

Ray Reflects and Reminisces

Speaking at a banquet in Sydney (Australia) Dr. Geoffrey Fisher, Archbishop of Canterbury, said press magnates cannot resist the writing of screaming headlines and that reporters are not adequately educated. The two, he declared, do more harm than any other single thing on earth. Well, Jeff, there was a time when we could not spell cinnamon. And we'd stop anywhere to dig into a murder mystery.

War in Korea, it is said, has not created any popular songs or song. It does not appear to be that sort of war.

While doubtless hard put to it to endure the blizzards and bitter blasts, victims of last week-end storms in eastern United States and Canada showed undoubted fortitude. They could but think of the people along the coast of Skeena. But no one could wish to imagine what the situation must have been actually like in the East.

It was thought this time a year ago that by now Prince Rupert might have been responding to the doorbell or tap on the door to discover what the mailman had. But it seems the mail carrier is still to be hoped for. There's nothing new at the post office.

Completion of Prince Rupert's second theatre should be seen early in the New Year, and it certainly is not too early. It ought to be a factor in future development. Construction adjacent to or convenient to McBride Street has been urged since earliest days, and while this did not always follow, the drift has unmistakably been in that direction.

Only time can tell how much of a line-up the Totem Theatre will show as time goes on. The one at the Capitol, if not exactly a hindrance to sidewalk traffic, is nevertheless in the very heart of the business area, which is also true of Third Avenue and First Street, although to a lesser degree. But the coming of the second place of amusement, all the same, cannot but relieve certain times daily, an inconvenient situation.

JOHN H. BULGER
OPTOMETRIST
John Bulger Ltd.
Third Avenue

COATS!!
Sizes 3 to 7
Green • Brown
• Natural

STORK SHOPPE
810 303 3rd Ave. W.

REAL ESTATE
INSURANCE
INCOME TAX
RETURNS PREPARED

R. E. Mortimer
and Ave. (Near CFPR)

UNION
STEAMSHIPS

COVAC—VICTORIA
Monday, 8 p.m., Chilcotin
Tuesday, 12 Noon
Camosun
ARM, STEWART AND
PORT SIMPSON
Monday, Camosun, 11 p.m.
FOR NORTH QUEEN
CHARLOTTE ISLANDS
Chilcotin, Dec. 1 and 15
9 p.m.
FOR SOUTH QUEEN
CHARLOTTE ISLANDS
Chilcotin, Dec. 8 and 22
9 p.m.
FRANK J. SKINNER
Prince Rupert Agent
and Avenue Phone 568



As
I
See
It

By ELMORE PHILPOTT

CORTISONE OVER-PLAYED

PEOPLE OFTEN write me about as follows:

Is it true that you have arthritis? If so, have you had the cortisone treatments?

The answer to the first question is "yes."

The answer to the second question is "no."

I have had arthritis ever since I got shot up near the end of World War One. For ten years afterwards I had a pretty bad time—in and out of hospital, and never putting my foot on the ground without agony. But for the last twenty odd years the disease has been pretty well under control. (touch wood). Haven't missed a day's work due to illness since about 1927.

Why have I not taken cortisone treatments? On the first place because I could not afford them, even if I were convinced that they were necessary.

In the second place there are scores of thousands of rheumatic cases in Canada who need drastic remedy more than I do and it seems to me a good place to apply the principle: "worst first."

But the main reason I have not tried to get such treatments is because it seems to me that cortisone gland extract is still very much in the experimental stage. Many of the best doctors in the world are using cortisone. But there are still many things about it they do not understand.

THE TOP DOCTORS OF THE Arthritis and Rheumatism Foundation recently called in the New York Times. They wanted the public to know that Cortisone and ACTH gland extracts have been "overplayed" in newspaper publicity.

Here is the warning by Dr. Ralph H. Boots and Dr. Charles Ragan, arthritic specialists at Presbyterian Hospital, and Dr. Currier McEwen, dean of New York University Medical School: (See page 78, New York Times, Nov. 12, 1950.)

The use of gold salts for the treatment of new cases of arthritis is to be preferred to the use of cortisone or ACTH.

Dr. Cecil said remissions occurred in 79% of new cases treated with gold and that remissions lasted from two to five years. While cortisone and ACTH had produced dramatic effects in the relief of symptoms and pain of arthritic patients, the longest remission after this treatment had been 120 days.

THE ABOVE WARNING DOES not minimize the epoch marking discovery of the nature of arthritis. The doctors who got the Nobel Prize for the discovery of cortisone certainly deserved it. For now, after thousands of years, mankind is really closing in on the Great Cripple.

We know now that arthritis is connected with some upset in the working of little glands of top of the kidneys. The American College of Surgeons also announced (October 27) that "furan, derived from furfural, a by-product in milling flour and soybeans . . . produces the adrenal glands to produce cortisone. This

Hospital May Require Help

Prince Rupert General Hospital notified the city council last night that it might be necessary for it to seek assistance from the city in connection with the financing of \$119,000 capital building and equipment outlay which was being budgeted for next year. The Dominion and provincial governments had agreed to pay \$69,000 of the amount but the remainder would have to be raised locally. The hospital board had discussed ways and means of raising such money but, in the event of failure, might have to come to the city. The matter was in the hands of a committee.

Ald. T. B. Black, chairman of the finance committee, asked if the idea of a bond issue had been considered to which Ald. W. A. McLean replied there might be certain difficulties. The matter was left over for the attention of the 1951 council.

The capital projects being considered by the hospital board include completion of the new nurses' home and new boiler house as well as equipment necessary in the opening of certain new sections of the hospital.

TEACHER'S TROUBLES

PALMERSTON, Ont. —Teacher Shirley D'Alton has a billy-goat in her one-room country school near here. A few days ago she removed a herd of cows, and boys removed a group of fighting pigs. But the goat won't be driven away. He sleeps through most of the lessons.

prodding is what ACTH does."

000

GIVEN TIME THE RESEARCHERS will unravel the rest of the mystery—why the kidney glands fall down on their job.

Meanwhile we in Canada may be thankful that we have the Canadian Arthritis and Rheumatism Society on the job.

DON'T LET THIS HAPPEN TO YOU!

Wrap PARCELS carefully!

It's a shame to see gifts broken in transit yet it happens so often because they haven't been properly wrapped for mailing. Avoid possible damage to parcel contents by using a strong container. Protect documents, pictures, etc. with stiffening boards. Tie securely with strong cord or twine.

Send a POSTAL MONEY ORDER instead of cash!

Envelopes can accidentally break or tear in handling and money be lost. Whenever you send money through the mails, it's safer to use Postal money orders. You can get them at your Post Office.

Be sure ADDRESS is clear . . . correct and complete!

You can help your Post Office by writing clearly when you address letters or parcels. Full name, street address, Post Office Box number or Rural Route number and return address in top left hand corner should always be included.

AVOID DISAPPOINTMENT . . . MAIL EARLY FOR CHRISTMAS!

CANADA POST OFFICE

ISSUED BY AUTHORITY OF HON. G. EDUARD RINFRET, K.C., M.P., POSTMASTER-GENERAL

Victoria Report

by J. K. Nesbitt

May Be Rough and Tumble in Esquimalt—Conservatives and Liberals Could Oppose Each Other

VICTORIA.—There's going to be a real rough and tumble battle for Coalition nomination in Esquimalt riding when it comes time for a by-election to fill the vacancy caused by the death of Charles T. Beard.

The by-election will probably come in late January, as the government will want the seat occupied when the Legislature opens in February.

It could well be that Liberals and Conservatives could split over this nomination. Since 1945 Esquimalt riding has been a sharp-pronged fork in the Coalition's side.

We must go back a bit to give you the complete picture. The Hart-Maitland formula for coalition said that sitting members should have the first choice for nomination. So, in 1945, that should have meant E. V. Finland, a Conservative. But in some sort of odd hanky-panky the nomination went to C. T. Beard, a Liberal—and he got elected.

In the 1949 election there was an undignified scramble for the coalition nomination. Finland wanted it, but his leader, Herb Anscomb, much as he wanted Esquimalt in the Tory fold, was tied down once more to the Hart-Maitland formula—and so, of course, the nomination had to go to Beard.

Defiantly, Finland ran as a straight Tory. Anscomb probably in private admired this show of Tory spirit but he had to use the coalition whip to publicly chastise Finland. He read Finland out of the party. Even

that old arch-Tory of them all, Esquimalt's own Harry Pooley, publicly disowned Mike Finland and endorsed Liberal Beard.

There's no telling now what's going to happen. It could well be the Liberals and Conservatives would oppose each other. If that happens Premier Johnson and Herb Anscomb will have to stay out of the fray. They couldn't very well oppose each other on the public platform.

It might be a good idea, after all—Liberals and Conservatives opposing each other in Esquimalt as a sort of test. It would clear the air. At least it would show the strongest party in a three-way fight—and that's what everybody wants to know.

There's talk of drafting Harry Pooley. He would be sure to win for the Conservatives. He's an institution in Esquimalt. He sat in the House for many years, was attorney-general in the Tolmie regime; his father before him was Speaker of the House and a power in the Tory party.

As a matter of fact, it would be good to see Harry Pooley back in public life. He has turned 70 now but he's vigorous and fresh, speaks his mind and would liven up the Legislature no end, for

Petition Filed, Signatures Short

Petition of a number of property owners for a sewer and road on Eighth Avenue between Alfred and Conrad Streets cannot be acted upon by the city council as a local improvement project since it was insufficiently signed. City Clerk H. D. Thain reported to council last night that twenty-one lots concerned are owned by the city and five by the provincial government. The petition was accordingly filed.

EARLY BUILDERS
The Gothic Cathedral at Rodez in France was begun in 1277.

he's a politician of the old school and gets in and punches instead of saving his fight for the caucus room.

Everyone now is saying the Coalition must end sooner or later. But—remember six months ago when B.C. Liberal Association President H. G. T. Perry said that? He was roundly called down by those very people who have now climbed on the Perry bandwagon and say with him that, yes, coalition is all very well—but it may have to end before the next election.

Thomas E. Parkin, northern representative of the United Fishermen's and Allied Workers' Union, makes it clear that the new union being formed here to cover fishermen apart from shore workers is a new "local" rather than a "union." Both "locals" are under the aegis of the United Fishermen's and Allied Workers' Union.

News Classifieds Make Sales.

Finds Wonderful Relief from Constipation

"Feel I should tell everybody my happy news! Eating ALL-BRAN regularly has freed me from constipation, saved me from the harsh measures facing me!" Mr. I. Winger, R.R. No. 1 Hagersville, Ont. Just one of many unsolicited letters from ALL-BRAN users. Save yourself if you suffer from constipation due to lack of dietary bulk! Eat an ounce of crispy Kellogg's ALL-BRAN daily, drink plenty of water! If not completely satisfied after 10 days, just send empty carton to Kellogg's, London, Ontario. Get DOUBLE YOUR MONEY BACK!

A Man is known by the Whisky he serves

COMPARE THE PRICE . . . THE FLAVOUR . . .
DISCOVER FOR YOURSELF THE
BEST BUY IN FINE CANADIAN WHISKY

Calvert MOUNT ROYAL
Canadian Whisky

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.

Get Your . . . Xmas Cards Now!
Here's a fine Selection of CHRISTMAS GREETINGS

Dibb Printing Company

Phone 234 3rd Street Prince Rupert
PRINTERS — STATIONERS — OFFICE SUPPLIES

Fly QCA
on your next CHARTER FLIGHT

★ CHAPTER FLIGHT PLANES available for—
• Aerial Surveys
• Aerial Photography
• Private Charter
• Timber Cruising, etc.

ALL INTERIOR AND COASTAL POINTS

For RATES — INFORMATION — RESERVATIONS
PHONE 476

QUEEN CHARLOTTE AIRLINES LTD.

Killas & Christopher Bldg.
Air Freight on all Flights

They discovered Aluminum!
AN "INSIDE STORY"

1900—It wasn't only Grandma's cooking that drew the crowds. She had the first aluminum saucepan in town! In many other Canadian homes, too, this was the beginning of a bright, new era of better cooking utensils.

1925—When mother got married, she already knew how to enjoy life with aluminum. She brewed Dad's coffee in an aluminum pot . . . cooked those big family meals more easily in quick, even-heating aluminum.

1950—Today, daughter's kitchen belongs to the "aluminum age". She enjoys a larger selection of aluminum utensils. This "food-friendly" metal also protects the flavour, quality and purity of the foods she buys.

HINTS TO THE HOUSEWIFE
Whenever you see aluminum on the outside of a food or a drink, there's an "inside story" of cleanliness and purity.
Aluminum utensils clean easily. To remove natural deposit left by foods and water, use a tablespoon of vinegar in boiling water.

ALUMINUM COMPANY OF CANADA, LTD.
Aluminum has been friendly to food for 50 years!