FAIR WAY FOOD MARKET

Items of Interest for Thrifty Shoppers

PACIFIC MILK OR CARNATION-Delivered Tall tins.

\$4.69 PER CASE GRAHAM

WAFERS 1-pound packets SHERRIFFS

J PACKETS

SHERRIFFS

VEGETABLE SOUP Campbell's,

PER TIN

NABOB COFFEE

\$1.49 3-pound SEEDLESS

RAISINS

RYE CRUNCH

Fruits & Vegetables

FANCY TOKAY GRAPES

PER POUND BRUSSELS SPROUTS

PER POUND TERRACE

FIELD

TOMATOES

2 Firm and ripe, 25c 6 EARS

SPECIAL - McINTOSH

Fancy and Cee Grade FLORIDA

GREEN CORN 27c

FAIR WAY FOOD MARKET WE DELIVER -:-PHONE 434

ber 19, Oddfellows' Hall, 10 p.m. End Hall, 8 o'clock tonight.

Mrs. A. M. Beattie returned to the city yesterday from a trip to Vancouver.

Mrs. C. A. Berner is sailing tonight on the Prince Rupert for a trip to Vancouver.

▲ Drop in at Pattullo's com- | Mrs. Eddie Clapp and daughter,

Mrs. Gillis Couture, who has been spending the past few weeks city yesterday.

▲ S.O.N. meeting, Oddfellows Hall, Friday, Oct. 19, 8 o'clock sharp. Followed by dance.

Mr. and Mrs. A. R. Holtby, who have been spending the summer in Quebec and Montreal, returned to the city on Tuesday night's train from the East.

▲ Special broadcast for fishermen tomorrow, 6:45 p.m. by Bruce Mickleburgh.

J. H. Moore, who has been in Vancouver to receive his discharge from the Army, returned to the city yesterday. It was his wife who had the good fortune to win a \$500 prize in an American fiction magazine con-

Mrs. Yvonne Schaeffer, the October 19. former Yvonne Riffou, has joined the staff of the Union Steam - O.F. Hall, Oct. 25, 2:30. ship Co. office here, succeeding Miss Mary Cushnar who left at and Tea, October 26. the first of the week on her return to her home at Valemount on the Jasper-Vancouver line 26, 8:15 p.m. of the Canadian National Rail-

Frank Moore, formerly fuel Little Norway Tea, Lutheran agent here for the Canadian Church, Nov. 3. National Railways and now stationed in Vancouver, arrived in November 8, Oddfellows' Hall. the city on Tuesday night's train after a trip over the territory ber 22. of the railway between Vancouver and here and will leave by the Prince Rupert tonight on his return to Vancouver. Shortly he will be making a trip to Duluth. Mr. Moore's son, Lieut. Frank Moore, is serving with the Canadian Navy on the cruiser Uganda. His daughter, Miss Patricia Moore, is a Royal Canadian Air Force nursing sister at present stationed at Christia Street Hospital in Toronto.

DRUM HEAD SERVICE

A Sea Cadets and Ist (R) Bn. Prince Rupert Regt. to be held in the YMCA Auditorium, Sunday, Oct. 21, 1945, at 2:30 p.m. Major R. C. H. Durnford, Seaforth Padre, will conduct the service. At the conclusion of the service, the 1st (R) Bn. Prince Rupert Regt. will act as host at the Armories, 6th Ave. W., to civilians and service personnel. Refreshments will be served. Everyone is welcome. Come and meet

▲ S.O.N. dance, Friday, Octo- | ▲ LPP Election meeting, East Church "missionary at Green- the south on November 3.

sailing tonight on the Prince

mittee rooms, 16 Besner Block. Miss Eleanor Clapp, are sailing Mrs. James Waugh, who has tonight on the Prince Rupert been visiting here with her sisfor a trip to Vancouver.

in Vancouver, returned to the Prince Rupert, has returned to for Vancouver enroute back to for Skeena and Ted Rowlands, her home in Vancouver after a her home in Montreal. visit in Prince George with her daughter, Mrs. R. A. Harlow. She flew from Prince George Vancouver.

A Bruce Mickleburgh proved his mettle at the theatre last night. Send him to Victoria to do a jo for us there!

Announcements All advertisements on this column will be charged for a full month

at 25c a word. Election information, Phone 150, Mickleburgh Headquarters all day Saturday, Sunday.

Jobs Daughters fashion dis-

play, Masonic Temple, October! Hill 60 Hallowe'en Tea, Mrs. G. E. Moore's, Oct. 31.

Women of the Moose bazaar. Presbyterian Bazaar, Novem-



 Authorities say the difference between husky children and those who are poor eaters, underweight and nervous is often simply a matter of proper nourishment, especially an adequate supply of vitamins.

But vitamins alone are not enough. For authorities now agree that vitamins do not work alone. They work as a team with certain other food elements.

For this reason, thousands are switching to Ovaltine. Unlike mere "vitamin carriers," Ovaltine food beverage contains not only extra vitamins but nearly all the precious food elements needed for health and top vitality. These include Vitamins A, B1 and D, the important minerals calcium, phosphorus and iron, high quality proteins and quick energy fuel-food—a combination of food elements authorities agree a needed for best results.

So, if your child is thin, nervous and not developing properly, why not turn to Ovaltine as thousands are doing. Three normal meals plus two glasses of Ovaltine a day give your child all the extra amounts of vitamins and minerals needed for health and top vitality.

OVALTINE THE PROTECTING FOOD-DRINK

STORAGE SPACE AVAILABLE

Storage - for a trunk, radio, cedar chest, piano, or the entire furnishings of your home - is convenient and in-

> We own and operate the warehouse where your goods are stored.

expensive.

For complete details about packing, crating, moving, storage and shipping, PHONE 60

LINDSAY'S CARTAGE & STORAGE LTD.

Corner 2nd and Park Avenue

A Hear provincial LPP leader Nigel Morgan, CFPR 10:30 to- known pastor of First United

ville on the Naas River, is sailing tonight on the Prince Ru-Miss Pat Timmermeister is pert for a trip to Vancouver. have been spending the past

Rupert for a trip to Vancouver. ▲ C.C.F. Broadcast, Thursday tala Tuesday afternoon follow- Prince Rupert to return to their 6:15 p.m. H. G. Archibald M.P. | ing one of his periodical trips | home in Vancouver. (241) to the city and district on busi-

ter, Mrs. Robert Cameron, sails in Skeena constituency on behalf Mrs. H. R. Grant, formerly of tonight on the Prince Rupert of Floyd Frank, C.C.F. candidate

> ▲ Digby residents—hear Bruce Mickleburgh at Dodge Cove Schoolhouse, 8 o'clock tonight.

> > H. K. Christiansen, who re-

urned to the city yesterday from Vancouver, will be resuming operation of the Chriss Mill Bakery, which has been in the hands of the United States Army for the past two or three years, after November 1. His daughter, Miss be arriving next Wednesday from Club, turned over to Maurice San Francisco to join him. Mrs. Brydges, treasurer of the Prince Stone Block, open evenings and Christiansen and their other Rupert Recreational Council, a Thanksgiving Supper, United tiansen, R.N., who has been tak- ance on hand from the old boys' Church Hall, October 18, 6:30 ing a business course in Vancou- club which functioned before ver, will be returning here in a the war, closing up when local Eastern Star Birthday Dance, couple of months and the entire war conditions made it impos-Annual Rebekah bazaar, I.O. Rupert for Christmas. They will will henceforth be carried on W.A. Canadian Legion Bazaar prepared above the bakery. | reational Council.

Rev. Andrew Roddan, well; Church in Vancouver, will be paying a visit to Prince Rupert Rev. W. S. Cooper, Anglican shortly. He is due here from

Mr. and Mrs. R. Robison, who month visiting with their daugh-D. C. Scott, pioneer confection- ter, Mrs. Jack Guthrie, and Mr. ery traveller, sailed by the Ca- Guthrie, sail tonight on the

> Mrs. J. S. Black returned on Tuesday night's train from Smithers and other interior points where she has been campaigning candidate for Omineca.

Flight Lieutenant Allan Davies, who has been spending the past week here visiting with his father, A. M. Davies, sails tonight for Victoria, where he is to take up residence following discharge from the Royal Canadian Air Force with which he has been serving throughout the

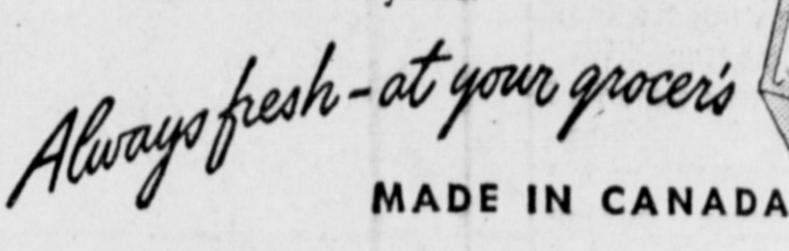
Yesterday E. A. Evans, secre-Engina Christiansen, R.N., will tary of the Prince Rupert Boys' daughter, Miss Margaret Chris- check for \$259.55, being the balfamily will be back in Prince sible to carry on. Boys' work here reside in a suite which is being under the Prince Rupert Rec-

Bake sweeter, tastier bread!



NO WAITING-no extra steps! Full-streng Fleischmann's fresh active Yeast goes righ work. Makes sweeter, finer bread! And mak faster! You can be sure of tender, smooth ter - lightness - delicious flavour every time!

IF YOU BAKE AT HOME, insist on Fleischmann's fresh Yeast with the familiar yellow label. It's dependable - Canada's tested favourite for more than 70 years.



Fresh Local Raw and Pasteurized MILK VALENTIN DAIRY PHONE 657

J. L. CURRY CHIROPRACTO If pain-Chiropracti If nerves-doubly s Smith Block Green

Annette's

Two Hours Only - - - Friday From 2 Till 4

Sizes from 14 to 44; reg. values to \$55.00.

Clock Sale Special-

\$29.50

UNIRIMMED CUAIS

Tweeds, plaids, Harris tweeds, shags and Boucle. Sizes 12 to 46; reg. values to \$39.50.

Clock Sale Special-

\$19.50

DRESSES

Prints, plain crepes, polka dots and candy stripes. Afternoon, street and 2-pce. dresses. Sizes 12 to 44; reg. values to \$12.95 NO TRY-ONS

SUITS

Dressmaker made and tailored suits. Sizes 12 to 20; reg. values to \$22.50. Clock Sale Special—

\$12.95

CHILDREN'S SWEATERS

Brushed wool. Sizes 6 to 14; reg. values Clock Sale Special—

\$1.00

HOUSECOATS

Printed rayons. Sizes 14 to 44; reg. value \$8.95.

Clock Sale Special-

\$4.95

WOOL JERKINS

All sizes. Reg. value \$1.95. Clock Sale Special-

\$1.00

ALL SALES FINAL — NO EXCHANGES — NO REFUNDS

Annette Ladies' Wear

"We Lead . . . Others Follow"

Third Avenue

Prince Rupert

