& Co. Ltd.

Lumber - Building Supplies

meringue lightly browned gives the rice pudding an artistic appearance. Serve it warm, right from the oven, in the dish in which it is baked.

Ingredients:

1/2 cup uncooked rice 3 cups milk 1/2 cup sugar

Grated rind of 1 lemon tablespoons lemon juice ½ teaspoon salt

2 eggs, separated

tablespoons sugar 1/4 teaspoon lemon extract Method:

Cook the rice and milk in a double boiler until the rice is soft. Add sugar, lemon rind, lemon juice, salt and beaten egg yolks. Continue cooking over hot water until mixture thickens, stirring constantly. Pour into buttered baking dish. Beat egg whites stiff and gradually beat in 4 tablespoons sugar. Add lemon extract and beat until mixture is stiff and glossy. Pile on top of pudding and put into; oven at 350 degrees F for 20 minutes or until lightly browned. Serve hot, immediately This will serve 6.

It your subscription is in arrears and you do not receive your paper, please do not blame the publisher, the news boy or the post office. Just do a little straight talking to yourself. Co-operation of subscribers in this regard would be appreciated. It would save lot of trouble and everybody would be happier. Subscriptions are payable in ad-

the kitchen."

made of it.

Deasonable Ideas for Housekeepers

CREAMED DISHES DELIGHTFUL ON WARM DAYS, CONSIDER PEAS

Penny-wise hints for homemakers are eagerly sought when warm weather comes and appetites lag. The menu is confronted with the extra problem of providing meals that are substantial and still have the air of being light and delicate. When pennies must be considered, difficulties increase and

complicate the picture. Home economists suggest sealloped and creamed dishes to meet the need. The sauce, add spicy meat sauce. Slice

delicious when combined with 375 degrees F., for 15 minutes. other foods.

If peas or other canned vegetables are to be served hot, as a vegetable, the flavor will be improved if they are drained, the liquid boiled in an open saucepan until reduced to about half quantity, then the vegetable added and cooked just long enough to be well heated. Th liquid contains some of the foo value and should never k thrown away.

Here are several recipes worth trying for luncheon.

Creole Peas

2 tablespoons fat 4 cup chopped onion 3 tablespoons flour

½ cup canned tomatoes tomato juice 1/4 teaspoon salt

teaspoon pepper 1/2 teaspoon curry powder

1 20-oz, can peas. Melt fat, add onion and eoo

until clear but not browned Stir in flour and blend well. Add tomato juice or canned toma powder. Stir until thickened and liquid from peas and con tinue stirring until smooth an well blended. Add peas, brin to boil and serve on toast. Yield six servings.

Peas with Cheese 1 20-oz. can peas

1 cup grated cheese 3 tablespoons fat 6 slices buttered toast

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people want more and more things

3 slices crisp bacon Cook peas in their liquid until Cream. 1/2 pint the liquid is reduced to 1/2 quan- Large, cartoned, doz. tity. Add cheese and fat and Medium cook slowly until cheese is melt- First Grade, in ed. Serve on toast, garnished Margarine, lb. with crisp bacon. Yield: six

can you see in a kitchen?

Scalloped Peas with Eggs

20-oz. can peas

1 cup milk 3 tablespoons butter tablespoons flour

1 teaspoon spiey meat sauce 3 hard-cooked eggs

1/2 cup soft bread crumbs Drain liquid from peas, add milk to liquid and heat. Melt butter, add flour and blend well. Slowly add hot liquid, stirring constantly until thickened, then serole. Top with crumbs and Peas, fresh and canned, are bake in a moderately hot oven, Yield: six servings.

Prince Rupert.

Canadian Cheese. lt

Pastry Flour, 7 lbs

Dates, fancy, 1 lb. pkt.

eeded Raisins, 1 lb.

seedless Raisins, 2 lbs.

nelled Walnuts, 1/2 lb.

helled Almonds, 6 oz

Apple, 20-oz. tin, 2 for

Tea and Coffee

Canned Fruits

Glace Muit

Jams-Pure

Meats

... and here's why

aluminum

is so useful -

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IN ANY HOME, today or

dam, boned and rolled, lb

Garlic Sausage, lb.

Liver Sausage, lb.

Pork Chops, lb

Steak, T-Bone lb.

Fresh Pork Ham, lb.

Cherries, lb	Jutees s, 20-oz, ea 0-oz, tin, 2 Canned Frie, crushed
Cherries, lb Cherries, crate 6.45 Cherries, crate 6.45 Cherries, crate 6.45 Cherries, crate 6.45 Cherries, lb 32 Cherries, crate 6.45 Cherries, crate 6.45 Cherries, crate 6.45 Cherries, crate 6.45 Cherries, lb 39 Cherries, lb 39 Cherries, lb 39 Cherries, ceoking, lb 14 Chemons, large Cal., doz 55 Cherries, ceoking, lb 14 Chemons, large Cal., doz 55 Cranges (Navel) 28-57 Cherries, lb 49 Cherries, lb 39 Cherrie	duality. lb. Juices s, 20-oz. ea 0-oz. tin, 2 Canned Frie, crushed 20-oz. 20-oz. fancy. 20- rries, 20-oz
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New Potatoes, 10 lb	
Green Peppers, lb	
ry Cucumbers, each	Almonds, 6
d. Vegetable Marrow, each15 Shelled	Brazils, 1/2
Souasn. In 151	Jams-Pu
Canned Vegetables Strawber	rry, 24-oz
1 Dill Diakles cal 1 70 Dasput	ту. 24-ог
Cut Croon Donne for 90 DidekDe	rry. 4-1b
No. 5 Peas, lancy	4 37
Mixed Vegetbales	4 lb.
Diced Beets, per tin 14 Apricot	4-10,
Wax Beans, choice	Carrie
Mixed Peas and Carrots19	Soups
Pumpkin, 2 for	Soups
Baked eBans, 20-oz, tin 22 Ham b	Soups
Baked eBans, 15-oz, tin, ea21 Ham.	Soups
Tomatoes 29-oz23 Balogn	Soups Soups Meats a, lb. coned and re reg. lb.

Fresh Mila

Butter Evaporated Milk. 16-oz. tins. 2 for

firms are shaping aluminum into

products as big as railway cars, as

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Certain of Getting Assistance

quarry on Aristable Island off Top government officials say Princess Royal Island to the that Secretary of State Dean souht of Prince Rupert. F. J. Acheson's strong support for Beale of Vancouver, who oper- the application clearly ates a lime quarry near Bella shadows a favorable verdict. He Bella for Pacific Mills, is open- and YugoSlav Ambassador Cavmade with milk, is a light and eggs and combine with peas and ing up the new quarry. The endish Cannon have urged them Laight food for the whole limestone will be transported in to do it quickly.

seows from Aristable Island to Tito needs the loan to help' which is now threatening strangle the country as Soviet Russia draws its ring about.

New charges were made today 57 by Moscow against Tito charg-Flour, 49's, No. 1 hard wheat 3.65 ing him with falsehood and cal-1.95 umny against the Soviet.

YugoSlavia formally applied been awarded the contract for of road. 1.14 for the export-import bank for reconstruction and widening of Q. When a person helps himan American loan, it was dis- the Kaien Island section of the self from a service dish which closed yesterday by government northern transprovincial high- is accompanied by a fork and 9 officials. This marks the first way from Prince Rupert city .29 time that Tito has appealed limits to Galloway Rapids bridge direct to the United States for at a figure of \$278,583.30. Ex-34 financial help since he split with pectation is that the work will Moscow fifteen months ago. soon be under way although no

Acheson was understood to be definite word has yet been restrongly supporting the Yugo ceived at local public works of-Slav request as a means of fices. .24 helping Tito to combat the tight The job includes complete re- None is absolutely required. economic blockade imposed by construction for 8-10 of a mile Russia and her satellites. Of- immediately beyond the city 2 for .25 ficials said yesterday that the limits and extensive straighten-Yugoslav government wants ing out and widening beyould. .35 around \$25,000,000 to buy Ameri- There will be a starndard 24-39 can mining machinery, and foot width. ge equipment for lead, copper and 34 zinc mines.

SHIPPING AGAIN

Relaxation until June 30 next of the Jones Act, as made effective a few days ago by signa 75 ture of President Truman of the 90 United States, permitted the Canadian coastal liner Camosun 50 in port today southbound to Vancouver, to load fifty ton of 90 tungsten concentrates from the Riverside mine on the Aleskan 5 side of the Salmon River valley and take them to Vancouver where they will be transshipped

85 to refinery at Bradley, Ohio. After suspension of shipments for a year, they are now being resumed and J. H. Scott, managing director of Riverside who was in the city at the first of the week bound from San ROCK & CONCRETE WORK Francisco to the mine, said that it was expected to make regular weekly shipments.

The Riverside mine went into production again recently.



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WASHINGTON D. C. (P-Marindustrial de- shal Tito is considered to be velopment in the north coast virtually a cinch to get the Unitarea auxiliary to the operation ed Sates government loan of of the Columbia Cellulose plant \$25,000,000 which he has applied at nearby Watson Island will for, providing he stays alive and be the opening up of a lime independent from Moscow.

weather an economic blockade \$278,583 ob to Get Under

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Prince Rupert Daily Mews

·Tuesday, August 30, 1949.

Make tea double strength and

while still hot pour into glasses

filled with cracked ice . . .

Add sugar and lemon to taste.

Modern Etiquette Q. Is it customary for a woman to take the arm of a man while walking along the street?

A. To an elderly woman or to an invalid a man offers his arm. Otherwise, a woman no longer takes a man's arm in the daytime unless to cross a very crowded street, or to be helped over a particularly rough piece

spoon, which implement taken in the right hand

A. The fork is held in the left. hand, the spoon in the right. Q. Is the priest or rector given a fee for the christening?

A. It is customary, according to the means of the parents.

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