## CAN GARDEN IN HOME MADE BOX; TIME TO START IS NOW

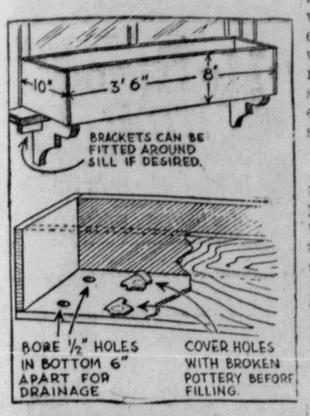
arden the win-ther he lives in all apartment is the time to for boxes can uring the win- will be ready start in the

shows the di-ngle window. If t will last well, build. Where e windows de-th, the other e larger in pro-for each win-

window boxes for the house. monize with it, ppearance. The ally be painted minant color of its trim. The est if they make e, providing an

est of all win-re petunias, be-om constantly mmer, and pro-g a variety of habit. The bal-as, which pro-ne-like stems,

r vegetable gar-idth between ops, leaf crops nd beans, just your wheel hoe one trip.




**Working drawing of window box for single window.**

make graceful festoons which drape from the boxes.

Tall nasturtiums, particularly the new doubles, including Golden Gleam, and its hybrids, give the same effect as the balcony type petunias; and they are excelent window box subjects. Fragrant flowers, such as mignonette, ten-weeks' stocks, and dwarf snapdragons, are doubly attractive.

The best new garden is the one planned first on paper, and set out according to plan. Use ruled paper in making the plan.

Advertise in The Daily News!

No greater saving can be made by the amateur gardener than by growing his own flower and vegetable plants from seed. Modern scientific methods of preventing disease, watering automatically, and transplanting seedlings, have made success easy for one who learns the simple methods to be followed.

If your window does not give enough sunlight for a seed-box, you can supplement the daylight with artificial light. Suspend above the box a mazda lamp, high enough so the night temperature of the box is not above 60 degrees, and let the lamp burn all night. A 40-watt fluorescent lamp, suspended a foot above the box, will serve the same purpose.

### Better English

1. What is wrong with this sentence? "Permission has been granted to both you and I."
2. What is the correct pronunciation of "admirable?"
3. Which one of these words is misspelled? Caramelize, carburetor, caracture.
4. What does the word "authenticity" mean?
5. What is a word beginning with an that means "violent hatred?"

Answers

1. Say, "to both you and me," both pronouns being objects of the preposition to. 2. Pronounce ad-mi-ra-b'l, first a as in add, i as in it, second a as in ask unstressed, accent first syllable. 3. Caricature. 4. Quality or state of being genuine or true. "The authenticity of his statements was established." 5. Animosity.

Mr. and Mrs. O. R. Faught, who have been on a trip south, returned to the city from Vancouver on the Prince George yesterday.

### INDIAN RACE
(Continued from Page 1)

givers, for Indians are basically givers."

"The young Indian people of the Twentieth Century find that they cannot and do not wish to live in the past which is but a springboard to the future. We have much to overcome for such a wrong picture of the Indians has been presented. Really Indians are a joyous, song-loving people. And we must prove that we are a part of Canada."

In speaking of the contributions that the Indian people have to offer to the culture of America, Mrs. Monture spoke of the many beautiful Indian legends and of their beautiful art work.

In her extension work with her people which is very wide for she has covered areas in eastern and western parts of both United States and Canada, Mrs. Monture encourages the Indians to be proud of their native birth. She feels there is no limit to what the young Indian people of today can accomplish. Her message to them is, "We are only limited by our ambitions."

Mrs. Monture's own record of achievements is ample proof of this statement. She told of several interesting and responsible jobs she has held in Rochester, New York; of how she worked in a blood bank, also in the practical optics department, and in the genetics laboratory where she worked on the Bikini tests.

"There are just as fine opportunities in Canada as in the United States," Mrs. Monture said, and went on to tell of working for Claire Wallace.

Mrs. G. R. S. Blackaby, president of the Women's Canadian Club entertained the speaker at tea and members of the executive had a dinner for her before she left on the evening train for Edmonton to fulfill another speaking engagement.

### Modern Etiquette

Q. Is it all right for a girl to wear her engagement ring before the engagement has been publicly announced?

A. It would be all right if she is in the privacy of her home, when there are no guests, but she should not wear it in public until the engagement has been announced.

Q. Is it proper to drink consomme from a cup or to use a spoon?

A. The first few sips may be taken with the spoon. One may continue to use the spoon or may lift the cup and sip its contents.

Q. Should a man remove his hat in an elevator?

A. Yes, and especially if a woman enters the elevator.

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## BUYS AND WHYS
A WEEKLY INFORMATION SERVICE

MONTREAL, Feb. 16th—Do you sometimes envy women with that "neat as a pin" look? Envy no more! Here's something that will keep you neat-'n'-tidy all day long! Yes, NESTLE "SPRAZE" keeps your hair under control from morning 'til night, with no need for frequent combing or fussing! It's wonderful, this "Spraze"! Simply spray it on your hair from its handy squeeze-spray bottle. It's quick—easy—*fun* to use...just a few sprays of this—Presto!—no more straggly ends or unruly wisps! —it dries in a jiffy—it holds your hair-do in place ...gives high lustre and "springiness" to your hair. ve it! It's available at all beauty counters for $1.50— new squeeze-spray bottle with atomizer...and refills 50c!

*ng About* the beauty of brassware. It's definitely back oration. And such a happy revival! ks as handsome with contemporary es with period reproductions! Yes, desticks — door knockers — vases — es...add warmth and character to beauty is not dimmed with time... you keep your brassware treasures ing them regularly with BRASSO. So 's made especially for brass!

*d To Eat"?* Try this whirly, swirly jelly roll made with SWANS DOWN CAKE FLOUR—the cake flour that's sifted and re-sifted until 27 times as fine as ordinary flour. You can't *help* but have greater baking success with Swans Down.

MINIKIN JELLY ROLL

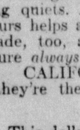
| | |
|---|---|
| ½ cup sifted Swans Down Cake Flour | 2 eggs (at room temperature) |
| ½ teaspoon Calumet Baking Powder | ½ cup sugar |
| Dash of salt | ½ teaspoon vanilla |
| | ¾ to 1 cup tart red jelly |

easure. Combine baking powder, salt, eggs in bowl. Beat eater, adding sugar gradually until thick and light-fold in flour, then vanilla. Turn into 15 x 10-inch pan d with paper, then greased. Bake in hot oven (400 deg. rn cake out on cloth or towel, dusted with powdered ove paper; cut off crisp edges of cake. Cut lengthwise, ce, to make 6 pieces of equal size. Spread each with individual jelly rolls. Cool on cake rack. Each roll es, for daintier servings.

*ery "Noticing" People*...it may not be noticeable, but they're very aware of whether or not their wives are looking pretty! husband *proud* of avoid soaps that ur skin...insist BURY FACIAL -mild! Soothing ins a beauty-ised in fine face oodbury, there's that roughened n robbed of its r my money— the true *beauty* delight for the n *all-over* beauty

***Two Soup Successes*** that I just know will be family "flavourites" in your home...HEINZ CREAM OF TOMATO SOUP and HEINZ CONDENSED VEGETABLE SOUP! Don't wait another day to give your family the flavour-enjoyment of these Heinz soups! Serve them as a first course—or in dressings—meat loaves—rarebits—casseroles! Yes, I've proved to myself time and time again that Heinz Condensed Soups are the perfect bases for so many tempting, time-saving dishes!

***Does Your Husband's Cheery,*** "Rise and Shine, Sunshine!", irritate you in the morning? That's a sure sign that your system needs "perking up"—for there's nothing makes us grumpier mornings than that "sluggish" feeling we all suffer sometimes! And I've discovered a way to treat this "slow-poke" feeling *without harsh laxatives!* The juice of one lemon in a glass of water... taken first thing on arising, helps keep me regular the healthful way, day after day! Lemons help get rid of colds, too. You just pour the juice of one lemon in a half glass of water. Then add—slowly—a half teaspoon of baking soda and drink as foaming quiets. A glass every 2 or 3 hours helps alkalize. Try *hot* lemonade, too, at bedtime! And be sure *always* to ask for SUNKIST CALIFORNIA LEMONS..., they're the *finest, juiciest* of all!



...: "Until I read s Liniment in your week, I suffered ter-matism. Then I I can't tell you was by results! t instant relief pain! I'll never 's again!" Yes, go deep. That's go after them SLOAN'S LINI-comfort indeed ing from rheu-muscles—a sprain, neuralgia. Such ...just pat on lief! You'll find e drugstore for

igned for your kitchen convenience! This dollar-value *Plastic Juice Container* is yours for just 25c and 10c for mailing! It's unbreakable—non-toxic—spill-proof and it holds five cups of left-over juices. Simply put the juice you want to keep fresh in this container in your ice box! ***I'll send this handy container to you — post-haste — if you'll simply write to me*** — Barbara Brent, 1411 Crescent St., Montreal, P.Q. — ***enclosing a 35c Postal Note or postage stamps and one Label from a Bovril trate bottle!*** (The label comes off easily when soaked r ten or fifteen minutes.) Delicious BOVRIL! It's, my favourite pick-me-up after shopping. Nothing amy cup of warm Bovril to give me a lift for the rest so good, too!

***Win A Husband's Approval*** with a meal like this... Mushroom Soup—Piping Hot Biscuits— e Salad and delicious KRAFT DINNER! "Kraft Dinner" is a *real main dish.* In package of "Kraft Dinner" is a special, fast-macaroni that cooks to fluffy lightness in minutes and, in the same package—cheddar ready-grated, to sprinkle in for rich cheese Your husband will approve heartily, too, of you serve when you serve "Kraft Dinner". nies there are *ample* servings for

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