Fresh Fruit Peaches, Hales, 2 pounds .... .43

Canteloupe, 27's, 2 for

Green Onions, 3 bunches

Cooking Onions, 3 lbs.

Corn op Cob, 12 for

Tomatoes, No. 1 lb.

Green Peppers, lb.

New Potatoes, 10 lb

Diced Beets, per tin

Wax Beans, choice

Vegetable Marrow, lb.

Carned Vegetables Pickles, gal

Fresh Milk

Butter

Cheese

Flour, 49's, No. 1 hard wheat 3.65

Tea and Coffee

Canned Fruits

Lard

Glace L

REFACED

Rapid Service

It's sure to

Sales and Service

Green Beans, Icy.

Vegetables

Prunes, Case

Radishes, bunch

Head Lettuce

Squash, lb.

Pumpkin, 2 for

Tomatoes. 28-oz.

Cream. 1/2 pint

First Grade, lb.

Evaporated Milk,

16-oz. tins, 2 for

Canadian Cheese. 10.

DeLuxe quantity, lb.

Tomatoes, 20-oz. ea

Pineapple, crushed

Cherries, ancy, 20-oz.

Loganberries, 20-oz.

Pieces, 20-oz

Apricots, 20-oz.

Peaches, choice

Soap, face, bar

Laundry, cake

Soap Powders, large

Cherries, 1/2 lb. pkt.

Seedless Raisins, 2 lbs.

Almond Paste lb

Pure, lb.

Shortening

Apple, 20-oz. tin, 2 for

Orange Juice

Blended

Grapefruit

Large, cartoned, doz.

Crate .... \$2.75

Junior Miss Dresses Mixed Peas and Carrots FOR THE HI-CROWD Baked Beans, 20-oz. tin

Not A Size \$8.25
But An Age

At WALLACE'S

### Steamship Movements Pastry Flour, 7 lbs.

For Vancouver

Tuesday-ss. Camosun, 1:30 Flour, 24's

Thursday-se Prince Rupert 11:15 p.m. Friday—ss. Catala, 5 p.m

From Vancouver

Sunday-s: Camosun, 11 p.m Wednesday-ss Prince Rupe 10 a.m.

For Alice Arm and Stewart Sunday—ss. Camosun, 11 p.m.

From Alice Arm and Stewart

"uesday-ss. Camosun, a.m. From Ocean Falls

Wednesday-ss. Prince Ruper 10 a.m. For Ocean Falis

Thursday-ss. Prince Rupert 11:15 p.m.

For Alaska Wednesday-se. Prince Rupert Fruit Cake Mix, lb. midnight.

From Alaska

Thursday-ss. Prince Rupert Shelled Almonds, 6 oz.,

Letting the valve-grinding

job go too long may ruin

ruin your disposition. We'll reface your auto

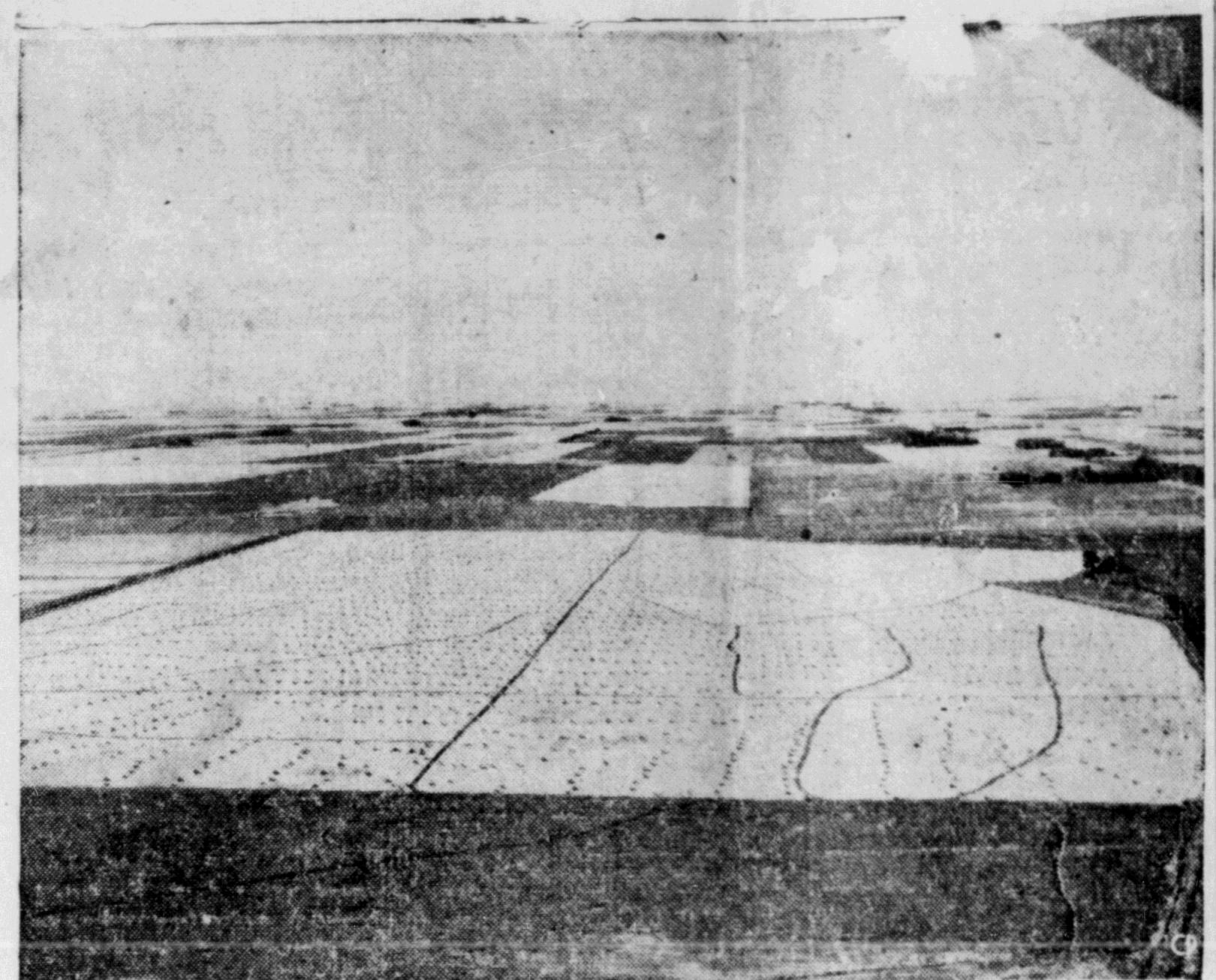
values quickly and at low cost. Drive in today!

PHONE GREEN 217

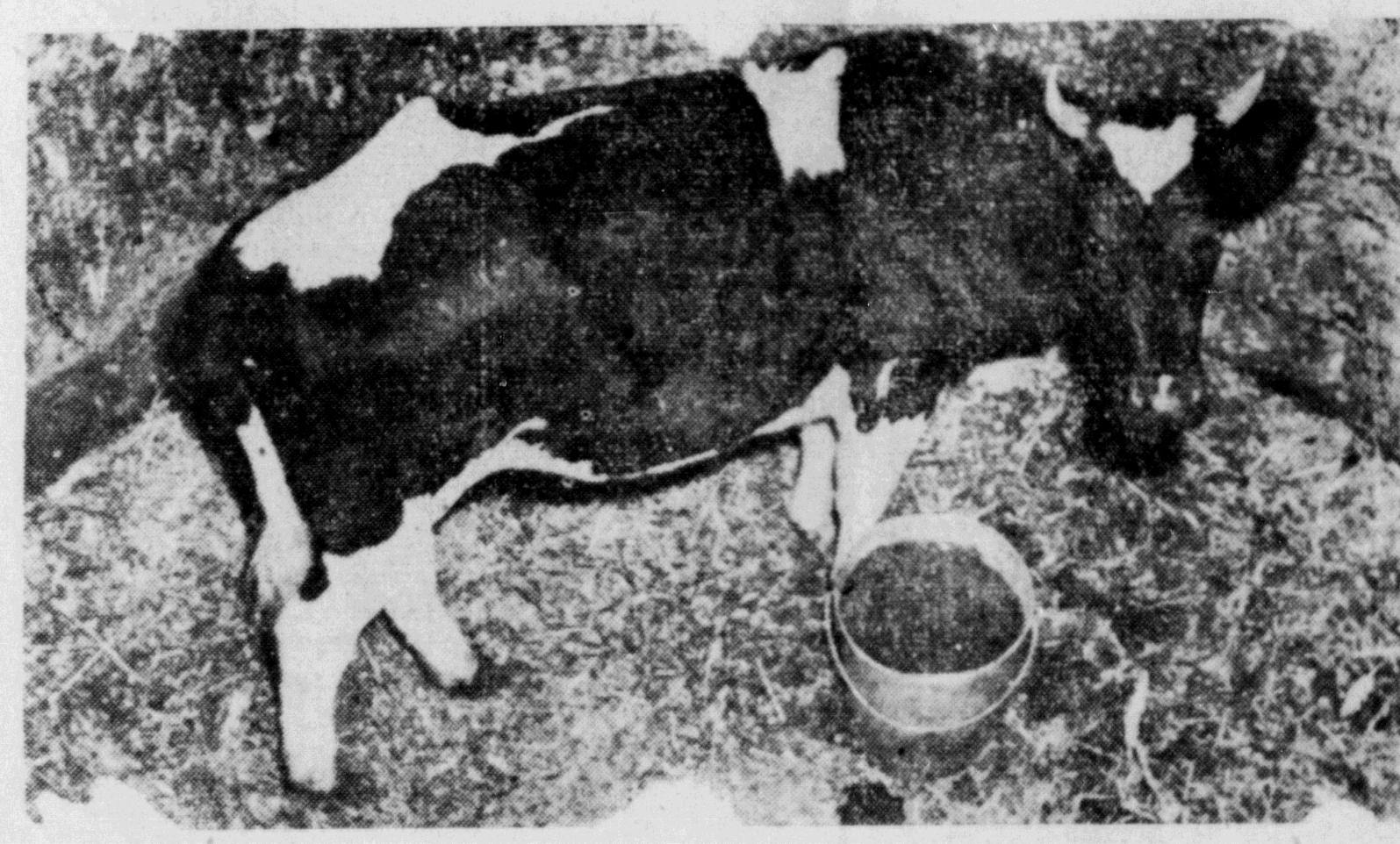
Superior Auto and Body Service

the valves . . .

Studebaker and Austin



READY FOR THRESHING-This aerial photo shows what the western prairie looks like at this time of year. Here stooked wheat is waiting for the threshers. The dark lines are irrigation ditches. These fields are located three miles east of Picture Butte, Alta. (C. P. Photo)



IT WAS A TOUGH STRUGGLE, BUT THEY GOT SNOOPY OUT OF SILO-Seventy-nine hours and 31 minutes-and three acres of corn were used to help release Snoopy, the vivacious, 650pound heifer of Osceola, Wis., after she dived into a 12-foot deep silo pit. The corn, in the form of silage, was used as an "elevator" on which Snoopy rode from what amounted to a circular dungeon. Here Snoopy is seen in silo be fore her release.

# The Experts

OTTAWA P-Probably neither mother nor Tommy is sorry to hear that old school-bell haps white cookies. 35 ringing again.

39 of sleeping in of a morning. But, two eggs; five tablespoons milk; at the same time, it beckons him to new friends, new games new studies.

For mother it isn't quite the one teaspoon vanilla. same. Now that her son is out Mix as for pie crust. of the house she will have time for some sewing and the fall cleaning. But, if she lives in Housewives busy canning a rural area, that old lunch-box peaches and pears will appreci- be used in fruit cup it should be problem is right back in her ate a suggestion from the de- diced, lap again.

A thermos of soup or hot little combined canning of cocoa adds variety to the lunchbox routine, particularly in cold weather when children need all the energy-building foods they can get

Sandwiches can be made more interesting with varied fillings.

Vegetables- Sliced tomatoes and cucumbers; shredded lettuce with chopped peanuts or cheese; grated carrot with orange slices or honey; chopped onion with peanut butter.

Fruit-Mashed banana with peanut butter, jam or marmal-

ade. Meat, fish-Cooked meat fine- The home economists of the ly chopped or sliced thin, fish department's consumer section flaked, crisp bacon with pickle say the combination is tasty in 2. Sift flour, baking powder, salt, syrup or salad dressing to moist- fruit cups or winter-time salads. en and so on

ways adds interest. This may pared in no time at all merely take the form of cookies, per- by adding some diced apple, a

For Tommy it spells the end one cup butter; 11/2 cups sugar; one-half teaspoon soda; one- as a fruit salad base it is wise half teaspoon baking-powder; not to add red or blue plums as

partment of agriculture to do a

peaches and pears.

With such an excellent base an A sweet in the lunch-box al- attractive salad can be prefew maraschino cherries, some Ingredients: four cups flour; orange or grapefruit sections and perhaps a few cheese-stuffed prunes as garnish.

In canning apples and pears . they will discolor the other

If canning the fruit for use in salad, leave in fairly large pieces, but if the mixture is to

Advertise in the Dally Nuws!

### Prince Rupert School District No. 52

# ADULT NIGHT SCHOOL

Adult night school will be offered the citizens of Prince Rupert if enrolment warrants and instructors are available. Each Course will consist of twenty weekly two-hour periods. The fee will be \$10.00 before the session. In some Courses applicants might have to supply their own material and in others a small charge may have to be made to cover the cost of material. The following Courses have been suggested:

WOODWORK. This Class would be for the beginner or the experienced wrokman; would be open to men and women and would be limited to 18.

DRESSMAKING. This is not a formal course, those taking it may bring their own material and advice and help will be given.

TYPEWRITING. Class registration will be limited to the number of typewriters available.

BOOKKEEPING.

ANY OTHER COURSE for which there are fifteen applicants and for which an nstructor can be obtained will be offered.

#### APPLICATION FORM ADULT NIGHT SCHOOL

If the Course is available I shall enrol for (check one only):

Woodwork Dressmaking Typewriting Bookkeeping Other Course Signature Address Telephone

If you wish to enrol please bring this application form to BOOTH MEMORIAL HIGH SCHOOL on Monday, September 19, 1949, at 8:00 p.m. when preliminary registration will take place.

Radio Dial 1240 Kilocycles (Subject to Change)

FRIDAY-P.M. 4:15-Stock Quotations and Interlude

4:30—Footlight Favorites 4:45—Sleepy Time Stories 5:00-Melodic Moods

5:30 - Don Messer and His Islanders 6:00-Musical Varieties

6:30-Prairie Schooner 7:00—CBC News

7:15-CBC News oundup 7:30—Elgar Junior Choir 8:00-Vancouver Theatre 8:30-Canadian Summer

Concert :00—Canadian Short Stories

9:30—Beat the Champs .0:00-CBC News

10:10-CBC News 10:15-Miscellany 10:30Hits and Enchores

11:00—Weather and Sign Off SATURDAY-A.M.

7:00-Musical Clock 8:00-CBC News

8:15-Pick of the Hits 8:30—Morning Devotions 8:45—Little Concert

9:00-BBC News and Commentary 9:15—Saddle Serenade

9:30-Melodies for Juniors 9:59-Time Signal 10:00-Bandstand

10:15-World Church News 10:30-Concert Favorites 10:45—CBC News and Com'ty

10:55-Weather and Interlude 11:00—Saturday Date

11:30—Weather Report



### NEW! APPLESAUCE MUFFINS

No creaming, no egg-beating-made this new Kellogg-quick way. Crisp. delicious!

1 cup All-Bran 2 tbsp. sugar or 1 ½ cup milk 1 ½ cups sifted golden syrup 3 tbsp. soft 4 tsp. baking

14 cup thick 1. Combine All-Bran and milk in

or golden syrup, egg, shortening, applesauce. Stir only until combined. 3. Fill greased muffin tins 34 full, bake in moderately hot oven (400°F.) about 25 min. Makes 12

wonderful muffins. Canada's most fa-mous natural faxa-

tive cereal-try a bowlful today! Mother Knows Hellogge Best



## Commodore Cafe

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Best Food and Service in City? Phone 17 for Send-Out Orders? · Third Ave. David Chow, Mgr.? ~~~~~~~~~~~~

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> GREER & BRIDDEN

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ALTERATIONS REPAIRS

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RED 561 P.O. BOX 721

A SPECIALTY

TODAY TO SAT.



11:31—Message Period Northern Blow 11:33-Recorded Interlude

11:45—Personal Album SATURDAY-P.M.

12:00-CBC News 12:03—Saturday Magazine 1:00-Hi-Roads of Song

1:30-T.B.A.

2:00-Bailet Club 2:45—This Week

3:00—Piano Classics 3:15--CBC News

3:25—Rec. Int. 3:30—Divertimento 3:45-Gordon Howard's Sports Review

SWEET AND SOOTHING

Sugar is used in the treatment of stomach ulcers because it furnishes energy without irritating the ulcer

In First Displ-FORT SMITH is believed to be the

West Territories cently at this north 450 miles northwest The display, sper

Fort Smith Home Asociation, drew ? its five classes Ass ficials hope it will p for bigger and bette

It Pays to Auren

area in future years

CANADIAN WHISKY

BOTTLED IN BON

MADE BY THE DISTILLERS OF THE FAN Canadian Club

This advertisement is not published or display Liquor Control Board or by the government of British Columbia

Regal

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222 Second



Steel, Aluminum or in a wide assortment colors with matching trasting tapes Drop in and see our

or phone, and our est.

will call and measure windows and advise) installed price.

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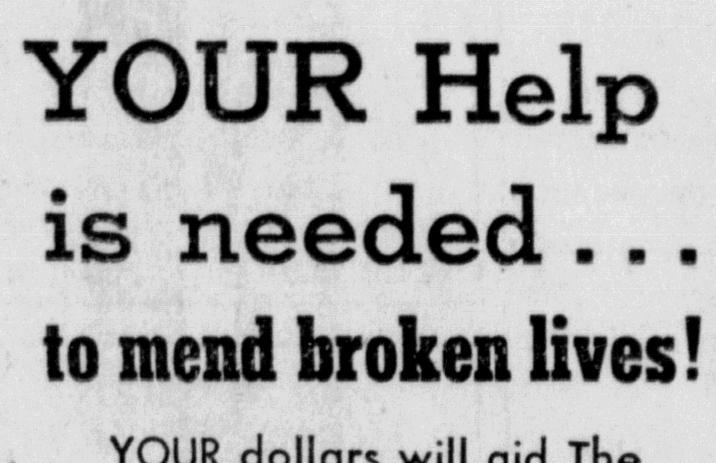
TRAVEL

THE EASY, COMFORTABLE Regular Trips

To Queen Charlotte Island (Daily, Except Sunday) To Alice Arm, Stewart

(Every Thursday) CHARTER TLIGHTS THROUGHOL For Information and Reservations, Cal

QUEEN CHARLOTTE AIRLINES



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The Daily News\_



