

T'S A VERY SENSIBLE PURCHASE M'LOVE -WHY DIDN'T YOU BUY A COUPLE?"

that help build up the old muscle?"

Grape-Nuts Flakes sure have got

"Proteins, Hercules. And Post's

hy-rich, honey-goldoe-Nuts Flakes!"

cleverly made - of wheat and malted

mean? The carbocall you the human

that are those things | package, so let's have some, quick."

ks employees from zelton, Terrace and staffs, R. A. McLeod presented Charlotte Islands Mr. Brady with an upholstered those located in easy chair and hassock, reading rt Saturday night lamp and ash tray. Suitable senal farewell to J. C. timents were expressed by Mr.

etiring district en- McLeod and also by Mr. Brady to welcome his suc- who was wished many years of Stevens, About 50 happy retirement.

Topics from 1 errace

ccurred in Terrace spend t he next four weeks on after a lingering holiday at Lakelse Lake with rs. A. Harris, 30, her young son, Edward. harles Nelson. The Alf Yoxall and his son, Roy,

phic survey is be- few days on holiday. the district from Assistance is being come from the south to spend a nd crew of six with week's holiday with the latter's charge at Lakelse parents, Mr. and Mrs. Fred Hall. the party is staying

n is a patient in Terrace as the guests of Mr. and

mmer home.

Sherwood left last her husband. ial Hospital.

on where she will ng staff of the

Mrs. B. Rogers left on Sunday

to join Constable Rogers in Stewart. Also leaving for Stew-Kenney arrived in are were Mrs. W. Cooper and First Grade, lb. .. will Mrs. W. Martin.

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ace Machine Shop & Garage TERRACE, B. C.



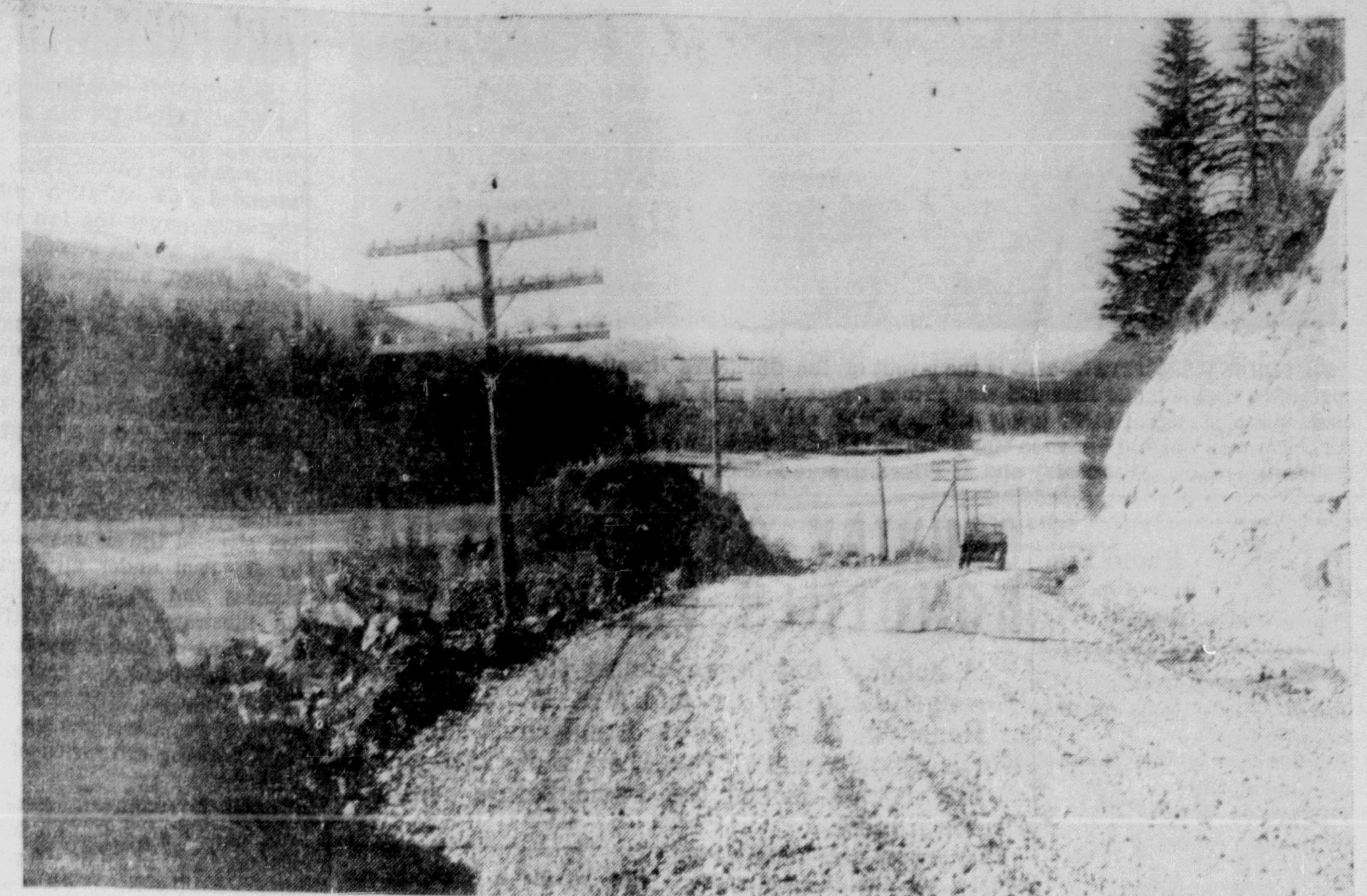
IN TERRACE . . .

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ace: W. H. Martin, 23; E. T. Kenney Ltd., 35 Prince Rupert: Prince Rupert Hotel, 466



SKEENA HIGHWAY POPULAR-Becoming increasinly popular with motorists from all parts of the continent. The first car from Hawaii is here today.

	SKEENA HIGHWAY
"And phosphorus - what's that	DIEGENTE HIGHWAL
"That's for sturdy bones and	
sound teeth."	THE MADVETS
"Eating Post's Grape-Nuts Flakes	THE MARKETS—
every day - no wonder I'm such a husky gozy!"	Vegetables
"And Post's Grape-Nuts Flakes	Celery, bunch
give you iron for the blood-and	Cauliflower, head
other food essentials."	Swiss Chard, lb
"Say - Post's Grape-Nuts Flakes	Parsnips (unwashed) lb0
are ready to eat right from the	Turnips, lb
package, so let's have some, quick."	Mushrooms, 1b
	Head Lettuce, bunch
	Cucumbers, each
in all were in attendance at the	Freen Onions, 2 bunches1
Valhalla Hall. A reception pre-	Australian Onions, 3 lbs3
ceded a dinner over which W. E.	labbage, lb
Bottomley, assistant district en-	Rhubarb, 1b.
gineer from Smithers, presided.	Spinach, lb
On behars of the combined	
staffs, R. A. McLeod presented	
Mr. Brady with an upholstered	
easy chair and hassock, reading	Tew potatoes, 5 lb
lamp and ash tray. Suitable sen-	Canned Vegetables
timents were expressed by Mr.	를 받는 게임 보면서 제임점을 통해 회사 회사 전환 전환 회사 회사 회사 회사 회사 회사 회사 기계 등 경기 기계
McLeod and also by Mr. Brady	일 그 아니라 가게 하면 가게 되었다. 그는 아니라 가게 되었다면 하는 사람들이 되었다. 그는 사람들이 되었다면 하는데
who was wished many years of	Jo. 5 Peas, fancy
happy retirement.	Mixed Vegetables
	Diced Beets, 2 tins
W. N. M. STREET, CO	Wax Beans, choice
s from I errace	Aixed Peas and Carrots
	Pumpkin
spend t he next four weeks on	
holiday at Lakelse Lake with	
	Baked Beans, 20-oz., tin
	Baked Beans, 15-oz., tin
Alf Yoxall and his son, Roy,	
potaniand on Duidout from the	

ed Church on Sun- returned on Friday from the Strawberries, hekt45 where they have spent the past Apples, cooking, 2 lb.25 taspberry, 24-oz. Lemons, large, doz.45 Cherry, 24-oz.

D.C. 3 plane with Mr. and Mrs. Cyril Olson have Grapefruit, Texas (white), each, 24-oz. 96's, 3 for

Dates, lb. Mrs. J. R. Ward and small son, Fresh Milk Jimmy, spent a few days in Local Ham, reg. lb. Mrs. B. R. Dodds and on Saturday left for the south to join Cream, * pin ... Eggs Grade A: large, cartoned, doz. Butter Evaporated Milk. 16-oz. tins, 2 for (Continues on Page 5) Cheese Janadian Cheese, lb.

> Pastry Flour, 7 lbs. Flour (24's) Coffee, lb.

DeLuxe Quality, lb. Tea and Coffee Juices

45 Apples, 20-oz. tin, per tin14 09 Blended (orange and grape 48-oz. Canned Fruits Apricots, 20-oz. ... 5 Cherries (fancy) 20-oz.38 39 Loganberries, 20-oz. ..

Lara Pure, lb. Shortening Laundry, cake08 - .25

Soap Powders, rarge Glace Fruit 19 Cherries, 1/21b. pkt. Almond Paste, lb. Joconut, lb.

.18 Fruit Cake Mix, lb. 16 Dates (fancy), 1-lb. pkt.35 24 Seedless Raisins, 2 lbs. 24 Seeded Raisins, lb. 25 3helled Walnuts, 1/2 lb. .20 Shelled Almonds, 1/2 lb. Shelled Brazils, 1/2lb.

Jams-Pure .23 pricot, 24-oz.

Meats Ham, boned and rolled, lb. Bologna, 7b.

Weiners, lb. Garlic Sausage, lb. Bacon, pkg., * lb. Bacon, side, piece . Cottage Roll, lb. Liver Sausage, lb. .73 Spare Ribs, lb. Fresh Pork Ham, lb. Pork Chops, lb. Pork Tenderloin, lb. Pork Sausage, lb.

Steak, T-Bone, lb.

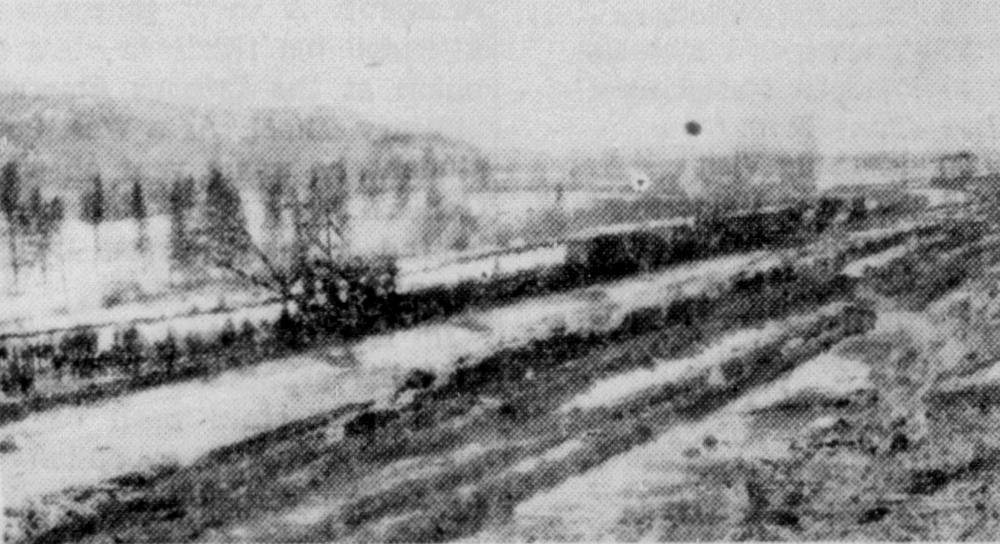
Steak, round, lb.

today for D. D. D. PRESCRIPTION.



"Why run for the Senate again? Be a Congressman, so everyone will write you."





DRIVING OF LAST SPIKE—Scenes of completion of Grand Trunk Pacific Railway in 1914 recalled by old Pictures taken at Fort Fraser.

Ontario minister of development, Moricetown Indian Reserve early 80 said today, if shipping is avail- this morning, Sgt. T. D. Brun-.72 able, it is probable 6000 to 8,000 ton, B.C. Police, Smithers, found 40 Dutch farm for will migrate to Pauline Michel, 14-year-old In-.40 Canada this year. He recently dian girl, with a rifle bullet .45 completed a visit to Holland.

70 Police Officers Are Transferred

Transfer involving Constable .65 H. O. Jamieson of Atlin and flicted. .96 Constable F. J. Payne of Sai-.43 mon Arm is announced at di-.30 visional readquarters of the pro-.70 vincial police here. Jamieson goes from Atlin to Salmon Arm TE CHECKED and Payne goes from Salmon in a Jiffy Arm to Atlin.

> Harry Calderwood, jr., who has been visiting at his home here, is leaving tonight on the Princess Adelaide for Kamloops.

> Fred Stephens, jr., is sailing tonight on the Princess Adelaide for a visit in Vancouver.

> Miss Ruby Bagshaw is sailing tonight on the Princess Adelaide for a trip to Vancouver.



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SELF-INFLICTED

LONDON (P)—Dana H. Porter, Called from Smithers to wound in her left side above the heart. She was removed to Smithers Hospital where she is expected to recover. A doctor and nurse accompanied the officer on his trip. The wound is believed to have been

> DOUBLE BREATHERS The species of fish called Dipnoi has lungs as well as gills.

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ACME

INTERESTING LOCAL GARDEN Is it a "green finger" or in- tained from a nursery last year.

there is a will there can be a contact with fertile soil. productive garden.

this. In their front yard they as though a bunch of cigars are Bing.

The Royal Ann was started from a seed some eight years ago and right now it has a number of healthy - looking cherries that are just beginning to blush. The Bing was started from a seedling but it hasn't the same hardy look as its cousin

dence and, although the harvest the producing stage yet. dropped in the soil is doing Perhaps some day Prince Ruwon't be a bumper one, chances pert will be known as the orchare the yield will increase in ard port of the north. proportion to the tree's age.

Peach trees apparently aren't too hard to grow here in Prince Rupert. Mr. Pavlikis has one A farm wife spends as many

terest and industry that makes Right alongside there is a featha garden? Probbaly a well-pro- ery little slip of a tree just a portioned mixture of all three few inches in height, the result and certain it is that where of an ambitious peach, seed's

This year for the first time, caterpillars are attacking the Mr. and Mrs. A. Pavlikis on fruit trees. When the caterpillars Third Avenue West have proved attack a tree in force it appears have 50 rose bushes represent- hanging from the branches. ing many lovely varieties includ- This illusion is created by the ing the Mandalay, the Kathleen caterpillar pulling the edges of Marshall and the Lady Trent. the leaves into an overlapping Border flowers and shrubs give position, forming what he may a colroful trim to the neat lawn, fondly consider his house. Bewhich has for a centrepiece a sides damaging the leaves they beautiful Royal Ann cherry hold squatter's rights on, the tree companioned by a smaller young caterpillars are born with a husky appetite.

A good all-purpose spray, according to Mrs. Pavlikis, can be made from nicotine of sulphate, one teaspoon to a gallon of water with a dash of soap flakes added and allowed to dissolve. It can be used on shrubs, trees and flowers and vegetables with good results.

In the Pavlikis back garden There are three other fruit there is a good show of vegettrees in the Pavlikis front yard. ables. The peas, carrots, cab-A plum, which had its beginning bages and celery are particularly about 5 years ago from seeds healthy-looking. There too is a very well. Green fruit is in evi- grape vine but it hasn't reached

A septic tanks in normal use, should be cleaned once a year.

about five feet tall that he ob- as 12 hours a day in the kitchen.

Fishermen!

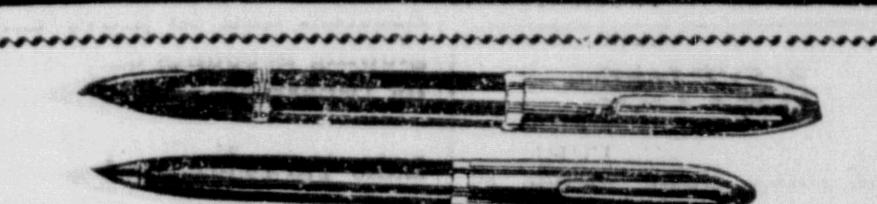
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