ckwood On Bridge

By Easley Blackwood e note this point about my recent series of you are doubled. Please don't n the proper use of THE PASS. You must overcall because "I had an open-I am recommending a general policy of are more important than honor ism in your bidding. Decidedly not. Per- count. rather lean toward the aggressive side. The partner's opening bid of one in aggressiveness depends, of course, on the a suit, when second hand overof the situation at

e likely to bring you

have not been passing these sit- another chance to bid if he has nt you to pass in the uation, and if you will diligently a fine hand. The opponent's and I have out- remind yourself to do so, you overcall gives that chance. A cases where passing will definitely save thousands of raise from you now will be mis-

Here, briefly, are the recom-

MONTREAL, Nov. 16th. - Just for fun, I I'ke to experiment and see how many different ways can serve Jell-O. And there seems to be no exciting and economical descerts and salads that JELL-O JELLY POWDERS can make. In whips, with fruit, in fillings, or served wonderful "locked-in" flavors have proved to me again and again that is a wealth of starkling ideas for all reats. You'll discover so many new ways of serving re quick and easy on the budget. Serve Jell-O often!

Real Bargain For You . . a wonderful, 3-WAY PAN-CAKE GRIDDLE of heavy, Wear-Ever Alumnum! The "Aunt Jemima" folks are offering it for only \$1.50 and 1 Aunt Jemina Pancake Flour Box Bag Top. Simply send the money order or cash (carefully wrapped) plus the box or bag top with your name and address, to me-Barbara Brent, 1411 Crescent St., Montreal, P.Q .- and I'll get your 3-Way Pancake Griddle . . . the handiest griddle roils steaks, chops, hamburgers-it fries eggs, bacon, kes potato cakes, buckwheat cakes and m-mmm!-golden PANCAKES. Ask your grocer for Aunt Jemima ime you're shopping . . . and write to me for your

Yours For A Happy Recovery!

ians. Twenty-one delicious recipes

like sitting up and taking notice!

And, with this booklet to help

you, you'll find diet food so much

more interesting to eat! In fact,

the whole family will enjoy these

good dishes-Prune Shake. Fruit

Milk Whip, Vegetable Souffle . . .

Il made with good HEINZ

TRAINED FOODS. Write for

your FREE COPY today!-you'll

find it so useful! . . . Barbara

Brent, 1411 Crescent St., Mont-

make any convalescent feel

to prepare . . . so much

. . . A free re-

cipe folder.

written for con-

valescents and

folks on special

diets, has been

prepared by

Heinz dieti-

Vay Pancake Griddle! White Washes without red hands? If your ands have been taking a beating from some those norinse chemical with two active deterreally amazing cleanthess for hands! You'll much I'd recommend Giant Economy Size ht away! Then try it ext big wash - see how



antihistaot alike. They vary performance. Anohist is amine formula recomin actual clinical tests. quality.

"Special Recipes"! Heins' Something Brand New For Baby's Bath! . . a clean-asclean - can - be '-I-LSPONGE. C-I-L Cellulose sponges are oft as velvet

when wet . . . kind and gentle to baby's tender skin. Holds lots of soap 'n' water! You'll like them for your bath, too - for exactly the same reasons that make them so right for baby's bathtime! And for dishes and general housecleanng. I've found there's nothing like 'em! C-I-L Sponges come in five convenient sizes-at hardware, department, drug, variety and grocery stores. And, when you're buying-be sure to look for the mily use because of C-I-L label—it's your assurance of

women who seem to have been "born" with a talent for cooking. But good cooking is not just a happy "knack"-it's something we can all do. The simple secret is to "know your flavour tricks"! And one of the simplest, most economical ways I know to give food exciting, "This-is-delicious?' flavour with tangy, beefy-good BOVRIL. Yes, once you've enjoyed Bovril as a hot drink, you'll want to add its meaty, deep-brown flavour to all your . A stews and soups - or as a cracker spread. M-mmm! chuck-full of the mouthwaiering flavour of good with a special spiciness added. No wonder it's such with so many good cooks! Try it! - buy it at your outcher's next time you're shopping.

ust staying Ithin your allowance calls 'n dollars for REAL can be so helpcan squeeze into my small savings mount to themselves. Just open a Savings Acconvenient branch of ... and start sour you want



Yorker Dick Brengle did too, after their Terry's native Nova Scotia! Terry's

Eaton! New

gives credit to more than the Nova Scotian climate . . . she it sparkling with extraaild WOODBURY FACIAL SOAP - the soap with the beauty cream ingredient. It's the same softening oil used in rich face creams! So take a tip from a Canadian Woodbury bride - try the "beauty magic" of Woodbury's extra-mild, creamy lather for yourself. Daily facials with Woodbury Facial Soap will keep our complexion satin-smooth and lowing. Use Woodbury Soap in your bath, too! Just 10c a cake!

igh Food Prices needn't bother your budget! For-here's the good news . . . you can make the most appetizing, meals imaginable . . . with luscious CANNED SAT ON as the star! Here, for instance, y many favourite Canned Salmon dishes:-

You've discovered Canned Salmon - you'll find dozens of course dish. And, of course, it's in sandwiches and salads. So economical, too! For, you Salmon is all coo' and ready to eat—it's all food—

atch Your Pennies and a sely as I do these days, you'll wel-FULL 5 Minute "CREAM OF WHEAT" ent! So WALUE - in both goodness and get that "Cream of Wheat" habit! 5 Mindirect? is so easy to prepare—cooks to just five minutes of boiling. Yes, I alway feet I'm getting a tot for my money when mily supply" of 5 Minute "Cream of Wheat",

mendations Lhave given you! Don't overcall on a shabby suit just because you have a few high cards. Have a good suitwith enough solidity to guarantee a reasonable number of winners if the worst happens and ing bid." In overcalling, winners

Pass with a shaded raise for a shaded raise is to give partner

PASS WHEN STRONG

IN OPPONENT'S SUIT Pass (don't double) when your right hand opponent opens the bidding and you have a hand which meets the requirement for a take-out double, but your principal strength lies in the opponent's suit. This is particularly important when you are weak in the majors or where the opponent opens one major suit and you are weak in the other one.

Pass when the strength is fairly evenly divided around the table, both sides are bidding briskly and finally you are doubled in a contract you feel sure you can make. Don't redouble unless you are certain you can set the opponents satisfactorily if they go on in their suit.

Pass when you and your partner obviously have the best cards, an opponent makes a sacrifice bid, and yuo are not sur whether to double or go on in your suit. In this situation partner is absolutely forced by your Yield: six servings (12 puffs). pass. He must either double or bid again, according to his actual holding and the previous bidding of the hand.

The monthly meeting of the Queen Mary Chapter I.O.D.E. was held Tuesday night at the home of Mrs. G. E. Moore with the Regent, Mrs. J. R. Carr, in the chair.

Two new members were initiated and four applications for membership were received.

Post War convener reported that five Christmas food parcels were sent overseas. Child and family welfare con-

vener reported that a needy family had been supplied with clothing and that blankets would be ordered for further use. Arrangements were made for

the Golden Jubilee Bazaar which will be held in the Civic Centre on November 23. Many beautiful articles were turned in. These will be on sale at the bazaar.

I.C DE. calendars were given out and many of these calendars will be presented to schools and other prominent places throughout the city.

The next meeting will be held at the home of Mrs. J. Carr, Borden Street.

Mrs. R. Scherk was the winner of the monthly raffle.

WILLING HELPERS

CHOBHAM Surrey, England (1) Customers turned to with a will and rolled out the barrels when the beer-store at the Cricketers' Inn caught fire. Anxious hands made light work and 108 gallons were saved.

BOOST DANISH RESORT

COPENHAGEN (-An all-out drive is planned to put the Danish island of Bornholm in the Baltic on the world tourist map. The 150-square-mile island is an eight-hour sea trip from Copen-

> ASK FOR SCOTLAND'S FAVOURITE SON





Distilled, Blended and Bottled in Scotland

Contents 261/2 oz. JOHN WALKER & SONS LTD. Scotch Whisky Distillers KILMARNOCK, SCOTLAND

or displayed by the Liquor Control Board or by the Government of

VEGETABLES TREAT ONE WELL BUT MUST BE TREATED WELL THEMSELVES

Vegetables treat you well and give you good dividends of food value only if they are treated well vinegar and cabbage with salt by the gardener, the retailer and and pepper. Cover closely and juries suffered recently in Victhe cook. Of the three perhaps cook until cabbage is tender but toria. Miss Bowman was in colthe cook must take most of the crisp, 10 to 15 minutes. Yield: six lision with a car at Pandora and

calls. Remember, the purpose of blame for the uninteresting and servings unappetizing vegetables that are often served in homes and res-The slogan, "cook vegetables in]

as little water as possible, for as short a time as possible, in a closely covered pan", has become almost a battle cry of nutritionists in their war on malnutrition. use of an unfamiliar one will be

ways of using common vegetables.

Parsnip Taddies 2 cups cooked, mashed par-

tablespoon flour

salt and pepper to taste Combine varsnips, flour and slightly beaten egg. Season with salt and pepper. Drop by spoon-

and brown other side. Serve hot. Steamed Red Cabbage 6 cups finely shredded red

cabbage 2 tablespoons butter 1/4 cup vinegar

Salt and pepper to taste Melt butter in saucepan. Add

Creamed Fried Onions

2 tablespoons butter 4 cups sliced onions (4 to 6 Arena. medium onions)

4 tablespoons flour 2 cups hot milk 1/4 teaspoon salt

Melt butter in a heavy frying Many families have had more pan. Add onions, cover and cook enjoyment in their cabbage and slowly until tender, about 1-5 carrots since the homemaker minutes. Blend in flour and cook learned to cook them by recom- until it becomes frothy, about one mended methods. New methods minute. Add hot milk gradually of serving old, familiar vegetables and cook, stirring constantly, unwill often arouse interest and til thickened. Season with salt gions. appreciation and the occasional and pepper. Yield: six servings. Baked Turnips

Slice raw turnips and place Home economists suggest these in layers in a greased casserole. Sprinkle each layer with salt, pepper and a very little nutmec. Add milk to half fill the dish. Top with crumbs and dot with butter or grated cheese. Bake in a moderately hot oven, 375°F. until tender, about 1 hour.

SET COTTON RECORD MANCHESTER, England (P) fuls an a greased hot frying pan The United Kingdom cotton inand fry to a golden brown, turn dustry achieved a post-war record with a weekly cotton output of 21,840,000 pounds in the second week of October. Up to that point the year's output was 823,000,000 pounds against 770,-500.000 in the same period last

Harry Bowman's Daughter Hurt

daughter of Hon. Harry Bowman minister of agriculture in the provincial government, is recovering from the effects of a broken collar bone and head in-Blanshard Streets while on her way home after having been skating at the Victoria Memorial

NEW POLAR JOURNAL

OSLO, Norway (P)-Plans are being made for a new periodical devoted exclusively to Polar affairs, sponsored by a number of civic leaders. The new journal will contain reports of extensive work carried on by Norwegians in the Arctic and Antarctic rePrince Rupert Daily News Thursday, November 16, 1950

national income of Canadians world's largest deposit of ilmenclimbed from \$4289 million to ite, the ore of titanium, is at Allard Lake in Quebec.



Phone 234 PRINTERS

3rd Street

Prince Rupert -. OFFICE SUPPLIES



soft, full weight

and highly absorbent, Milady Household Towels save laundry . . . save time as kitchen hand towels.

At Your Grocery, Drug or Department Store



HOUSEHOLD TOWELS

























