Superior Grocers LTD.

Thursday, Friday and Saturday
MARCH 20 - 21 - 22

FREE DELIVERY —●— PHONE 18

FRESH FRUITS AND VEGETABLES

GRAPEFRUIT—Sweet, Juicy, Medium Size ..... 4 for 27c
ORANGES—Large, Juicy ..... 6 for 23c
ORANGES—288's, Sweet, Juicy .... Doz. 38c
APPLES—Winesap, Large, Fancy .. 4 lbs. 43c
LETTUCE—Large, Solid Heads .... each 20c
CELERY—Crisp, Crunchy ..... lb. 21c
CABBAGE—Large, Firm Heads ..... lb. 10c
ONIONS—Large, Spanish ..... lb. 10c

● QUALITY GROCERIES ●

BAKED BEANS—Heinz, medium, 5-oz. tin, 2 for 25c
COCOA—Fry's, ½-lb. tin 19c
1-lb. tin 31c
COFFEE—O.C.L., Hop flavored, 2½-lb. tin $1.90
BAKING SODA—Cow Brand, 1-lb. pkg. 12c
SHRIMPS—Wet Pack, 4½-oz. tin 85c
OATMEAL—Queen Charlotte, 7-oz. tin 85c
CHICKEN—Sunnyside, boneless, 7-oz. tin 67c
SALMON—Gold Seal, Sockeye, 7¾-oz. tin 33c
PEANUT BUTTER—Squirrel brand, 16-oz. 47c
POPPY SEED—Rennie's, ½-oz. pkg. 19c
FLOUR—Robin Hood, 7-lb. sack 93c
10-lb. sack $1.75
24-lb. sack $3.35

Trophy Coffee 1-lb. tin EACH 51c

HONEY—Clover Crest, 1-lb. carton ..... each 29c
SPAGHETTI—Famous Foods in Tomato Sauce 18c
COFFEE—Malkin's Best, Regular or Fine Grind, 1-lb. pkg. 47c
PASTRY FLOUR—Wildrose, 7-lb. sack 39c
SOUP—Clark's Mushroom, 10-oz. tin ..... 2 for 25c
IRISH STEW—Clark's, 15-oz. tin 30c
PEAS—Aylmer, Size 2, 20-oz. tin 20c
DICED BEETS—Aylmer, 20-oz. tin 14c
BOLOGNA—York Brand, 12-oz. tin 27c
KAM—York Brand, 12-oz. tin 37c
PREM—Swift's Brand, 12-oz. tin 37c

Fort Garry Tea 1 Pound PKG. 89c

Local News Items . . .

● Famous HOLLYWOOD PATTERNS are now on sale exclusively at Wallace's. Over 90 patterns to meet every need. Prices 15c, 25c and 35c. At WALLACE'S of course. (66)

Mrs. William Terry and son returned on the Prince Rupert this morning from a two week's visit to Vancouver.

T. H. Ewing, regional auditor for Canadian National Railways, Toronto, arrived in the city this morning on the Prince Rupert. He will return south tomorrow night.

● Names of Mr. and Mrs. Eidsvick and Mr. and Mrs. Hans Peterson were omitted from the list of those who sent flowers to the funeral yesterday of the late Hans Holm. (1t)

● SPECIAL COLOUR FILM showing "Consumers Serve Themselves" Thursday, March 20th, 8 p.m., Women's Lounge, Civic Centre. A discussion on Consumer Problems begun at the Co-op Tea on Tuesday, will be continued by Miss Lin Brown and Mr. Doug Clark, U.B.C. (1t)

Dr. H. Meltzer, superintendent of the Chrles Camsell Indian Hospital, Edmonton, is a visitor in the city today, having arrived on the Prince Rupert from Vancouver, enroute to Edmonton. He is guest of Dr. J. D. Gilbraith of the Miller Bay Indian Hospital while in the city.

R. G. Van der sluys, recently returned from a trip to Australia, will be the speaker at the weekly luncheon of the Prince Rupert Rotary Club tomorrow. He will account to the club some of the experiences of the trip.

Mrs. Joseph Garon, Mrs. Leo Doiron and Mrs. J. Bouzek were among the ladies who assisted at the St. Patrick's Day tea of the Catholic Women's League on Monday.

Rev. W. Gordon Maclean of Winnipeg, moderator of the Presbyterian Church in Canada, sailed Monday night for Vancouver and Victoria aboard the Princess Adelaide after spending the week end in the city during which he conducted services at First Presbyterian Church on Sunday.

Rev. Basil S. Prockter, rector of St. Andrew's Anglican Cathedral, was the speaker today at the regular weekly luncheon of the Prince Rupert Gyro Club. President C. G. Ham was in the chair and there was a good attendance of members with a few guests.

Charged with supplying liquor to an Indian, Mike Pallik was found guilty and fined $200 by Magistrate W. D. Vance in city police court on Tuesday.

FIRE DESTROYS WANTAGE CABIN

A cabin on Wantage Road, occupied by Tony Webster, was destroyed by fire at 4 o'clock Tuesday afternoon after city firemen, who raced to the blaze, were able to put up only a feeble battle due to the fact that the building was a great distance from the nearest water hydrant. The water carried by the pumper truck was insufficient to put out the fire which had gained considerable headway before the fire department was called. The cabin was too far from the nearest hydrant to connect hose-line. Damage to the building was complete, although most of its contents were saved by Webster and his neighbors. Cause of the blaze was not determined.

VISITOR FOR GIRL GUIDES

"Blue Diploma'd" Guider Coming—Another Camp To be Held

To make arrangements for the activities of British Columbia's only "Blue Diploma'd" Guider, Mrs. Lomas of Vancouver Island, who will be here on April 21-24 for an inspection and training visit, the executive of the Prince Rupert Girl Guides' Association met on Monday night at the home of Mrs. G. R. S. Blackaby. Preliminary plans were also made for another annual camp to be held this summer, possibly again at Lakelse Lake, where the first was held this year. There may be 25 girls in camp this year as compared with 12 in 1946. The Association will be holding a tea in May to raise funds for the camp, Mrs. Arnold Flaten to be general convenor and Mrs. Peter Lakie, convenor of novelties.

Britain Must Wait For Cattle Imports

LIMERICK, Eire (AP)—Although Britain's food program will call for substantially increased imports of store cattle from Eire, these will not be available in bulk for two or three years, leading exporters said. Lack of feeds and conversion of grasslands to tillage to maintain Eire's bread supply have curtailed herds.

William Cruikshank, district agent, Canadian National Railwys, returned to the city this morning on the Prince Rupert from Vancouver and Winnipeg where he has been on company business.

Timely Recipe

Almond Carrot Spread

½ cup ground unblanched almonds
1 cup ground raw carrot
⅓ cup finely chopped sweet cucumber pickle
4 tablespoons mayonnaise
Few drops Tabasco sauce
Salt to taste
Table cream

Combine almonds, carrot, pickle, mayonnaise, Tabasco sauce, salt and sufficient cream to give spreading consistency, and stir to blend.

Makes approximately 1 cup spread.

LARGE TEXTILE MILLS

India's textile mills rank among the largest in the world.

FUNERAL OF HANS HOLM

Funeral service for the late Hans Holm, who died last week, was held yesterday at Grenville Court chapel with Rev. A. O. Aasen of St. Paul's Lutheran Church conducting the rites. Deceased, born in Norway, was a fisherman since 1926. He was 72 at the time of his death.

Present at the ceremony were Olof Holm, son of the deceased. There is a sister, Mrs. Ingegorb Selin, also of Margo, Saskatchewan.

The congregation sang "What a Friend We Have in Jesus" and "Nearer, My God, to Thee." Mrs. J. C. Gilker was organist.

Interment took place in Fairview Cemetery.

Announcements

United Church Tea, Mrs. R. G. Large March 20.

S.O.N. Dance, Oddfellows' Hall, March 21, 9:30 p.m.

Booth P.T.A. Tea Musicale March 22.

Tea, Thursday, March 27, 1224 East 8th Avenue, Mrs. Gomez. Proceeds to Bethune Peace Hospitals.

Borden Street School Choir and Rhythm Band present operetta Civic Centre, March 28.

Lutheran Spring Sale, March 29.

Queen Mary I.O.D.E. Tea, April 7, Mrs. Parkins.

St. Andrew's W.A. Easter Sale, April 8.

Juvenile Orange Tea and Sale, April 9, Oddfellows' Hall.

Presbyterian Spring Sale April 10.

Orange Ladies' Tea and Sale, Civic Centre, April 18.

United Church Spring Sale, May 1.

Guide Camp Tea, May 3, Mrs. Blackaby. Novelties.

St. Peter's Spring Sale, May 8.

Legion Auxiliary Sale, May 9.

Cambrai Chapter Spring Tea, May 15.

a Bright Home Healthy Home!

and rooms are more sanitary hospital research has proven. Natural colors have curative. Make your home healthier!

Monaseal Brightens

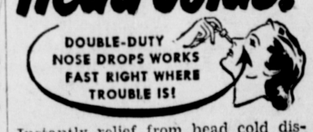
This one-coat oil finish is free of odors. See shade choices of

Monaseal

AT

Prince Rupert Dealers
Gordon & Anderson
General Block Phone 46

Grand Relief FROM SNIFFLY, STUFFY DISTRESS OF **Head Colds!**



Instantly relief from head cold distress starts to come when you put a little Va-tro-nol in each nostril. Also—it helps prevent colds from developing if used in time! Try it! Works fine! You'll like it!

VICKS VA-TRO-NOL

A NEW

Silver Gift Idea

Individual Place Settings

1 Teaspoon; 1 Salad Fork; 1 Knife; 1 Fork; 1 5 o'Clock Teaspoon; 1 Dessert or Soup Spoon $5.00

This starts a Silverware Service . . . later you will want to add additional sets as needed.

JUST RIGHT FOR INDIVIDUAL WEDDING PRESENTS. OTHER FRIENDS CAN GET SIMILAR SETS TO COMPLETE A SERVICE. OPEN STOCK PRICES . . .

	Set of 6	Set of 8
Teaspoons	$ 2.50	$ 3.33
Dessert Spoons or Forks	5.00	6.66
Knives (H.H.)	12.50	16.67

(Other prices in proportion)

NEW HEAVIER-THAN-EVER PLATING WITH EXTRA SILVER WHERE THE WEAR COMES.

We still have the regular sets in chests.

Bulgers

NO BUTTER NEEDED INSIDE OR OUTSIDE

MAGIC CHEESE BISCUITS

1½ cups flour
⅔ cup milk
¼ tspn. salt
1 tbspn. shortening
6 tbspns. grated cheese
2 tspns. Magic Baking Powder

(When half-baked, place square of cheese on top of biscuits for extra flavor)

Sift dry ingredients together; cut in shortening. Mix in cheese lightly; add milk slowly. Roll out on floured board to ½-inch thick; cut with small biscuit cutter. Bake in hot oven (475°F.) 12 to 15 minutes. Makes 12.

MAGIC INSURES BAKING SUCCESS

MADE IN CANADA

Three sailings Per Week for
VANCOUVER — VICTORIA
SEATTLE
Tuesdays, 1:30 p.m.—Coquitlam.
Fridays, 12:00 Midnight—Catala.
Saturdays, 9:15 p.m.—Camosun.
KETCHIKAN
Fridays, 12:00 Midnight.
STEWART and WAY POINTS
Sundays, 10 p.m.
QUEEN CHARLOTTES
Fortnightly.
FRANK J. SKINNER
Prince Rupert Agent
Third Ave Phone 568

SHOPPING for BABY?

DON'T FORGET *Tender Age*

Each of these fine "Tender Age" preparations is safe and dependable. Created especially for the needs of babies and children up to 'teen age, they bring relief from many common discomforts and ailments of childhood . . . keep baby fresh and happy.

- Chest Rub
- Laxative
- Cough Syrup
- Calamine Lotion
- Nose Drops
- Diarrhea Compound
- Baby Powder
- Teething Lotion
- Baby Oil
- Emulsified Baby Oil with Lanolin

McCUTCHEON PHARMACY LIMITED

Tender Age IS BACKED BY NYAL'S GOOD NAME

RAINY DAY Rigging

Let the Spring rains come. Be all set in one of our rugged, smartly styled Raincoats.

English Waterproof; Heavy Paramatta Cloth
$18.00

Leading Canadian makes in Poplin, Zelan and Cotton Gabardine
$19.50 to $28.50

WATTS & NICKERSON
The Men's Shop

A. MacKenzie Furniture LIMITED
"A GOOD PLACE TO BUY"

SIMMONS BED — *Complete with felt mattress, 3-foot size* $36.50

Phone 775 327 Third Avenue

VISIT OUR . . .

Bargain Counter

You can't afford to miss the real values at HALF PRICE at

THE VARIETY STORE
Where Your Dimes are Little Dollars

518 THIRD AVENUE WEST PHONE RED 400

WAR ASSETS COAL
Per Ton

Screened Lump, sacked $12
Mine Run Bulk ... $10

HYDE TRANSFER
PHONE 580

JOHN H. BULGER
OPTOMETRIST
●
John Bulger Ltd.
Third Avenue

Ormes Ltd.
The Pioneer Druggists
PRESCRIPTION CHEMISTS

The REXALL STORE

PHONE 81
Daily Delivery Service
STORE HOURS DAILY from 9 a.m. till 9 p.m.
SUNDAYS and HOLIDAYS from 12 Noon till 2 p.m.
7 p.m. till 9 p.m.

Having Fish for Dinner?

"RUPERT BRAND"
Will add taste and quality to your meal.

For variety try our

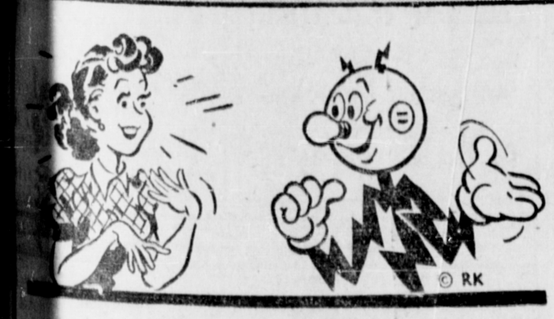
Smoked Black Cod, Salmon and Kippers
Sole, Cod and Salmon Fillets
Frozen: Halibut and Salmon

Remember! Ask for

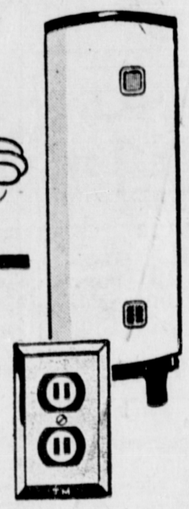
'RUPERT BRAND'

CANADIAN FISH & COLD STORAGE
PRINCE RUPERT Company Limited BRITISH COLUMBIA

REDDY KILOWATT — Your Electric Servant



"Hot water all the time" she asks,
"No dust? No soot? no bother?
Please give me all the facts and I
Will 'go to work' on Father!"



"Well, first of all" says Reddy
"The whole set-up is clear:
The heat is clean, *electric heat:*
No flame or fumes to fear."

"Hot water as you need it,
From early morn till night;
For dishes, laundry, baths and such,
It is a wondrous sight!"

"And though you may not think it,
The cost is mighty low,
For an automatic heater that is
Always on the go."

NORTHERN BRITISH COLUMBIA POWER COMPANY LIMITED

Yes, an automatic electric water heater is a necessity in almost any home. It's so nice to get up in the morning to steaming water for your shower — with plenty of hot water all through the day for household needs and still more for the children's baths at bedtime. Just a few cents worth of electricity heats enough water to float young Johnnie and his whole fleet of wooden ships!

THE RED CROSS NEEDS YOUR HELP