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### Naval Reserve Offers Chance for Training, Outlet for Citizenship

In times of war Canada has had to call on her young men to discharge the greatest obligation a citizen faces—that of fighting for his country. Practically ever man that has fought for Canada on foreign soil in the past has been a volunteer and discharged his duties with honor.

During the years of peace however, a career in one of the armed services, or even being a member of a reserve unit, has not been taken as an obligation by the majority of young Canadian men. Yet being prepared is essentially a duty of citizenship. Many countries have had a system of compulsory training for the youth of their nation which is much more up-to-date than a young man's plans than is the training a Canadian may take once a week in a reserve unit.

If it was a choice between compulsory service or membership in a reserve unit where practically all training is done in the recruit's home town, there is little doubt which would be the choice of the independent and freedom-loving Canadian. For the boys receiving training in their own town or city it means they can carry on with their education or job at the same time and from the standpoint of parents it is natural for them to want their young sons at home rather than take a year or two years out of their lives while undergoing military training.

Right now the Prince Rupert Naval Division under Lt.-Cdr. Jack McRae, is engaged in a recruiting drive which for the most part is taking the form of acquainting the public with the idea that the reserve navy is a vital factor in Canadian life. A factor that should have the full support of the citizens in order that it may play the role it was intended to take in furnishing training for young men so that Canada may be prepared, in the event of need, to rapidly expand its armed forces through reserve units which are well-manned and organized.

Eight young Prince Rupert men have felt the call of the sea during the past two weeks and are now among that company of volunteers who make up the Prince Rupert naval division, with headquarters at H.M.C.S. Chatham.

There are four officers and 30 men in the local navy reserve now and more are expected as the general public becomes more aware of the important role the navy reserve plays in community and national life.

In a naval reserve division there is ample opportunity provided for training along certain technical lines. Radar, asdic and loran are all part of modern navy equipment and are used by many commercial boats as navigation aids so in learning what makes these electrical installations tick, the navy man is gaining knowledge that may be of use to him in civilian life. Naval headquarters desire that each officer and rating takes two weeks extra training yearly aside from what he receives one night a week at his local division. A considerable number of the H.M.C.S. Chatham personnel have had this training in the form of cruises on warships that carried them to a number of foreign ports.

Drill forms a part of the week-day training provided for the navy reserve. They also have a chance to study and become familiar with up to date ship models. With the aid of a set of cutaway demonstration explosives, instruction is received on the composition and effectiveness of various ammunition. As a member of the local film council, the naval division is able to show some educational and entertainment films along with those that are strictly instructional.

The local naval division actively interests itself in the Sea Cadet program, assisting the Navy League whenever they can to provide suitable training for the boys who aspire to become men of the sea.

For the past two years H.M.C.S. Chatham has served as the headquarters for the enthusiastic group of men that make up the Prince Rupert Amateur Radio Club and this winter the club will be back in session making use of the navy facilities.

Lieut. J. L. Quinn and his staff of nine regular navy ratings are primarily concerned with the duties of keeping H.M.C.S. Chatham and its facilities shipshape for the Prince Rupert naval reserve division. There is no limit on the num-

ber of men the reserve division may have on its strength in Prince Rupert. Generally speaking a young man wishing to join the reserve should be between the age of 17½ and 28 years and have at least a grade 8 standing. There has been a good response from boys of the senior matriculation class in Prince Rupert and these are the type of young men who have an opportunity to rise rapidly in the ranks of the reserve navy.

### Modern Etiquette

By ROBERTA LEE

Q. If one is attending a dinner or banquet where wine is being served and one does not care to drink it, what should one do?

A. Follow the old-fashioned custom of turning your glass upside down. The waiter will then understand that he is to pass you by.

Q. When a wedding engagement has been broken, what should the girl return to the man?

A. All gifts of jewelry, including the engagement ring, all photographs and letters.

Q. Is it all right to ask a person to return books which he has borrowed?

A. Yes. If a reasonable length of time has elapsed, one need not hesitate to do so.

### COLCHESTER, Eng.,

Playing his barrel organ for charities, Reginald Stedman has raised nearly \$44,000 in 13 years.

### DISTURBANCE BRINGS \$10 FINE

Ivor Montgomery, charged in police court Tuesday with creating a disturbance in a public place, was sentenced to pay a fine of \$10 and costs or serve 3 days in jail.

Peter Machura, charged with supplying liquor to Hazel Harris, a native woman, pleaded guilty when he appeared in city police court Monday. Tuesday he reversed his plea and was sentenced to pay a fine of \$50 and costs of the court or serve one month in jail.

Jimmy Dames, formerly of Queen Charlotte Islands, pleaded not guilty to two charges of supplying liquor to Indians. He was convicted in police court Tuesday and sentenced to pay a fine of \$50 and costs or serve one month in jail, on each of the two convictions.

### OLD BIBLE IS FOUND HERE

A 112-year-old Bible, once a birthday gift to an English girl, has turned up in Prince Rupert. It was found recently by Rupert Greissel of 512 Eighth Avenue West among a box of books when he purchased it a year ago.

Published in London by the Oxford University Press in 1836, the Bible—King James version—was the "gift of Mr. Scott to Miss Emma F. Bennett on her birthday, April 15, 1938." The letter "S" in the inscription is made in the old style, resembling an "F."

Mr. Greissel has no idea who the former owners were.

### Timely Topics from Terrace

Mrs. C. R. De Kergommeaux, Terrace Reporter

Jack Bunting, who is associated with the Straighten Towing and Salvage Co., Vancouver, drove to Terrace last Tuesday to spend a week's holiday with his parents, Mr. and Mrs. W. Bunting.

Mr. and Mrs. Herb Spencer drove to Prince Rupert with Dr. Mills on Tuesday. Mrs. Spencer was a patient in the Terrace Red Cross Hospital for several days previous to the trip.

Our local artistic talent is planning an exhibit to be shown with the U.B.C. Extension Department's Travelling Art Exhibit which should arrive in Terrace around the end of November.

Duncan deKergommeaux and Harold Whalen, who will be in charge of this exhibit, hope that every artist in the district will find inspiration enough in the next month or so to do at least three canvasses for the show.

Details of the date and place of the exhibit will be published after a few more preparations have been made.

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**BORN ON LINER**  
BICKDALE, Lancashire, Eng. —Born on board Britain's first "giant transAtlantic liner, the 22,800-ton Great Eastern, Sir James Paton, 85, died. His father was the first captain of the ship, launched in 1859.

### Experts Say - -

ASK THE EXPERTS Staff Writer  
STUFF—Nowadays  
housewife  
her market-

basket with fresh fruits and vegetables instead of the tinned variety.  
Corn, grapes and tomatoes, are only three of the many foods

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that have fallen into the in-  
expensive class and it's time to  
stock up for the winter season.

Home economists have pro-  
duced a recipe for tomato con-  
serve, one of the special treats  
great grandmother used to make  
every autumn.

Ingredients: Four cups toma-  
toes (about 10 medium toma-  
toes); three cups sugar; one  
lemon; one cup raisins; one-  
quarter preserved or candied  
ginger.

Wash, remove core, peel and  
cut tomatoes in quarters before  
measuring. Cook 10 minutes  
add sugar, thinly sliced lemon  
and raisins. Cook 10 minutes  
again and add ginger, cut in  
small pieces and continue cook-  
ing five minutes or to jam con-  
sistency. Pour into hot steril-  
ized glasses, cool and seal.  
Yield: four cups.

**STUFFED TOMATOES**—Stuffed  
tomatoes are excellent for  
the evening meal at any time  
now.

The recipe: Six medium toma-  
toes; one-half teaspoon finely  
chopped onion; two table-  
spoons butter; one-half cup  
bread-crumbs; one-half cup  
cooked bacon (minced); salt and  
pepper; one egg; one-half cup  
buttered crumbs.

Wash tomatoes and cut slice  
from stem end. Scoop out inside  
and let stand inverted for 15  
minutes. Brown onion in but-  
ter, add crumbs, meat, tomato  
pulp and seasoning. Cook five  
minutes and then add egg  
slightly beaten. Cook one min-  
ute and refill shells. Cover with  
buttered crumbs and place in  
greased pan. Bake 20 minutes  
in a hot oven.

**GRAPE JUICE**—With grapes  
now in season, home economists  
have come up with a recipe for  
grape juice.

One basket grapes (six quarts);  
seven cups water; 2 2/3 cups  
sugar.

Wash, stem and mash grapes.  
Add water and boil 10 minutes.  
Strain overnight through a jelly  
bag. In the morning add the  
sugar and bring to a fast boil.  
Pour at once into sterilized  
bottles. Partially seal and pro-  
cess 10 minutes in the boiling  
water bath; seal tightly and  
store.

A white sediment may form  
in the kettle while standing  
overnight, or in bottles during  
storage. Shake well before using  
to distribute the sediment, which  
contains valuable minerals and  
should not be discarded.

**SHALDON**, Devonshire, Eng.,  
—William Bail, believed Devon-  
on's oldest man, celebrated his  
102nd birthday.

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**EIRE'S PREMIER ENROUTE TO CANADA**—Using his hand to emphasize a point, New York's Mayor William O'Dwyer is pictured chatting to Ireland's prime minister, John A. Costello, and Mrs. Costello, when they arrived to visit New York's Golden Anniversary Exposition at Grand Central Palace. The premier and his wife proceeded to Canada, where they were the guests of the Canadian government and Bar Association.

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LIGHTERS	.....	\$1.00 to \$10.00
CIGARETTE CASES	.....	\$1.00 to \$10.00
SIGNET RINGS	.....	\$2.50 to \$25.00
COMPASSES, Magnifiers	.....	75c to \$4.50

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