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SENGERS JUNIOR CHAMBER SMOKER PARTY er-A. D. Chamson, D. K. Wil-LA. William-

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ill Be Better." ptive Princess. te per day charge, 10c onth. \$1.00 RPAN HOPPE LioRARY

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Health Unit de Candy

EN IN RED 705

asted Nuts ROUGH' CENTRE G ROOM

and it takes

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APLY WEATHERBOARD esses of this Douglas Fir Plywo odin stock

Joe Franky, local pianist, sail- a trip to Vancouver. ed last night on the Coquitlam for a trip to Queen Charlotte

Gould, distributor.

Footwear.

city by Seabe plane on Thurs- the travelling coast tuberculosis

R. C. Ellis of the Vancouver auditing firm of A. P. Gardner few days. Co., who has been in Smithers A smoker party sponsored by on business, arrived in the city the Prince Rupert Junior by Seabee plane of Skeena Air Edmonton, travelling secretary Transport on Thursday. Chamber of Commerce drew al-

most 100 guests to the Moose John Borsuk, proneer section Temple last night where cards foreman on Canadian National and refreshments were enjoyed. Railways in the central interior Proceeds from the function will and now section roreman on the go toward the Junior Chamber logging railway of Pacific Mills found to aid the regional con- at Cumshewa Inlet, sailed last vention which will be held here night by the Coquitlam on his in June. Committee in charge return to the camp which is now Guides, Brownies consisted of Ed Mussallem, Eric reopening after a two months' Speers, George Tomlinson, Hugh shutdown. He took a party eight section men with him.

PANCAKE TUESDAY - Although many eat pancakes on

Shrove Tuesday (March 1 this year) how many of you know the

history of pancakes? Actually pancakes are a relic of unleavened

bread—the old Shriving Cake so typical of Lent. In olden times

four symbolic ingredients were used: flour, signifying the staff of

life; salt, representing the influence of a wholesome life; milk,

as a token o innocence, and eggs, a desirable form of Lenten

food. In all countries Shrove Tuesday was and still is a day of

great rejoicing. It's the Carnival of the Italians, the Mardi Gra's

of the French. In England several old customs are still followed

"IT TAKES A

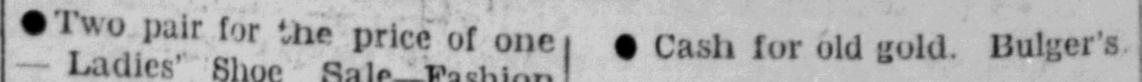
HEAP OF WASHING

YOU LOOKING

LIKE THAT!"

TO KEEP

and the day is known as the Feast of the Pancakes.



Local News Items...

- Ladies' Shoe Sale-Fashion • Ladies' Slipper . Sale — 99c. Fashion Footwear.

• "Wear-Ever Waterless Cooking Utensils for demonstration • Moose Whist Drive and Dance

or service write Box 1723, Hec. every Saturday night 8:30. (1t)

Leo Doiron sailed Thursday night on the Prince Rupert for

Miss Ruth Dickey, tuberculosis x-ray technician of the provincial department of public health Herb Young returned to the who has been in the city with day from a busines strip to Ter- clinic, left this morning in the race and other interior points. | Skeena Air Transport SeaBea for Alice Arm, where she will conduct a clinic for the next

> Visit of Rev. F. A. Peake of for social service and young people's work of the Anglican Church from Edmonton, who was to have been here this week-end, has postponed his visit for three weeks. He will also visit interior points.

# Enrol Members

was marked by a fitting cere- eral methods of automatic watmony in St. Andrew's Cathedral ering have been tested, and Dr. Hall this week when one new Kenneth Post, of Cornell Uni- degree of moisture maintained Guide was enrolled in the Cath- versity, who took a prominent in the soil of the box may be edral troop, two Brownies were part in the research in this controlled to some extent by elevated to Guides and six new field, says the best is wick- varying the height of the box members were enrolled in the watering, by which moisture is above the pan, but be careful Brownie pack before a group of supplied the soil in the seed- not to get the box so high that 40 parents and friends.

sioner Honora Silversides offi- lamp. ciated at the "flying up" ceremony of Brownies Patricia Lemon and Julie Prockter, pinning on their wings and welcoming them into the Guide troop.

new Guide.

and Miss Silversides ,the district of it. commissioner.

Thompson ,and Miss Prockter, spection would be necessary. served refreshments.

FLOUR AND WATER DIET (Continued from Page 1)

they headed west to tidewater, a distance of 12 miles. They arrived seven days later.

In the month of trapping, they said, they had caught a "fair" number of marten but had found no big game with which to supplement their diet.

On the way down the icebanked creek, the skiff in which Mr. Smith was riding capsized and the remainder of their food was lost, with the exception of some flour and sugar which Prattinger was carrying along the shore.

"Everything we had was wet when we got to the Indian village," said Smith. It was pretty discouraging."

Flour and water, they agreed, can be a pretty tiresome diet, especially if one has to live on it for a month.

However, Prattinger, who owns the trap line, plans to go back next fall—only this year it will be earlier.

"It's a good country to trap i in but you have to get out of it by the beginning of the year," he said. "You can get in two | months late fall trapping but, after that, it get too rought."

# BROADWAY CAFE

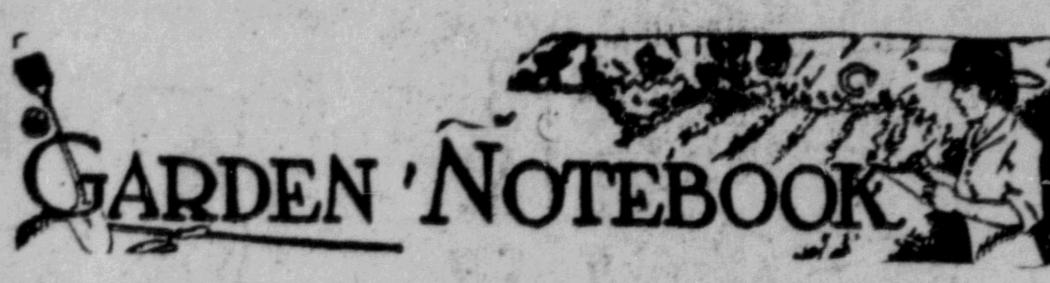
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EASY TO MAKE SEED-BOX SELF-WATERING VIA WICK



Bore a Hole in the Bottom of Insert a Piece of Clothes Line Seed Flat

When seeds are started in a seedbox, either indoors or out, an abundant and continuous supply of water is vital to their progress. This has been demonstrated by several years of scientific research. Methods of insuring an optimum water supply have been worked out which are now widely used in commercial greenhouses! throughout the country.

Boy Scout-Girl Guide Week | For amateur gardeners, sevbox from a pan below, lifted by the wick ceases to operate. District Girl Guide Commis- a wick, just as oil is fed to

This may be used indoors or outdoors, if the seed box is provided with drainage, which will prevent flooding in a rain. A wick-watered box is easily pre-Nancy Lund was enrolled as a pared as the illustrations show. First, a hole is bored in the New Brownies enrolled were bottom of the box. Through Cooking, March 10. Marnie Anfield, Janice Taylor, this hole a wick eight inches 17 Mar. Catholic School, 2:30 Deanna Peterson, Marilyn Ber-long is drawn. The top of the to 5:30. St. Patrick's Teary, Gail Weis ad Joanne Prock- wick is frayed and imbedded Homecooking and Apron Sale. in the soil which fills the box; Card Party 8 p.m. Parents and friends who at- the bottom drops into a pan King Edward School Tea and tended the ceremonies were wel- below. As long as there is Sale, Friday, March 18, comed by Mrs. G. R. S. Black- water in the pan, the soil will STOP! LOOK! READ! Get aby, president of the Prince Ru- keep moist, and your seedling your tickets now, limited pert Girl Guides' Association, plants will not suffer from lack amount only. St.

If a large pan is used, enough Chamber of Commerce. Civic Organized games were direct- water for several days may be Centre Auditorium, Friday, ed by Mrs. R. Thompson and supplied at one time, allowing March 18, 9:30 to 1:30. Music Geraldine Prockter. Following you to go away from home, by the Dukes. the ceremonies, the Guides, un- even during the critical period der Miss Geraldine Cade and of infancy when, with other 23, Oddfellows' Hall. the Brownies, under Mrs. R. I. methods of watering, daily in-March 24.

The best material for a wick is fibre glass, which is sold for chestra concert in support of the purpose, and which will lax for years. A piece of new Prince Rupert Film Council, clothese line will also serve for March 25. the few weeks necessary to Women of the Moose spring bring up plants, but if used too tea, April 7, at Mrs. J. P. Mollong it will disintegrate. The ler's, 124 Fourth Avenue East.

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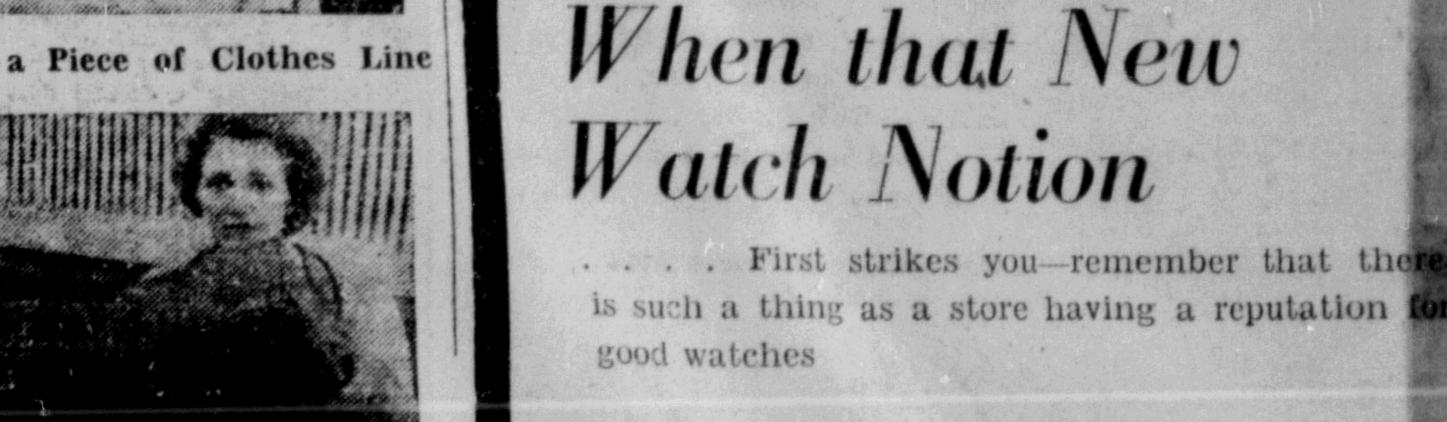


#### CATHOLIC CARD PARTY ENJOYED

Dumas and A. Majore, whist, ence Cloutier. Mr. DeBlois and William Roth-

well, cribbage, and Mrs. A. Murray and L. Christopherson, bridge. Mrs. E. Telseth was in There were sixteen tables of general charge. Serving of recards Thursday night at another freshments was directed by of the periodical parties being Mrs. Joseph Garon and Mrs. W. held during the winter season Pierce, assisted by Mrs. E. A. at the Catholic parish hall. Smith, Mrs. M. J. Saunders, Mrs. Frize winners were Mrs. Steve Joseph Cioutier and Miss Flor-

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Queen Mary I.O.D.E. Tea,

Presbyterian Spring Sale,

Anglican Spring Sale, Satur-

Legion Auxiliary Spring Sale,

The United Church Spring

Eastern Star Tea, May 19, Mrs.

St. Peter's Bazaar, May 12.

2 to 5 p.m., Oddfellows' Hall.

April 21.

April 27.

Sale, May 5.

L. W. Kergin.

day April 23.

ter, I.O.D.E., Tea and Home

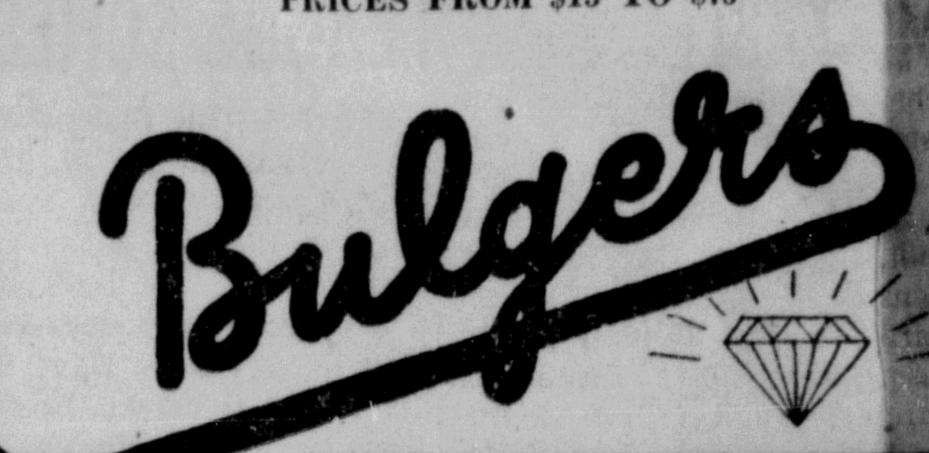
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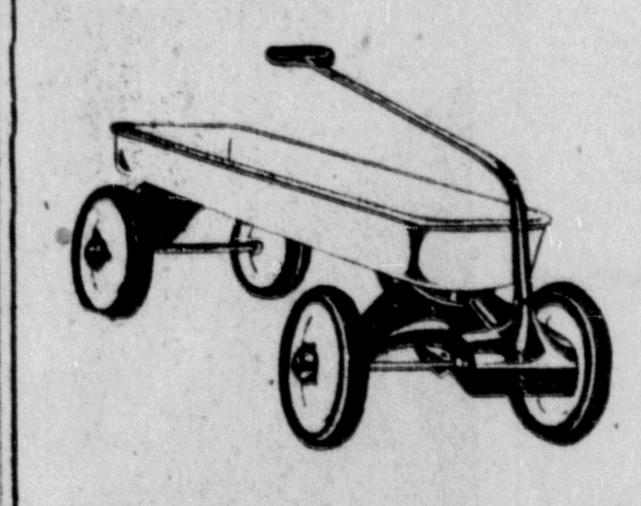
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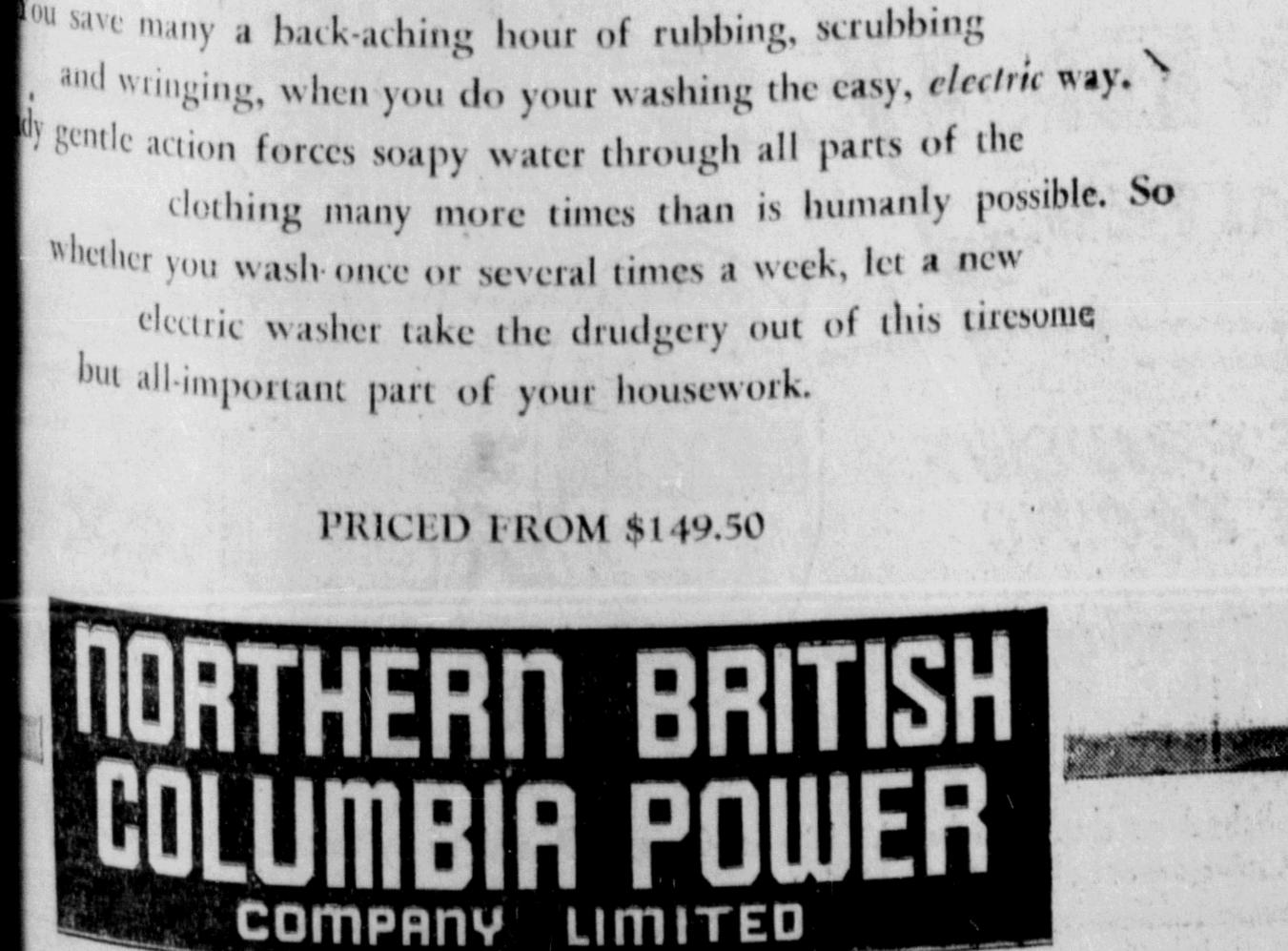
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