

The Experts Say...

By KAY REX
Canadian Press Staff Writer

PRESERVING FRUIT—"Putting down" fruit may still be a puzzle to the new homemaker but she will find plenty of guiding rules in the last edition of the agriculture department bulletin, "Home Canning of Fruits and Vegetables."

The booklet, which is just off the press, is the last word from home economists of the department's consumer section, on recommended methods of canning for different kinds of fruits and vegetables.

In addition there are 10 pages of recipes for a tasty variety of marmalades, jams, and for pickles and relishes.

PICKLED CHERRIES—Pickled cherries is one which many a housewife will be anxious to try.

Select and wash three pounds firm, ripe, black or sweet white cherries. Pack unpitted, with stems attached, in clean jars. Cover with the following cold vinegar mixture: two cups vinegar; two cups water; two teaspoons salt; one-half cup brown sugar; two tablespoons whole cloves; one-quarter ounce stick cinnamon.

Tie whole spices in cheesecloth bag. Mix all ingredients together and boil for five minutes. Cool and remove spice bag. Pour cold syrup over cherries in jars and seal. Yield: about four pints.

CANTALOUPE JAM—Cantaloupe and peach jam may become the family's favorite breakfast "sweet."

Ingredients: five cups peeled, diced cantaloupe; five cups peeled, diced peaches; three medium oranges, grated rind and juice; five cups sugar.

Mix all ingredients and let stand until sugar is dissolved.

IF BABY IS CROSS FIND OUT WHY

HEALTHY BABIES are not cross. Your baby should not be cross. If he is, then something in his little system is "out of order." Probably Baby's Own Tablets can promptly "put it right." Mrs. H. — of Fendon Falls, had the experience. She writes: "My little girl was irritable, feverish and sometimes sick at her stomach—what a relief it was, after giving her Baby's Own Tablets, to see how much better she was."

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ATHLETE'S Jinx
PATHLOW, Sask. — Arthur Bennett, catcher for the local baseball team, has a recurring trouble. A finger on his right hand was broken twice when hit by spinning balls. When it healed he went back to his position at the plate. Now his finger is broken again.

You Saw It In The News!

(about one hour). Bring to boil and boil, uncovered, to jam stage (about 30 minutes). Pour into hot sterilized jars. Cool and seal. Yield: about 6½ cups.

CANNING QUESTIONS—The agriculture department booklet also endeavors to answer questions which crop up in the course of canning.

It gives several reasons why jelly sometimes fails to set—using over-ripe fruit or fruit lacking in pectin; too short a boiling time before or after adding the sugar; using too much sugar in proportion to the pectin and acid in the juice.

Sugar crystals in jelly may be caused from an excess of sugar; insufficient acid; over-cooking of the jelly; too great a delay in sealing it.

Jelly "weeps" sometimes because of too much acid in the fruit juice. This may be prevented by mixing a juice high in acid with one low in acid.

TERRACE TRADE BOARD
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lutions were approved after being read by resolutions committee chairman Duncan Kerr.

More than a score of guests, including many summer visitors and five from Prince Rupert who motored to Terrace for the occasion, were introduced by the president and members. Guests of honor were E. T. Applewhite, Member of Parliament-elect for Skeena and Mrs. Applewhite.

Mr. Applewhite gave Terrace people cause to think about the implications contained in future expansion of the district when he asked them to consider the possible result if they were successful in obtaining federal approval of a new post office building in the village.

"If you are successful in persuading the Dominion government to build a federal building in Terrace now, will it be too small six or eight years from now? If the 500,000,000 aluminum development comes to this district, any building which is adequate for today will be too small at that time," he declared.

"I suggest that you attempt to find some solution for the immediate future, saving your big request for the time when you are sure of the trend of developments."

FIVE RESOLUTIONS
The five resolutions which the

Terrace Board will place before the Associated Boards of Trade are:

1. That the Canadian Broadcasting Corporation establish radio relay transmitters at Terrace, Smithers, Burns Lake and Vanderhoof to provide Canadian radio service for that part of the central interior.

2. Removal of control and licensing powers for broadcasting from the Canadian Broadcasting Corporation and placing it in the hands of a government body which itself is not a competitor of private broadcasting stations.

3. Establishment of a farm illustration station in the Terrace district.

4. That the Dominion government take appropriate and effective steps to curb communism in Canada.

5. Removal by the Canadian and American governments of controls and obstacles to the free flow of goods and travel between the United States, Canada and Alaska.

Brief reports on district highways, membership, agriculture, radio and housing were given by the respective committee chairmen, George McAdams, Harry Phillips, Harry King, Steve Howlett and W. H. Spencer.

NEW DENTIST WELCOMED

A warm greeting was given to Dr. McPherson, the new resident dentist at Terrace when he was

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introduced by Mr. Little. Dr. McPherson is the first dentist ever to establish a practice at Terrace.

Prince Rupert guests, in addition to Mr. and Mrs. Applewhite, were Mr. and Mrs. J. Harry Black and J. K. McLeod.

The heaping dishes of strawberries and cream, which were accompanied by cake and coffee, were served by a ladies' committee which had previously arranged the social. The committee consisted of Mrs. C. J. Norrington, chairman, Mrs. C. M. de Kergommeaux, Mrs. Harry King, Mrs. William Osborne, Mrs. Dudley Little and Mrs. James Stevenson.

Following the social, the gathering trooped to the Terrace theatre, where they were guests of theatre manager Charles Adams who showed two films.

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One of them was "Highway Sixteen," a color travelogue of the northern trans-provincial highway from Prince George to Prince Rupert. Guests found interest in scenes of Terrace, Prince Rupert and many other scenic spots along the route. The second film was a Canadian Chamber of Commerce release entitled "In Balance."

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