British Columbia G. A. HUNTER, Managing Editor. H. G. PERRY. Managing Director Member of Canadian Press — Audit Bureau of Circulations Canadian Daily Newspaper Association

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## The Key Control

AdBOLITION of exchange control would be / lequivalent to opening a free market for gold. Canada's gold mining industry would boom. Other industries would be put in a sounder position and there would no longer be need for any control of imports beyond that exercised by the customs tariff. Most important of all, Canadian industry would attract investment-domestic and foreign-on a vastly increased scale. In sum, the full benefit of the devaluation policy adopted last September would at last be felt; an artificial obstacle to the expansion of trade and industry would be removed.

EaThere should be hardly any unemployment in Canada today beyond the inevitable minimum due to weather conditions and job-changing. Yet so accustomed have we become to war-necessitated controls of one sort or another that the abolition of the key control-the control of all controls-has apparently received scant consideration, although it is plainly hampering the return to a reasonably free economy. Nobody would pretend that exchange control is the sole cause of joblessness among Canadian workers; some of the workers themselves, badly advised, have priced their labor out of a market. But the return of freedom of international exchange would point up the other errors of public and private policy that are now obscured by the greater error Minister: Rev. E. A. Wright, D.D. that enabled these ordinary men and indicate their correction.

It should be worth trying, at least for an experimental period, as a high financial authority has suggested. No nation in the world can better afford than Canada can today to show its faith in a free economy. No nation's example would be more highly regarded by other nations which are disposed to take the same step. Some nation, some time, will supper at both morning lead the way; it might as well be Canada as any other.

### REST-AN INVESTMENT

OTHING could be further from the truth than I to say that sleep is a loss of time. Sleep is a most important factor in our daily lives. During sleep, the body recuperates from the day's hardships; nervous tension disappears thereby inducing complete relaxation; during sleep, the heart works at a minimum. Such complete rest increases resistance to fatigue and disease and enables a better use of all faculties.

Some adults have died relatively young who would have enjoyed a much longer life span had they given proper attention to the importance of rest. Others may have failed in business or home duties because of a bad temper, or because of jumpy nerves because they tired easily. Lowered resistance due to overwork and lack of sufficient sleep very often predisposes to colds. Such troubles could well be avoided by taking more rest.

The average person requires a minimum of 8 hours sleep every night. For young children, an average of 12 to 14 hours is suggested; for adolescents, it should be at least 9 or 10, if at all possible.

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STEWART, B. C.

C D. ORCHARD

# Services @ in Churchie LETTERBOX

### SATURDAY SERMON

By Capt. W. C. Poulton (Salvation Army) Text: They Were All With One Accord In One Place. Acts 2:1

On Thursday of this week we were celebrating the anniversary of a great day in the history of the Christian Church and an even greater day in the Divine Plan for all mankind who are either in or out of the church Ascension Day.

Jesus said to his followers that it was expedient

that He go away from them. That was hard to understand His resurrection. Talked with and much harder to take. When them and expounded the things He was taken from them in phys- that they had only understood ical death on the Cross, the blow imperfectly while He was in the hit them so hard that they scat- flesh. It had been a wonderful tered and fled and hid behind experience for forty days. Not closed doors. Peter, the bold until all had been gathered back brave fisherman, who drew his into the company and all had besword and would have started a lieved in His resurrection . . ing and thus hide himself.

Then came the Easter Day of the Christian Church, and Jesus was with them again. Slowly, very slowly indeed at first. He re-grouped them again-proved

### First Presbyterian Church



Fourth Ave. East

Organists: Mrs. E. J. Smith and John Currie

Morning Worship-11 a.m. Junior Choir Evening Worship-7:30 p.m.

Senior Choir

Bread of Life, I Pray Thee. The Sacrament of the Lord's except in times of national dis- men. evening service.

scrap in the garden of Gesthe- even Thomas who wanted physimane, ran away to do some fish- cal proof ... did He tell them that He must leave them again. Leave them! for the second

> time in six weeks! But what a different effect this time! At the Cross only a new could be found to watch Him die, whereas at the Ascension they followed Him out to His beloved Bethany and, after listening to further words of instruction and guidance, they were able to watch Him leave them in a cloud.

doors, no rushing back to their fishing boats. Jesus, their Lord, had told them to tarry at Jeru-The Prayer meeting lasted ten in one place. days and then came the Power to go out and do what had been denied even to their Lord during His earthly ministry, the power to sway crowds to believe on Je-

a demand for a national day of

### DIRECTORY

Services in all churches at 11 a mand 7:30 p.m.; Sunday School at 12:15 except as shown.

ANGLICAN CATHEDRAL 4th Ave. W. at Dunsmuir St. Holy Communion 8:30 a.m. Canon Basil S. Prockter, B.A., B.D.

FIRST BAPTIST 5th Ave. E. at Young St Minister: Rev. Fred Antrobus

FIRST UNITED 636 6th Ave. West Rev. L. G. Sieber

FULL GOSPEL TABERNACLE 202 6th Ave. West Pastor: C. Fawcett Services 11 a.m. and 7.30 p.m. Sunday School 12.15.

SATVATION ARMY Fraser Street C.O.: Capt. W. Poulton Directory Class 2:30 p.m. Sunday School 3:00 p.m.

5th Ave. at McBride St. Pastor: E. Solland (Black 610)

ST. PETER'S ANGLICAN Seal Cove Archdeacon E. riodsor Sunday School 11:00 a.m.

REGULAR BAPTIST reson, storard A. '1. Services 11 a.m. and 7.30 p.m. Sunday School 12.15.

There was no scattering now, prayer-and all too often to no cringing in fear behind closed those who are the paid ministers of the Church. These cowards who had run for cover at salem for further instructions. His Crucifixion, were brave pray-What then could be more sen- er-meeting men after His Ascensible than to start a prayer- sion. They were men with one meeting and wait on the Lord, accord and were willing to meet

They had met the risen Lord Take away the fact of the resurrection and you will soon lose the desire for prayer.

and aster when there usually comes How many or you will pledge (Continued on page 3)

HON F T KENNEY

## To begin with—Lay out whole pattern and determine amount of material you have to work with. You will note there isn't the supply of timber there used to be. The conservation and wise use of what remains is imperative. Avoid waste • NELSON VANCOUVER

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BRITISH COLUMBIA FOREST SERVICE

DEPARTMENT OF LANDS AND FORESTS

(Green 812)

FIRST PRESBYTERIAN
4th Avenue East

ST. PAUL'S LUTHERAN

Evening Prayer 7:30 p.m. (Blue 827)

We will be in the week of the

celebration of the anniversary of This is a day when prayer- that great prayer-meeting untimeetings are not popular places, next Sunday when we remind Communion Anthem: Jesus In fact this is a day when prayer our hearts of the coming of The itself is left to the minority— Holy Spirit to live with and in

> CHARLOTTE ISLANDS ss. Camosun, May 5 and 19 10 p.m.

> > FRANK J. SKINNER Prince Rupert Agent Phone 568 Third Avenue

#### Ladies Initiated Into Moose Women Mrs. Maude Marshall and Mrs

Mrs. J. R. Elfert has carried on Senior Regent Mrs. H. Muncey

the joint auties of Harbor Master was in the chair.

Catain J. R. Elfert died on May

5 1949, after holding the import-

earned the respect and admira-

Regulations require that

VANCOUVER-VICTORIA

Sunday, 9 p.m., Camosun

Tuesday, 1:30 p.m. Coquitlam

ALICE ARM, STEWART AND

PORT SIMPSON

Sunday, Coquitlam, 11 p.m.

FOR NORTH QUEEN

CHARLOTTE ISLANDS

ss. Camosun, May 12 and 26

FOR SOUTH QUEEN

10 p.m.

Rupert.

Editor, Daily News

Elly Clela were initiated Wednesday night into the Women of the Moose Lodge at a meeting in the It would be appreciated if you Moose Temple. The hospita! would permit space in your val- guild was in charge of the eveuable columns to be used to pub- ning's entertainment which conlicly express the gratification of sisted of card playing, followed the Department of Transport for by refreshments. Chairman of the very able manner in which the committee is Mrs. E. Blair.

and Shipping Master of the Port of Prince Rupert during the past qualifications. It is expected that year, pending an official appoint- an appointment will result at an early date.

> J. C. LESSARD. Deputy Minister

#### ant post of Harbour Master at the Port of Prince Rupert, for twenv-two years, with the exception of the period he served with the Royal Canadian Navy during WHEREVER world war II. Since her husbands untimely death, Mrs. Elfert has carried on most of his duties in YOU GO ... with this

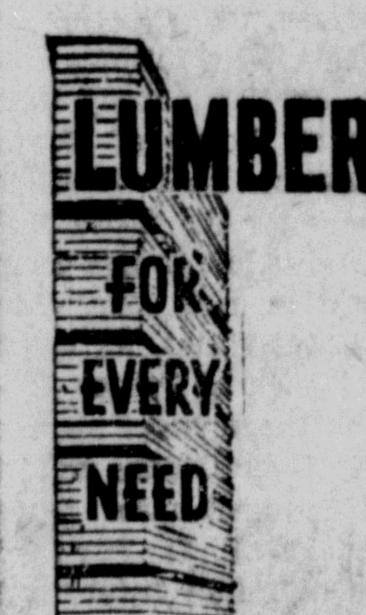


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est styles and color, fit. Special Young Men's G PANTS—perfect fit ar From 3 Men's Union SUITS needle. Reg. \$3.00. Now Only

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WEDNESDAY M

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