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Lay-Offs By Railway Cut

MONTREAL—Operating offi-
cers of the Canadian National
Railways estimated today that
the 25 percent temporary reduc-
tion in passenger train service
caused by the work stoppages
and shortened working hours in
United States mines would result
in close to 500 train service em-
ployees across the system in

Canada being affected by re-
duced working time, or being
laid off.
Under union agreements, sen-
iority rights would be exercised
and the men displaced would be
those who are juniors with the
least number of years of service.
It was pointed out that these
men would go on the spare list
and be employed, during the cur-
tailment, in handling extra train
work or to replace seniors who
are absent through sickness un-
til the restoration is made of
full passenger service.

Mushing From Alaska - Maine

Cecil (Mush) Moore, driving
a dog team outfit from Fair-
banks to Lewiston in the State
of Maine, was, when last heard
of, in the State of Maine and
coming along all right. Several
extra cold snaps had been ex-
perienced.

One day, with the temperature
50 below zero, it was necessary to
have warmth and shelter all day,
for there was danger of the dogs
having frosted lungs.

There was a point near the
Swift River, along the B.C.-
Yukon border, where the temper-
ature dropped to 73 below. Moore
and his dogs avoided the local-
ity.

It's business wise to advertise.
Classified ads bring results.

Alcoholics Anonymous—

Drinking Can Be Stopped And New Life Started By Joining

By ED COSTELLO
(In Trail Times)

When the tall, soft spoken young man said he
was from Alcoholics Anonymous the other morning,
I thought:

"Ye gods, don't tell me they've heard about Sat-
urday night, too!"

It transpired that if they had, they weren't men-
tioning it. He didn't stick an ap-
plication for under my nose.
(That isn't the way they oper-
ate, I was to learn later.)

He just wanted to know if I
knew that Alcoholics Anony-
mous was forming a group to
continue the work of a move-
ment that has brought new life
and new hope to thousands of
"incurable" alcoholics.

I was interested.
Alcoholics Anonymous, eh?
Alcoholics Anonymous, we flip
ones had usually called them.

We made an appointment for
last night today, while there is
much about "A.A." that I don't
know, I am convinced of the
fact that here is a worthwhile
movement that can bear invest-
igation by any alcoholic who
sincerely wants to stop drink-
ing and who just isn't able to
stop drinking and who isn't
able to make it alone.

Two Who One
Last night I met the two or-
iginators of the local unit,
(there are 1500 in B. C., mostly
in Vancouver) and after talk-
ing to them for three hours I
came away impressed and even
exhilarated. I was exhilarated
perhaps because that is a feel-
ing that is contagious. I had
talked to two people who were
honestly and sincerely happy.
They were alive again after
long years of acute alcoholism.
They were happy that they had
been able to overcome the hor-
rible, inner clawing that drives
them to drink, makes them
slaves to John Barleycorn.

They weren't supermen. They
were just ordinary people, the
type we meet on the street. One
of them, as a matter of fact was
a woman.

Both had a "glow" on, but it
wasn't from liquor. It was the
result of the new life that mem-
bership in Alcoholics Anony-
mous brings. The man had been
a chronic "drunk" for 20 years.
Right now he hasn't had a
drink for four months and he's
reasonably confident that he
won't ever have to have an-
other as long as he attempts
to live up to the precepts as
laid down by "A.A." He's in the
process of "drying up." Liquor
has taken its toll of this man's
health, perhaps, but he's get-
ting it back. His eyes are clear.
He eats better every day. But
more than that his conscience
is clear and his tongue is no
longer thick. He no longer has
any reason to drink. He has new
friends and a new outlook on
life and is one of the most inter-
esting, intelligent men I have
talked to for a long time.

The woman's glow was for
the same reason. It's over seven
months since she had a drink.
It hasn't been easy giving up
liquor, but she found, through
Alcoholics Anonymous the
strength and the desire to win
the battle. She has found new
happiness in her home and
family.

It was she who brought back
the zeal and spirit that is re-
sponsible for the forming of the
Trail group of "A.A." She had
spent two months in Vancouver
with them, getting hold of her-
self. She knows how it has

for "A.A." membership. That is
an honest desire to stop drinking.
No one will ever try to force the
"A.A." way of life on anyone. It
must be wanted.

There are no dues. The meet-
ings combine social activities
along with discussions on the
teachings of "A.A." Meetings are
usually held on Saturday night,
the dangerous night in the life of
most alcoholics.

I was impressed with what I
learned of it. It's a system of give
and take. The alcoholic gets a
"lift" by helping someone along
the road to recovery. If an alco-
holic wants help, it will be forth-
coming from an alcoholic at any
time of the day or night. That
helping hand given by the "A.A."
member is part of the debt to
society he is paying off.



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