Tempting Twosome!

ROYAL CITY
CANNED FOODS

INSTEAD OF WASHING

Eighteenth century members of royal families anointed their bodies with scented oils, which were supposed cleansing in effect.

TROWBRIDGE, England, (CP) —Latest model farm tractors planned by a British firm will incorporate radio sets. "It will provide entertainment previously denied the farm worker," said a firm representative.

PERKY FLOWERS BRIGHTEN AUTUMN SCENE

DESPITE CHILL rains of the Fall Equinox, hearts keep light and gay in a smart, hooded raincoat with a perky corsage like this one (at bottom left)..

Top, for the new "rain or shine" coats this Fall, try a saucy umbrella corsage like this. Can be made of a bit of oilcloth, fresh pompons and some gay ribbon.

At centre, a weather vane symbolic of Autumn's changing climate sets the key for this beautiful Fall arrangement, perfect for living room or dining room at this time of year. It artfully combines tritoma ("red hot poker") with cattails, Fuji mums and magnolia leaves.

Date-Bran Muffins — Good as Cake!

Take no sugar—no shortening

DATE-BRAN MUFFINS

2 cups Kellogg's All-Bran
½ cup molasses
1½ cups milk
1 egg
1 cup sifted flour
1 teaspoon soda
½ teaspoon salt
½ cup chopped dates

Add Kellogg's *All-Bran* to molasses and milk and let soak for 15 minutes. Beat egg and add to first mixture. Add sifted dry ingredients and fruit. Fill greased muffin pans two-thirds full and bake in moderate oven (400°F.) about 20 minutes. Makes 15 tender, best-you-ever-tasted muffins.

These luscious, spicy muffins are as light and tender as your proudest cake, but that isn't all! They also have a pleasant *texture-contrast* thanks to the delicate toasted shreds of Kellogg's *All-Bran* . . . and they have the mouth-melting nut-sweet flavour only *All-Bran* can give! Get Kellogg's *All-Bran* from your grocer today and try them. P.S.—*Don't forget! Saturday is Muffin Day!*

KEEP "REGULAR" NATURALLY

TWO SIZES

SANDSPIT CAMP IS CLOSING DOWN

Small Operation Being Continued Meantime for Married Men

SANDSPIT — The logging camp of Northern Pulpwood Limited at this point has closed down for an indefinite period and all loggers who resided in the camp have been moved to Vancouver with the co-operation of Canadian Pacific Air Lines who placed extra aircraft at their disposal.

The company will continue around Christmas in order to furnish employment to the families residing in the community.

For the present the camp cookhouse is being operated for the benefit of employees of the R. A. Wassman Construction Company who are engaged in construction of several family residences for employees of the Department of Transport at this point.

GOOD SEASON, STEWART MINE

Encouraging New Ore Body on Silver Tip

STEWART— Last week the contractors on the Silver Tip Mine on the upper Salmon River area finished their work for the season, a job which was brought to a very successful conclusion by the opening up of a new ore zone thirty-one feet wide, heavily mineralzied, and with an eight inch high grade streak running through it.

George Winkler, managing director of the company, was here during the summer superintending operations.

ARMY SIGNALS MOVED NEWS

During a recent storm in British Columbia, army signallers took over when civilian communications were temporarily disrupted and passed 78 messages as well as press news.

Between Edmonton and Vancouver, 55 messages were relayed by Army personnel. In addition there were 23 messages and several hundred words of press news radioed between Vancouver and Prince Rupert.

B.C. telegraph systems lost about 20 miles of line in the storm. Scattered breaks were caused by falling trees.

LIVERPOOL, England, (CP) — The BBC is looking for a boy to play the lead in a crime story. He must be tough and have a Liverpool accent. The problem is to find "someone whose parents don't object to his boy being bad for 50 minutes. 'Many think it would have a bad effect.

Watch the Classified Ads!

"I sort of like this one—but I'll have to get my wife to okay it first."

STEWART NEWS

Latest from Portland Canal Mining Centre

FIRST SNOW OF SEASON—HUNTERS ARE HAVING GOOD LUCK

Snow hit the Stewart flats early last week. Three inches fell . However, after a few days it melted and the ground appeared once more.

Portland Canal Lodge, Loyal Order of Moose, held a military whist drive on Saturday night. There was a fair turnout and an enjoyable evening was spent in the Moose Home.

The nimrods have been busy since the season opened and good bags are reported. In the upper reaches of the Bear River and American Creek, goats have been plentiful, and their appears to be an abundance of black bear and grizzly, but the big game hunters do not get around this way.

The Stewart Parent-Teachers Association and the Stewart Branch of the Canadian Legion are co-operating in a series of picture shows to be held each month. The pictures will be of an educational nature and will be provdied by the National Film Board. The inaugural meeting was held in the Legion Hall last Friday with a turnout of about seventy. Constable George operated the projector which is owned by the P.T.A.

GENTLE LAXATIVE • ANTACID

TAKE PHILLIPS' MILK OF MAGNESIA TONITE

WAKE UP FRESH, FULL OF LIFE

GENUINE PHILLIPS' MILK OF MAGNESIA

GARDEN NOTEBOOK

SAVE YEAR BY PLANTING PERENNIAL VEGETABLES NOW

Perennial vegetables including asparagus, rhubarb and hardy onions are better planted this fall than next spring. Asparagus and rhubarb will be ready to harvest a full year sooner while the onions will produce a harvest next spring.

For the asparagus bed, roots should be obtained and placed in a location which need not be disturbed during the life of the garden, since a good asparagus bed will last several decades. Deep, rich soil is required and the plants should be given ample room ,with theree feet each way between hills. Dig a hole a foot deep, spread the roots out and set the crown of the plant six inches below the surface.

Rhubarb is another long lived plant. Six plants will suffice for the average family and they should be placed where they will not be disturbed, perhaps near the asparagus in a garden screen or border.

The hardiest winter onion is the red perennial, sometimes called the Egyptian. This is one of the onions which instead of bearing seeds, produces at the top of the seed stalk bunch of onion sets. These sets should be obtained and planted this fall, a foot apart in the row, in rows two feet apart; though few families will need more than one row.

This onion never produces a round bulb, but in the spring as soon as the ground thaws, it begins to grow stalks like green onions. Part of each clump may be pulled up and used, and with this annual thinning, and ordinary cultivation, the plants will live indefinitely. The flavor of the stalks is mild in the early spring, but becomes stronger later.

Give asparagus roots plenty of room

Where winters are mild, some of the potato or multiplier onions may be planted in the fall, and they will produce clumps of green stalks in the early spring. These must be set out each year as the entire plant is harvested. In the colder states

these onions
without a heav
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protect them.

FIREMEN'S
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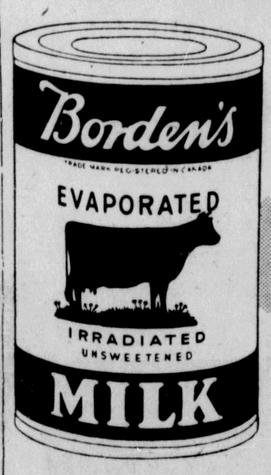
NO FINER MILK IN ANY CAN!



Your grocer has a fresh supply right now!

Your tea or coffee will taste better with Borden's Evaporated Milk.

And your cereals, and your fruits and desserts. Yes, and any cooked dish that calls for milk!

ENJOY BORDEN'S QUALITY EVERY DAY!

- Borden's Evaporated Milk is concentrated from only fine quality, fresh, whole milk.
- Borden's is irradiated for extra sunshine vitamin D.
- Borden's is homogenized to make every drop equally rich and nourishing.
- Borden's is sterilized to make it completely safe.
- Borden's is specially easy to digest, even for infants.
- Borden's pours like cream.

YOUR GROCER HAS A FRESH SUPPLY TODAY.

Borden's VITAMIN D EVAPORATED MILK

If it's Borden's, it's GOT to be good!

SAVE MONEY on MEA

a plate of 4 delicious nourishing AUNT JEMIMA PANCAKES for less t 5¢

They're EASY as 1-2-3 to fix!

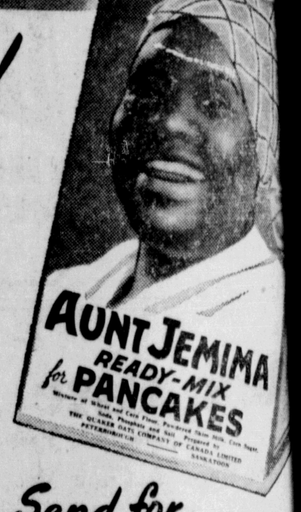
1 — ADD MILK OR WATER.

2 — STIR.

3 — POP 'EM ON THE GRIDDLE.

Grand Main Course for Breakfast, Lunch or Supper!

Ready In a Jiffy!



For a Delicious Change Serve AUNT JEMIMA BUCKWHEAT CAKES!

Man O Man! What flavor! Here's a tempti-latin' treat you simply can't miss. To make grand Buckwheats with that real "Old Home" flavor and tang, just ask your grocer for the YELLOW package of Aunt Jemima Ready-Mix for Buckwheats.

RECIPE
2 cups Aunt Jemima Ready-Mix for Buckwheats
2½ cups Milk

Add milk to Aunt Jemima Ready-Mix. Stir. Pop 'em on the griddle. Bake to delicious golden brown, turning only once.

GOOD FOR YOU! DIGESTIBLE AS TOAST!

Send for AUNT JEMIMA NEW RECIPE FOLD

Contains a wealth of information on how to make better pancakes. Tells how to get appetizing variety in your menus and how to make other taste-tempting dishes with Aunt Jemima Ready-Mix.

MAIL TODAY!

Aunt Jemima, The Quaker Oats Compa Canada Limited, Box 100, Peterboro Ont. or Saskatoon, Sask.

Please send me your free Recipe Fol including hints on how to make per pancakes.

NAME .....

ADDRESS .....

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