WHOLE WHEAT AND FRUIT

Serve luscious peaches, raspberries or any fresh fruit-with crisp, golden NABISCO Shredded Wheat! Rich in nourishing whole wheat nutrition, NABISCO Shredded Wheat helps keep your health up to par. Try this sunny cereal with fresh fruit, tomorrow!

You add salt to 1 cup boiling water, coarsely rumble in 2 NABISCO hredded Wheat biscuits. Tasty porridge, so satisfy-ing, so good—is ready in 1

NATIONAL

per week for married persons.

Protect your stake in

Health grants to provinces are helping to build a stronger

nation. In the first 5 years more than \$165,000,000 will be spent

by the Federal Government. In the year 1948-49 the sum of

\$31,270,000 was used. Many projects are already under way:

Cancer, T.B., Venereal Disease and Arthritis Control, Mental

Health Hospital Construction; ten province-wide health sur-

veys; 13,000 additional hospital beds; training for health

Unemployment Insurance

Canadian unemployment insurance benefits are now \$18.30

Since the inception of unemployment insurance our people

Security

have been protected against temporary or seasonal loss of

employment to the sum of \$22,964,714. This sum has been

VOTE LIBERAL

specialists; increased health services and research.

paid out in the Province of British Columbia.

Opportunity - Prosperity -

BASEBALL SCOKES

SUNDAY Western International Bremerton 3-5, Spokane 2-8 Wenatchee 8-3, Tacoma 4-13 Victoria-Salem rain. Vancouver 4-9, Yakima 3-5

Pacific Coast San Francisco 3-2, Seattle 0-9 Portland 7-7, Los Angeles 1-2 Hollywood 4-2, Sacramento

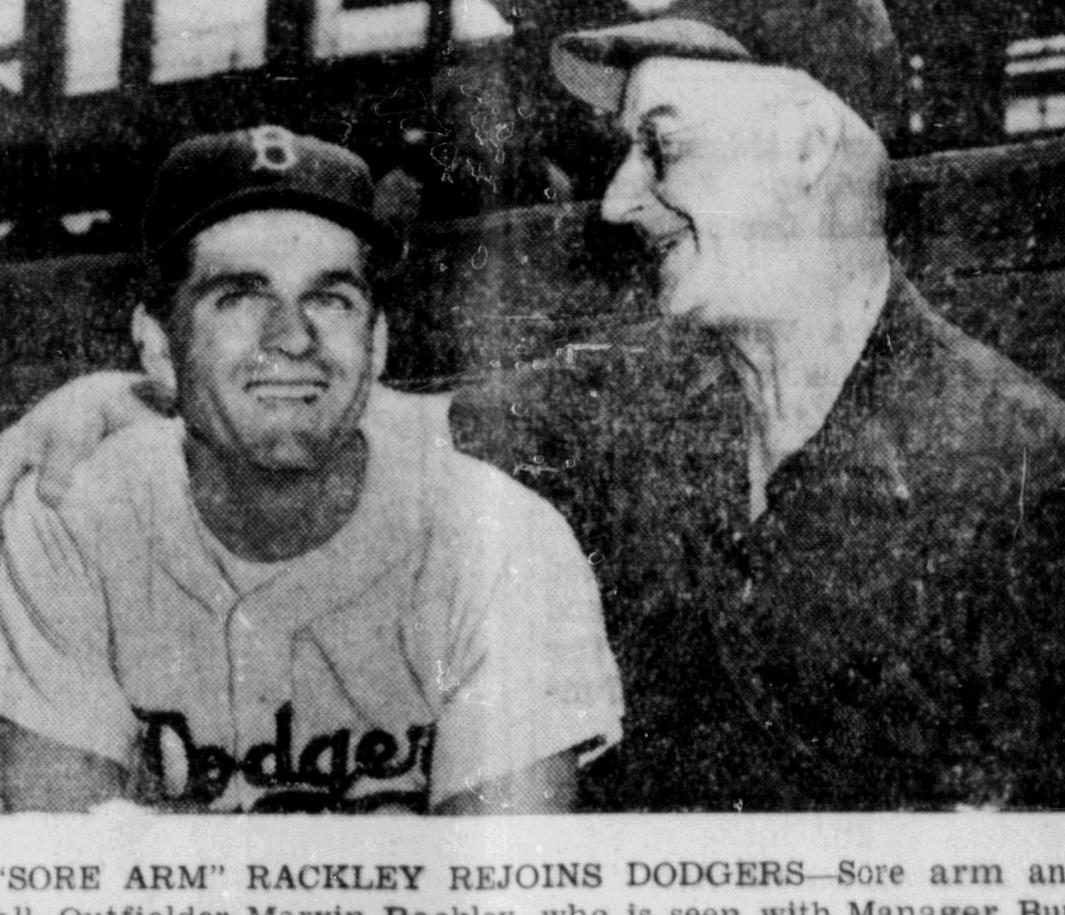
Oakland 7-2, San Diego 6-1

SATURDAY Western International Spokane 13, Bremerton 10 Tacoma 14, Wenatchee 4 Yakima 10, Vancouyer 8 Victoria 1. Salem 0.

Pacific Coast Oakland 6, San Diego 4 Portland 4, Los Angeles 2 Seattle 6, San Francisco 2 Sacramento 8, Hollywood 5

Try a Classified Ad for Results

CANADA'S FINEST



"SORE ARM" RACKLEY REJOINS DODGERS-Sore arm and all, Outfielder Marvin Rackley, who is seen with Manager Burt Shotton (right) has come back to the Brooklyn Dodgers from Pittsburgh: Rackley returned to Ebbets Field because of uproar created by Pittsburgh Pirates Owner Frank McKinney who charged the Dodgers with misrepresenting Rackley's physical condition at the time he was sold in exchange for Johnny Hopp and \$25,000. When the charges reached Dodgers prexy Branch Rickey, the latter got in touch with McKinney and cancelled the whole deal. Rackley played seven innings against the Cubs, but didn't have a chance to demonstrate the condition of his arm.

LEGION ENDS ENTERTAINMENT

Canadian Legion held its final "Bring Your Missus" night of the season Friday evening, concluding a series of monthly entertainments which have lasted through the winter and spring.

The entertainment committee provided a pleasant surprise with new entertainer, Mrs. Nora Thompson, whose singing and members of the Legion Women's playing were the feature of the Auxiliary. evening. Mrs. Thompson revealed herself as a talented entertainer with considerable background of wartime entertaining n eastern Canada.

The program included songs S FINISHED in eastern Canada.

by Mrs. Peggy Andrews and Jock Campbell, recitations by Reg Kings and W. D. Griffiths and a guitar and harmonica solo by Archie Brogan. Mrs. J. S. Blac

and S. A. Roberts provided music for the community singing.

Purses and wallets, the handiwon the wallets.

The program was in charge

Contractors Mitchell & Currie have completed, at a cost of \$20,000, a neat new schoolhouse and teacherage at Metlakatla village for the Department of Indian Affairs. It will be occupied on the reopening of school in the fall after the summer vacation. The school has capacity for forty pupils. Sub-contractors were Smith & Elkins, plumbing, and Grant & Newton, electrical work.

Tenders are about to be called for new Indian schools at Kincolith, Hartley Bay, Greenvill? and Fort Babine.

June 24—General Motors vs. lionth of an inch.

Canadian Legion. Schedule for the North Star Trophy football series is as fol-

Heavy Batte July 15-C. idian Legion vs. Heavy Battery

Canadian Legion. July 22-Heavy Battery vs. General Motors.



Commodore

"Better Than Ever"

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work of Don Arney while in Shaughnessy Hospital, were raffled. Mrs. George Penner and Mrs. Joseph Richards were winners of the purses while George Penner and Wilfred Goddard

of Neil Cameron and Vic Duncan, the latter acting as masterof-ceremonies. It concluded with light refreshments served by

General Motors,

adian Legion vs. General Motors

18-General Motors vs.

years was a second of

Cafe

Phone 17 for Send-Out Orders Third Ave. David Chow, Mgr.

NOW AVAILABLE

LOOK FOR THE NEW RED AND WHITE

PILE OF QUESTIONS On April 18, 1949, the Cana-

received 3,937 enquiries.

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It is estimated that a pound A game simile dian Government Travel Bureau of honey represents the life work was played by the of about 1,000 bees.

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No woman whose home

is equipped with modern electrical appliances

would dream of trying to get along without them.

Convenience, speed, efficiency, ease-of-operation

and economy . . . these are some of the

qualities that women have come to expect -

and always get - from their electric servants. An automatic iron, an electric tea-kettle, a toaster

- these are only a few of dozens of indispensable electric aides waiting, and ready, to serve you.

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