toilet perfume?

before using.

Q. How can I make a good

A. A good toilet perfume can

be made by, mixing two ounces

of alcohol with one-half ounce

of orris root. Keep in a bottle,

tightly corked, and shake well

Q. How can I bleach a scorch-

A. Rub the spot immediately

with a cloth dipped in diluted

peroxide. Then run the iron over

it and it will be as white as orig-

A. Place the egg in a pan of

Q. How can I successfully

A. Before washing ties, baste

them carefully, to prevent the

lining or padding from becom-

before ironing and the ties will

ing lumpy. Remove the basting

ELEANOR SUSPENDED

license of Mrs. Eleanor Roose-

velt has been suspended as a

result of an accident last sum-

mer in which Mrs. Roosevelt

and five others were injured.

NEW YORK - The driver's

end. If very old, it will float.

on colored material.

freshness?

launder ties?

look like new.

easonable Ideas for Housekeepers oful Suggestions. To Make ils Better This New Year

nd varied. Perhaps there to serve better meals to emilies in 1947. at is the case the home

ists are right behind n their efforts, with helpgestions for making the eral Department of Agri-

bulletin "Foods for the "which has been used in ome revisions, additions! provements. It contains adings as "Foods we have ow best to use them. ng Hints" and "Saving There are also good ideas ing food and menu sugfor the three daily These patterns are a guide to planning welld, interesting meals that at least a minimum of ential foods. They do not

Luncheon I Savory Spangetti

ly scarce foods.

Mixed Green Salad

FOR SALE

e 869 before 5.

Ave. East.

including halibut gear.

SALE - Ice refrigerator.

SALE - Chesterfield,

s like new, 5 piece kitch-

e set, 2 pairs Maple Skis,

anish guitar. Apply 921

ALE-New and used fur-

and hardware at the

ic plates, scatter rugs

\$1.65, tumblers 10c, mat-

aluminum pots from

used 3-piece beds \$10.

es \$7, desks from \$7, has-

from \$2.50, smoking

s 95c, 5-piece kitchen set

men's top coats slightly

all wool, new price \$35,

\$8.50; pails for coal or

from 45c.-B.C. Furni-

Spare tire. Ceiling price

Co., Black 324.

Valentin Dairy.

MACHINERY

ROOM AND BOARD

M AND BOARD-Table

is. Home away from home.

preferable. 622 Fraser

AND BOARD—At reason-

rates. Apply Box 185,

Thursday afternoon, roll

bills from C.N.R. office East

Third Avenue to Hospital.

ard. Telephone 844. (1t)

Blue baby blanket from

d. Finder please leave at l

-Set of filters Detrola

Reward.

LOST

ne Red 719.

possible prices.

re Standard Oil Dock.

Grape Sponge, Custard Sauce Luncheon II Cheese and Vegetable Scallop Pickled Beets Canned Fruit

> Dinner I Apple Juice Pot Roast Mashed Potatoes Turnips and Onions Chocolate Cream Dinner II

Vegetable Soup nds of homes for the past | Baked Sausage and Apple Rings ars has been reprinted Scalloped Potatoes, Carrot Sticks Jellied Fruits Cookies

Savoury Spaghetti 3/4 pound liver cup chopped onion

2 tablespoons Rat 1 teaspoon salt Dash of pepper

1 tablespoon chopped parsley

2 cups tomato juice

8 ounces spaghetti 1/4 cup grated cheese.

Scald liver in boiling water 5 minutes. Drain and grind. Brown | boiling point, add soaked gelathe extravagant use of onion in fat. Add liver and seas- tine and stir until dissolved. Add Industrial concerns have been onings and cook slowly 10 min- lemon juice. Chill until partially asked to build student resiare some sample menus utes. Add tomato juice, simmer set. Add salt to egg whites, beat dences at Manchester University cheon and dinner. It is 20 minutes. If mixture becomes until stiff and beat into the in memory of scientists and ingood that bread, butter too thick during cooking, thin gelatine mixture. Chill until set. ventors whose work had been verage is served with all with a little water. Meanwhile Serve with Custard Sauce. Six the foundation of the country's cook spaghetti in boiling, salted servings water until tender. Drain and rinse in hot water. Pile spaghetti on a deep platter. Pour tomato |}

Classified Advertising --

mixture over it and sprinkle with grated cheese. . Yield: six servings.

Cheese and Vegetable Scallop 4 tablespoons fat

4 tablespoons flour Salt and pepper

2 cups milk 1 cup grated cheese 4 cups cooked vegetable Bread crumbs

Make a cream sauce of fat flour, seasonings and milk. When cooked add grated cheese. Place alternately layers of cooked vegetable and cheese sauce in greased baking dish. Cover with crumbs and bake in a moderately hot oven 375 degrees F. until thoroughly heated, 30-40 minutes. Serves six.

Grape Sponge

1 tablespoon gelatine 2 tablespoons cold water 1 cup unsweetened grape juice 1/2 cup sugar (less if grape

juice is sweetened) 1 tablespoon lemon juice Dash of salt 2 egg whites

· Soak gelatine in cold water. Heat grape juice and sugar to



TO RENEW CAREER - Para-

industrial progress.

The Experts Say - -

s: 2c per word per insertion, minimum charge, 50c. Birth Notices Cards of Thanks, Death Notices, Funeral Notices, Marriage and Engagement Announcements: \$2. FOR RENT ALE-40 ft. troller com- FOR RENT - Furnished 3-room suite with oil burner. Apply 940 Ambrose Ave.

FOR RENT - 3-room furnished suite. Apply Suite 7, Washington Block.

Phone Blue 967. 427 5th E.

FOR RENT—Heated office space Apply G. P. Tinker & Co. Ltd. Phone 57.

FOR RENT-Warm, comfortable

FOR RENT—2 housekeeping pound filling. es all sizes, Billy Boy tri-6-room flat, partly furnished, 5th Ave. West. Apply suite 1, Helgerson Blk.

WORK WANTED

VETERAN, 23, married, needs work immediately. Must earn at least 80 cents per hour. Do anything honest, anywhere. Box 197 Daily News. ALE-One mouton coat,

HELP WANTED

ALE-181/2 H.P. boiler, verately, union wages. Apply in bag and the shells. person to superintendent, Can-ALE-Model A 1931, 1/2 ton Ltd., Seal Cove.

Apply C. Dixon, Arrow Steamship Sailings For Vancouver-ES & BOATS FOR SALE Monday-ss Princess Adelaide

UNCEMENT—In an effort 10 p.m.

entralize our services, the Tuesday—ss Coquitlam, 1:30 n Engine Works Limited, p.m.

department, have now Thursday-ss Prince Rupert, ed to 1660 Station Street. 11:15 p.m. and Repairs of Diesels Friday—ss Catala, 10 p.m.

Gasoline Engines as well Saturday—ss Camosun, 9:15 pecialized Bosch Injection p.m.

pment Service will be From Vancouverducted from this new loca-Sunday—ss Coquitlam, p.m. at Vivian Diesels and Monday—ss Princess Adelaide.

itions Limited, 1660 Sta- p.m. Street, Vancouver, B.C. Wednesday-ss Prince Rupert, phone: PAcific 6181. (15) 10:00 a.m.

Friday-ss Camosun, 3 p.m. Friday-ss Catala, p.m.

AW better lumber more For Alaskaomically, use the modern Wednesday-ss Prince Rupert, up-to-date type National midnight. table Sawmills, manufac-Friday-ss Camosun, midnight.

d by National Machinery From Alaska pany Limited, Vancouver, Thursday-ss Prince Rupert, 7

Saturday—ss Camosun, 7 p.m.

FOOD IN HAND-How much they should not be added until food to have on hand is the big- near the end of the cooking time

to prepare hangs heavy over her. | rind, vanilla, or other essence, to |

To serve 100 people: six gallons milk, 18 pounds meat, 50 pounds potatoes, four gallons

soup, three pounds butter, six (tf) long loaves bread, 10 pounds cheese, 18 pies.

sleeping room, reasonable. Ap- wich loaf cuts 65 slices, one small ply 806 Fraser Street, after 5 sandwich loaf cuts 20 slices, one (tf) large loaf requires one-half pound butter and three-quarters rooms, private entrance. Also Tea to serve 100: one pound

tea, five gallons boiling water. Tie tea loosely in cheesecloth and place bag in a large kettle of boiling water. Cover tightly for five to eight minutes, but den't allow to boil. Remove the bag before serving.

Coffee to serve 100: 134 pounds shed, work starting immedi-, 20 minutes and remove coffee

BACK TO SIMPLE FAREadian Fish & Cold Storage Co. After the surfeit of holiday food tf it may be difficult to tempt the family with more simple and less expensive dishes. The secret lies in subtle seasoning, whether it be a meat stew, an oven dish, or custard desert. It is the flavor and aroma that coaxes the ap-

rules which, if followed, give best

box and in a cool spot.

As dried herbs are several times stronger than fresh herbs, they should not be added too generously.

As most flavorings are held in volatile aromatic oils therefore

Wholesale and Retail

FRUITS AND VEGETABLES

COMMENCING HOVIS BREAD

JANUARY 17 Every Tuesday and Friday RUPERT BAKERY LTD.

DEV

Chop Suey — Chow Mein Chinese Dishes our specialty.

PHONE 178



she can resume her career.

MANCHESTER, England ()-

gest problem of the housewife of pot roast, stews or soups. who has been appointed head chef for the church banquet or club social. Whether she's man- hold their flavor is to add them aging the making of sandwiches, to the fat. With herbs, heat them or the cooking of a three-course with a little cooking fat for meal, this problem of how much sauces or gravies, add orange

A group of "old hands" at this the fat in making a cake. game of cooking for a large number of people has come up with ALE—One Empire heater. FOR RENT—Comfortable room. a general list of amounts.

Sandwiches, one large sand-

coffee, two eggs, one teaspoon salt, five gallons boiling water. Beat the egg and add the crushed shell and salt with half cup 6, \$95. Room 21 McIntyre | WANTED Women for filleting | cold water. Boil gently for 15 or

Home economists offer certain

To hold the maximum flavor dried herbs such as savory, sage, celery leaves and thyme should be kept in a tightly-covered tin

HAPPY WONG Co.

214 Sixth Street - Phone 289

WILL BE MADE

SECOND AVENUE, OPPOSITE PRINCE RUPERT HOTEL

Open 6 a.m. to 2 a.m.



lyzed from the hips down ever since a hunting accident two years ago, Susan Peters, promising young film actress, is advised by her physician that

The best way to extend and

A blend of flavorings produces

the most delectable flavors. Use

a little more of one so it will

be more pronounced and com-

Train Schedule

Monday, Wednesday, Friday-

bine one or several with it.

For the East-

8 p.m.

Geo. The Auctioneer

Sales Every Saturday

WE SELL EVERYTHING

Goods Sold On Commission Household Sales Conducted at Your Convenience

FURNITURE AND HOUSE-HOLD GOODS WRAPPED, PACKED AND CRATED Estimates Given Free

PRINCE RUPERT **AUCTION MART** (Opposite Civic Centre Bldg.)

PHONES: Hus Blue 145 Res. Red 127 Ask for George

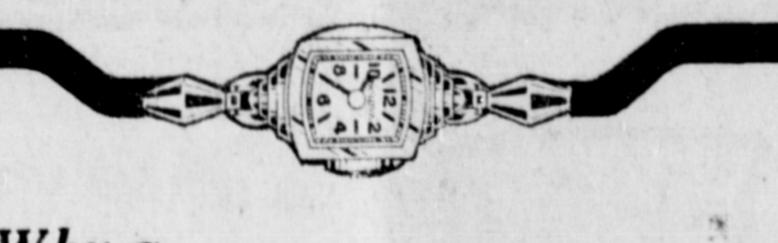


Smartness combined with guaranteed comfort make the Murray Heel-Huggers definitely a shoe of distinction!

SOLD EXCLUSIVELY AT

Brownwoods

Formerly (CUT RATE SHOE STORE) Fone Green 595 506 Third Avenue



Why a . . . Self-Winding Watch?

Many people wonder if a self-winding watch could be reliable.

These watches are not really new but it was not till about 1930 that they came into quantity production.

The timekeeping parts are similar to the regular watch with the addition of the self-winding attachment which is a swinging weight which operates by a ratchet

when the wearer's arm is moved. Some advantages are that the watch is always fully wound making a constant tension on the stem mainspring, prevent-

ing breakage of springs and stem. There is a special device to keep the watch from overwinding.

We have a very satisfactory model at \$37.50. Also the famous Mido at \$60.00. Omega has recently produced their master at \$82.50. All plus tax.



Women's Council Names Officers

The Prince Rupert Women's Co-ordinating Council elected Mrs. George Rudderham president at the annual business meeting held in the Civic Centre Thursday afternoon. The former president, Mrs. J. J. Gillis, was named honorary president.

Mrs. Gillis, who was absent due to illness, was replaced in the chair by Mrs. Rudderham during the meeting. The full slate of 1947 officers consists of: Honorary President, Mrs. J. J.

inally. Do not use this method President, Trs. George Rud-Q. How can I test eggs for

Vice-President, Mrs. A. Haines. Secretary-Treasurer, Mrs. D. Orchard McLeod.

water. If fresh, it will lie on its Publicity Chairman, Miss E. side. If a few days old, it will tilt Kinnaird. upward. If stale, it will stand on Visiting Committee-Mrs. J. S.

> Black, Mrs. T. Boulter, Mrs. L. Doiron and Mrs. G. Hanley. The next meeting of the council will be held in April.

WIN YOUR FAMILY'S. PRAISE!

THOSE FLUFFY LIGHT AUNT JEMIMAS ALWAYS TASTE LIKE MORE!





Good for you-Digestible as toast!

SINGER

The Quaker Gats Company of Canada Limited

Sewing machines for rent by the week or month PHONE 864 Singer Sewing Machine Co. 639 3rd Ave. West

COTTAGE CHEESE New Creamed - Fresh Made VALENTIN DAIRY Your Daily ALL-WEATHER SERVICE

CENTRAL HOTEL

Weekly and Monthly Rates for your convenience NEWLY DECORATED

CAFE

Transient Rooms

In Connection LICENSED PREMISES (Renovated)

PHONE 51

LING THE TAILOR

We are taking cleaning and pressing and steam pressing while you wait.

PHONE 649 - 220 Sixth Street

Friday, January 17, 1947 The Quality Tea

SENSATIONAL VALUES

Bargains Galore

GLOVES DRESSES COATS PURSES HATS SUITS

BUY AND SAVE ON OUR BUDGET PLAN

NATIONAL JUNIOR CHAMBER OF COMMERCE WEEK . . . JANUARY 15 - 22





Prince Rupert Bottle Collector

ALSO MESSENGER SERVICE Phone Blue 737

We buy ... ALL SIZES Whiskey, Gin and Beer Perfex Wine Bottles Bottles Bottles PROMPT AND COURTEOUS SERVICE



you supplied.

DON'T LET YOUR ORDERS GO TOO LATE!

Orders are piling up and the supply situation is not so good. · You are advised to keep your orders well in ad-

vance to give us the best possible chance to keep

ALBERT & McCAFFERY LTD.

Phones 116 and 117

FUEL AND BUILDING MATERIALS