Seasonable Ideas for Housekeepers

INGENUITY IN MEAT COOKING IS GIFT IN DAYS OF RATIONS

...MAGIC—When speak- ...of meats, undoubtedly the ...choice would be those de- ...us tender and juicy steaks ...roasts. However, all home- ...ers know that neither the ...dy budget nor rationing will ...mit the daily use of such ...This proves no hardship, ...gh, for those who have ac- ...ed skill in the cooking of ...less tender cuts. When the ...er cooking methods have ...applied, together with in- ...us seasoning, these have ...found to be more tender ...flavorful than that juicy ...or expensive roast. So do ...pass up this real source of ...together with their stim- ...ng appetite appeal.

...tough cuts are made ten- ...in one of two ways. In the ...of stews, braised meats and ...roasts, a long, slow cook- ...using moist heat, softens ...nective tissue, which is ...ble for the tougheness of ...meat loaves and pat- ...meat has been ground ...de tender in this way. ...have meat ground too ...medium-fine is best. The ...nsive cuts may be read- ...ded. A generous quan- ...egetables may be added ...w, thus extending that ...flavor. Ground meats are ...ivers. It goes further and ...xture of the cooked pro- ...often better when com- ...ith milk, bread crumbs ...r cereals.

...economists suggest the ...g recipes as special ...and real money savers.

...hroom-Meat Patties

...n cream of mushroom ...oup ...p water ...ound ground beef or veal ...up fine dry bread crumbs ...eef, beaten ...easpoon salt ...easpoon pepper ...tablespoons minced onion ...cup chopped celery

...the mushroom soup with ...ater, blending until ...Combine ground meat ...umbs, eggs, ⅓ cup of ...p mixture, salt, pepper, ...and celery. Shape into ...about 1 inch thick and ...both sides in hot fat. ...ith remaining soup mix- ...nd bake, covered, for 25 ...in a moderate oven, 350 ...F., or simmer covered ...of the stove for 15 min- ...ix servings.

Deviled Meat Loaf

2 pounds ground beef
2 cups soft bread crumbs
3 tablespoons prepared mustard
2 tablespoons horseradish
¼ cup minced onion
1 teaspoon Worcestershire sauce
1½ teaspoons salt
¼ teaspoon pepper
2 eggs, beaten
¼ cup catsup

Combine all ingredients thoroughly. Shape into loaf and bake at 350 degrees F. for about 50 minutes. Baste occasionally with dripping. Six servings.

Chili Con Carne Stew

¼ cup fat
1 pound cubed stewing beef
1 cup coarsely cut celery
½ cup coarsely chopped green pepper (optional)
6 medium onions
2 cups canned tomatoes
1 teaspoon salt
¼ teaspoon pepper
½ to 1 teaspoon chili powder

Melt fat, add cubed beef and brown. Add celery, green pepper and onions. Add tomatoes and seasoning. If necessary, add hot water to barely cover meat. Cover and simmer 2 to 3 hours. Garnish with a border of mashed potatoes. Six servings.

Classified Advertising Pays!



CLAIMS FORTUNE—Mrs. Mary Elizabeth Rogers, 84, now a $59 a month pensioner in Los Angeles, Calif., who is claimant to a $30,000,000 English fortune. She says she is heiress to the Innes estates in England. The sprawling expanse of land was given to the family in 1486 she says, by King Henry VII. She has hired the celebrated attorney Early Rogers to prosecute her claim to the British fortune.

Dutch Folk May Come to Terrace

TERRACE—J. Prinz of Beverly, Alberta, spent Wednesday in the district forming an estimate of the agricultural possibilities. Mr. Prinz is a successful farmer having his farm within a few miles of Edmonton and has also taken an active part in the settlement of his countrymen on farms in various parts of the west. He was responsible for establishing the group of Hollanders who have made a marked success in the Houston district. At the present time the Netherlands government has placed a ban on money leaving the country but when that condition changes he hopes to make another trip to Holland and will have with him the information he gathered on the Terrace district.

Hotel... arrivals

Prince Rupert

H. C. Wright, Detroit; A. Gillander, Terrace; Mr. and Mrs Haron, Sitka; Roy Gale, Queen Charlotte City; L. W. Gardiner, Smithers; J. Myers, Vancouver; W. Drake, Lytton; H. Box, Prince George; Mrs. G. Leary, Port Clements; J. W. Fogg, Sandspit; Mrs. N. Barwick, Fort Babine; Mrs. M. Turley, Bloomfield, New Jersey; J. Nicol, Victoria; P. Allen, Vancouver; Mrs. Brezo, Extew; S. Richmond, Terrace.

KING EDWARD BENEFIT SHOW

Features "20th Century Fox-Tails" in Interesting Skit

Powered by their own initiative, the senior students of King Edward School, under the auspices of their Junior Red Cross Club, staged a benefit floor show last week in the assembly room in aid of the China Fund, raising over $11 in nickels and coppers. Though most of the acts were practically impromptu, they were ably handled by the participants and received a great ovation from the audience.

A feature attraction of the show was a skit enacted by the King Edward "20th Century Fox-Tails," a newly organized group of talented young amateur actors whose first major public appearance under the new name (some of the actors having appeared before in "The Romance of Mrs. Claus" at the King Edward Civic Centre Christmas concert) will be on the forthcoming amateur show at the Civic Centre.

A further billing for the group will be a performance at the next King Edward P.T.A. meeting when the program for that night will be an all-student exhibition of talent.

MANCHESTER, England (AP)—George Mathers, Labor member of parliament for Linlithgow, said in a speech here that "in my public life I have got greater inspiration from Robert Burns than from Karl Marx."

CATHOLIC CARD PARTY

Bridge, cribbage and whist were enjoyed by a large gathering at the Catholic Women's League card party in the Catholic School Hall Thursday evening. The affair was under the convenership of Mrs. W. Lahti, C.W.L. president, and was followed by refreshments prepared and served under direction of Mrs. Murray, Mrs. L. Amadio and Mrs. S. Dickens. Mrs. L. Doiron was in charge of the door.

Prize winners were:

Bridge: Men—Mr. Peterson (6250), J. Hardon (1560) Ladies—Miss P. Astoria (5430), Mrs. M. P. McCaffery (1810).

Whist: Men—Mr. MacDonald (187), Mrs. J. Murray (played as man). Ladies—Mrs. S. Dumas (169), Mrs. L. Doiron (156).

Cribbage: Men—Frank Wilkie (1121), J. Garon (1054) Ladies—Mrs. J. Cloutier (1134), Mrs. W. Davies (1066).

You saw it in The News!

STARTS WORK IN JUST 2 SECONDS
ASPIRIN
RELIEVES NEURITIC—NEURALGIC PAIN
GENUINE ASPIRIN IS MARKED THIS WAY
BAYER

The Quality Tea
"SALADA"
ORANGE PEKOE

Meats and Poultry
Be Sure of the Best
Bulkley Market
WE DELIVER DAILY
3rd Avenue Phone 178

Available Again . . .
McClary RANGES
in full white enamel finish



Gordon's HARDWARE
McBride Street Phone 311
Don't Forget the Kinsmen's Amateur Night—March 7th



YOUR Spring CLASSIC
Buy Your COMPLETE OUTFIT HERE on the Budget Plan
BEAUTY IN PRINT — If you've a yearning to be the topic of flattering conversation we urge you to add this dress to your spring wardrobe. An unusual print in exquisite colors . . . styled right . . . priced right.



Sweet Sixteen LIMITED

CANADIAN NATIONAL RAILWAYS
Steamer Service from PRINCE RUPERT to
OCEAN FALLS
WESTVIEW (Powell River)
VANCOUVER
Thursday at 11:15 p.m.
To KETCHIKAN
Wednesday Midnight
For reservations call or write City or Depot Ticket Offices.
PRINCE RUPERT

Geo. J. Dawes
THE AUCTIONEER
Sales Every Saturday
WE SELL EVERYTHING
Goods Sold On Commission
Household Sales Conducted at Your Convenience
FURNITURE AND HOUSEHOLD GOODS WRAPPED, PACKED AND CRATED
Estimates Given Free
PRINCE RUPERT AUCTION MART
(Opposite Civic Centre Bldg.)
PHONES:
Bus. Blue 145 Res. Red 127
Ask for George

REX CAFE
SECOND AVENUE, OPPOSITE PRINCE RUPERT HOTEL
Chop Suey • Chow Mein
CHINESE DISHES OUR SPECIALTY
Open 6 a.m. to 2 a.m.
PHONE 173

...serve those ...y Memories
...thing New in ...ry Service!
...process in silver ...gold will save ...ever those dear ...e bootees . . .
...race your mantel ...be always a fond ...der for you and ... of happy baby
...COST IS SMALL— ...G THEM IN TODAY
...Trade-In Watch Sale ... This Friday—Double ...nce on your old ... for any 1947 model.
...MANSON'S ...EWELLERS
... Home of Better Jewelry"
HICKS ...ASER HOUSE
...matian Male Puppies ... Sale $25
Phone Black 823
...W ROYAL HOTEL
...me Away From Home
Rates 75c up
... Rooms, Hot and Cold water
...RINCE RUPERT, B.C.
... 281 P.O. Box 196