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## Francois Lake News

Beulah and William Corner have returned from a few weeks in Vancouver. They travelled by plane to Prince George and the rest of the way in their own car which they left there.

The Weldons are back again but are staying at North Bank until the ferry crosses again when they will go home. They have been in Prince Rupert for some months.

The last vehicle to cross the lake ice this year was Lawson Sugden's motor bicycle which he rode across on Wednesday. He came across in a little more than a minute.

Mrs. Evan Nobles invited some of her son Matthew's friends in on Saturday afternoon as it was his twelfth birthday anniversary. There was a lovely birthday cake with candles. The family is staying at the Landing.

Mr. and Mrs. Brooks and two small sons are staying at the Landing for a short while until they move to Endako where Mr. Brooks will be with the Forestry again.

Thirteen trumpeter swans have been resting in Nicholson's Bay recently and seventeen flew over the Jeffrey farm.

Abe Peters has returned from the prairies and brought with

## Seasonable Ideas for Housekeepers

### Spring's Own Vegetable - Asparagus Here Again and Much in Favor

Spring has again set her signals. Possibly one of the most welcomed is the return of those spring foods which bring new zest to winter-jaded appetites and new inspiration to the weary menu planner. Asparagus is undoubtedly the most popular vegetable of these spring foods.

When purchasing asparagus the stalks should be green for almost their entire length. They should be brittle, with the tips closely compact. Branched tips indicate that the asparagus is too mature and may be tough and woody.

Asparagus wilts quickly and if allowed to stand for any length of time loses much of its delicate flavor. Break off the tough woody ends from the stalks and remove the scales since sand may collect under these and cause grittiness. Wash thoroughly and cook in boiling, salted water for 12 to 15 minutes. Save the cooking liquid and use in making gravies, soups and sauces.

Many homemakers have difficulty cooking asparagus so that it will be tender without losing color and flavor. Too often when the stalks are cooked sufficiently, the tender, delicate tips lack flavor and are too soft to hold their shape.

To avoid overcooking, home economists offer a few suggestions. Cut the stalks in equal lengths and tie in bunches. Cook these in an upright position in a deep saucepan. The water should come about half way to the tips which should be cooked by the steam alone. Cook asparagus only until tender, but not soft. It is better slightly undercooked than overcooked. After

him his wife, the former Freda Klassen of Superb, Saskatchewan. They have bought the Harold Davidson farm. Mrs. Peters is recovering from a recent operation for appendicitis in Burns Lake Hospital.

cooking serve immediately; never allow to stand. Asparagus is often served with a cheese or hollandaise sauce, which complements its own characteristic flavor.

#### Baked Asparagus

- 2 pounds asparagus
- 4 hard cooked eggs, sliced
- 4 tablespoons mild-flavored fat
- 4 tablespoons flour
- 2 cups milk
- 1 teaspoon salt
- Pepper
- 1 cup grated cheese
- 2 tablespoons chopped green pepper (optional)
- ½ cup buttered crumbs

Cook asparagus in boiling salted water. Melt fat, blend in flour and gradually add milk. Cook over direct heat, stirring constantly until mixture thickens. Add salt, pepper, grated cheese and green pepper to sauce and cook over hot water until cheese is melted. Arrange layer of asparagus in bottom of greased casserole, cover with a layer of sauce, add a layer of egg slices; repeat until dish is full. Sprinkle buttered crumbs on top and bake in a moderate oven, 350 degrees F., for 20 minutes. Six servings.

#### Asparagus Timbale

- 2 lbs. asparagus
- 1½ cups warm milk
- 4 eggs
- 1 teaspoon salt
- ½ teaspoon paprika
- ½ teaspoon nutmeg
- Few drops lemon juice

Cook asparagus in boiling salted water. Beat milk. Beat eggs, add dry ingredients and warm milk, mixing well. Place drained asparagus in a 9-inch greased ring mould. Pour liquid mixture over and oven-poach in a moderately slow oven, 325 degrees F., for 40 minutes. Unmold and serve with mock hollandaise sauce. Six servings.

#### Mock Hollandaise Sauce

- 2 tablespoons mild flavored fat
- 2 tablespoons flour

1 cup milk  
1 teaspoon salt  
Dash of pepper  
1 egg yolk  
1 tablespoon lemon juice  
1 tablespoon butter  
Melt fat and blend in flour. Add milk gradually and cook, stirring constantly, until the mixture thickens. Season with salt and pepper. Pour some of the hot sauce over the beaten egg yolk, add to rest of the sauce and cook 2 minutes longer. Remove from heat, add lemon juice and butter.

### MODERN ACTING AT HIGH LEVEL

LONDON (Reuters)—Rev. C. B. Mortlock, president of the Critics' Circle, said at its annual luncheon:

"I seriously doubt whether there was ever a time in history when the art of the actor was at such a high level of accomplishment as it is in London today. You may sometimes see a play miscast but you rarely see a play badly acted."

### GOES TWICE THROUGH ICE

Fred Mattson Has Two Plunges in Day Into Francois Lake

Fred Mattson had the experience of being the first person to have his car drop through the ice of Francois Lake twice in one day.

On Saturday morning he drove across to Northbank and, when about twenty yards from shore, the front end of the car nose-dived. The lake was not very deep so the water was half way up the radiator of the car. With the help of seven men and several planks, the car was pried out, the oil changed, and the car started without much trouble and Mr. Mattson went off to Burns Lake.

Later in the day Mr. Mattson came back and drove across the ice at a good speed. He was going in the wrong direction to get across safely so "Slim" Wheeler, who was coming behind him, tried to pass him and show him the best way to go. Mattson evidently thought that it was just a race so he stepped on the gas too. When still in deep

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### Scientist's Death Caused By X-Rays

GRIMSBY, England (Reuters)—J. V. Doley, who died here after a lengthy illness contracted while carrying out radiography research, was an "X-ray hero," said F. N. Robinson, chairman of the management committee of the hospital where Doley died.

Doley carried out his work even after dermatitis caused by constant exposure to X-rays led to the amputation of several fingers in 1937. For 18 months he was bedridden in the hospital where he had worked, and of his final illness Robinson said: "In his affliction he was one of the bravest persons I have ever known."

### SHIP SHORTAGE HOLDS UP TOUR

BRADFORD, England (Reuters)—No tour of Canada will be possible this year for 50 British schoolboys selected under the terms of a trust fund located by the late W. H. Rhodes Bradford, because of the shortage of shipping accommodation. Annual tours for 20 London boys and 10 each from Bradford, Birmingham and Glasgow were staged in 1938 and 1939 and had been hoped to resume this August. Next tour is set tentatively for 1942.

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