practices, no matter mificant the resultant ms, are the order of

nty tea cup with undisgar in the bottom is still occasionally. Its day is or the hot tea or coffee sugar and see to it that sirring follows. se sugar to sweeten this

iced drinks. It almost upletely dissolves. Inke a syrup of sugar and watt); and avoid this

using pre-war recipes, low that in almost all sugar can be reduced tablespoons, sometimes thout affecting either flavor?

mphlet "Wartime Sugar ssued by the Consumer Dominion Department ilture. It has recently sed and enlarged, conny useful hints and excipes and is obtainable st from the Publicity on Division, Depart-Agricultrue.

hubarb Muffins s sifted all-purpose

oons baking powder poon salt

porridge). poons melted fat ncooked rhubarb, cut in

ONSUMER'S ION COUPON

MON

CALENDAR

WED

IUNE

THURSDAY

Butter Coupon 109

4 Butter Coupon 110

71 Butter Coupon 111

7 28 Butter Coupon 112

Mix and sift flour, baking powst be shared with those der, salt and sugar. Add half the so long, have had so milk, the well-beaten egg and the remaining milk mixed with one made one big ad- the rolled oats. Mix only enough in their tastes and to combine. Add melted fat and ree years ago when sug- rhubarb, and fill greased muffin t rationed. They will tine two-thirds full. Bake in a second without com- hot oven, 400 degrees F., for 25 lowing that the people minutes. Makes 12 medium muf-

Fruit Bisk

Pour canned fruit of any kind into a saucepan, bring to boiling point. Place left-over tea biscuits on fruit. Cover and let stand until biscuits are thoroughly heated. Serve hot with fruit as sauce. The syrup may be slightly thickened first with a little cornstarch if desired.

Lemon Snow

1/4 cup cornstarch 1-3 cup sugar

½ teaspoon salt

2 cups boiling water 1 lemon, grated rind and juice 2 egg whites

Mix cornstarch, sugar and salt thoroughly together. Gradually add boiling water, stirring constantly. Cook over direct heat until thick and clear, about 5 minutes. Add grated lemon rind and juice (3 tablespoons) and the stiffly beaten egg whites, a hollow cork when not in use. stirring until well blended. Turn l certainly want a copy into individual sherbet glasses and chill. Serve with custard sauce made with the egg yolks. Six servings.

Modern Etiquette By ROBERTA LEE

ments are served should a guest the next night. remain at a bridge party?

A. This depends upon how how early in the evening refreshments are served, but probably about 30 minutes after finishing is the usual time to leave. A guest at any affair should never "eat and run."

Q. When introducing a relative, is it proper to use the possessive pronoun?

A. Yes; one may say, "My father, my mother, my sister, my Wrens for this—and they should engagement of their eldest uncle."



these days, what asks for better care than a delicate, cherished

night (when the family has re-

The Plan in Plant

This isn't playing favoritesbut, if you are still considering what to put in your Victory Garden don't forget old hardy, easily grown Swiss Chard. It is an excellent source of vitamin A and you can keep cutting them right up until the frosts come.

We've the word from the know. They have two navy blue

FRI

Valid A

Valid

suits to keep ship-shape and they say the handiest implement for this is a good clothes brush. a damp brush to remove shine, dinner. and hanging in the open for a

HAZELTON, May 30-Private tablespoon chopped onion. home at Hazelton after service Peel cucumbers. Cut in halves overseas. He was among a group lengthwise. Remove pulp from of British Columbia warriors centre, being careful not to of the Battle of Europe following Mix the cucumber pulp, toma-Prince George returned to Cana- onion and moisten with mayon- spoon of salt. Mix the ingredi-

Buy War Savings Stamps

ENGAGEMENT NOTICE

The Experts Say . . .

SALAD WEEK-This week is salad week and, starting from making application to their Loables now in the grocers' bins ration book which will contain fice of the Prices Board. and crispers are many of the coupons valid only from the date vitamins and minerals so neces- of application. sary to healthier, happier lives.

At least one fresh raw veget- In freezing all stocks of candiet each day-two are betterand salad is one of the best means of getting them tucked into the daily menu.

Salad greens should be crisp and fresh and salads are easier to make if you wash the greens thoroughly before storing, being sure to shake off excess greens at hand a salad can be cup of grapefruit juice, 1/2 cup prepared in the twinkling of an

But unless it's eaten it can't boiling water. Add cold water do anyone any good. One suggesand fruit juice. Chill until it betion that is worth trying is to gins to thicken, then add cucum serve the salad as a first course. It is more likely to be eaten then, when appetites are keen, been garnished with a slice than if it comes between the cucumber. Chill until firm and main course and the dessert.

At this point the experts put naise. This serves four. their heads together and suggested Cucumber Boat Salad and part of the finished dish, the 10:15—CBC News Roundup Their advice is a good brushing Duchess Salad, which is jellied, home economists added sugges- 10:30—Intermezzo for each wearing, brushing with as sure-fire hits with lunch or tions for salad dressings.

CUCUMBER BOAT SALAD dresses up vegetable salads refew hours to get the wrinkles This fresh salad requires three quires one cup of salad oil, 1/4 8:00—CBC News cucumbers, two tomatoes, ½ cup cup of vinegar, ½ teaspoon of 8:15—Music for Moderns chopped celery, one teaspoon of Paprika, 1/2 teaspoon of salt, and salt, 1/8 teaspoon of pepper, one one teaspoon of sugar. Put the tablespoon of green pepper, one ingredients in a screw-top jar

Chill cucumbers and tomatoes. shake each time it is used. dressing requiring neither butter nor sugar, calls for three tablespoons of salad oil, one tablespoon of fruit juice, two naise. Garnish with parsley and ents together and serve with serve with mayonnaise. This fruit salads. serves six.

Classified Advertising --Classified Advertising is payable to the office at time of submitting copy for insertion.

WANTED TO RENT-Furnished apartment or house by June , by young naval officer and wife. No children. Have best of references. Box 6 Daily

Market.

Apply to boat at Fishermen's

field, chest of drawers, bed, WANTED - By two respectable

girls, a housekeeping or small apartment. Please call Miss Watrin at Imperial Oil Ltd., phone No. 532, before 5.

WANTED-Suite or small house for officer's wife, or willing to sub-let for summer months. 3rd St. (Near the Post Office) Apply Box 10 Daily News.

for sale. Phone 880.

West (upstairs).

FOR SALE - Six wa mut dining

FOR SALE-Boys' C.C.M. bicycle like new. 1332 8th Ave. East. \$1 at Ormes Ltd. PERSONAL — Would dressmaker

WORK WANTED

HELP WANTED

WANTED-Imrnediately, reliable efficient wornan free to spend summer at resort; must be able to cook, fond of chil-Good wages.

WANTED good condition. Phone Black

WANTED-Girl to mind house two evenings a week. Apply house behind Fairway Food

length 30 ft., beam 7.6 ft.; .10 WANTED — Two or three-room furnished suite or house. Phone American Signals 725 or 726.

> 30-32 Buick sedan, or other heavy model. Phone Green

Salt Lake, three-room house, unfurnished; one room down, two up. Could furnish. Also several houses at Bilmor, all

FOR RENT - Two-room suite. Furniture for sale. 934 2nd

horns, ticklers, etc., now obainable at Northern Distributors, 210 4th Street, agents for Dance Novelty bureau.

BANISH GREY HAIR - Look years younger . . . use effective Angelique Grey Hair Restorer.

who advertised in Daily News several weeks ago, phone U.S. Signals 295 between 1 and 3

WORK WANTED—Can do any housework required. Phone Green 736 or call at 530 8th Ave. West.

white shark weighing nearly a (127) ton was caught near here. Inside (tf) birds, penquins and fish.

Of General Interest Prince Rupert, B.C.

Send Discharge Papers

Exceptions to Rule

feeding, imported beef concen-

trates, or beef concentrates pro-

DUCHESS SALAD - Requires

one package of jelly powder

Since the salad itself is on

A French dressing which

water, 3/4 cup of cold water.

grapefruit pulp.

If securing their ration books cessed from imported meat ex-

by mail, servicemen should send tracts. their discharge papers when Used Goods Ceilings Price schedules for a wide scratch, we can remember that cal Ration Board. The papers variety of second-hand goods deep, inside the colorful veget- will be returned with the No. 5 may be obtained at any local of-

Information on Request Returning servicemen, who are unfamiliar with the operation price ceilings, may secure inforned meat, the Prices Board exmation by writing to the Concepted poultry meat, blood pudsumer Branch, 490 Sussex Street, ding, soup, pork and beans, pur- Ottawa. eed meat products for infant

Radio Dial

WEDNESDAY-P.M.

(lime flavor), one cup boiling 4:00-Words With Music 4:15-G. I. Jive 4:30—Alouette Quartet diced cucumber and 11/2 cups 5:00-Music America Loves

Best

5:30—Remember

Dissolve the jelly powder in 5:45—Supper Club 6:00—Comrades in Arms 6:30—Information Please 7:00—CBC News

> 7:15—The Soldier's Return 7:30—Political Broadcast 8:00—Spring Concert

8:30—This is the Story 9:15-Globe Theatre serve on watercress with mayon-

9:30—Globe Theatre

10:00—CBC News 11:00—Silent

THURSDAY-A.M.

Liberal Broadcasts

and shake well before using. Wednesday, May 30, 6:30 and Keep in the refrigerator and 7:30 p.m. Friday, June 1, 6:30 p.m. Honey salad dressing, a simple | Monday, June 4, 6:30 p.m.-E. T. Applewhaite. Tuesday, June 5, 1 p.m. Wednesday, June 6, 1 p.m.

and 6:30 p.m. tablespoons honey and 1-3 tea- Thursday, June 7, 6 p.m. Friday, June 8, 7:30 and 9

IN THIS

Delicious Chicken Puff

11/2 cups flour 2 teaspoons Magic Baking Powder 1/2 teaspoon salt 1 cup milk

1 cup chicken, cut fine 2 teaspoons scraped onion 1/4 cup grated raw carrot 2 tablespoons melted butter or chicken fat 11/2 cups chicken gravy

Sift together flour, baking powder and salt; add beaten egg yolks and milk. Add chicken, onion, grated carrot and melted fat and mix well. Fold in stiffly beaten egg whites. Bake in greased baking dish in hot oven at 425°F. for about 25 minutes. Serve with hot chicken gravy. 6 servings.



Grocery and Lunch

Phone Red 441

FREE DELIVERY

6th Ave. E., beside Postal

Station "B"

NOTICE

J. H. MAIR

has been appointed sole

representative of

NATIONAL MONUMENTS

for this district.

The business has been pur-

chased from A. Weixl by

W. Yule.

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Now Open for Business

CHOP SUEY

CHOW MEIN

Opening Hours:

Better Than the Rest"

"As Good as the Best

MADE IN CANADA

Quality Repairs Economy Prices

PRINCE RUPERT SHOE REPAIR

EMPIRE CAFE (Formerly L. D.)

Redecorated

FULL MEALS, LUNCHES CHOW MEIN, CHOP SUEY

6:30 a.m. to 1 a.m.

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New equipment and help assure you of a clean job Phone Black 735

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YORK

Estimates

General Building

2nd Avenue (Across from Prince Rupert Hotel) Phone 173

JOHNNY'

JOHNNY'S

Wednesday, May 30, 1945

THE DAILY NEWS

PAGE THREE

CCF NATIONAL LEADER

AND C.B.C. NETWORK

A Home Away From Home

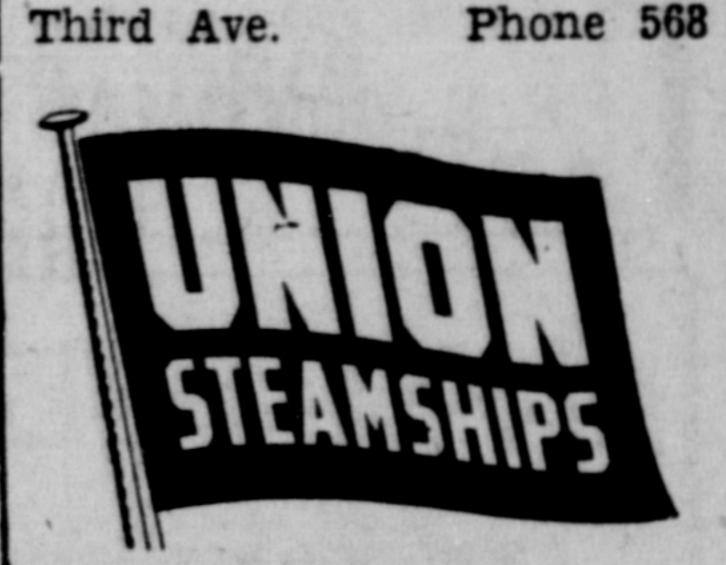
Rates 75c up 50 Rooms, Hot and Cold Water

PRINCE RUPERT, B.C. Phone 281 P.O. Box 196

SAILINGS FOR VANCOUVER and Way Points Tuesday—SS Catala. Friday—SS Cardena

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Carl Zarelli, Prop. P.O. Box 54 Phone 37 FRASER STREET Prince Rupert



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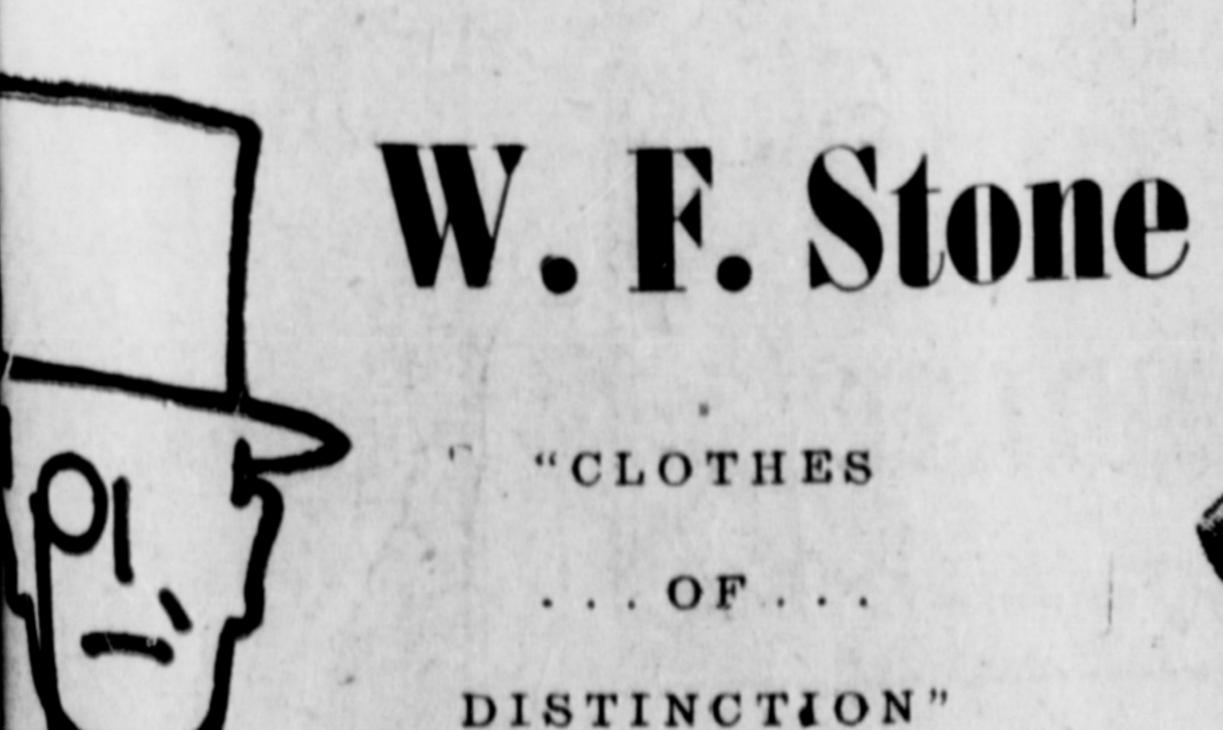
Phone 651 or 652

(Our Coffee is Tops)



port Coats and Slacks

od Looking, Comfortable trouble being a good sport in nes like these. Get in tune with mer - look smart - feel com-We've a downright rugselection of sport coats and in fabrics good to the -colors and patterns good



Ca'll me "BILL"





Q. How long after refresh- tired) and the alternate steps V-E Day. Trooper A. R. Kelly of toes, celery, salt, pepper and da on the same ship.

Attention, Men!

this city, wish to announce the daughter, Arline Marie, to Lead-Pottle, R.C.N.V.R., son of Mr. COUPON VALUES and Mrs. A. R. Pottle of Moose Jaw. Sask. The wedding will BUTTER - 1/2 pound take place on June 16 in St. Andrew's Cathedral. SUGAR . 1 pound FOR SALE

SAT

ed. Six blocks from Post Office. \$4,000. 336 9th Ave. West. Phone Red 693. FOR SALE - Boat "Georgina h.p. Union semi-diesel engine.

FOR SALE - Eight-room house

with basement; fully furnish-

FOR SALE—Stove, gramaphone, WANTED — In good condition, radio, electric iron, beds, etc. 1380 Overlook Street. FOR SALE-Convertible chester-

occasional chairs, end table, card table, kitchen table and chairs, dishes. Phone Green

FOR SALE - Single bed, complete. Green 965. FOR SALE—Regulation overseas cartons. 5 lbs. and 11 lbs. sizes

at 10c and 15c. The Variety Store. FOR SALE - 1937 three-ton truck, good running condition; spare tire and tube, flat deck, newly rebuilt. Apply 1093 Ambrose Ave. or write A. Bellam,

Box 1047 Station "B" car phone Red 489 (evenings). FOR SALE—English pram, prac- FOR RENT—I.O.D.E. Hall. Phone tically new. Phone Green 707.

FOR SALE-French door, \$5.00; removable white cement fireplace, \$12. Green 469. (125) FOR SALE-Mink dyed muscrat fur coat, size 15; very good

condition. Government Hut

magazine cupboarci; steamer trunk. 1104 8th Ave. East.

MACHINERY FOR SALE TO SAW better lumber more economically, use the modern and up-to-date type National Portable Sawmills, manufactured by National Machinery Company Limited, Vancouver,

Black 920.

Mr. and Mrs. L. Fitzgerald of WANTED-Lady's bicycle, in

ing Seaman William Reginald WANTED TO RENT — 3 or 4room unfurnished house. Reply Box 8 or Postmaster. (127)

FOR RENT tires in good condition, also HOLIDAY TIME-For rent at

83 for particulars.

PERSONAL

DANCE NOVELTIES, paper hats,

ALL-EMBRACING TUMMY BERMAGUI, Australia, (P)- A

ANNOUNCING . . .

Completely Renovated and

Building, Materials,

Nothing too big or too small PHONE BLACK 884

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