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Wings Cinch First Place

DETROIT—Detroit Red Wings cinched first place in the National Hockey League Wednesday by defeating Montreal Canadiens 4 to 1. Toronto Maple Leafs lost their chance to finish first by losing to Chicago. Black Hawks 4 to 0.

Silver Standard Increasing Output

After seventeen months of operation, the Silver Standard mine near New Hazelton is planning to increase production even further. The objective is to hold millheads at \$90 per ton on a basis averaging \$53.81 per ton.

Bernard Allen, general manager of the Canadian National Railways for British Columbia, sailed by the Prince Rupert last night on his return to Vancouver after spending two days here on official business.

THE DISCOVERY OF CHIROPRACTIC

By JULIUS DINTENFASS
"D.C., B.Sc., F.I.C.C."

The modern science of chiropractic owes its origin to Dr. D. D. Palmer, who, in 1895, discovered an unusual lump in the backbone of a patient afflicted with deafness, and by applying a certain movement to the spine by hand, was able to remove this protuberance, through which procedure the patient's hearing was restored.

Palmer finally arrived at the conclusion that he corrected or adjusted a subluxated or displaced vertebra. This led him to believe that the spinal column was an important factor in health and disease. He laid down the foundation for a systematized science of natural healing which included as its major tenet, the removal of interference with the nervous system along its main pathway at the spinal column. He gave this science a specially coined word derived from the Greek, "Chiro-practic—from chiro, "hand," and praktos, "done," chiropractic meaning, "done by hand."

Building on this discovery, the science has developed into an advanced art of healing, its fundamental concept being that only nature is competent to effect healing, and that chiropractic adjustments are intended to release natural forces of the body by removing interferences with the normal transmission of nerve impulses.

This article inserted by
CHIROPRACTORS ASSOCIATION OF BRITISH COLUMBIA
To Promote Thorough Understanding of This Branch of Healing Art

TEN MONTHS IN RUSSIAN PRISON CAMP

(Continued from Page 1)

soldiers, women, children and animals were everywhere on the streets. We had to walk over them. Russians were driving us with pistols and whips. We thought we could not bear it. At night we were locked into churches, prisons or penitentiaries, 35 women in one cell. After 2 weeks of this we came to the Russian boundary, where a long freight train was waiting for us. Now we knew. They put 50 persons in each freight car. The transport was 3960 men and women. A hole in the floor was our toilet.

The first few days were not so bad. It was not too cold. Through the cracks in the wall we saw water and bread. The first people got sick, the first dead one the second, the third, We knocked at us and kept the door shut. After this they gave us no more water, only snow. It got colder. Whoever had to sit with his back against the wall froze against it. The lice started to visit us. It got unbearable. The sick ones were crying for water and food. But we got nothing but snow and 200 gr. dried bread. Through the cracks we saw Russia, bush prairie ad desert, nothing else. Very seldom a log house. So we travelled for 4 weeks.

From the 50 we started out in our car, fifteen were dead by now. It was a torture. Now we had to get off the train, but nobody could walk. Snow 1 meter high, 52 degrees cold. Many fell down to perish. We others dragged ourselves 2 km to our camp in the North Ural mountains. From the 3000 we started out, we were only 2104 alive. Upon arrival we got 1 cup warm gruel. We gulped it down. It was the death for many. But what did we look like? The men—we could have cried—dirty long beards and only skeletons. Is there no life?

They took our clothes and gave us Russian clothing. We had to strip. We got shaved. The Russian women were watching us. Oh, the shame on women! We had to parade in front of the Russians, still without clothes, to be judged which work we were strong enough. This was repeated every 2 weeks. We all wished we were dead.

There was no end to our suffering. The first 3 weeks we were only in our camp. Our barracks were built of lumber with an earthen floor, on which we had to sleep, covered only with our overcoat, and a few rags, which we still had under our head. Bed-bugs and lice ate us alive. To wash ourselves was a luxury. The Russians melted snow in their mouths, spit it in their hands. This way they washed their faces. Many died, some days 25-30 women. At night we had to carry the

dead into a shed where we had to pile the corpses up to under the ceiling. We had to step on them to do this. Who refused was hit with the rifle butt. There was no mercy. When the shed was full, German prisoners had to load the corpses on a wagon with pitchforks. They blasted holes in the ground in which they dumped all these tortured to death prisoners. In the summer we had to plant trees over them. Was that no crime against humanity.

We still got daily 300 gr. bread and a cup gruel cooked with fish-heads. Now we had to go to work. We had to fall trees. Our task was 7 cubic meter a day for 2 women. Who could do that got 500 gr. bread a day. Many got whipped. For 15 women were 2 sentries. Most of us got typhoid. We had only rags on our body. Our 2 shirts and wooden shoes did not get replaced. All the rags we could find, we wrapped around our feet. Of the 300 persons, who got loaded at the Russian boundary only a small handful got left over. Most of us got typhoid.

There were only a few camps in Russia, which were shown to American and English Commissions. Here the food was good and the men and women hardly had to work. The world never knew

the truth about it all. We were living in Siberia, many 1000 kilometers away from Germany, still hoping in our hearts to get rescued some time. Many gave up and got insane. I got sick also, and in my delirium I saw the Russian beasts following me, and in the shed I saw myself lying under all the corpses. Two Jewish doctors looked after us. They were deported to Siberia, and also were most of the sentries.

Numbers Diminishing
We sick ones got barley soup cooked in oil, but most of us could not digest it any more. We were lying on sawdust. Of the 3000 prisoners were only 372 alive and of these 127 were very sick. The other 245 came to another camp. So we 127 sick ones stayed behind. After 4 weeks only 47 were alive and could walk a little again. Now they sent us to another camp where we had to work again, but without sense and reason, only to be mean. Stones we carried on 1 day. We had to pack back the next day. I got sick again. I weighed only 85 lbs. compared with formerly 128 lbs. My feet broke open in sores, where water seeped out. The scars I still got today.

Thank goodness, they sent me back to Germany with 200 others who were not able to

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work, of course by freight train. The trip lasted 4 weeks again. But each second day we got tea or warm soup and bread. The doors were not locked any more, and we saw a little more of the Russian country side. No sign of habitation or worked land for many miles. At the stations we saw a lot of delinquent children, clutching to the trains and going from place to place. Now we landed in Frankfurt, where they let us go. We were free but without home, food, money or clothes, sick and the

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- FRIDAY—P.M.
- 4:15—Stock Quotations and Interlude
 - 4:30—Sleepy Time Stories
 - 4:45—Trio Tunes
 - 4:55—CBC News
 - 5:00—Rendezvous Room
 - 5:30—Music from Alberta
 - 5:45—Bill Good Sports Review
 - 6:00—Dinner Music
 - 6:15—Henri Rene Orch.
 - 6:30—Musical Varieties
 - 6:45—Saddle Rockin' Rhythm
 - 7:00—CBC News
 - 7:15—CBC News Roundup
 - 7:30—Easy Rhythm
 - 8:00—"What's Under the Label"
 - 8:15—Musical Prog.
 - 8:30—Vancouver Theatre
 - 9:00—Burns Chuck Wagon
 - 9:30—Talk
 - 9:45—Canadian Short Stories
 - 10:00—CBC News
 - 10:10—CBC News
 - 10:15—Legislature Report
 - 10:30—Organ Recital
 - 11:00—Weather and Sign Off

- SATURDAY—A.M.
- 7:00—Musical Clock
 - 8:00—CBC News
 - 8:10—Here's Bill Good
 - 8:15—Hits and Encore's
 - 8:30—Morning Devotions
 - 8:45—Little Concert
 - 9:00—BBC News
 - 9:15—Saudie Serenade
 - 9:30—CBC Stamp Club
 - 9:45—The Answer Man
 - 9:50—Time Signal
 - 10:00—Bandstand
 - 10:15—Waltz Music
 - 10:30—"Melody Time"
 - 10:45—CBC News and "Unity"
 - 10:55—Wesley and Interlude
 - 11:00—Saturday Date
 - 11:30—Weather Forecast
 - 11:31—Message Period
 - 11:55—Recorded Interlude
 - 12:00—Program Album
- SATURDAY P.M.
- 1:00—Mid-Day Melodies
 - 1:30—Program Resume
 - 12:30—Musical Program

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