

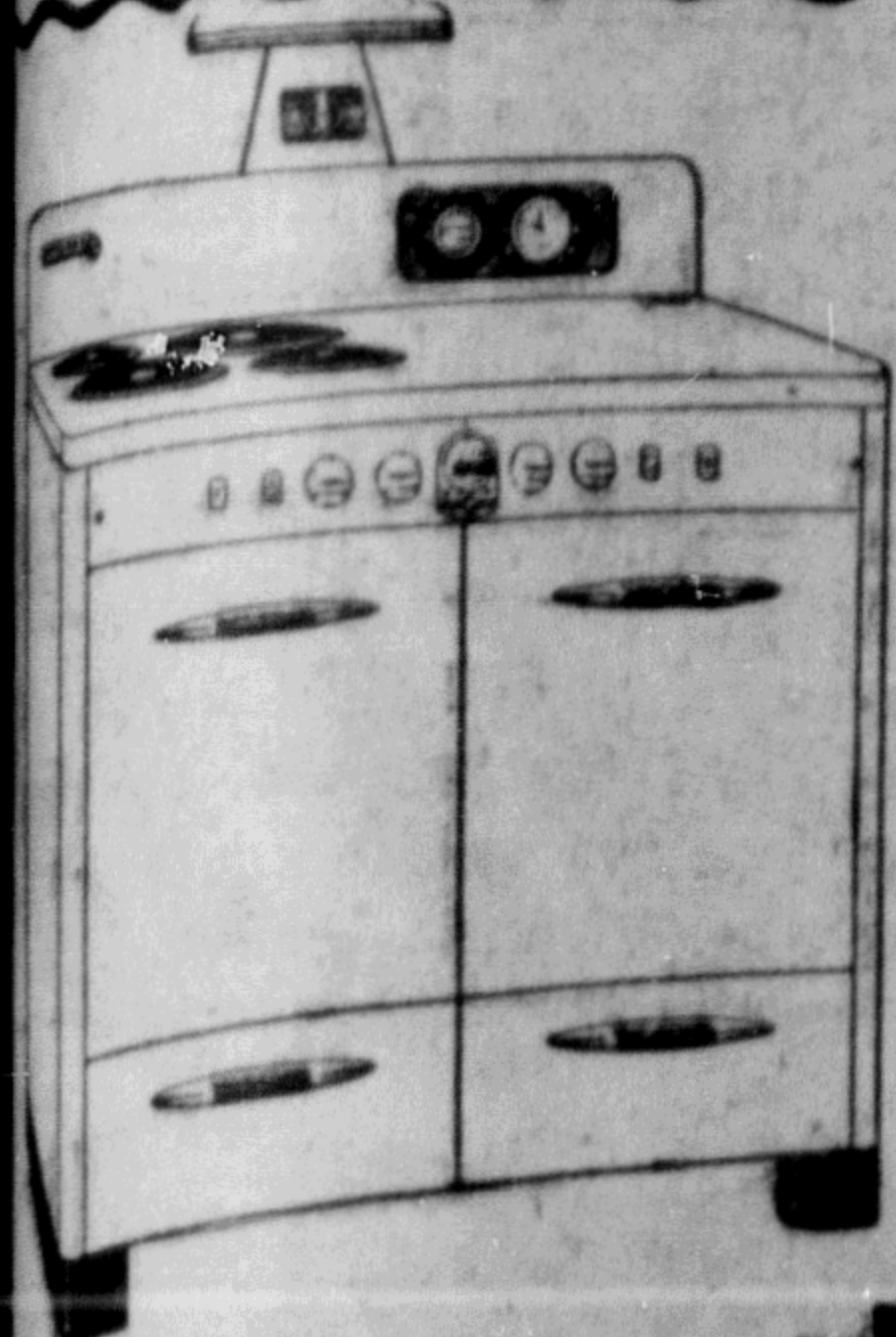
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ARE YOU ALLERGIC? - VISIT A CHIROPRACTOR

By JULIUS DINTENFASS "D.C., B.Sc., F.I.C.C."

One of the greatest problems in healing today is the problem of allergy. Allergy is a specific hypersensitivity of the body to certain irritants, whether of food, pollen or foreign proteins. If everyone contacting allergic substances were equally susceptible, then it would be better to eradicate these substances from the face of the earth. However, to eradicate all so-called sources of allergy would mean to make of the earth a barren wilderness because most any substance is irritating to certain people. The source of allergy, or lack of resistance to it, lies not in the external world, but in your own body. It develops as the result of physiological change which renders the tissues hypersensitive. The results obtained by removing this constitutional lack under chiropractic are truly remarkable. All types of cases ranging from hives, eczema, hay fever, to asthma respond to the chiropractic procedure. Results depend upon the age of the person, severity of the condition, and the length of time that one has had the allergy. The chiropractor is able to change the hypersensitivity of the body by making corrections in the nervous system itself. You can prove to yourself that this is so by undergoing chiropractic care.

This article inserted by **CHIROPRACTORS ASSOCIATION OF BRITISH COLUMBIA** To Promote Thorough Understanding of This Branch of Healing Art

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Timely Topics from Terrace

Mrs. C. R. Newhouser, Terrace Reporter

Mrs. Dorothy Sherwood arrived on Thursday morning's train to spend a few weeks holiday at her home here. She has spent the past year nursing at the Campbell River Hospital.

Mr. and Mrs. Carl Prothman, parents of Mrs. F. M. Labelle, arrived on Thursday's train from Lone Butte, to make their home here.

Mr. and Mrs. Norton arrived from England on Tuesday's train from the east and are, at present, the guests of their son-in-law and daughter, Mr. and Mrs. Dick Dubeau.

ISLE DE ST. JEAN
Prince Edward Island was known as Isle de St. Jean until about 1799.

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Large Economical Size 65c **35c**
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MINARD'S LINIMENT 26-8

Mr. and Mrs. McLean drove through Terrace on Wednesday on their return to their home in Prince Rupert after attending the Oddfellows' Grand Lodge meeting in Penticton.

The Hospital Auxiliary met in the Nurses' Lounge of the Outpost Hospital on Thursday evening. Presiding was Mrs. D. G. Little. Routine business was cleared up for the summer season as there will be no other meeting until late in September. A report of the recent plant sale was given, proceeds from which totalled almost \$50, and a vote of thanks was extended to Mrs. Osborne for her work in convening it. Plants had been donated for the sale by H. King, Mrs. C. C. King, Mrs. S. G. Cooper, Mrs. Cote, and Mrs. Tetrauit. Refreshments were served by the committee at the close of the business session.

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KIDDIES' TRAINING PANTIES
Finely knit cotton. Elastic waistband. Sizes 2 - 4 - 6. **4 for 1.00**
PURE LINEN TEA TOWELS
White with Blue-Green and Red Border. Size about 20 x 29. **EACH 59c**
COTTON TEA TOWELS
Dutch Pattern. Heavy Cotton Material. Size about 18 x 28. **EACH 49c**
KNITTING WOOL
One ounce balls made by a good manufacturer and sold to us as sub-standard. Most colors. In 2, 3 and 4 ply Yarns. **5 Balls for 1.00**
TABLE CLOTHS
Bright Colored Rayon. Check Pattern. Size about 50 x 50. **EACH \$1.19**
HAND TOWELS
Rainbow Striped Towel. Mill run. Size about 17 x 34. **3 FOR \$1.00**
KIDDIES' ANKLE SOX
Plain Colors and Striped Patterns. Elastic Tops. For Boys or Girls. Sizes 5 1/2 - 8 1/2. **4 pair 1.00**
LADIES' NYLON HOSE
(SUB-STANDARDS) Daytime Sheer Quality. Sizes 8 1/2 - 11. **PAIR 89c**
LADIES' NYLON HOSE
(SUB-STANDARDS) Evening Sheer Quality. Sizes 9 - 11. **PAIR \$1.29**
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Finely knit Tee Shirts. White only. Sizes S-M-L. **EACH \$1.00**
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Bright Colors. Cord trim. Sizes S-M-L. **EACH \$1.79**
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