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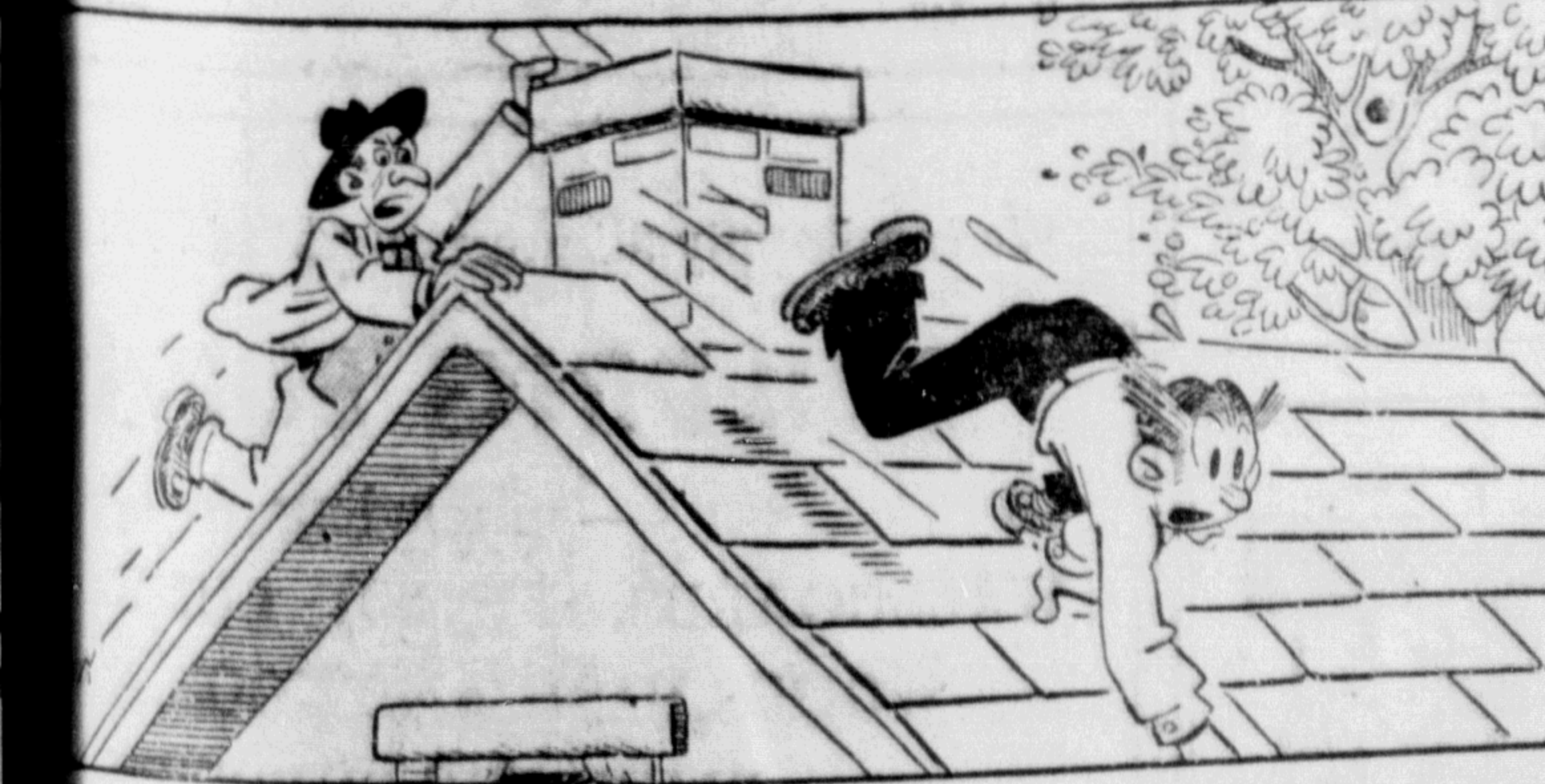
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BLONDIE

by
CHIC YOUNG

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Timely Topics from Terrace

Roy Yoxall returned to his home in Vancouver on Tuesday morning after spending the past month with his father here.

Having stopped off at Terrace to officiate at the funeral of William Laird on Wednesday, Rt. Rev. J. B. Gibson, Bishop of Caledonia, with Mrs. Gibson visited old friends in town before returning to their home in Prince Rupert on Thursday.

Helen Hipp of the welfare office in Prince George is spending a month's holiday here with her parents, Mr. and Mrs. G. Hipp.

Mrs. Bruce Barr has received word from Mr. Barr, who is at present attending summer school in Victoria, that he has accepted a position as French teacher in the high school at Courtenay, Vancouver Island. She and their two children will be leaving next month to join him in the south.

Mrs. Adrian Meier and two children arrived on Tuesday's train from Kerrobert, Saskatchewan, to spend a few weeks holiday with Mrs. Meier's mother, Mrs. C. R. de Kergommeaux.

Mrs. Brentzen and Enid, paid a visit to Prince Rupert this week.

Mrs. Hans Koch and two sons, Peter and Robert, travelled to Prince Rupert by car this week accompanied by Mrs. G. Jordan.

A. Craig has taken over the contract to deliver the mails to and from the depot. The contract was relinquished by George Anderson.

Mr. and Mrs. T. Owens came in on Tuesday's train to spend a two week's holiday with their niece Mrs. Bailey.

Mrs. James Bailey of Sardis is visiting her son and daughter-in-law, Mr. and Mrs. C. Bailey.

Dr. A. Sevenster, consular general of the Netherlands, arrived in Terrace at noon Thursday in the course of a tour of Canada. He is accompanied by Mrs. Sevenster and they are the guests of Mr. and Mrs. Peter van Stoik, at whose home a reception was held on Thursday evening where the visiting dignitaries met fellow countrymen who have settled in the district. They left here on Friday morning for Houston.

BUILDING FOR BLIND REGINA.—A \$100,000 building is to be erected here by the Canadian National Institute for the Blind. Construction is expected to start next spring.

CALVES AND ATHLETES ROLAND, Man.—An annual sports day here featured a calf show. However, the event—sponsored by Roland Agricultural Society—had athletes too. Another feature was a four-team baseball tournament.

SPICES IN FAVOR NOW

Long Reign of Salt-and-Pepper Monotony Ended

By CYNTHIA LOWRY

NEW YORK — The United States housewife is spice-conscious again for the first time since great-grandmother disguised jerked venison with a judicious measurement of fenel.

For more years than a gourmet likes to contemplate, cooks just reached for salt and pepper shakers when the recipe called for seasoning. Now they are blossoming out with a spice sheaf of some 20-odd spices.

Spices have been rediscovered, violently. In some places—such as New York—spice cooking is definitely a fad. Here and there lies danger that the enthusiastic heavy hand of the fanatics will overdo it.

Fortunately, most cooks have learned about spices the hard way: through war-induced food shortages and the need to fuss over cheaper tougher cuts of meat. They know that spice is designed to enhance flavor, not disguise it.

All this, the American Spice Trade Association feels, means that spices are back in the cottage kitchen to stay—on their own pungent merits.

In pre-war days, almost every housekeeper had a little cinnamon, nutmeg, cloves and paprika in her food closet. Now the ladies who thought of cloves for ham and cinnamon for toast can

Better English

By D. C. WILLIAMS

1. What is wrong with this sentence? "I threw the paper in the wastebasket."
2. What is the correct pronunciation of "loathsome?"
3. Which one of these words is misspelled? Septennial, serviceable, severance.
4. What does the word "penitent" mean?
5. What is a word beginning with le that means "lightness?"

Answers

1. Say, "into the wastebasket" to denote direction. 2. Pronounce the th as in smoth, not as in both. 3. Serviceable. 4. Sincerely affected by a sense of guilt; repentant. "Be penitent, and for thy fault contrite."—Milton. 5. Levity.

Drowns From His Boat Near Juneau

JUNEAU—The body of a northern fisherman, Ralph Watts, was brought to Juneau from near Dixon Harbor, where he had been drowned. He had fallen overboard, when his boat, the Emla, hit a rock. He was in the water less than five minutes, but two hours of artificial respiration proved useless in trying to restore life.

CHILDREN NEED TREATMENT MONTREAL.—Thirty-three per cent of school children have defective vision and 82 per cent are in need of dental care, Dr. Percy Vivian, of the department of social medicine, McGill University, said in an address here.

discuss items like "cardamon," "coriander," "mace," and even "fenugreek."

PEPPER STILL SCARCE

Most spices were scarce during the war, now they are all back in plenty—except pepper.

Peppercorns, mostly grown in the Netherlands East Indies and India, are still war casualties. The world's supply is down from a pre-war 182,000,000 pounds to 60,000,000.

Spice for the home kitchen runs alphabetically from allspice, fruit of a West Indian tree with a flavor resembling a blend of cinnamon, nutmeg and cloves, to tumeric, an Indian-grown root of the ginger family widely used in pickling.

The big mystery in the spice business is saffron, probably the most expensive, retailing for about \$60 a pound. It suddenly has become very popular but no one quite knows why. It's prized for its brilliant yellow color and pleasant taste, but heretofore wasn't used for much except Spanish dishes.

What is a spice? It is the buds, leaves, seeds, bark, roots or berries of aromatic plants used for seasoning and usually grown in tropical or semi-tropical countries. Herbs are usually the leaves of annuals or perennials grown in the temperate zones. Condiments refer to a blend of spices or herbs with other things—such as a tomato puree—to make a flavoring sauce. Aromatic spices are anise, caraway, cardamon, cinnamon, cloves, cumin, ginger, mace, nutmeg and a few others. Stimulants among the spices are mustard, pepper and tumeric.



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VANDERHOOF

S. R. Yates, casualty rehabilitation officer for the Department of Veterans Affairs, has been a visitor here during the past week on official duties.

Vanderhoof teen-agers are still interesting themselves in the possibility of organizing a summer camp at Fort St. James.

Plans have been drawn up for an attractive children's playground at Alan Park here.

Placer mining has taken a spurt in the Omineca country, particularly around Manson Creek. Many small operations are underway and a few larger operations are also in full swing. An interesting recent development is the purchase of the Ralph Hill properties by Harvey W. Barnhill of Anchorage, Alaska.

Much interest was taken in the annual illustration station field day on the John Andros farm on Tuesday of this week. Many of the districts farmers were in attendance and the feature of the day was an address and demonstration by Prof. J. R. W. Young on the care and operation of farm machinery.

Vanderhoof Cubs defeated Fort St. James by a score of 18-11 in the latest inter-community baseball game here.

Miss Florence Hogben of Milner and Miss Dorothy Heddon of Port Alberni have been appointed to vacancies on the

Vanderhoof school staff. Miss M. Switzer has been transferred to Fort St. James at her own request and G. R. Slade of Vancouver has been appointed to the senior grades at Fort Fraser.

Many district people attended a fancy dress dance which was held last Saturday night at Douglas Lodge, Stuart Lake, and proved to be a colorful affair.

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8 p.m.
From the East—
Tuesday, Thursday, Saturday—
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