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Seasonable Ideas for Housekeepers

SOME HINTS ABOUT USING LOCKERS AND FREEZING OF FOODS GENERALLY

Are you already renting a locker or are you planning to rent one this year? Perhaps you are fortunate enough to own a freezer. Which ever the case may be a few helpful hints on planned use of locker space, on proper labelling and handling of frozen foods and of recording the foods

placed in the locker will not go amiss.

The housewife who already rents a locker or owns a home freezer may still have quite a supply of last year's frozen foods in storage. The longer these foods are stored the greater the loss in quality so they should be used now in order to start afresh for the coming fruit and vegetable season.

Housewives have learned by bitter experience the necessity of correct labelling and systematic storage. Many products are stored in the housewife's locker but she is often at a loss as to where to look for them or how they are labelled. Home economists offer some simple suggestions for more effective and convenient use of locker space.

First of all plan to budget locker space. All too often large quantities of asparagus or raspberries are frozen and when the time comes to freeze peaches or squash there is no space available. The amount of frozen foods needed by each family should be planned and a space allotted to each food. Plywood partitions to separate locker space into convenient sections may be used or nests of wire baskets for each compartment of a home freezer work very satisfactorily. Sets of mesh bags for each fruit and vegetable are another means of separating locker space for more convenient and effective usage.

Once the locker or freezer space has been allotted a map or chart showing the locations of each food should be drawn up. This map could be kept on the locker or freezer door or placed above the freezer. By always putting a certain food in the same place the chart will soon become familiar.

Of course along with this there should be a freezing schedule. Set down on paper the amount of foods needed by the family and plan the dates when they are at the peak of availa-

bility and at the lowest price for freezing.

Every parcel for the locker must be labelled as to what it contains, when it was packed and perhaps the number of servings it contains. This should be done in a clear, easily identified manner. With the various types of meat it is a good idea to use different colored strings or tapes to identify them; for example red for beef, blue for pork, green for lamb etc. Another suggestion is to tie small packages together into one large bundle making sure that each little one is well labelled. In this way it is much easier to find one large bundle than several small ones.

It is most necessary that an inventory be kept of all foods placed in the locker or freezer so that at all times there is a record of what remains. When the packages are withdrawn from the freezer the number is reduced on the record sheet. The inventory will then be a guide to planning menus as the housewife can tell at a glance what remains to be used.

These suggestions have been prepared so that the housewife can budget and schedule her freezing and by so doing use her locker to maximum advantage. Home economists at Ottawa have prepared for Canadian housewives a bulletin entitled "Freezing Fruits and Vegetables".

Are Driving For May 24 Members

Further plans for enrolment of as many citizens as possible to honorary membership for May 24 celebrations were discussed by the Kinsmen Club last night in their regular meeting. Committee chairman Stan Saville reported that almost every merchant was supporting the drive for funds by displaying membership books. There will be seven awards to the honorary members including a 1950 Austin, a General Electric combination radio, also washer, Bulova Watch, set of silver flatware, set of travelling bags and a surprise package.

The Club decided to invite the Kinsmen, Junior city basketball champions, to their next dinner on Wednesday, April 5.

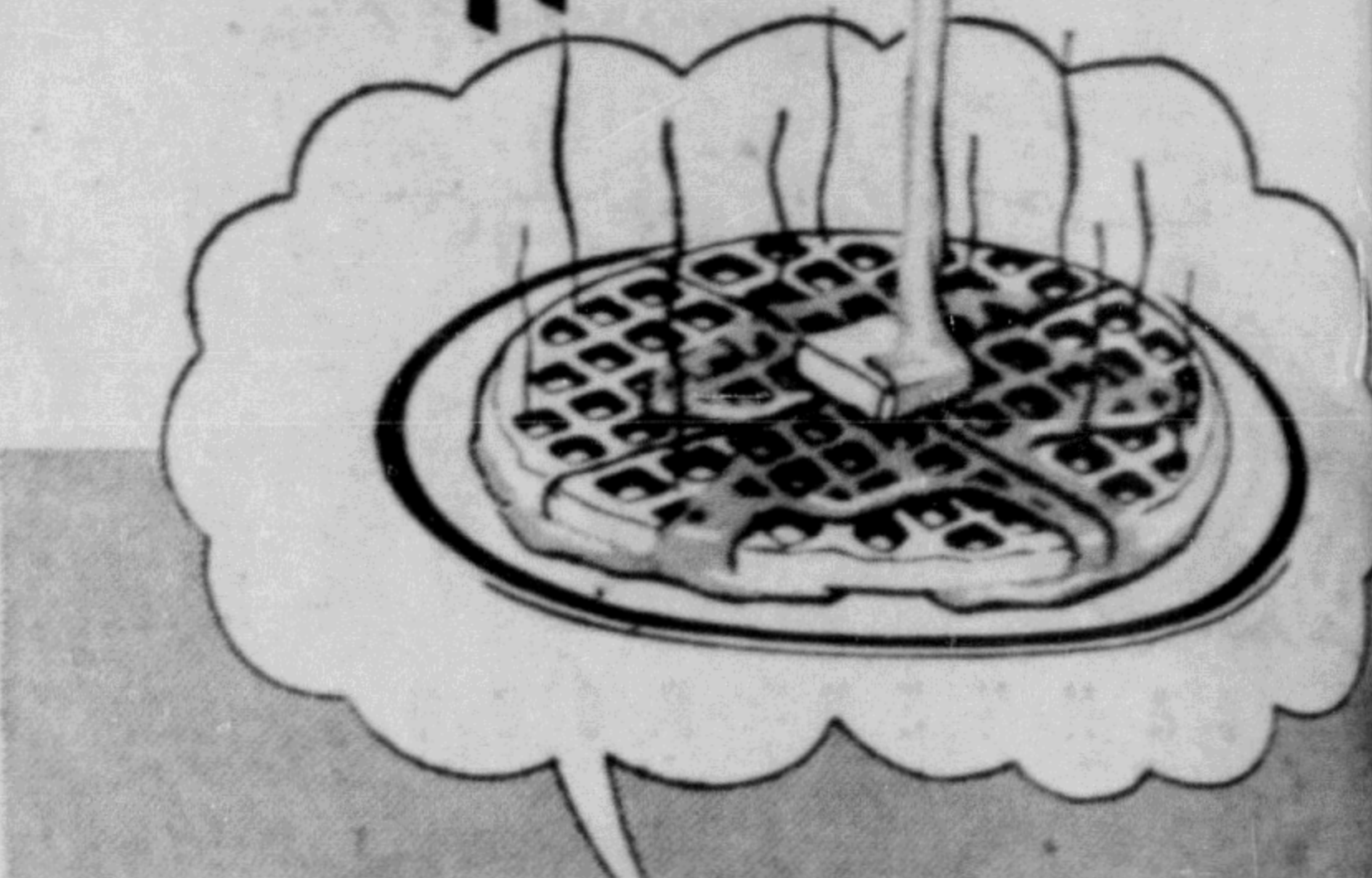
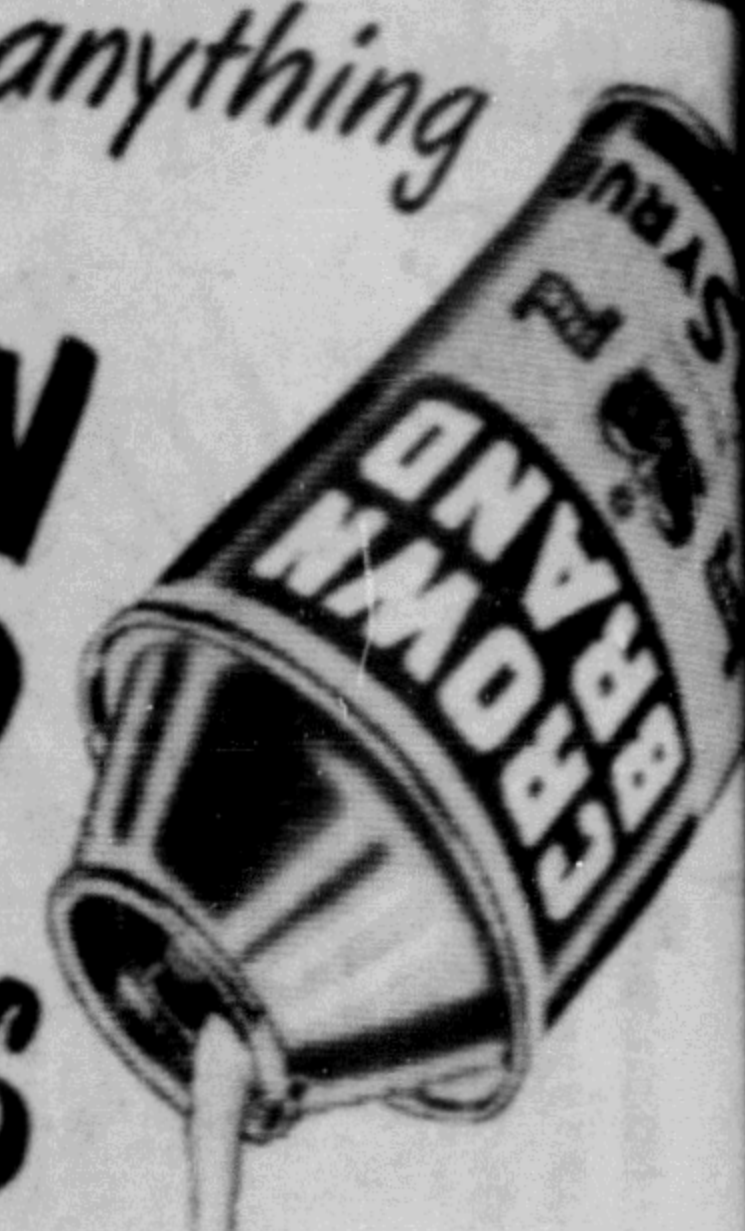
Marcel Blain was appointed as the keeper of "Henrietta," the Club chicken for the next two weeks.

The entertainment under Jim Thompson, Russ Cameron and Alf Worthington consisted of eight short and funny speeches by chosen members, a quiz contest which was won by John Good and a pie eating contest won by Curley Barbour. He received another beautiful pie as his prize.

Norman Nelson, president of Nelson Brothers Fisheries Ltd., arrived on an inspection visit to the company's interests here aboard the Prince Rupert yesterday.

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