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ERN AND CENTRAL BRITISH COLUMBIA'S NEWSPAPER at Ormes Ltd. and all druggists.

OTTAWA, March 23 (P) - The 364 girls who live in Laurentian Terrace—government hostel for junior women civil servants—are enjoying better health than ever before in the building's 18-month history, with a maximum of five bed patients in the infirmary any day this winter.

"This is compared to a maximum of 20 last winter," said Miss Juliette Robert, the hostel's nurse-matron, adding that she thought the decrease was largely due to the fact that most of the girls now regularly include fruit, cereal and milk in their breakfasts.

Before the girls came into residence many tried light housekeeping in boarding house rooms, frequently skipping breakfact to save time and money. Their hostel fees now cover rent and three square meals a day.

Patients this winter have been treated for colds, 'flu and a variety of accidents, encountered mostly while skiing. Only serious cases have been one of septic throat and several of appendicitis. Recuperation at the hostel followed the opera-

"The girls have also been learning more about how to look after their health," said Miss Olive Cruikshank, manager, formerly director of Macdonald Hall, Guelph.

given by Miss Robert and another 25 are taking the St. John Ambulance home nursing course.

The hostel, which was opened for Grade One clerks and stenographers June 19, 1943, is filled, and has a waiting list of 29 Girls may remain until they are points. dence were of 'teen age, and 120

girls each and the rest doubles, George. with the weekly rate set at | Fish Workers' Whist Drive and \$9.50 for a single room, \$8 for a share in a double and \$7 in E. Hall. Whist 8-10, Dance 10-2. a triple.

Entertainment is no problem for the girls may have their best beaux visit them in the timbered, two-storey main reception hall up to midnight, when the building is closed. In addition, there are six common rooms furnished in habitant where feminine guests may be entertained, but most women friends are invited to sit in at girls' rooms.

Hostel dances in the modernunder the supervision of elect- Saturday 24 Mar. '45. ed dance committees. Effie Heggie of Kirkland Lake, Ont., and Marjorie Sheehan of Renfrew, Ont., were in charge of the last two, both held before Christmas.

"With night school, skiing and so on during the winter there isn't so much time for dances, but we are planning them again in the spring," Miss Cruikshank

### Announcement

Orange Ladies' Sale. March 28. Basket social, aid of Norway, March 29, Oddfellows' Hall. Queen Mary Daffodil Tea,

Easter Monday. Anglican Easter sale, April 5. C.C.F. Bridge Drive every Sat-

W.O.T.M. Sale and Tea in Oddfellows' Hall, Thursday April 5 3:00 to 5:30 p.m.

Easter Dance, Friday, April 6, W.A. 1st Bn. Prince Rupert! Regt. (MG).

Presbyterian Spring Sale,

April 12. C. W. L. Bridge, Whist and Cribbage, K. of C. Hut, April 18. Eastern Star Ball, April 20.

St. Peter's Sale, April 26. Dance every Saturday night, Oddfellows Hall, 9 to 12. Swing

Quintette Orchestra. United Spring Sale, May 3.

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aflamed that you think you can't go another step. Your shoes may feel as if they are cutting right into the flesh. You feel sick all over with the pain and torture; you'd give anything to get relief. Two or three applications of Moone's Emerald Oil and in a few minutes the pain and soreness dis-

No matter how discouraged you

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LEARNING TO SMILE AGAIN-There are millions of Europe's children who are suffering the effects of privation under German rule. Many are victims of undernourishment, disease and neglect. Some, like this little girl, have already been placed back on the path of self-reliance and health-thanks to the work of the Canadian Red Cross. Many have not learned, yet, what it means to smile.

# aminations on a first aid course given by Miss Robert and another LOCA | Vews Items . . .

PHONE 86 TO CONTRIBUTE PERSONAL AND NEWS ITEMS

Smithers and other interior D.E. Hall.

▲ C.C.F. Public Meeting, Friday ▲ Special at Wallace's Depart-Twelve of the rooms are 8 p.m. Metropole Hall, Third Ave. ment Store, \$2 - \$4, Ladies' ing R.C.A.F. singles, four accommodate three Speaker, John McInnis, Prince Blouses for 99c.

> Dance, Friday, March 23, I.O.D. In bounds to all forces. Admission 50c. Everybody welcome.

## 1st (R.) Bn. Prince Rupert

Regt. (MG)

Pay Parade—Final pay parade for all ranks not yet paid at Arinformal get-togethers in the mory Friday, 23 Mar '45 21:00

Those unable to parade may ly decorated cafeteria provide be paid by Paymaster at Daily formal entertainment, News Office up to 17:00 hrs

J. E. Ormheim returned to the | Technocracy Inc. Whist and city on last night's train from a Cribbage, Saturday, 8 p.m. I.O. last war. Tickets will be given

A Regular monthly meeting of Local No. 510 International Union of Operating Engineers will be held in the Carpenters' Hall, Fraser St., at 7 p.m., Friday, March 23. A. W. Johnson, Recording Secretary.

William Page, general office representative of the Carpenters' and Joiners' Union, and R. Stevenson, organizer of the Painters' Union, left last night on their return to Vancouver style—three on each floor— C. J. Toombs, Maj. Commanding after spending a few days in

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## ANNOUNCING . . .

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By MARGARET WOODWARD

A miscellaneous shower was held last night in the Ladies' Lounge in honor of Miss Sally Russell of the Canadian Women's Army Corps, whose wedding will be an event on March 31. Fifteen guests were present. Gold letters marked the name of the honor guest on the back of the bride's chair which was placed under a paper wedding bell. Presentation of the gifts was made from a decorated basket. The tea table was tastefully decorated with a low bowl of daffodils and matching tapers.

Bingo will be played tonight in the Writing Room.

The Friday evening sing-song will be held in the Common Lounge. Lois Vaughan will once more be on hand to play for your enjoyment.

At the Thursday afternoon meeting of the Service Wives' Club 22 members and 12 children were present. The afternoon was spent in sewing and knitting. The raffle, donated by Mrs. Gorlish, was won by Mrs. Waterfield. Refreshments were prepared and served by Mrs. Warner and Mrs. Gorlish.

On the evenings of April 18 and 19 the Lifebuoy Follies will be presented in the Auditorium. This troupe have been entertaining service personnel since early in the war and three members of the cast were members of the original Dumbell Troupe which became so famous in the out to the units.

Judge W. E. Fisher returned to Tonight in the Gym two floor promoted to a Grade Three po- \ Vardens Concert, Anglican the city on last night's train hockey games are on the card. sition. A recent survey showed Church Hall, Friday, March 23, from Smithers where he con- First Navy and Soo Suds will that 136 of the girls in resi- 8:15 p.m. Admission 50c. (70) ducted a session of County Court. meet and then Fortress will be matched with the league lead-

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Song Again" Victor record 20-1606 Sammy Kaye

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to Love You" Victor record 20-1635 Sammy Kaye

"When the Boys Come Home" "Evelina" Victor record 20-1621 Freddy Martin

"Accentuate The Positive" "Jumpin' On the Merry-Go-Round" Victor record 20-1612 Artie Shaw

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### Prince Rupert, B.C.

THE DAILY NEWS Friday, March 23, 1945 PAGE THREE



The weatherman says: AN EARLY SPRING! We agree . . . so if you're

6 to 60

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