Easter Coat Fashions

They're Alive with Style!

★

RUPERT PEOPLES STORE

OF COURSE!

RUPERT BRAND

:: SMOKED ::

BLACK COD

Canadian Fish

— AND —

Cold Storage

COMPANY LIMITED

PRINCE RUPERT, B.C.

TAKE A TIP . . .

from the thrifty shoppers and come to The Variety Store. Our store is filled with everyday needs—with gift suggestions—with sparkling new Spring items. And the prices will please your budget. Come in and browse around.

THE VARIETY STORE

"Where Your Dimes Are Little Dollars"

We can say this in three words . . .

BUY COAL NOW

PHONES 116 — 117

ALBERT AND McCAFFERY

PLACE AN AD IN THE DAILY NEWS—CIRCULATION COUNTS

THERAPY BENEFITS VETERANS

Games, Handicrafts, Gardening All Play Part in Treatment of Casualties in Prairie Centre

By ENID NEMY
Canadian Press Staff Writer

PORTAGE LA PRAIRIE, Man., March 15 (CP) — Two forms of treatment, virtually unknown during the First Great War have become the backbone of a modern program for treating battle casualties.

The treatments are occupational therapy and physio-therapy both used extensively at the only establishment of its kind on the prairie, No. 3 Conditioning Centre here.

Occupational therapy is valuable in both a mental and physical sense. It provides mental diversion while, at the same time, affords opportunity for repeated exercise.

Games such as, ping-pong, horseshoes, blow hockey and croquinole are seldom thought of in terms of health but battle casualties and men injured in training accidents play them for no other reason. A simple game of ping pong strengthens shoulder, back and leg muscles as well as improving visual co-ordination. Blow hockey is effective with pneumonia cases as it increases circulation in the chest area. Swimming is invaluable because exercises that can't be done on land can be done, if carefully directed, in water.

Arts and Gardening

Handicrafts also form an integral part of occupational therapy. Leatherwork, rug making, weaving, woodwork and mechanics are all enjoyed by the men. Last summer they built a boat which they proudly named "Good Show." The tomatoes and carrots they grow are another source of pride.

"At first they didn't like the idea of gardening but once they got out it was a job getting them back in," said Lieut. Mary Campbell of Toronto, in charge of the work. She is assisted by Lieut. M. Mackey of Lindsay, Ont.

Physio-therapy employs the use of such physical agents as remedial exercises, heat, light, electricity and massage. Lieut. Phyllis Irvine of Speers, Sask., and Lieut. Grace Reynolds of Regina and Winnipeg, both graduates of the University of Toronto, are in charge.

The most modern machines and treatment are used. Infra red lamps, ultra short wave, wax baths, hydro and electric therapy, ferodic batteries, are just scientific names to most people—but to the boys just returned from overseas they are the means of becoming physically fit again.

The men are enthusiastic about the treatments. Pte. Valere Rommelaere, from the Moose Jaw, Sask., district, used to hobble about on crutches. Now he takes part in almost every game. Gunner Harry Wagner of Regina couldn't praise the treatments enough. "They're wonderful," he enthused. "We'll all be home soon."

IN THE SUPREME COURT OF BRITISH COLUMBIA
IN PROBATE
IN THE MATTER OF THE "ADMINISTRATION ACT"
and
IN THE MATTER OF THE ESTATE OF JOHN ZOGAS, DECEASED INTESTATE

TAKE NOTICE that by order of His Honor, W. E. Fisher made on the 26th day of February, A.D. 1945, I was appointed Administrator of the Estate of John Zogas, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me on or before the 10th day of April, A.D. 1945, and all parties indebted to the said Estate are required to pay the amount of their indebtedness to me forthwith.

DATED at Prince Rupert, B.C., this 10th day of March, A.D. 1945.

NORMAN A. WATT,
Official Administrator,
Prince Rupert, B.C.

SAILINGS FOR VANCOUVER and Way Points

Tuesday—SS Catala.
Friday—SS Cardena

Sailings for Queen Charlotte Islands every ten days.

Further Information, Tickets and Reservations

FRANK J. SKINNER
Prince Rupert Agent
Third Ave. Phone 568

UNION STEAMSHIPS

'Y' DOINGS

By MARGARET WOODWARD

An outstanding radio program was presented last night from the stage of the "Y" auditorium. It was Pte. Collin's group from Seal Cove doing a preview of the musical part of tonight's carnival program. With Bob Fleming at the piano, Angelo Russo and his violin, Cyril Matte with his Hawaiian guitar, Paul Kelodi with the Spanish and, featuring original compositions by Bob, the half hour was a masterpiece of versatility. A lovely song of Bob's "Did You Remember?" was given an excellent interpretation by Pete Collins. We hope to feature this group in a longer program one of these days for your enjoyment.

Last night at the "Y" bingo was again played in the common lounge. Numbers were called by Jimmie Hellakus and a good crowd was in attendance. Winners of the big prizes were T. McFee of the Service Corps and H. Wingrow of the R.C.E.M.E.

An exhibition game of basketball will be played tonight between Port Edward Coast Guard and City.

Tonight the movie is "A Guy Named Joe" starring Irene Dunne, Spencer Tracy and Van Johnson.

Y. W. C. A. Notes

Mrs. Nobiston, Y.W.C.A. representative here, reports the following arrivals among service families:

Carol Reynolds, born March 9, weight 7 lbs. 10 oz., whose father, S. A. Reynolds, is serving overseas.

Kathleen McDivitt, born February 26, weight 8 lbs. 15 oz., daughter of A. B. McDivitt of Chatham.

Robert Bruce Ogilvie, born March 7, weight 7 lbs. 3 oz., son of E. R. A. Ogilvie of Chatham.

Terry Stephen Rider, born March 7, weight 5 lbs. 8½0 z., whose father is Pfc. Ray Rider of the American Army.

The social evening of the Wives' Club will be held this evening in the ladies' lounge.

FLY

PRINCE GEORGE to VANCOUVER

2½ HOURS

LEAVE PRINCE GEORGE DAILY 2:30 P.M.

Single $30 Return $54
(Plus Tax)

For further information, see Canadian Pacific Railway Office, Prince Rupert. V45-12

Canadian Pacific AIR LINES

Lumber

We now have a stock of good grade

FIR, SPRUCE AND CEDAR

Lumber on hand

YES! We have NO BANANAS BUT—We do have . . . RED CHIMNEY BRICK

Phone 651 or 652 for particulars

PHILPOTT, EVITT & CO. LTD.

Better Highways—

Resolution On Roads At Grit Meet

Necessity of further highway development and Prince Rupert in central and northern British Columbia was not overlooked by the Skeena District Liberal Association at its convention here Tuesday when a resolution was passed recommending,

That the Prince Rupert Highway should be immediately brought up to standard specifications,

That, as a post-war project, the Prince Rupert Highway should be connected with the Edmonton-Jasper Highway,

That a highway connecting the Prince Rupert Highway with the Alcan road be constructed by the most westerly route practicable.

C. P. Bussinger, the mover, spoke briefly to the resolution, pointing out that there was only a 40-mile gap to complete the Prince George - Jasper Highway and mentioning the advantages of the Hazelton route for the connection with the Alaska Highway.

At the suggestion of Olof Hanson, it was decided the resolution should be forwarded to the provincial as well as the federal government.

GRAPES—STRANGE FRUIT

GRIMSBY, Eng., (CP)—The war has been going on so long that many of the younger generation have little knowledge of peacetime fruits. In a Grimsby juvenile court a young boy, who stole grapes from a truck, told the magistrate "they were round, black things—I don't know what they were."

"A TRIP through the Gillette factory showed me why I always get clean, quick shaves with Blue Gillette Blades. I saw steel hardened in automatically-controlled electric furnaces . . . saw the blades sharpened in grinding machines weighing several tons—yet so precise that they are adjustable to 1/10,000 of an inch. So my advice to any man who wants to enjoy shaving is to use Blue Gillette Blades."

C-295

J. L. CURRY
CHIROPRACTOR
If pain—Chiropractic!
If nerves—doubly so!
Smith Block Green 995

WANT ADS.

FOR SALE

FOR SALE—Baby carriage, all-metal, priced reasonably for quick sale. Call American Signals 496. (63)

FOR SALE—5 H.P. Palmer with clutch, shafting and propeller. In A1 condition. $120. Box 950 Daily News. (64)

FOR SALE—One 48-inch by 12-foot R. T. Butt joint boiler, 50 horse power and tested to 125 pounds W.P., in good condition. Smithers Lumber Yard, Smithers, B.C. (69)

FOR SALE—Regulation overseas cartons. 5 lbs. and 11 lbs. sizes at 10c and 15c. The Variety Store. (66)

FOR SALE—Lots 24 and 25, Block 26, Section 1, on which is a fully modern seven - room stucco house, 1045 Second Avenue; four bedrooms, fireplace, basement and furnace, new roof. Must be sold to wind up Company. Phone 14 or call at office of Brown & Harvey, Besner Block. $3600.00 cash. (65)

MACHINERY FOR SALE

TO SAW better lumber more economically, use the modern and up-to-date type National Portable Sawmills, manufactured by National Machinery Company Limited, Vancouver, B.C. (tf)

WANTED

WANTED—High school teacher would like board and room or room with housekeeping privileges. Apply Box 965 Daily News. (65)

WANTED — Professional girl to share room, one block from Post Office. Apply Box 966 Daily News. (65)

WANTED — Two-room apartment, American couple. Reward for information. Phone Black 963. (64)

WANTED—New or used lumber, suitable for shed. Box 963 Daily News. (67)

WANTED — Housekeeping room for officer and wife, no children. Apply Box 959 Daily News. (63)

WANTED — House or room, by quiet navy couple, with well-behaved school-age boy. Mrs. Charles J. Morgan, General Delivery, city. (65)

PERSONAL

ELDERLY WOMAN wants light housekeeping. Apply Box 964 Daily News. (65)

URGENT that we get in touch with Albert Turney. Any information will be appreciated. Box 962 Daily News.

FOR YOUR DECORATING needs, anything that's done with paint, I do it. Call Red 444 or Blue 378. (86)

SLENDOR TABLETS are effective. 2 weeks' supply $1; 12 weeks $5, at all druggists. (65)

FOR RENT

FOR RENT—Unfurnished room. Call Red 191. (64)

FOR RENT—I.O.D.E. Hall. Phone 83 for particulars. (tf)

HELP WANTED

WANTED — Experienced Fish Graders and Storekeepers for Fish Camps April 15th, approximately five to six months employment. Apply to AM. 171 Unemployment Insurance Commission. (68)

WANTED—Bookkeeper for sawmill and store. Apply National Selective Service A.M. 164. (64)

WANTED — Warehouseman for local grocery wholesale. Steady work, good opportunity of advancement. Selective Service A.M. 168. (tf)

LOST AND FOUND

LOST — Two-month-old terrier, child's pet, black with white leg and tail, on 2nd Street by Johnny's Snack Bar. 316 2nd Street.

LOST—6 or 7-month-old brown and black pup. Finder please phone Green 955. (64)

FOUND—Lady's bicycle. Can be had by calling at the Daily News and paying for this advertisement. (tf)

LOST — Valuable pictures and folder. Reward. Phone American Signals 263. W. Wise. (64)

LOST—Black bag, corner Dunsmuir and Fifth. Reward. Return to Prince Rupert Hotel.

LOST — Gold costume jewelry brooch, Saturday night; sentimental value. Finder please return same to Daily News. (63)

FUNERAL NOTICE

Funeral services will be held at the St. Andrew's Cathedral for the late Miss Nora L. Bird at 2:30 on Friday, March 16. Interment at Fairview Cemetery.

TODAY ONLY

Complete Shows Tonight 7:00 - 9:00
Ray Milland in "MINISTRY OF FEAR"
(at 7:35 - 9:35)

STARTS TOMORROW

There's JOY... Ahoy! and LOVE... Oh, Boy! in Paramount's Musical

"Rainbow Island"

starring DOROTHY LAMOUR EDDIE BRACKEN GIL LAMB with BARRY SULLIVAN

in Rainbow TECHNICOLOR

Directed by RALPH MURPHY

Plus

Colored Cartoon
"GHOST TOWN"
WORLD NEWS

Capitol

A FAMOUS PLAYERS THEATRE

Complete Shows 1:00 - 3:00 - 5:00 - 7:00 - 9:00
Feature 1:20 - 3:20 - 5:20 - 7:20 - 9:20

★ ★ ★ ★ ★ ★ ★

SAT. MORNING 10:30 — Doors 10 a.m.
Hop-a-Long Cassidy Story:
"RIDERS OF THE TIMBERLINE"

SUNDAY MIDNITE
Edward Arnold
"Mainstreet After Dark"

Business and Professional

SMITH & ELKINS LTD.
Plumbing and Heating Engineers
Phone 174 P.O. Box 274

"Largest Organization of Its Kind in the World"
MUTUAL BENEFIT
Health and Accident Association
J. WRIGHT, Spec. Representative
336 9th Ave. W. Red 693

GEORGE L. RORIE
Public Accountant, Auditor, etc.
Income Tax Returns Compiled
Besner Block Phone 387

R. HUNDEIDE
WATKINS DEALER
337 Seventh Avenue West
Phone Green 973

EVENSON'S IDEAL CLEANERS AND LAUNDRY
"House of Better Cleaning"
Authorized "FLEXFORM SERVICE"
Shapes Dresses Without Guesses
Waterproofing a Specialty
PHONE 858
Mail Orders—Box 99

FIND IT with a Want Ad! Sell it with a Want Ad! Buy it with a Want Ad! Daily News classified section gets results.

R. Y. WALKER
GRADUATE MASS...
Massage and Steam... Facial and Reducing...
Phone Red 315 — 434...

FRENCH LESSO...
Mr. L. P. Beaubien, for... of French language, has... turned to the city and... sumed his classes. His... is Postal Station B.

HELEN'S BEAUTY SH...
Permanent Wa...
Beauty Culture in all its...
206 4th Street : Ph...

HOTEL FRASER HOU...
Phone Black 82...
C. H. HICKS, Prop...
Clean, quiet room...
714 Fraser Street

BERT'S TRANSFE... MESSENGER...
Stand 101 5th Ave...
Phone Green 95...

NEW LOCATION: Gr... 1431 6th Avenue E...
ESTHER STAN...
EXPERT PERMANENT W... AND HAIR STYLI...
Late of Hudson's Bay, V...

H. J. LUND...
PAINTING, PAPERIN... KALSOMINING...
PHONE 46

BULKLEY VALL... COLLIERIES L...

Beg to advise that having completed War Priority Contracts, are prepared to supply the DOMESTIC MARKET with high quality, long lasting

BULKLEY VALLEY COA...

★

Phone your dealer and save.