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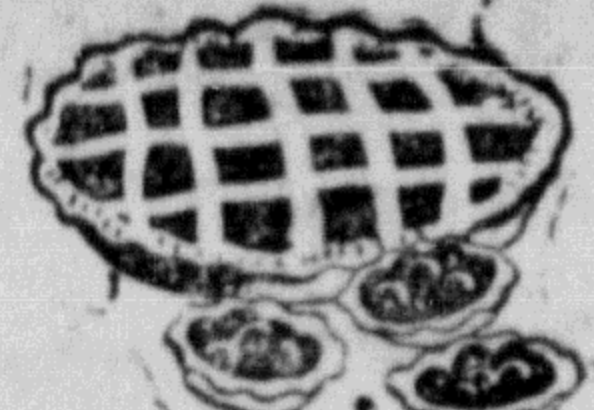


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Seasonable Ideas for Housekeepers

TALKING ABOUT TOMATOES, HERE
ARE INTERESTING FALL RECIPES

Pity our poor ancestors who spurned the "love apple" or tomato, as it is now called, simply because they superstitiously thought this vegetable was poisonous. Present day housewives have more than made up for the loss because nowadays tomatoes rank very high on the list of popular vegetables and, when they are in season, they are used by most families every day. Tomatoes are a most versatile vegetable and can be found on the menu as appetizer, soup, salad, vegetable, main dish, pickle and even dessert.

Much has been written to extol the virtues of ripe, red tomatoes and it would be a poor cook book these days that didn't include many recipes featuring tomatoes. The green tomato which is the mature but unripened tomato hasn't received the same publicity but it should not be neglected. Most people are quite familiar with green tomato and onion pickle, often called Governor's Sauce, or with chow chows or relishes containing a high proportion of green tomato but comparatively few housewives use them in cooking.

Home economists have recently

tested several recipes using green tomatoes and one or two of them are passed along today.

The experts also suggest putting away a few green tomatoes to ripen slowly for use later on. It must be remembered, of course that these tomatoes, although green, should be mature; they should be absolutely free from insect injury or skin punctures and should not have been touched by the frost. The tomatoes should be individually wrapped in paper and stored in a box or drawer in a cool, dry place. They will ripen slowly and should keep for several weeks.

Green Tomatoes in Spicy Sauce (Vegetable Dish)

2 pounds green tomatoes
1/4 cup chopped onion
3 tablespoons sugar
1 1/2 tablespoons dry mustard
Dash of cayenne pepper
Dash of pepper
1 teaspoon salt
1/2 teaspoon cinnamon
Dash of cloves
1 teaspoon Worcestershire sauce
1 1/2 tablespoons cornstarch
2 tablespoons cold water
Wash tomatoes, remove stem and any scars. Cut tomatoes in quarters. Add onions. Mix sugar and spices, add to tomato mixture and cook slowly about 10 minutes. Blend cornstarch with cold water and add to mixture. Cook until mixture has thickened and the mixture is clear, stirring

occasionally, about 5 minutes. Yield: six servings.

Green Tomato Relish

1 1/2 lb. green tomatoes (12 small)
1 1/2 lb. tart apples (5 medium)
1 1/2 medium onions
1 sweet red pepper
2 1/2 cups vinegar
2 1/2 cups sugar
1/2 teaspoon cayenne pepper
1 1/2 teaspoons ginger
1/2 teaspoon turmeric
1/2 teaspoon salt
Wash tomatoes, remove stem ends and any scars. Peel, core and quarter apples. Peel onions and wash and remove stems and seed pod of pepper. Put tomatoes, apples, onions and red pepper through a food chopper using fine blade. Boil vinegar, sugar, cayenne pepper, ginger, turmeric and salt for 1 minute. Add the chopped vegetables and apples and cook for 1/2 hour. Pack into hot sterilized jars and seal. Yield: about 6 cups.

Green Tomato Marmalade

5 cups chopped green tomatoes
3 cups sugar
1/4 cup chopped, preserved ginger
1 lemon, grated rind and juice
Wash and peel tomatoes. Put through food chopper, using coarse blade. Add sugar and let stand overnight. In the morning, bring to boil and boil gently for 35 minutes. Add grated lemon rind, lemon juice and chopped ginger and boil rapidly for about 20 minutes longer. Pour into hot, sterilized jars and seal. Yield: about four 8-oz. jars.

Timely Topics from Terrace

Mrs. C. R. De Kergommeaux, Terrace Reporter

Scout Apple Day was on Saturday but owing to the very bad weather, not many cubs or scouts were out selling.

Mr. and Mrs. Gordon Little of East Kwinitsa left on Saturday morning by car on a business trip to Vancouver and will be away about eight days.

Mrs. Manuel Heise of Prince Rupert spent last week here with her mother, Mrs. Greenwood. Mrs. Heise was the former Mrs. Hamilton who taught school here. Mrs. Dudley Little is substituting at the elementary school during the illness of Miss Valerie Booth.

The first practice of the Choral Club was held in the Civic Centre last Monday evening with a good turnout of sopranos and contraltos but very few basses and tenors. A call is going out for more male singers.

Mr. and Mrs. C. L. M. Giggey left by car last Thursday for Prince Rupert where they took the steamer for Vancouver. They took young Michael south for specialist treatment. Accompanying them as far as Ocean Falls were Mr. George Dover and Mrs. L. Griffiths who were here for the funeral of their sister, Mrs. Edna Maxted.

Mr. and Mrs. C. Houlden left by car on Sunday morning for Vancouver where they took Harry

for special medical treatment.

Geoff Lambley drove to Prince Rupert on Friday to take delivery of a new car, an English Ford panel delivery, with which he will return to Terrace.

Mrs. Edith Little and Mrs. Mary Crawford arrived in Terrace on Thursday's train for an indefinite stay and a rest from their nursing duties which have taken them as far east as Quebec and New York. They left on Saturday for a week's visit in Kwinitsa.

Mr. and Mrs. E. Carlson of Usk arrived in town on Sunday to make their home here south of the C.N.R. tracks.

Mrs. K. M. Beketov of Prince Rupert arrived in Terrace on Thursday morning and was the guest of Mrs. Osborne until Saturday. Mrs. Beketov is the Prince Rupert representative of Beauty Counsellor, Terrace agent for which is Mrs. W. Osborne.

Mr. and Mrs. R. H. Parker and son of Prince Rupert spent Friday and Saturday in Terrace. On their return trip they were accompanied by Mr. W. Burke and Mrs. Beketov.

AMHERST — A lobster 30 inches long and weighing 11 lbs. was taken from Northumberland strait by Matt Brownell. It was the largest lobster taken this season by Northport fishermen.

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TUESDAY—P.M.

4:15—Stock Quotations and Interlude
4:30—Life in the Open
4:45—Musical Merry-Go-Round
5:00—Hot Wax
5:30—Musical Program
6:00—Supper Serenade
6:15—Perry Como
6:30—Musical Varieties
6:45—Smoke Rings
7:00—CBC News
7:15—CBC News Roundup
7:30—Leicester Square to Broadway
8:00—Science Reporter
8:15—Points of View
8:30—Record Album
9:00—Radio Cartoons
9:15—Musical Program
9:30—Current Hits
10:00—CBC News
10:10—CBC News
10:15—Music by Bovero
10:30—A Song in the Air
11:00—Weather and Sign Off

WEDNESDAY—A.M.

7:00—Musical Clock
8:00—CBC News
8:10—Here's Bill Good
8:15—Morning Song
8:30—Music for Moderns
8:45—Little Concert
9:00—BBC News and Comty
9:15—Morning Devotions
9:30—Morning Concert
9:59—Time Signal
10:00—Ellen Harris
10:15—Singing Sam
10:30—Roundup Time
10:45—Scandinavian Melodies
11:00—Air Kindergarten
11:15—Melody Time
11:30—Weather Forecast
11:31—Message Period
11:33—Recorded Interlude
11:45—Personal Album

P.M.

12:00—Mid-Day Melodies
2:15—CBC News
12:25—Program Resume
12:30—B.C. Farm Broadcast
12:55—Recorded Interlude
1:00—Afternoon Concert
1:30—Waltz Time
1:45—Comty—Country Women
2:00—B.C. School Broadcast
2:30—Records at Random
2:45—Novelty Tunes



FRESH MILK FOR NEEDY GERMANS—Miss Safe, a prize Holstein heifer of Menomonee, Wisconsin, is shown getting her last petting from young Bobby Simpson, before leaving for Germany. In answer to an appeal from the rector of the university of Heidelberg for fresh milk to aid the tubercular suffering children of Germany, the relief organization S.F.E. (save a friend in Europe) selected this prize cow to be sent to Germany. Miss Safe left her Wisconsin farm to sail for Europe on Oct. 4.

TRAIN SCHEDULE

For the East—
Monday, Wednesday, Friday,
8:00 p.m.
From the East—
Tuesday, Thursday, Saturday,
10:15 p.m.

3:00—The Music Box
3:15—Don Messer and His Islanders
3:30—U.N. Commentary
3:35—Divertimento
4:00—Bernie Braden Tells a Story

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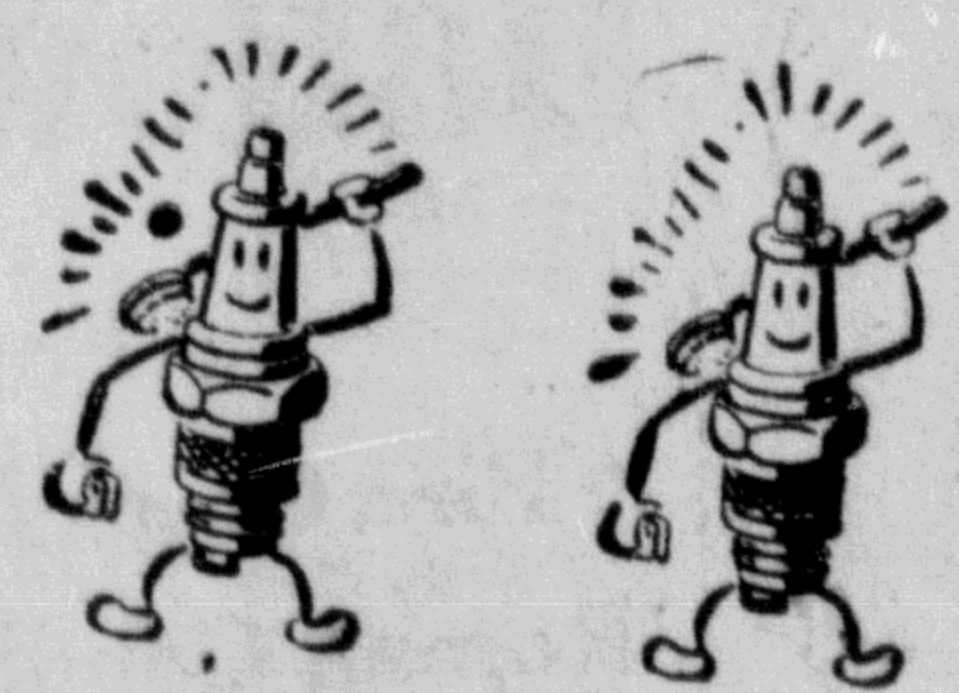
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