

nped by phone orders and t the counter, meat marere forced to close their eriodically to keep abreast business. However the upply was nearly exhaustnothing was left of the Sea's big load of beef, nd lamb hikan Meat Company reonly beef stew cuts and ngs available. In the same on as other markets, they nany cannery and logging specialties.

orders to take care of as the local householders. shops expect to have more by the end of the week.

## 1/2 cup mild-flavored fat 2-3 cup sugar d why the meat was not 2 eggs

KEEPING HOUSE IN These Summer Specialties Are Easy and Appetizing

Even with the best methods of storage, some sour milk in the summer time seems inevitable. The delicacy of texture it gives to biscuits, muffins, gingerbread and chocolate cake, makes it an always called for sour milk. tract 2 teaspoons of baking pow- gingerbread 8 x 8 x 21/2 inches. der and add 1/2 teaspoon of baking soda to the dry ingredients.

Jellied Meat Loaf Today's recipes are summer Sour Milk Gingerbread

1 teaspoon allspice 1 teaspoon ginger  $\frac{1}{2}$  teaspoon salt 1 cup sour milk Cream fat until fluffy; gradually cream in sugar. Add beatasset rather than a liability. At | en eggs and molasses and beat | one time, in fact, these recipes | well. Mix and sift dry ingredients | and add alternately with sour To substitute for sweet in a milk, combining lightly. Bake in recipe, use the same amount of a moderately slow oven, 325 desour milk and for each cup sub- grees F., 50 to 55 minutes. Makes

> 1 tablespoon gelatine 1-3 cup cold water 1 cup boiling water 1 teaspoon salt 1/2 teaspoon Worcestershire sauce 2 cups diced cooked meat

TIME OUT TO RELAX

WARTIME



Casual entertaining, despite fect mixer for all kinds of bev- 325 to 350 degrees F. during the rationing, food scarcities and erages and it imparts an extra entire cooking.



and more meat per pound if you

keep the oven at a steady heat of

THRIFTY-POUNDWASH

A. By scouring with soap and ashes. Then pour in one-half bathing to him than a small girl approached her with another cup of vinegar with the same possibility as to why she was amount of salt and boil for a few there-"Have you lost some- minutes. Wash thoroughly and



tuce lie the greatest percentage The Daily News is completing a Roll of Honor which it NOTICE of vitamins—so if you're thrifty Of Course Jour Want a Tumple is hoped may contain the name of every man and woman by nature and always makt use of this city to serve with the armed forces at sea, on land of this part of the vegetable, and in the air. To make this list complete, it is essential to obtain the co-operation of the public as a whole in subyou'll be better nourished. Installation of additional new equipment for which we mitting the names. In root vegetables, the vitahave been waiting for six months makes mins and minerals also lie near It is impossible for the Daily News or any one person it possible for us now to guarantee the surface. Nature has proto compile the list complete so we are asking YOU to be vided a watertight jacket-the service within responsible for the submission of the name of YOUR boy, skin, to keep in these soluble YOUR girl or YOUR friend. ONE WEEK on all LAUNDRY items. When the skin is peeled The following is the information we would like you to off, naturally these elements fill in and send toare lost. Therefore it is not Every young miss with a only a saving of time but also ROLL OF HONOR EDITOR liking for smart styles will of food value to cook them in Daily News, their packets. We offer three services: find this jumper is just right Prince Rupert The long conflict over whether ALL FINISHED, FLAT and to start her fall wardrobe. carrots should be cut lengthwise or sliced for cooking has at last Self tie belt, convertible col-Service (Army, Navy, Air Force) been solved, to the nutritionist's lar and gentle waist fullness. satisfaction at least . . . to pre-Next of Kin pare young carrots for cooking, wash and scrape them and cut Relation We Pick Up and Deliver . them in halves lengthwise or leave whole. Wash old carrots PHONE 858 and let stand in cold water for Date of Enlistment an hour, then peel thinly. Cut ANNETTE'S Date of Discharge in 1/4-inch slices. EVENSON'S IDEAL CLEANERS A sprig of mint cooked with If Casualty, Nature and Date peas gives them a pleasant and LADIES' WEAR AND LAUNDRY unusual flavor. Remember, if YOU do not submit a certain person's "THE HOUSE OF BETTER CLEANING" name, no one else may. You are responsible. FRESH TOMATOES - These days when tomatoes are fresh

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