

# News Items...

TO CONTRIBUTE PERSONAL AND NEWS ITEMS

old gold. Bulger's.  
is leaving tonight  
Vancouver.  
Stewart left Friday  
Vancouver.  
former Olive Waller  
Black 106—Harry  
(82)  
Mrs. W. O. Fulton  
night on a trip to  
get your tickets  
Annual Game Din-  
Obtainable at Nel-  
Shop and Grotto  
(83)  
Mrs. D. B. Morand and  
are leaving to-  
Vancouver where Mr.  
been transferred af-  
manager of the Capitol  
for many years.  
has been appointed  
the Dominion The-  
saver.

## Notice

Meeting of the  
Fishing Vessel  
Protective Fund  
in the Deep Sea Fish-  
Hall on April 8  
1:30 p.m. Import-  
(82)

## Wm. F. Franks

Optometrist  
of Vancouver

is now in Prince Rupert

solicitation of a number of residents  
Prince Rupert, Wm. H. Franks is visiting  
Mr. Franks is at the Prince Rupert  
Hotel and is open for appointments.  
appointments can be made at the hotel.

## Shoemakers

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## SUCCESSFUL BAZAAR BY MOOSE WOMEN

An enjoyable and successful bazaar and tea was held in the Oddfellows' Hall on Thursday afternoon under the auspices of the Home Making Committee, Prince Rupert Chapter No. 211, Women of the Moose. The sewing stall including aprons and fancy work was supervised by Mrs. J. Carr and Mrs. J. Scott, the home cooking stall by Mrs. J. Comer and Mrs. C. Lundstrum and the raffle staff by Mrs. J. Caine. The winners of the raffles were: cushion, Mrs. Peachey, No. 230; lamp, Mrs. T. W. Roberts, No. 217; chicken, Mrs. C. Lundstrum, No. 45. The beautifully decorated table at which Mrs. O. Stegavik and Mrs. O. Tweed poured was very attractive. Serviteurs for the tea were Mesdames T. Harvey, V. Whittaker, J. Armstrong and C. McIntyre and assisting in the kitchen were Mesdames F. Chandler, A. Clarke and F. Grimble. Cashier for the tea was Mrs. C. Brown.

## Announcement

All advertisements in this column will be charged for a full month at 25c a word.

Commemoration program, April 9, Lutheran Church, 8:15. Presbyterian Spring Sale, April 12.

Valhalla Hall, Whist and Cribbage, April 12.

C. W. L. Bridge, Whist and Cribbage, K. of C. Hut, April 18.

Eastern Star Ball, April 20.

W.A. Canadian Legion Spring Sale, April 21.

St. Peter's Sale, April 26.

Lutheran Tea, April 28.

Dance every Saturday night, Oddfellows Hall, 9 to 12. Swing Quintette Orchestra.

Missionary Tea, Presbyterian Hall, May 2.

United Spring Sale, May 3.

C.C.F. Bridge Drive every Saturday.



By MARGARET WOODWARD

We have just received the latest copy of our news bulletin. The opening of this new Prince Rupert centre is given a leading article on the front page. We have pinned a copy on the bulletin board so take a look at your building when you are next here. An interesting bit of information in the bulletin concerns writing supplies. Since the beginning of the war the Y.M.C.A. war services have distributed without any charge to the armed forces the following: writing paper, 1½ billion sheets, envelopes ¾ billion, and post cards four million. Think of it this way—if stacked the post cards would extend five-eighths of a mile, the envelopes 308 miles and the writing paper 77 miles. Which is a long record of correspondence in any country.

The movie in the auditorium this evening will be "The Bridge of San Luis Rey."

Bingo was played last night in the writing room. Winners of the big prizes were: M. G. MacKenzie of the C.W.A.C. and C. M. Walker of the Soo Suds.

Tomorrow afternoon at 3 p.m. the exhibition of photographs known as the Y.M.C.A. travelling exhibit will be on display and a cordial invitation is extended to all to see this excellent collection.

In the evening we are pleased to present on our regular Sunday evening concert series the well known Dry Dock Choir under the direction of Mr. Davis. The concert is open to all service personnel and civilians and begins at 9 p.m.

## CANYON CITY COUPLE WED

KINCOLITH, April 7 (Special)—Many friends from the Naas River villages and coastal centres were present at the wedding on Saturday of Emma Gosnell, daughter of Mr. and Mrs. Eli Gosnell, of Canyon City to Maurice Nyce, son of Mr. and Mrs. Peter Nyce, also of Canyon City. The ceremony was held in Christ Church, the Rev. Norman Green officiating.

The Kincolith Concert band accompanied the bridal party to the church and the Greenville Concert band played selections at the wedding banquet which followed in Jubilee hall. The hall was beautifully decorated for the occasion.

A notable feature of the banquet was the use of a loud speaker system which made it possible for all present to hear the many speeches.

The banquet was brought to a close by a brief religious service conducted by the Salvation Army officer.

## RESERVE W.A. EASTER DANCE

Easter colors, mauve and yellow, were chosen by Mrs. M. Assemisen and her committee to decorate the Armories last night for a very enjoyable Easter dance held by the Women's Auxiliary to the 1st Battalion, Prince Rupert Machine Gun Regiment, about 200 persons being in attendance. An added attraction of the evening was the waltz and jitterbug contests. The latter proved so popular a consolation prize was given. At midnight refreshments were served under the supervision of Mrs. Crawford Moore. Lieutenant Montador was master of ceremonies. In charge of the attractive posters and ticket sales was Mrs. C. J. Norrington. Percy Bond was at the door with Hugh Ferguson in charge of the cloak room.

Buy War Savings Stamps

## NAAS VILLAGES ENJOY EASTER

KINCOLITH, April 7—Easter services at this Naas river settlement were attended by practically all the villagers and many visitors from nearby places. The day began with a well-attended service in Christ Church where the Greenville choir conducted by Joshua McKay, led the singing of inspiring Easter hymns and rendering the anthems "Worthy Is the Lamb" and "Amen Chorus" from Handel's Messiah. Fred McKay was organist, and Henry H. McKay delivered the sermon.

Following the service a banquet was served by the Women's Auxiliary of Kincolith, after which a Church Army service was held.

At the evening service, the church was filled with worshippers. The Kincolith choir conducted by George L. Stewart sang the anthem "King of Kings" and selections from the cantata "Risen Indeed." Stephen Barton preached and Rev. W. S. Cooper assisted by Rev. Norman Green administered communion.

At the close of the service a supper was served at the home of Chief Councillor George L. Stewart.

On Monday the Naas River detachment of the Pacific Coast Militia Rangers were out in force. A combined drill and parade was presented, with more than 60 Rangers taking part. Detachments represented were from Canyon City, Greenville and Kincolith.

In the evening, a basketball game between the Port Simpson and YMCA Kincolith team resulted in Port Simpson taking the honors.

In the evening a dance was held, with music provided by the North Star Orchestra.

Vitamins for adults are usually unnecessary. Follow Canada's official food rules and your diet will contain all necessary vitamins and minerals.

Prince Rupert, B.C. THE DAILY NEWS Saturday, April 7, 1945 PAGE THREE

## REID'S CAFE

DINING ROOM NOW OPEN

Lunch 12 to 1:30

Dinner 5:30 to 7:30 p.m.

Salads, Sandwiches, Chili Con Carne, Chicken Spaghetti, etc. 7:30 to 11:30 p.m.



Old Prince Rupert Club Building

2nd Ave., next to Bank of Commerce

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## SONG HITS

Your Favourites Now Available In SHEET MUSIC

"Twilight Time" "Saturday Night"  
"Sweet Dreams Sweetheart"  
"I Dream of You" "I'm Making Believe"  
"You Always Hurt the One You Love"  
"I'm Beginning to See the Light"  
"Into Each Life Some Rain Must Fall"

McRae Bros. Ltd

## KEEPING HOUSE IN WARTIME

### Skilful Cook Serves Tasty Meals And Uses Cheaper Meat

A little extra care in preparation and serving can make tougher cuts of meat quite delicious. Besides, they add variety to meals, not always easy to get these days. Home economists warn that the price per pound of meat is not always the best guide to economical buying. They also say that cheaper or tougher cuts must be cooked longer and require more skill in seasoning. When properly prepared, however, they are just as tasty, and every bit as nutritious as the higher priced steaks and roasts. Tongue belongs to this class of meat and introduces an entirely new flavour and texture into the menu. The price is reasonable and being boneless it is an economical buy. Beef tongues may be purchased either fresh, smoked or pickled.

#### Boiled Fresh Tongue

¼ to 5 lb. fresh beef tongue  
4 qts. boiling water  
1 glove garlic (if desired)  
2 stalks celery  
1 onion, peeled and sliced  
1 carrot  
¼ cup vinegar  
2 tablespoons granulated sugar  
2 teaspoons salt

Wash tongue well and place in covered kettle. Add the water, garlic, celery, onion, carrot, vinegar, sugar and salt. Cover and simmer for about 3½-4 hours, or until a fork pierces the tongue easily. Let tongue cool in liquor for at least 1 hour. Remove, take off skin, trim excess tissue and small bones at root end.

NOTE:—If a pickled tongue is used, soak in cold water for several hours or overnight. Bring to boiling point and drain. Continue cooking as above, omitting salt.

#### Glaze for Beef Tongue

1 teaspoon dry mustard  
3 tablespoons brown sugar  
Few grains cayenne pepper  
½ teaspoon curry powder  
2 tablespoons water  
2 tablespoons vinegar  
1-3 cup tomato catsup  
Mix together the mustard, sugar, cayenne and curry powder. Blend in the water, vinegar and catsup. Pour over cooked tongue.

#### Sweetbreads

Sweetbreads do not belong among the cheaper meats—they are always a delicacy. Sweetbreads consist of the thymus gland of the calf, which is divided into two distinct parts. These

are sold separately or as a pair. To Prepare Sweetbreads:

Sweetbreads spoil quickly—therefore as soon as delivered remove the wrappings, wash and place in boiling water. Add a ½ teaspoon salt and 2 or 3 tablespoons vinegar to each quart of water. Simmer gently for 20 minutes, then drain and cover with cold water to whiten flesh firm. When cool remove the membrane and tubes. Then broil, saute, cream or prepare as desired.

#### Creamed Sweetbreads

1 lb. sweetbreads (prepared as above)  
4 tablespoons mild-flavoured fat  
4 tablespoons flour  
2 cups milk  
Salt and pepper to taste  
1 cup fresh mushrooms

Make cream sauce of mild-flavoured fat, flour and milk. Add seasonings. Cook for 2 minutes, stirring continually. Add mushrooms and sweetbreads and serve in patty shells or on toast. Six servings.

### Of General Interest

#### Steps to Canning

Continuing to pay subsidies to farmers for fruit and vegetables marketed with commercial canners will assure Canadian consumers a supply of commercially canned preserves, jams, jellies and vegetables in the 1945-1946 season.

#### Watch Preserves Coupons

Already two of the 20 extra preserves coupons being made available for purchase of canning sugar have become valid. It's the wise housewife who, from now on, keeps her eye on the family's preserves coupons and does not over-buy on preserves only to find herself short of canning sugar later on.

#### No Loss Here

Consumers, who exchange preserves coupons for vouchers to purchase maple sugar by mail and find that the farmer can't fill their order, may turn the vouchers back into preserves coupons at their Local Ration Board.

#### More Butter

Butter coupon 104, originally scheduled for May 3, will be advanced to April 26 when the consumer ration is increased from six to seven ounces a week after April 1.

### HOW CAN I ???

By ANNE ASHLEY

Q. How can I prevent having cold feet?

A. When bothered with cold and damp feet and legs, exercise will promote circulation. Also massage every night with rubbing alcohol, mentholated cream, or camphor cream.

Q. How can I remove soot from the chimney?

A. By placing two or three ounces of fine flour of sulphur on a hot fire in the range or furnace. Keep the damper open.

Q. How can I clean white fox fur?

A. To whiten white fox fur, rub equal parts of magnesia and dry flour into it.

### Timely Tips

Finis

That's what spring cleaning spells to many a window-curtain, so here is a thrifty hint for making necessary replacements. Make them up with the same width hem at top and bottom. Then they can be reversed after each washing. Other curtain savers... alternate between shady and sunny windows if possible; occasionally put outside on the clothesline in a shady spot to blow off dust and be sure to wash or clean frequently, especially in winter time when they collect sharp, gritty dust and soot which literally cuts them to pieces.

#### Here We Go Again!

Yes, we are talking about silk stockings again, but this time about how to wash them. Rules for longer and prettier life are—wash them when new and after each time they are worn; always wash them in lukewarm water with mild soapy suds (taking care not to catch threads on a ring or on anything rough). Then rinse carefully in lukewarm water, squeeze the water out gently and then roll the stockings up in a towel to absorb more of the moisture; then hang out to dry, out of the sun and away from direct heat. Do not wear until thoroughly dried—about 48 hours after washing.

#### Prophylactic

Doctors tell us that soap is a real germ killer—in fact they say that one of the most practical disinfectants is a thick lather of strong laundry soap—and never forget that cleanliness is a real morale booster!

## Music Teachers and Pupils

TORONTO CONSERVATORY OF MUSIC MIDSUMMER EXAMINATIONS

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