 11:45—Charles Magnante Active Service-Now for Official

Purposes Presumed Dead: Cochrane, Arthur Charles DFC 12:30—Spotlight Bands FL RAF42195; Mrs. H. R. Coch- 12:45-CBC News rane (mother) Vernon, B.C. Sharmar, Donald Charles, Fl. 12:55-Program Resume RAF33529; Mrs. E. Sharmar 1:00-One Night Stand (mother) 967 20th St. West, Van-

ACTIVITIES OF Y.M.C.A. AND Y.W.C.A.

By DOROTHY GARBUTT

when we used to have them at the next meeting on February 16. right on time. get a very great deal of enjoy- ments. ment out of the old time square This job holds a great many

surprises. Wednesday night at the dance, just to fill in time I brought a volume of Shakespeare along. (By the way, why do we always call it a volume of Shakespeare when we really mean book). One of the WDS became quite interested in it and told me she loved Shakespeare. I then said to see it really per formed in all its loveliness one should go to the Memorial Theatre at Stratford. She said she had never been there but had seen an open air performance in Regent's Park. We compared notes further and found we had both seen the same performance of "The Tempest" in Regent's Park Open Air Theatre in 1937. Later in the evening one of the Ack-Ack boys enquired where he could get few Shakespeare plays to read.

Mrs. Pullen brought up a charming bowl of Christmas roses. They looked just like lovely water lilies. Mrs. Pullen is a very good neighboor indeed.

It really looks like spring around the 'Y' with vases of genuine pussy willows, 1944 vintage at that. Don Forward and Chester Lemaistre and I went miles and miles looking for them. All through a most amazing part or the town where we had to follow a log path through the swamp. It was like a movie set, the sun filtering through the marshland mist and the leaves dripping with a never ending moisture, a woodland stream and quaint little log cabins set among the trees. We finally found the pussy willows practically at our own back door. Wouldn't you know it?

A letter from B. Thorsteinsson, inspector of schools, made suggestions to the school board at Wednesday's night's meeting as how extra grants might be securd from the Department of Education for manual training and uch courses to provide equipment and other purposes.

CFPR

(1240 Kilocycles) Schedule

> FRIDAY P.M.

4:00-Sound off

- 4:15-G. I. Jive 4:30-Rebroadcast Bing Crosby
- 5:00-Dinah Shore
- 5:30—Personal Album 5:45—Melody Round-up
- 6:00—CBC News
- 6:05—Recorded Interlude 6:15—Sports Interviews
- 6:30—Canadian Pattern 7:00-Aldrich Family
- 7:30-John Charles Thomas
- 8:00-Isabelle McEwen Sings
- 8:15—Front Line Family 8:30-Information Please
- 9:00-Morgan and Brice
- 9:30-To be announced 10:00-CBC News
- 10:05—Recorded Interlude
- 10:15-Yarns for Yanks 10:30-Drama From Vancouver

SATURDAY

- 7:30-Musical Clock 7:45—CBC News
- 7:50—Musical Clock
- 8:30—Morning Devotions 8:45—Old Timers
- 9:00-Musette Time 9:30—CBC News Rebroadcast
- 9:35—Transcribed Varieties
- 10:00—Children's Scrapbook
- 10:30—Hank Yodelling Cow Boy 10:45—Music by Herbert 11:00—Scandinavian Melodies
- 11:15—Broadcast of Messages 11:17—Recorded Interlude
- 12:00—Shep Fields
- 12:50—Recorded Interlude
- 1:30-Hit Parade 2:00-Closing announcement

Women of Moose Meeting-Dance

Chapter No. 211, held their regthe Oddfellows' Hall.

the Empress. Remember the days Loyal Order of Moose Lodge after riage and makes the deliveries

the 'Y' Hut and the fun we had? | A dance was held and con-I am glad to hear they are being tinued until 2 a.m. with a large revised because there are a great attendance of about 150 people many persons who are not inter- At 12 p.m. the Women of the ested in modern dances but do | Chapter served delicious refresh-

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LEGAL NOTICE Notice is hereby given that

on the 7th, day of February CLUB intends to apply to the Club to keep on the premises premises, in accordance with the provisions of the Government Liquor Act and the regulations promulgated thereunder.

Dated this 10th day of January 1944. ALEXANDER RUSSWURM

Secretary

Ladies . . .

We are allowing a big discount on our Coats and Fur Goods before stocktaking.

I rappers and Buyers ...

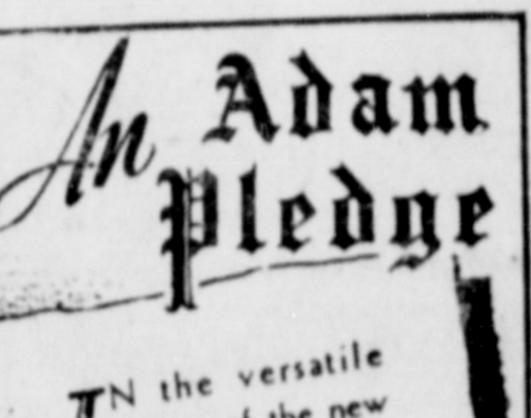
We have received large order for all kinds of fur. We pay 30 per cent more than any one else.

Third Ave., Prince Rupert

Takes Her Baby Along With Mail

DURHAM, Eng., Feb. 3 (9) ular meeting on Wednesday at having a baby a reason for slacking in their war efforts. There was a good attendance The wife of a Durham postmasof members with the Senior Re- ter, who assumed responsibil-Gordon Webb tells me that he gent Margaret Tolin in the chair, ity for delivering the mail, now is starting to hold old time It was decided to hold another that her baby has arrived, takes dances every second Monday at joint social with the men of the the mail and her baby in a car-

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Opposite Canadian Legion

JOIN THE Navy League

Canadian Fish & Cold Storag

INCOME TAX RETURNS

We hate to remind you but-Income Tax return have to be prepared! Did you take credit for all that you were entitied

We have a simple record form in respect to 1943 will assist you in preparing these complicated forms in recording your post war refunds or deferred tax. In addition, there is a filing envelope for receipt donations and medical expenses and for wage and all

duductions slips, etc., all of which have a bearing tax you will pay in 1944. This record system was devised by a chartered acc ant for the use of personal taxpayers.

Price 25c for envelope and account cards. Employers! We have a limited number of these velopes and suggest that you order a supply for you

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