DOUBLE YOUR MONEY BACK

Guarantee

Eat an ounce of Kellogg's All-Bran every

day. If after using just one package you do

pleasant, daily precaution to help you keep regular, mail the empty flat carton to us

grocer and the price you paid. We will

refund you not only what you paid-but

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with a note stating the address of your

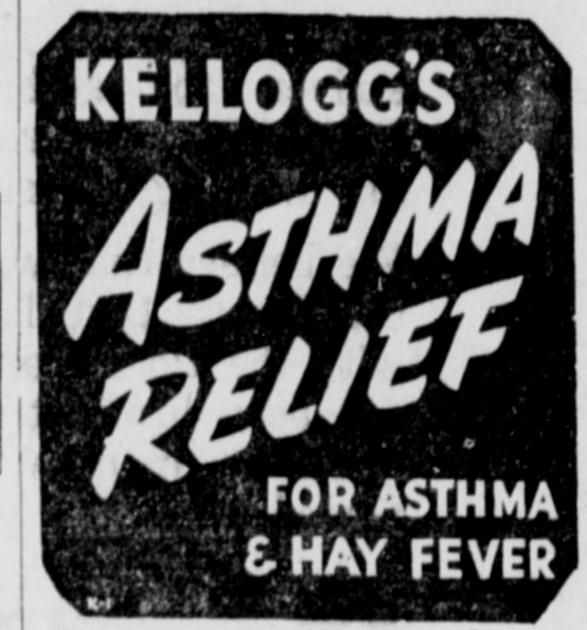
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YOU "REGULAR" NATURALL

or double your money back

Finest ...

Dance, Orange Hall, Terrace every Friday. Good time for all.



"Build B.C. Payrolls"

Pacific

has no special recipe to give to

for the JULY BRIDE

who have sugar problems." -Mrs. E. C., of Victoria.

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IN PRACTICAL TASTE . . .

IIIL VAKILII DIUNL

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Featuring Whites

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lumbing and Heating

Coal Stokers

omatic Sprinkling and

Prince Rupert, B. C.

JOHN LARUSSON DIES IN SOUTH

Well Known Former Prince Rupert Man Passes Away On Sunday in Vancouver

nes Larusson, a former resident; of Prince Rupert, passed away. friends will regret to hear of couver. his death. For years he had ago. His widow resides in Van- and confidential basis. couver where the funeral will

Announcements

Queen Candidate Dance, W.O. ed to the city police detachment T.M., Oddfellows' Hall, August 1, :30 to 1:30. Refreshments. Dance every Saturday night, Oddfellows' Hall, 9 to 12.



One of Pacific's friends says she

Are Our Assortments

KITCHENWARE

ENAMELWARE

GADGETS

LINENS

And other Household

Requirements

Mrs. A. W. Allaire left Saturday on a trip to Vancouver.

A Public Library closed August Los Angeles. After a lengthy illness, Johan- 4, re-opens September 4.

lived on Fifth Avenue East be- A Have your chest examined fore leaving here a year or so free of charge, on a voluntary

> Provincial Police Constable Douglas Grant of Vancouver arrived in the city on Friday

night's train, having been post-Jack Carson, who visited the DIES SUDDENLY; city for a few days last week, left Saturday night on his re-

of the late Dr. J. H. Carson, formerly of Prince Rupert. Mr. and Mrs. W. H. Tolin and daughter, Pat, who arrived in the city from Vancouver on Wednesday, left last night for a visit in Stewart prior to returning

turn to Vancouver. He is the son

spending a few days in the city undergoing an operation during which time he attended Wednesday. Celebrant at Skeena riding.

to Vancouver.

George Rorie returned on last years ago, deceased came and Prince George.

eer of the Power Corporation of Army. Canada, who has been in the city the last four days on business in connection with the Northern B. C. Power Co., left Saturday night for Vancouver on his way back to Montreal.

Dr. and Mrs. R. G. Knipe and other women, but in her own Vancouver where they will spend words: "I find less sugar is a month's vacation after which needed for cakes when I use they will proceed to Langley Pacific Milk. I should like to Prairie to take up residence. In pass this fact along to mothers the Fraser Valley town Dr. Knipe who has been director of the Maj. T. C. McCurdy, U.S. Army. public health unit here, will take up private practice in partnership with Dr. A. O. Rose, well ed to walk 18,098 steps or 77/8 known practitioner at that point. miles a day.

Mr. and Mrs. T. J. Boulter and daughter, Marie, left Saturday night on a trip to Vancouver and

▲ C.C.F. meeting tonight can-Miss Barbara Engelcke left celled. Regular business meet-He was well known and many Saturday night on a trip to Van- ing Tuesday, August 7, 8 p.m., Metropole Hall.

overseas.

Many shocked and sorrowing friends attended requiem mass in the Church of the Annunciation at 8 o'clock this morning for Anna Marie Bird, 24year-old daughter of Mr. and Mrs. John E. Bird, 774 Alfred Street, who passed away sudden ly in Prince Rupert General Hos-Rev. John Archibald of North pital Saturday night. The popu-Vancouver is leaving Tuesday on lar young woman died as a rethe Catala to return south after sult of a heart seizure after a victory banquet for his son, morning's service was Rev Harry Archibald, M.P.-elect for Father Carroll, assisted by Rev. Father Racette.

Born at Cutknife, Sask., night's train from Vancouver Prince Rupert with her parents and Prince George. He reports in 1940. Prior to her death she that enthusiasm for the North- was employed as stenographer ern B.C. Beauty contest is ex- in the Dominion Fisheries office tremely high in the interior here and had previously been towns of Smithers, Burns Lake employed by the Rupert Peoples Store, Northern B.C. Power Com-J. S. H. Wurtele, chief engin- pany and the United States Rupert for the occasion.

Miss Bird was engaged to be married to William Long, son of Mr. and Mrs. Richard Long, who will accompany the body east to Cutknife where interment will take place.

Surviving are her parents, a brother Jackie and a sister, Mrs. child will leave tomorrow for Fred Hill, in Prince Rupert and five sisters at Cutknife, Sask Pallbearers at this morning's service were Neil McDonald, Art Murray, Donald Fitch, Ingvor Morse, James Demboski and Sgt.

The average person is estimat-

Miss Dorothy Beerling Kenneth Wells

St. Andrew's Cathedral was the scene of a very pretty wedding ceremony Saturday afternoon at 4 o'clock when Dorothy Ivy, only daughter of Mr. and Mrs. R. E. Mrs. Paul Dvornek left for Beerling of this city, became the Calgary on Saturday night's bride of Able Seaman Henry train to join her husband who Wells, R.C.N.V.R., eldest son of has just recently returned from Mr. and Mrs. Harry T. Wells of West Vancouver. Very Rev. J. B. Gibson, the dean, officiated.

arm of her father, and to the strains of Mendelsohn's "Wedding March," the bride was beautifully attired in a full-length gown of white bridal lace, with sweetheart neckline edged in pleated net, over taffeta with lace mittens to match. Her hiplength veil of embroidered net was held in place by Queen Elizabeth style headdress. Her bridal bouquet was of American Beauty roses and white carnations and she wore the groom's gift, a dainty wristwatch in yel-

accessories was a string of pearls and lace handkerchief worn by the mother of the bride and the mother of the groom respectively at the time of their marriages.

The bride's only attendant, Miss Billie Kennedy, was attired in pink sheer with shoulder length veil held in place by a Mary Queen of Scots headdress. She carried a sheaf of pink car-

nations, gladioli and white lilies. The groom was attended by his brother, Robert, of West Vancouver, who, together with his parents, are visiting Prince

After the ceremony, a reception was held at Reid's Cafe where the bridal table was centred by a three-tier wedding

will not be responsible for any debts contracted in my name by anyone other than myself after this date. July 28, 1945.

CHARLES McCOY, 13 TAXI.

UNSUMER'S LATION COUPON CALENDAR

AUGUST

COUPON VALL BUTTER - 1/2 pound SUGAR - 1 pound

SUN	MON	TUES	WED	THURSDAY	FRI	SAT
			1	2 Butter Coupon 116 Valid	3	4
5	6	7	8	9 Butter Coupon 117 Valid	10	11
12	13	14	15	16 Butter Coupon 118 Preserves Coupons P14-P15 Sugar Coupon 62 Valid	17	18
19	20	21	22	23 Butter Coupon 119 Valid	24	25
26	27	28	29	30 Butter Coupon 120 Valid	31	

valid for the purchase of butter either by consumers or the trade, after August 31.

Merchants have until September 14 to deposit these coupons in their ration coupon bank account or exchange them for bank transfer vouchers. After that date they are invalid for any purpose.

CHEST XRAY SURVEY UNIT CHEST XRAY SURVEY UNIT S JAZ PROVIDED BY CHESTRAS SEALS

"CHECK YOUR CHEST"...

TIMETABLE

ALL RESIDENTS OVER 12 YEARS OF AGE IN THE VICINITY OF

American Administration Bldg., First Ave. ARE INVITED TO HAVE A FREE CHEST X-RAY EXAMINATION

Monday and Tuesday, July 30 - 31

HOURS: 9:30 to 11:30 a.m. — 2 to 4 p.m. — COME EARLY —

ARE ASKED TO WEAR TWO-PIECE GARMENTS TO HELP SPEED THE SERVICE IN THE LADIES' CHANGE ROOMS

THE X-RAY SURVEY IS ANOTHER SERVICE OF The PRINCE RUPERT HEALTH UNIT

THIS ADVERTISEMENT SPONSORED BY CHRISTMAS SEAL COMMITTEE - KINSMEN CLUB, Prince Rupert

cake, flanked by baskets of gla- | Prince Rupert, B.C. dioli. Here the happy couple received the congratulations and best wishes of their many friends. A toast was proposed by Dan McKinnon.

The couple were the recipients Becomes Bride of Able Seaman of many handsome and useful

> Later the happy couple left on the train for Terrace where they will spend a short honeymoon, the groom having to return to his naval duties in a few days. For travelling, the bride donned a pink two-piece dress and smart navy blue hat, wearing

corsage of mauve orchid.

DEATH NOTICE

Entering the Cathedral on the BIRD-On July 28, 1945, Anna Marie, beloved daughter of Mr. and Mrs. John E. Bird, 774 Alfred Street; also survived by one brother, Jackie, Prince Rupert, one sister, Mrs. Fred Hill, Prince Rupert, and five sisters in Cutknife, Sask. Requiem mass was celebrated by Rev. Father Carroll on Monday, July 30, at 8 a.m. the church. Interment will follow in the family plot at Cutknife, Sask.

A unique part of the bride's Don't suffer another day from the cruel everywhere. 50c, \$1.



36-inch size

Every young miss with a liking for smart styles will find this jumper is just right to start her fall wardrobe. Self tie belt, convertible collar and gentle waist fullness.

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Limited "A GOOD PLACE TO BUY"

Your Window Requirements Are Now Here WINDOW SHADES-All sizes, cream or green, \$1.10 WINDOW CURTAIN RODS-Extend to 48

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Cash Prizes

Plan Now to enter your Flowers and Vegetables

in the

CIVIC CENTRE FLOWER SHOW

No entry fee charged—Classes for every variety Prize lists will be distributed within a few days

OUT-OF-TOWN EXHIBITS INVITED

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sure to please you . . .