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Seasonable Ideas for Housekeepers

CREAMED DISHES DELIGHTFUL
ON WARM DAYS, CONSIDER PEAS

Penny-wise hints for home-makers are eagerly sought when warm weather comes and appetites lag. The menu is confronted with the extra problem of providing meals that are substantial and still have the air of being light and delicate. When pennies must be considered, difficulties increase and complicate the picture.

Home economists suggest scalloped and creamed dishes to meet the need. The sauce, made with milk, is a light and excellent food for the whole family.

Peas, fresh and canned, are delicious when combined with other foods.

If peas or other canned vegetables are to be served hot, as a vegetable, the flavor will be improved if they are drained, the liquid boiled in an open saucepan until reduced to about half quantity, then the vegetables added and cooked just long enough to be well heated. The liquid contains some of the food value and should never be thrown away.

Here are several recipes worth trying for luncheon.

Creole Peas

2 tablespoons fat
1/4 cup chopped onion
3 tablespoons flour
1/2 cup canned tomatoes or tomato juice
1/4 teaspoon salt
1/2 teaspoon pepper
1/2 teaspoon curry powder
1 20-oz. can peas.
Melt fat, add onion and cook until clear but not browned. Stir in flour and blend well. Add tomato juice or canned tomatoes, salt, pepper and curry powder. Stir until thickened and liquid from peas and continue stirring until smooth and well blended. Add peas, bring to boil and serve on toast. Yield: six servings.

Peas with Cheese

1 20-oz. can peas
1 cup grated cheese
3 tablespoons fat
6 slices buttered toast
3 slices crisp bacon.
Cook peas in their liquid until the liquid is reduced to 1/2 quantity. Add cheese and fat and cook slowly until cheese is melted. Serve on toast, garnished with crisp bacon. Yield: six servings.

Scalloped Peas with Eggs

1 20-oz. can peas
1 cup milk
3 tablespoons butter
5 tablespoons flour
1 teaspoon spicy meat sauce
3 hard-cooked eggs
1/2 cup soft bread crumbs

Drain liquid from peas, add milk to liquid and heat. Melt butter, add flour and blend well. Slowly add hot liquid, stirring constantly until thickened, then add spicy meat sauce. Slice eggs and combine with peas and sauce, pour into a greased casserole. Top with crumbs and bake in a moderately hot oven, 375 degrees F., for 15 minutes. Yield: six servings.

TO QUARRY LIME FOR CELLULOSE

Another new industrial development in the north coast area auxiliary to the operation of the Columbia Cellulose plant at nearby Watson Island will be the opening up of a lime quarry on Aristable Island off Princess Royal Island, to the south of Prince Rupert. F. J. Beale of Vancouver, who operates a lime quarry near Bella Bella for Pacific Mills, is opening up the new quarry. The limestone will be transported in scows from Aristable Island to Prince Rupert.

U.S. Aid For Marshal Tito

Certain of Getting Assistance
Providing He Stays Alive

WASHINGTON D. C. — Marshal Tito is considered to be virtually a cinch to get the United States government loan of \$25,000,000 which he has applied for, providing he stays alive and independent from Moscow.

Top government officials say that Secretary of State Dean Acheson's strong support for the application clearly fore shadows a favorable verdict. He and Yugoslav Ambassador Cavendish Cannon have urged them to do it quickly.

Tito needs the loan to help weather an economic blockade which is now threatening to strangle the country as Soviet Russia draws its ring about. New charges were made today by Moscow against Tito charging him with falsehood and calumny against the Soviet.

Yugoslavia formally applied for the export-import bank for an American loan, it was disclosed yesterday by government officials. This marks the first time that Tito has appealed direct to the United States for financial help since he split with Moscow fifteen months ago.

Acheson was understood to be strongly supporting the Yugoslav request as a means of helping Tito to combat the tight economic blockade imposed by Russia and her satellites. Officials said yesterday that the Yugoslav government wants around \$25,000,000 to buy American mining machinery, and equipment for lead, copper and zinc mines.

RIVERSIDE IS SHIPPING AGAIN

Relaxation until June 30 next of the Jones Act, as made effective a few days ago by signature of President Truman of the United States, permitted the Canadian coastal liner Camosun, in port today southbound to Vancouver, to load fifty ton of tungsten concentrates from the Riverside mine on the Alaskan side of the Salmon River valley and take them to Vancouver where they will be transhipped to refinery at Bradley, Ohio. After suspension of shipments for a year, they are now being resumed and J. H. Scott, managing director of Riverside who was in the city at the first of the week bound from San Francisco to the mine, said that it was expected to make regular weekly shipments.

The Riverside mine went into production again recently.

How to Make ICED TEA

Make tea double strength and while still hot pour into glasses filled with cracked ice... Add sugar and lemon to taste.



"SALADA"

Large Road Job Awarded

\$278,583 to Get Under Way Here Shortly

Wood, Parr & McClay Ltd., Vancouver contractors, have been awarded the contract for reconstruction and widening of the Kaen Island section of the northern transprovincial highway from Prince Rupert city limits to Galloway Rapids bridge at a figure of \$278,583.30. Expectation is that the work will soon be under way although no definite word has yet been received at local public works offices.

The job includes complete reconstruction for 8-10 of a mile immediately beyond the city limits and extensive straightening out and widening beyond. There will be a standard 24-foot width.

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Modern Etiquette

Q. Is it customary for a woman to take the arm of a man while walking along the street?

A. To an elderly woman or to an invalid a man offers his arm. Otherwise, a woman no longer takes a man's arm in the daytime unless to cross a very crowded street, or to be helped over a particularly rough piece of road.

Q. When a person helps himself from a service dish which is accompanied by a fork and spoon, which implement is taken in the right hand?

A. The fork is held in the left hand, the spoon in the right.

Q. Is the priest or rector given a fee for the christening?

A. It is customary, according to the means of the parents. None is absolutely required.

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firms are shaping aluminum into products as big as railway cars, as small as hair curlers.

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simply dissolve and disappear by this one simple, safe and sure method. Get two ounces of peroxide powder from any drug store, sprinkle on a hot, wet cloth, and apply gently—every blackhead will be gone.

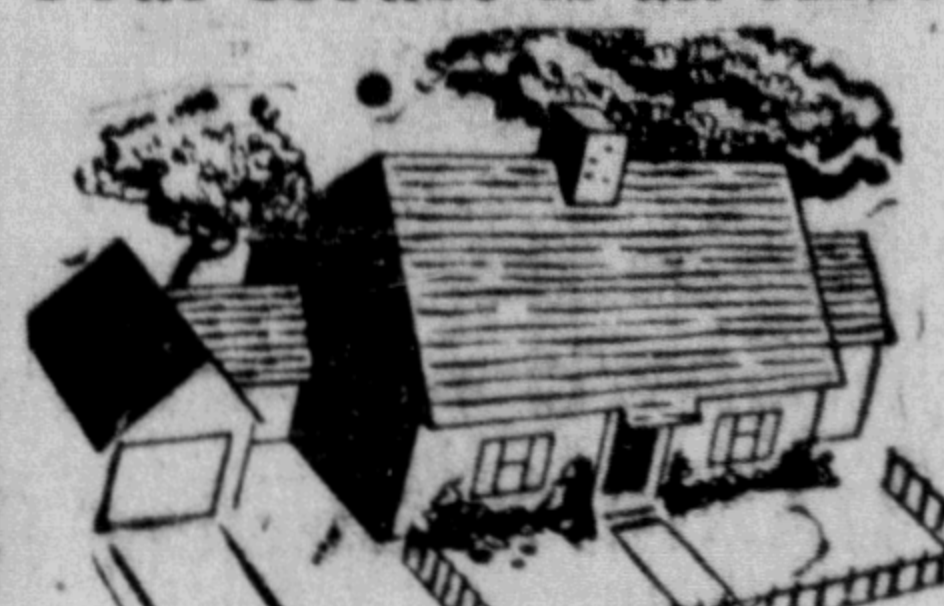


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