Social Doings

(Contributions to this section will be welcomed)

HONOR CRANGE

LADY DELEGATES

Grand Lodge sessions.

Those present were Mrs. S. V.

Cox, Mrs. George Howe, Mrs.

Mrs. J. P. Moller, Mrs. A. Mc-

Neil, Mrs. Thompson, Mrs. Rich-

misery of Lumbago a day longer than you

have to. Get T-R-C's today. 50c, \$1 at

Yes . . . it's the

perfect household

work saver. Use

Perfex in the kit-

chen, bathroom

Perfex is NOT a

and laundry.

harsh bleach.

TRIPLE ACTION

THE GENTLE BLEACH

TO STRETCH

ards, Mrs. J. Johansen.

druggists everywhere.

Mrs. Youngs ls President

Interest in Affairs of Women's Canadian Club Shown at Annual Meeting Yesterday

Continued interest in the affairs of the Women's Canadian Club was manifest when a large gathering of ladies turned out at the Commodore Cafe yesterday afternoon for the annual meeting. Mrs. T. Norton Youngs was elected president, succeeding Mrs. Nora Arnold who expressed her desire to be relieved of office in view of other activities including that of the mayoralty. Mrs. Arnold reported on the activities of the club during the past year which, for a number of reasons, had been

The new officers are: Honorary President, Mrs. D McD. Hunter.

somewhat curtailed.

President, Mrs. T. Norton Youngs:

First Vice-President, Mrs. G. A. Johnson.

Second Vice-President, Mrs Arnold Flaten. Secretary, Mrs. A. L. Holtby.

Assistant Secretary, Mrs. M. M. Roper. Treasurer, Mrs. C. G. Ham.

Assistant Treasurer, Mrs. T W. Brown.

Executive-Mrs. L. W. Kergin, Mrs. Edgar Saunders, Mrs. Neville Gerrard and Mrs. C. C. Mills. Votes of thanks to the retiring

officers were passed by the meeting. Funds totalling about \$50. which were considered in excess! of the actual working requirements of the organization, were set aside for division between the Library Board, Cancer Fund. Mayor's Fund and the Civic Cen-

Tea was served at the close of the meeting.

METAL OF ANCIENTS Certain countries used iron as far back as 1500 B.C.

EGGS

GRADE "A"

LARGE

CARTONED

CANNED

TOMATOES

PUFFED

KEL

APPLE JUICE

GREEN BEANS

CHOICE

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31c

31c

28-cz. 19c TIN

QUAKER

2 TINS

2 TINS

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843

44c DOZ.

HARRY

388

CEED

1.....

Teachers Hear Of Convention

Life Membership Conferred on Miss E. A. Mercer

A SWEET THOUGHT-

ear when the announcement

was made recently that every

sugar was to be allowed on the

ration. During the past five

years everyone accepted sugar

rationing as something which

was an absolute necessity due to

It is easily seen that an extra

pound of sugar for each mem-

case in pre-rationing days. In

cakes for which the younger

Home economists have

Other business at the meet-

MORE SUGAR

A well-attended meeting of the Prince Rupert District Teachers' Association heard reports of the delegates who had three months an extra pound of been to the annual convention of the British Columbia Teacher's Federation during the Easter vacation.

Mrs. Moses had attended the Honoring three members of meeting of the Library Section abnormal conditions prevailing the Ladies Orange Benevolent and had heard P. J. Kitley, dir- in the world, but, while conniv-Association who are leaving for ector of school broadcasts, speak ing to stretch the allowance as the south on May 15, a delighton radio and education. One far as possible, perhaps few ful tea was held at the home of point the speaker made was storped to think that it might Mrs. S. V. Cox Tuesday afterthat many listeners to the radio be having a good effect on us. noon. Guests of honor were Mrs. sub-consciously absorb and are Why? Because it was teaching George Howe and Mrs. J. P. influenced by radio programs us to pay more attention to the Moller, who are local delegates when they are just listening in- foods we need, rather than to to the Grand Lodge which will cidentally. Children are more those which we just specially be held in Vaneouver, and Mrs. influenced by the program than like, and it has mude us real-Frank Ellison, who is going was sometimes realized and ize that we may have been letsouth at the same time to visit grown-ups and educators would ting sugar replace other essenfriends but who will also attend be well-advised to bring consid- | that foods to a certain extent, ered opinion to bear upon pro- with the result that our meals Refreshments were served by ducers and radio stations to en- may have been off balance. Mrs. Ellison and Mrs. W. J. Linesure that objection programs do not cause harmful results.

J. Vogt spke on a mathematics | ber of the family every three section program he had at- months need not be a cause of Frank Ellison, Mrs. W. J. Linetended. There had been much worry as to over-inclulgence, for ham, Mrs. H. Thurgood, Mrs. discussion and a considerable the average Canadian will still Thomas Priest, Mrs. A. Evans, exchange of conflicting views, have less to use than was the Mrs. Paulson, Mrs. H. Smith. It had been very interesting.

J. S. Wilson, who is a member most homes it will simply mean of the provincial executive and that a little more sugar can be had been present at executive as used here and there where it well as general meetings, re- has been most missed and it will ported on the business as well as allow for a few extra batches social activities. The convention of cookies and more desserts. had been well attended and nad However, can't you see some take the remedy that has brought swift. been very successful. Resolutions sugar extravagant recipes which T-R-C's. Don't suffer from the nagging sent from the Prince Rupert have been temporarily shelved listrict had received consider- during the years of sugar raable attention and surport. The tioning being brought down and policy of the Federation to limit | used, as a special treat, to prothe size of classes had been re- duce one of these favorite iced affirmed.

members of the family have The presentation of the G. A. been coaxing? Ferguson Memorial Award to Dr. M. A. Cameron had been a brought down from their shelves notable feature. Another featsuch a recipe or two which they ure, with an appeal to local admittedly have enjoyed retestteachers, was the awarding of life membership in the B. C. Techers' Federation to Miss E. matic membership, the effect A. Mercer. The local ossociation of affiliation with organized lahad honored Miss Mercer pre- bor and various reports of the viously in this regard and now different committees. the provincial body had acknowledged the valuable ser- ing, in addition to routine matvices given to the community ters, was the consideration of and to the teaching profession clauses to be added to the salary at large by Miss Mercer, schedule already agreed to be-

Mr. Wilson referred to the imtween the trustees and the plications of the bill for auto-lassociation.

YOUR FOOD DOLLARS

Date Spice Cake 21/2 cups sifted all-purpose flour OR 234 cups sifted

pastry flour l teaspoon soda 1 teaspoon salt

teaspoon cinnamon 1/2 teaspoon allspice 34 cup lard or other

34 teaspoon cloves

shortening ½ cup corn synup 2 eggs, well beaten 11/4 cups sour milk or butter-

cup chopped, pitted dates 16 cup chopped walnuts Sift together 3 times the flour, soda, salt and spices.

ration list the home economists Add sugar gradually and cream until mixture holds it's shape. More sugar! These words fell felt it timely to suggest these mixture until very fluffy. Stir Remove from boiling water, add like music on the homemaker's particular recipes which call for in corn syrup. Add 2-3 cup of vanilla and beat well. Spread both sugar and corn syrup. remaining flour alternately with frosting. milk, beginning and ending with flour. Mix well after each addition. Add dates and nuts and blend well. Pour into two 9"

> baked in a moderately hot oven 375 degrees F. in an 8" square pan for 35-40 minutes. Fluffy Frosting

layer pans and bake in a mod-

erately hot even 375 degrees F.

for 35 minutes. Cool before

frosting. Half this recipe may be

2 egg whites b teaspoon salt

1/2 cup sugar

1/2 cup corn syrup 11/2 teaspoons vanilla

Seasonable Ideas for Housekeepers Combine all ingredients except vanilla in top of double boiler. Place over boiling water ing. With corn syrup off the Cream lard until soft and light. and beat with a rotary beater flour mixture and blend well. bottom layer with tart jam or Add beaten eggs and stir in jelly and cover with a layer of thoroughly. Add 1/2 cup flour frosting. Place top layer in posimixture to dates and nuts. Add tion and frost top sides with

Chocolate Roll

4 egg whites 1 cup sugar

4 egg yolks 4 tablespoons cold water

4 tablespoons cocoa 34 cup flour

1 teaspoon baking powder

1/2 teaspoon salt

1/2 teaspoon vantila 1 cup whipped cream

2 tablespoons powdered sugar Beat egg whites until still and add sugar gradually, beating

(Continued on Page 5)

WHYS AND

A weekly advertising and information service for today's woman

Barbara

A SUNSHINE ACCOUNT!

Holidays, you know, aren't nearly as

much fun when your funds are low-

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Savings Account at the B of M-for

as little as a dollar-and any member

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assist you. So why not begin a

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tion? You'll find that saving for the

summer sun is a lot of fun . . . and it

will add a pleasure bonus to your

change. OXO is made from prime

lean beef so brings this extra goodness

and flavour to other foods and it

helps build sturdy children. Try mix-

ing some with baby's meal and make

a cup of delicious hot OXO for your-

Vacation days-

days of summer- (

time leisure-

aren't far off . . .

but there's still

time to save for

them if you open

a Savings Ac-

count now at

the BANK OF

MONTREAL

holidays, too!

Does baby balk at

those vegetables? Does

just indifferent? Many

mothers say that add-

ing some OXO gives

vegetables new flavour

and baby loves the

he splutter, push

spoon away or is

the golden, happy

You know how it is with perfection-priceless and unusual, you discover it unexpectedlyin the form and colour of an orchid-the glow of a sunset. These are the perfections of nature and you appreciate them without possessing them. But yours for the buying is the scientifically planned perfection of SWEET CAPORAL CIGARETTES achieved by Perfection Check V". Perfected for your smoking satisfaction, SWEET CAPS are "quality tested"-in a new post-war, scientific process that guards each SWEET CAP step by step from plantation to you. Result: Perfection in Freshness, in Smoothness, and in Taste, Before you light up a SWEET CAP, draw on it, and note the clean fresh taste, the result of "quality testing" from plantation to you.

came across an interesting contest the other day sponsored by PALMOLIVE SHAMPOO. All you do: Find an article of men's



clothing hidden in this sentence . . . "The road curves through "-the letters of the hidden word are in their proper order. Simple, isn't it, I believe you would like to try this Palmolive contest. So here it is. If you find the word that spells an article of men's clothing in the above sentence, send the word to me, Barbara Breat, Dept. 47, 1411 Crescent St., Montreal. The first ten correct entries each win \$10-doubled to \$20 if accompanied by a purchase token from PALMOLIVE SHAMPOO-either LIQUID or POWDER . . . the shampoo I so much like because it leaves

hair lustrous and so very easy to manage. Send as many entries as you like -- but don't delay-for you may be one of the ten lucky winners!

JUST LIKE MOTHER USED TO MAKE!

Highest praise from your husband when he tastes a favourite dish is his happy-"M-mmm! Just like mother used to make! " Just between you and me-and not to belittle mother's good cooking-it's even better than mother used to make when it's the delicious Rhubard Custard Pic made with CROWN BRAND Corn Syrup . . . here's the recipe . . . ideal for a Mother's Day (May 11th) special

There's something about a steaming

bowl of savoury soup to make tired,

home-from-the-office husbands sit up and

-I mean full of good taste completely

appetizing HEINZ Condensed Soups. For

all of HEINZ Condensed Soups are

savoury to the last sip! . . . so when you

serve any one of them-delicious

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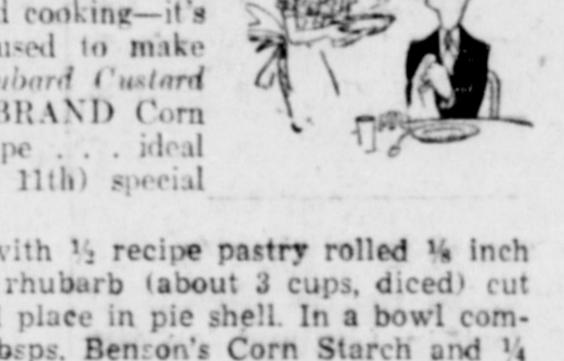
"Build B. C.

Payrolls"

COFFEE

TASTES

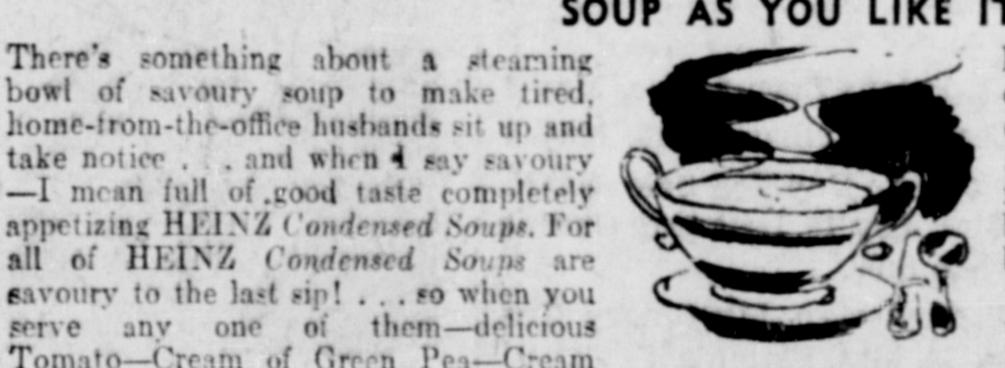
BETTER



Line 9-inch pie plate with 1/2 recipe pastry rolled 1/8 inch thick. Wash 34 pound rhubarb (about 3 cups, diced) cut into 1-inch lengths and place in pie shell. In a bowl combine 1/2 cup sugar, 2 thsps. Benson's Corn Starch and 1/4 teasp. salt. Add 1 egg and beat well. Add % cup CROWN BRAND Corn Syrup and 1 tbsp. melted butter or shortening. Pour over rhubarb. Roll out remaining pastry and cut in narrow strips. Crisscross lattice strips on top of pie. Bake in hot oven (450°F.) 15 minutes; reduce heat to moderate (350°F.) and bake 30 minutes longer, or until

Ask your grocer for a tin of CROWN BRAND tomorrow-there are so many wonderful ways to cook with it!

_self at the same time. SOUP AS YOU LIKE IT!



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