

Skinny men, women gain 5, 10, 15 lbs.

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What a thrill! Bony limbs fill out; ugly hollows fill up; body loses its sickly, "bean-pole" look. Thousands praise Oxtex, weight-building tonic. Earliest blood; aids appetite, digestion, so food gives you more pep, nourishment, puts flesh on bare bones. Don't fear getting too fat. Stop when you reach weight you desire. Introductory size only 40c. Try Oxtex Tonic Tablets for new pounds, new pep, vim and vitality, today. At all druggists.

JAPANESE EMPIRE

The Japanese claim their empire was founded by the first emperor Jimmu Tenn in 660 B.C. and that the dynasty founded by him still reigns.

ENGLISH INVASIONS

At least 25 attempts have been made to invade England since the Norman invasion in 1066 A.D.



Edmonton Is Moving Ahead

Gaining Population 1000
Per Month—Millions of
Construction—New Homes

Edmonton, growing at the rate of 1000 a month and with population now estimated at 160,000, is having its housing problem met to considerable extent by the enterprise of contractors who are building residences in blocks of 100. The homes, after being built, find ready sale. For an \$8000 house, \$2,500 may be required as down payment. The rest is financed and the contractor gets clear with a fair margin. The houses are often snapped up while under construction.

W. L. Armstrong, former local freight agent for the Canadian National Railways here and now in a similar position at Edmonton, tells of the phenomenal growth of the Alberta capital city. Many millions of dollars of building is going on. Impending new downtown structures include the massive new addition to the Macdonald Hotel and a million dollar new freight building for the Canadian National Railways. Everywhere other building is in evidence.

Big industrial construction also proceeds due largely to exploitation of the newly opened up oil developments. One new oil refinery has been completed for Imperial Oil. Two others are in process of construction by

COMING HERE—Hon. Edmund Rinfret, Postmaster General for Canada, will pay a brief visit to Prince Rupert tonight in the course of a trip to the Pacific Coast. Mr. Rinfret is arriving from the East by train and will proceed to Vancouver on the steamer Prince Rupert. Accompanying him are members of his family as well as his secretary, A. A. Gaspe Tache.

Moose Home Visitors Meet

Women of the Moose home-making committee held their monthly meeting at the Moose emble and, after the business session, enjoyed cards. Prize-winners were Mrs. W. Thompson and Mrs. F. Hill. Delicious refreshments were served by the hostess, assisted by Mrs. V. E. Morrison and Mrs. M. Orille. Those present were Mrs. F. Parlette senior, Mrs. A. S. Hamilton, Mrs. C. Wilkinson, Mrs. V. E. Morrison, Mrs. M. Orille, Mrs. G. Good, Mrs. J. Bell, Mrs. F. Hill, Mrs. F. E. Tubbs, Mrs. M. Heise, Mrs. W. Thompson and Mrs. E. Blair.

HOTEL ARRIVALS

Prince Rupert
J. A. Wood, Roy Carson, H. F. Worsley, T. C. Stokes, T. W. Doyle, G. Brash, E. Mundell, T. A. Hatch, William Tupper, Scott McLaren, W. J. Hansen, V. B. Walker, Vancouver; Judge and Mrs. Eric Woodburn, Prince George; A. E. Gardner, B. C. Braeewell, Miss L. Duhaime, Miss A. McRae, Victoria; R. C. Cole, New Westminster; Keith Elliott, Smithers; C. Saiter, Carlisle; R. E. Forrester, J. Hunter, Nanaimo; Mr. and Mrs. J. Frizzell, Salem, Ore.

CPR steamer Princess Norah, Capt. Fred McGraw, was in port yesterday southbound from an Alaska voyage. She was carrying a full complement of passengers from the north and no passengers were taken aboard here.

MORE BABIES

An estimated 2,639,000 births were registered during the first nine months of 1949 in the United States.

GOVERNMENT LIQUOR ACT (Section 25)

NOTICE is hereby given that on the 25th day of August next the following LOYAL ORDER OF COKE PRINCE RUPERT LODGE NUMBER 1051, intends to apply to the Liquor Control Board for a Club license in respect of the premises located at Seventh Street, City of Prince Rupert, Province of British Columbia, upon lands described as Lots 1 and 2, Block 11, Section 1, Map 923, Prince Rupert Land Registration District, in the Province of British Columbia, to entitle each member of the said Club to keep on the premises a reasonable quantity of liquor for personal consumption on the premises, and entitling the Club to purchase liquor from a vendor and to sell by the glass the liquor so purchased to its members and guests for consumption on the Club premises in accordance with the provisions of the "Government Liquor Act" and the regulations promulgated thereunder.

DATED at the City of Prince Rupert, in the Province of British Columbia, this 21st day of July, A.D. 1950.

Loyal Order of Moose Prince Rupert Lodge Number 1051

J. T. MUNCEY, Secretary (103)

ale! ale!
Old Dublin's here!



YES, this light, keen Ale from Princeton is available at least in Vancouver and at all vendors on the lower mainland! As invigorating as it's refreshing, "OLD DUBLIN" is more than equal to any imported Ale. For quality... body... and flavor, ask for—and see that you get— "OLD DUBLIN" ALE!



get a case today... now!

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.

Modern Etiquette

Q. My son and daughter-in-law live with us, and she has shown no desire to help with the housework. How can I tell her without causing ill feelings?
A. You might talk with your son and let the suggestion of helping come from him.
Q. If a bride-to-be is invited to go shopping with a friend, to select a wedding present, what should she do?
A. Accept the invitation as graciously as possible, then be modest and reluctant in making the selection.

Identified with the Canadian National Railways.

use a piece of bread or a finger to push some morsel of food onto the fork?

A. No; this indicates ill-breeding, ignorance, or a total disregard for everyday propriety.

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Coca-Cola
at the Ball Game



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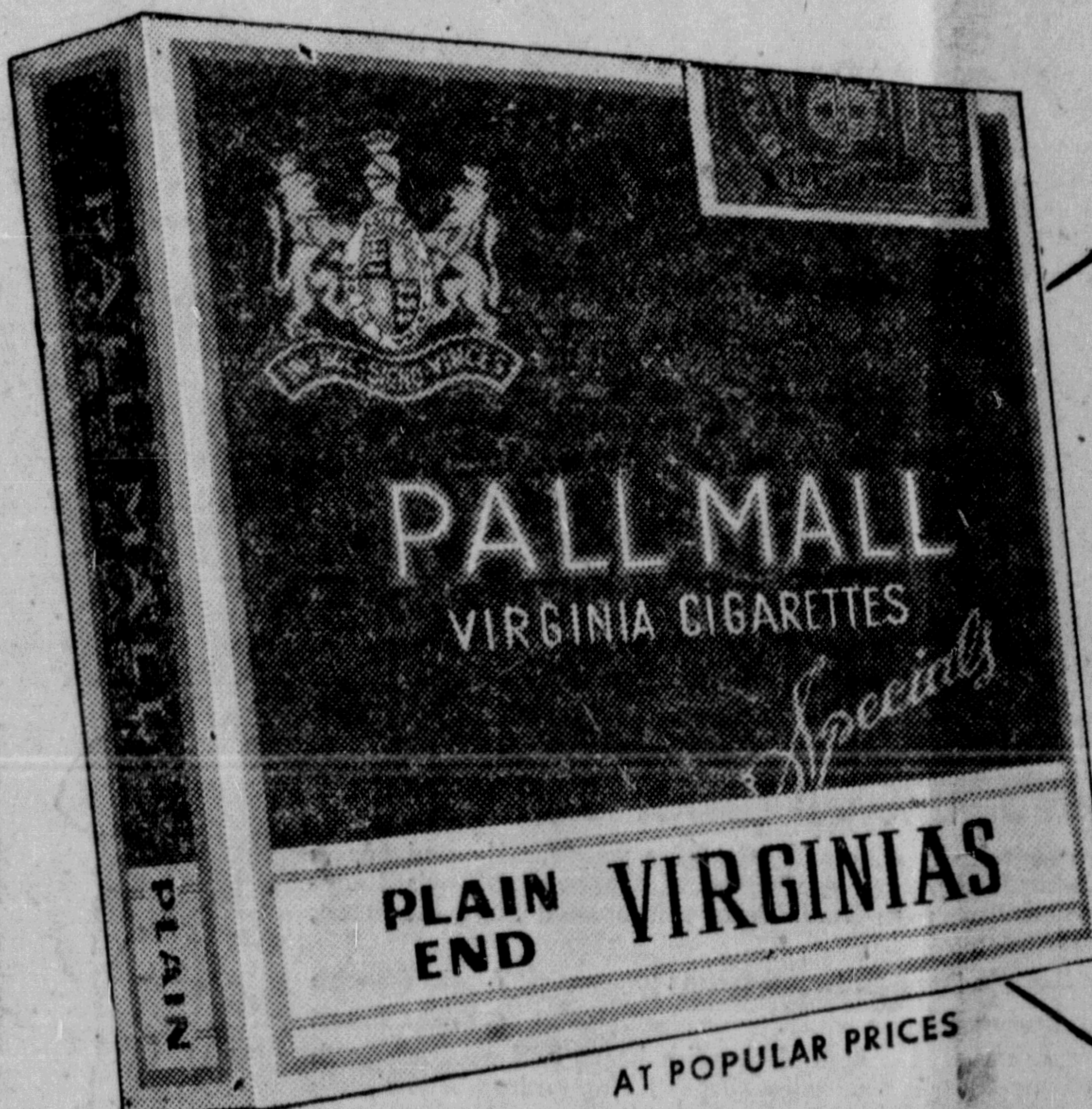
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