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BOWLS SCHEDULE

Bees vs. Stars, Belmonts vs. Boosters, Slaters vs. Browns

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Seasonable Ideas for Housekeepers

SANDWICHES ALWAYS SATISFY AND THEY ARE POPULAR TOO

One of today's most popular ideas and one that has simplified entertaining in the last few years is the "make-yourself sandwich."

With a variety of white, whole wheat and a fancy bread or rolls and choice of several fillings, each person may make the sandwich that exactly suits the mood.

The bridge club will like thin bread and butter or two-bite size rolls with a dainty or piquant filling.

The tobogganing, skiing or skating set like the bread thickly sliced and the rolls of wiener or hamburger type.

Their choice of fillings will be substantial and they will spread it generously. A regular "Dagwood" with four or five thick slices of bread and as many different fillings, may be built up by some.

A sandwich loaf (1 1/2 lbs.) cuts into 30 or 40 thin slices and will require 1/4 pound of butter for spreading. If thicker slices are preferred, less butter may be used.

Cheeses of different types are usually relished. Grated cheddar, processed cottage or cream cheese may be softend to spreading consistency with salad dressing, milk or fruit juice and used alone or in combination with nuts, raisins, chopped pickle, jam, jelly, marmalade or preserved ginger; or for a piquant filling, a little chopped bacon, onion, pimento, olives or chives may be used.

Eggs, hard-cooked and sliced or chopped, may be pepped up with sharp salad dressing or chili sauce and chopped pickle, onion, ham or bacon. Some people like a pinch of curry powder for extra seasoning.

Ham and other meats may be thinly sliced or finely chopped, and seasoned with chili sauce or other pickle, mustard or salad dressing. Celery, onion, cheese, hard-cooked egg, grated carrot or sliced radishes blend well with meats and give extra flavour.

Peanut butter is a general favorite. Mixing with jelly, marmalade, applesauce, honey or pulped fruit makes it of a consistency that will spread

more easily and adds to the flavour. Chopped dried fruits, celery, bacon or carrot also give variation.

Chopped or sliced vegetables, cooked and raw, make good sandwich fillings when several fillings are to be used in a one, two or three decker.

The home economists of the Consumer Section, Dominion Department of Agriculture, suggest the following sandwich spreads which may be made up in quantity and kept for a while before using.

Peanut Butter Apple Spread
1 cup peanut butter
1/2 cup applesauce
1/2 cup chopped fresh apple
Mix peanut butter with the applesauce. Add fresh chopped apple. Spread on whole wheat bread. Yield: sufficient for 3 large sandwiches.

NOTE—If desired, applesauce may be omitted and the peanut butter blended with a little mayonnaise or salad dressing and chopped fresh apple.

Savoury Liver Sandwich Spread
1/2 pound liver (pork or beef)
1 teaspoon salt
2 cups boiling water
8 slices cooked bacon
1/4 cup sour cream
2 tablespoons prepared mustard
2 tablespoons minced onion
3/4 teaspoon salt
1/4 teaspoon pepper

Simmer liver with the one for 30 minutes or until tender. Drain and cool. Put through meat chopper with cooked bacon. Add remaining ingredients. Store in covered jar in refrigerator. Yield: about 1 1/4 cups spread.

BETWEEN THE BASKETS
(Continued from Page 4)

—a grave error. The management appointed some youngster to throw the ball back to me after each shot and he must have had training with the Globe Trotters the way he kept putting English on the ball. This resulted in my chasing all over the court each time I made a grab for it, thereby putting me off position.

My rooster, for whom I had made reservations early knowing I would need someone on my side to keep my morale above the depths, was forced into the second row of the balcony through some error and I had difficulty locating his voice at all. All these pitfalls resulted in my taking an early lead in the contest but faltering under the strain and hitting the post a poor second in the field of two.

Now if you are figuring on entering this contest take warning by these facts. Get about six months' practice, make sure you are in top shape and don't listen to that drone on the P.A. system which goes 'one out of five, three out of six,' etc. That was my greatest downfall. I immediately asked for a rematch on St. Patrick's Day, that also being my day, but my requests were unheeded and the last time I saw this Minor fellow he wore a victor's grin as though someone was tickling his nose with a feather. I don't like that guy!

—ART MURRAY.

ALASKA TRIP IS CALLED OFF

Illness, injury and absence of players has caused cancellation of a trip to Ketchikan and New Metlakatla which was to have been made this week by a Prince Rupert All-Star basketball team. The team was to have departed this Wednesday on the Princess Norah, returning at the first of next week. The players unable to make the trip included Jack Lindsay, who is away in Vancouver on business; Don Fitch, who is in Vancouver receiving surgical treatment for a basketball injury; and Jimmy Forman and Rupert Holkestad, both of whom are on the sick list.

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SHORT SPORT

(Continued from Page 4)

come September. The current wave of optimism could be a by-product of the comfortable modulus vivendi offered in the "conditioning" program in effect for Giant players at the resort.

On the desert to shed weight, the boys are doing it. All it takes is early-morning mineral baths and rubdowns; a hike over the mountains, golf, croquet or hunting. In between the sit in the lunchrooms and quiz the local cowboys and tourists or play cards.

There is no restriction on what they eat. Jones, who said he weighed 196 pounds this winter, is down to 182. Even The Lip has admitted losing eight "I can't afford to lose any," smiled Jansen, who looks trim and ready at 185 pounds.

What's the team to watch in 1949—that is, besides Giants? "It's likely to be a scramble," Jansen said. "Pittsburgh will be strong and the Phillies have a young ball club with a sound pitching staff. The Cardinals, of course, are always tough and Brooklyn has to be counted in."

Jones included Chicago. "Don't overlook the fact they've got probably more 300 hitters than any other club. Palko, Cavarretta, and Lowrey—the hit," said the ex-Nebraska University griddy. As to the Giants themselves; well, take a look at the banner flying over Buckhorn.

A. Dye them a tan color by dipping them in saffron water until the desired shade is obtained.

BASKETBALL TIME-TABLE

March 5—Old Timers games sponsored by Job's Daughters.

March 7—High School vs. Rupert Hotel, Peoples vs. High School, Stones vs. Fashion, Bo-Me-Hi vs. Brownwoods.

March 8, 9 and 10 — Native series.

March 12 — North Star vs. Kinsmen, Merchants vs. High School, Co-op vs. Savoy.

March 15—Kinsmen vs. High School, High School vs. Doms, Stones vs. Merchants, Savoy vs. Bo-Me-Hi.

March 19, 21—Play-off semi-finals.

March 26, 29, April 2—Play-off finals.

The following unscheduled intermediate games to be played if they affect final standings: Morgans vs. Merchants, High School vs. Fashion.

LADIES' BOWLS "A" SCHEDULE

March 7—G. & A. vs. Annettes Variety vs. DeJong's, Savoy's vs. Scuby's; Taft & Odowes vs. Manson's, Orange vs. Westview.

March 14—DeJong's vs. Savoy's, Scuby's vs. G. & A.; Annettes vs. Variety; Manson's vs. Westview, Orange vs. Taft & Odowes.

BLONDIE

—It Isn't from Their Mother's Side!

—Optical 'Elusion'.

—Potluck!

—Can she tell if he'll help her with the dishes after they marry?

—No dear, that's just a gamble.

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"SALADA"

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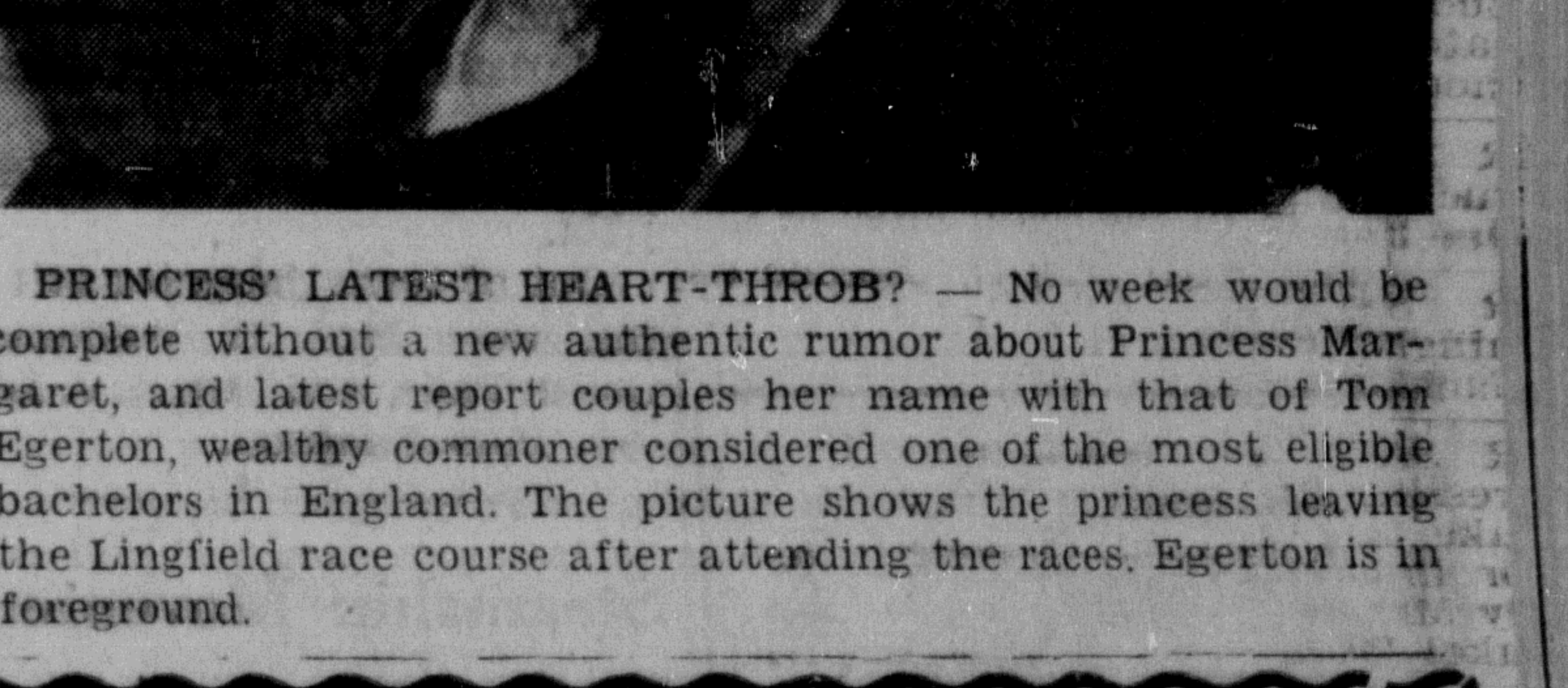
RULES 'WITCH' NOT SLANDEROUS

SOUTHEND, Eng. — It is not an offence these days to call a woman a "witch." Judge J. W. Andrew ruled that the word is "not slanderous" when a woman complained that her neighbor's three-year old son had called her a witch. He said the boy had probably seen the word in a picture book.

SALTING CUSTOM BANNED

SOUTH KESTEVEN, Lincolnshire, Eng. — Many families here keep pigs, like generations before them, and preserve pork in salt on the floor. This is spoiling the floors of so many council houses that the rural district council is passing slips in rent books saying: "Salting of pigs on the floor is forbidden."

You saw it in the News!



PRINCESS' LATEST HEART-THROB? — No week would be complete without a new authentic rumor about Princess Margaret, and latest report couples her name with that of Tom Egerton, wealthy commoner considered one of the most eligible bachelors in England. The picture shows the princess leaving the Lingfield race course after attending the races. Egerton is in foreground.

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By CHICK YOUNG