ITALIAN CIVILIANS RETURNING HOME — Italians who fled their towns as the Eighth Army swept up the Italian boot are slowly wending their way back home, as an easier life now the German "protectors" are being pushed northward. Roads everywhere are strewn with bits of furniture and personal belongings the fleeing Italians left in their wake as the fighting waxed in their various districts.

Local News Items . . .

PHONE 86 TO CONTRIBUTE PERSONAL AND NEWS ITEMS

Mr. and Mrs. Dave Hendry and children of Vancouver are holidaying in Prince Rupert.

Mr. and Mrs. C. J. Norrington, have returned to the city after a holiday on Vancouver Island.

W. Menzies, grand master of the Masonic Grand Lodge of B.C., arrived in the city this morning on an official visit.

H. Christiansen, owner and former operator of Chris Mill Bakery, arrived in the city this morning from Vancouver on a business visit.

Mr. and Mrs. E. Mogg were among those who returned this morning from the south.

Mrs. L. M. Felsenthal and daughter, Judith, returned this morning from a holiday trip during which they visited friends in Vancouver and Penticton.

John Gurvich returned this morning from a visit to Vancouver.

Mr. and Mrs. C. J. Toombs and daughter, Kay, returned from the south this morning from a three-weeks' vacation.

Mr. and Mrs. Arthur Nickerson and family returned this morning from a trip to Vancouver.

C. Wrinch of Hazelton arrived in the city this morning on his way home from a trip to Vancouver.

Miss Evelyn and Miss May MacDonald returned today from a holiday in Vancouver.

Col. C. V. Evitt returned this morning from a brief visit to Vancouver.

Are you entertaining out-of-town house guests? You will be doing them an honor by having us publish a personal note about their visit.

TODAY'S STOCKS

Courtesy S. D. Johnston Co. Ltd.

Vancouver Stocks—	
B. R. Con	.09⅛b
Bralorne	14.25
Cariboo Quartz	1.86b
Hedley Mascot	.73
Pend Oreille	1.30b
Pioneer	4.10b
Premier	1.41b
Privateer	.43b
Reno	.05b
Reeves MacDonald	.24a
Sheep Creek	.98b
Whitewater	.03¾b
Oils—	
Calmont	.21½
C. & E.	1.75b
Home	3.05b
Royal Canadian	.3¼b
Toronto Stocks—	
Beattie	1.85
Central Pat.	2.20
Cons. Smelters	.51b
Giant Yellowknife	8.75
Hardrock	.91
Kerr Addison	10.00
Little Long Lac	1.17
Madsen Red Lake	2.08
McLeod Cockshutt	2.61
McKenzie Red Lake	1.45
Moneta	.69
Pickle Crow	2.80
Preston East Dome	2.70b
San Antonio	4.00
Sherritt Gordon	.72b
Steep Rock	4.25

TIMELY RECIPES

Baked Tomatoes With Cheese

4 large tomatoes.
1½ teaspoon salt.
⅛ teaspoon pepper.
1 cup corn flakes.
¼ teaspoon paprika.
2 teaspoons melted butter.
1½ cup grated cheddar cheese.

Wash tomatoes, remove stems and cut in halves crosswise. Place cut side up in baking pan; sprinkle with salt and pepper. Bake in moderately hot oven (400 degrees F.) about 10 minutes.

Crush corn flakes into fine crumbs, mix paprika and melted butter. Cover each tomato half with grated cheese; sprinkle with crumbs. Bake in slow oven (325 degrees F.) 3 minutes or until cheese is melted. Serve on toast if desired.

Yield: 8 servings.

TOO LATE TO CLASSIFY

FOUND — Watch. Ph. 373. Owner may have same by identifying it and paying for this ad. (199)

Announcements

Valhalla Dance, August 25 Oddfellows' Hall, 9:30 to 1:30.

L.O.L. Dance. Aug. 31, Oddfellows' Hall, DeCarlo's orchestra.

Canadian Legion W. A. Dance, Sept. 8, Oddfellows' Hall, DeCarlo's Orchestra.

Pioneer Home Benefit Dance, Sept. 1. Oddfellows' Hall, 10 to 2. De Carlo's Orchestra.

The Experts Say . . .

The Canadian Press

COOKER CARE—For those fortunate enough to own a pressure cooker, Laura Pepper, chief of the Consumer Section of the Agriculture Department, gives these canning pointers:

Be sure the openings in the petcock, safety valve and pressure guage are not clogged, a toothpick or sharpened match will keep them clear.

Be sure air is drawn from the cooker before the pressure is allowed to rise. A steady hissing flow of steam from the open petcock is the signal to watch for.

Keep pressure steady by regulating the heat under the cooker; fluctuating pressure draws liquid from the sealers.

Watch until the guage registers the correct pressure and count processing time from that moment.

When processing time is up, cool the cooker gradually; sudden cooling may crack it and again, liquid will be drawn from the sealers.

When the lid's off, leave sealers in the open cooker for a moment or two until violent bubbling ceases. Too sudden a change to room temperature will crack or break the sealers.

And a last word—never immerse the lid of the pressure cooker in water.

Britain Praises Canuck Bombers

British praise for Canada's Mosquito aircraft production is given in an article by Kenneth R. Wilson, Ottawa correspondent of Financial Post, Toronto. The writer recently returned from the United Kingdom after a six weeks' tour with a group of Canadian editors, at the invitation of the British Ministry of Information. He talked to officials of de Havilland Aircraft, the Canadian company of which handles Mosquito manufacture on this continent. Mr. Wilson writes:

"Despite the handicap of 3,000 miles separation from the plant where the first Mosquitos were produced, the Canadian plant got into production more rapidly than a comparable operation in the U.K. which had all the original company experience to draw from near at hand."

Canadian Mosquitos, in the primary and component production of which thousands of aircraft workers throughout the Dominion are engaged, are flown in ever increasing numbers from Canada to European battlefronts. Recently two of them broke all existing non-stop transAtlantic flight records. Crossing from a point in Labrador to Northern Ireland, one made it in six hours 46 minutes, and the other in seven hours nine minutes. The faster time was two hours and 10 minutes better than the previous record by an R.A.F. Liberator. Distance was 2,200 statute miles.

WAR ON LOCUSTS

NAIROBI, Kenya (AP)—Successful attacks against bands of hopper locusts are reported from Tanganyika. All bands on Kilimanjaro and foothills have been destroyed and in Masailand the Gelai area has been cleared.

OWER PRICES? SURE!

IT HAS ALWAYS BEEN OVERWAITEA'S PRACTICE TO LOWER PRICES TO ITS CUSTOMERS WHEN SOME NEW EFFICIENCY REDUCES THE COST OF DOING BUSINESS. WAR OR NO WAR, OVERWAITEA'S CONSTANT AIM IS TO GIVE ITS CUSTOMERS THE UTMOST POSSIBLE FOR THEIR FOOD MONEY.

ANAGAN EACHES 65c (Approx. 4½ lbs.) $2.19 (Approx. 16 lbs.)
ETTUCE— 10c
ORNS— 59c
UMPS— 19c
TOES— 15c 20-lb. bag 59c
ELERY— 17c
AULIFLOWER— 25c
CALIFORNIA SUNKIST LEMONS PIE-FISH-SALAD-TEA Large size 300. doz. 43c
ALAD DRESSING— Kraft Whipt. 8-oz. jar 19c
ARROTS— 15c
15c
NIONS— 9c
Sunkist ORANGES Giant size, 150. Per doz. 60c
Breakfast size. 176, 200, 216 Per doz. $1.05
Lunch box size, 200, 216 Per doz. 90c
Fancy size, 252, 288 Per doz. 70c
HOLE ALMONDS— In shell. Per lb. 60c
HOLE WALNUTS— In shell. Per lb. 63c

Sale Starts Thurs., Ends Saturday

B.C Cantaloupes
A Real Week-End Hit!
Served chilled or with Ice Cream
Medium, size 45's 2 for 25¢
Large, size 32's 2 for 35¢

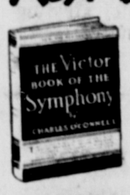
STRAWBERRY JAM With Pectin. 4-lb. tin 69c (Limit one)
LIPTON'S SOUP— Delicious Chicken Noodle. Pkt. 12c
BAKING POWDER— Monarch Brand It's Guaranteed 12 oz. 17c 2½ lb. 50c 5 lb. 85c Money back if not satisfied.
"OVERWAITEA IS GOOD TEA"
Best Blend, lb. 75¢
Popular Blend, lb. 70¢
Special Blend, lb. 59¢
Rinso Large Packet 23c
Red Rose SALMON— Fancy Keta. 1-lb. tin 22c
Medium CHEESE— Nice Flavor. Per lb. 35c
KERNAL CORN— Royal City. 2 tins 29c
Pasteurized CHEESE Maple Leaf Brand ½-lb. pk. 24c 2-lb. box 95c 5-lb. brick $2.19
FREE TUMBLER With 2 pkts. All-Wheat 25c
SODA BISCUITS— Plain or Salted. I.B.C. 1-lb. pkt. 23c
Puffed Wheat QUAKER. 2 pkts. 17c

Wide Mouth Mason Lids, doz. 29c
Narrow Mouth Mason Lids, doz. 19c
Economy Lids, doz. 35c
Rubber Rings, Perfect Seal Viceroy, 4 doz. 25c
Quart Jars, Improved Gem, doz 1.39
Pint Jars, Sure Seal, doz. 1.40
Ideal Jars, wide mouth, doz. 1.40
Dominion Quarts, doz. 1.59

LOBSTER— Maritime Eagle. ½-lb. tin 69c
HERRING in Tomato Angler Brand. Oval tins, each 16c
Cloverleaf CLAMS— Whole or Minced. 1-lb. tin 29c

PHONE OVERWAITEA FREE DELIVERY

RCA Victor BOOKS ON MUSIC



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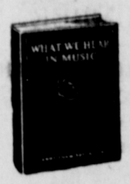

WHAT WE HEAR IN MUSIC
By Anne Shaw Faulkner—traces the history of music, development of musical literature and the opera and the national music of every country in the world. 661 pages. Price $3.25

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