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Family Interest"

Assurance

For Daily Menus

avorite with youngsters and an

al aid to more enjoyable meals.

bey're so easy to prepare in so many

ifferent ways. Your whole family

Good-and Good For You.

njoy B.C. Apples daily, They're

APPLESAUCE IS GOOD

TO EAT

usages. As a topping for milk desserts, such

pioca, rice and custard puddings. Spread

ot buttered toast for breakfast. With

erbread, as a supper dessert. In an apple

BAKED HAM WITH

STUFFED APPLES

icess of fat. Place in a shallow baking-pan.

With brown sugar. Dot with whole cloves.

and core tart apples. Place around ham.

t one teaspoon seeded and cut raisins in

tter. Pour in half a cup of boiling water.

each cavity. Fill with brown sugs. Dot with

over and bake until the meat is tender.

RED APPLE CUP SALAD

red B.C. Apples. Wash and core. Scoop

ottage cheese together lightly. Dry apple

chopped walnuts and a bit of parsley.

and fill with salad mixture. Garnish

and mix apple with salad dressing.

coloration. Toss apple pulp, dressing

Make a foamy omelet and before

inch in thickness, if there is an

spread with warm applesauce. Fold

pork, goose, duck, baked ham or

great part of the American en- Arabs. thusiasm of Zionism springs "The situation is fraught with om extermination. Their from a desire, both among Am- such danger," declared Father and religious institu- erican Jews and American Gen- Green in conclusion, "that it had also disappeared. To- tiles, to have an alternative con- need occasion no surprise if the Palestine alone could be structive policy instead of in- United Nations were to shelve the yed a gleam of nope for creasing the Jewish population whole plan to partition Pales-Jin the great American cities tine. Arabs, on the other hand, To the Arabs, what had hap- Father Green was introduced ave held sway for so many the stronger countries victim- President O. G. Stuart. eds of years. There was ising a people they judged too a people in Europe which weak to repel a great injustice. LONDON, D-London's gasonade its home where it They saw the whole western line buses—about 4,000—are to oday for a longer time world as prepared for its own be fitted with a device to stop the Muslim Arabs have political convenience to disre- interference with television rein Palestine. Also the gard their fundamental right to ception. Electric discharges of had a burning sense of what is an Arab country.

ation that they and they The plan of partition of Pal- lines on television screens. asked to give up estine, whereby the Jews would untry to the Jews be- be islanded in three separate. It takes from 16 to 20 weeks other countries were un- very vulnerable states, Father to design and build a new drill to make homes for even Green saw as a most unsatis- press for an automotive producmore Jews. It was sup- factory arrangement both from tion line.

APPLES

Check These Ideas for Using

OKANAGAN APPLES

APPLE UPSIDE-DOWN CAKE

Yields 6 servings.

14 cup butter

1 teaspoon vanilla

· 2 teaspoons baking powder

Cinnamon mixed with a little sugar.

Warm butter and cream it into sugar. Add

well-beaten egg and vanilla. Sift dry ingredients

together and add alternately with milk to

first mixture. Butter bottom and sides of bake-

dish. Peel and core apples. Cut into half-inch

slices, so the keresemble pineapple rings. Arrange

these apple slices on bottom of bake-dish.

Nuts or enerries may be used to fill centres

of rings. Sprinkle with sugar and spice mixture.

Pour cake mixture over apples. This batter

is rather thick and may need to be smoothed

on top with a knife. Bake in a moderate oven

for 45 minutes. Loosen sides of cake and

APPLE TAPIOCA

Cook tapioca with salt and milk in top of

double boiler until tapioca is transparent.

Core and pare apples. Stick three or four

cloves in each. Arrange apples in buttered

baking dish. Fill carties with sugar and pour

cooked tapieca over apples. Bake in a moderate

oven until apples are tender. Serves six.

If using pearl tapioca or sago, soak in some

of the milk for several hours before cooking.

14 cup fine tapicca (er sago)

or 16 cap pearl tapioes

6 small B.C. apples

14 teaspoon salt

3 cups milk

Brown sugar.

turn it upside down carefully. Serve hot.

11/2 cups sifted flour

14 teaspoon salt

2 to 3 B.C. Apples

1/2 cup milk

15 cup sugar

1 egg

posed to be no secret that althe standpoint of Jews and;

with anger the Jewish pened could only look like a by Charles P. Balagno and was on of the land over which peculiarly flagrant example of thanked for his address by

spark plugs cause white smeary



FLEEING FROM GREEK GUERRILLAS - Carrying their meagre belongings on their backs, a Greek family enters the town of Filates in government-held territory following a fiveday trek from an area dominated by guerrilla forces. The nineyear old, barefoot girl made the long hike with an 80-pound pack. Her brother, a tot, completed the journey on his own feet.

The Markets

Vegetables
veet Potatoes, 2 lbs
ubbard Squash, lb
anish Squash, lb
panish Onions, 2 lb.
arsnip (unwashed) 3 lbs.

Danish Squash, ib
Spanish Onions, 2 lb.
Parsnip (unwashed) 3 lbs.
Turnips, lb.
Mushrooms, lb.
Garlic, lb.
Cabbage, new, lb
Beets, 3 lb
Sugar
White lb

	Sugar	
White,	lb	
Golden	Yellow, lb. Fresh Milk	
Quart		
Cream,	½ pint	

	doz	****
	F	ish
Halibut,	lb	
Salmon,	lb	

Grade A:

Cod,	fresh	ling,	lb.	***
Black	Cod,	smol	ked	16
Smok	ed K	ipper	s, 1	b.
		Bu	tter	•
First	Grad	e. lb.		****

Butter
First Grade, lb.
Milk
Evaporated Milk,
16-oz. tins. 2 for

Evaporated Milk,
16-oz. tins, 2 for
Case
Flour
Pastry Flour, 7 lbs.
Flour, 49's, No.1 hard wheat. 2.

* conner	- 10 mi, 1		******	**
Flour,	49's, No.1	hard	wheat	-
Flour	(24's)		******	1
	Tea an	d Cof	fee	
DeLux	e Quality	, lb		
Coffee.	lb		***********	**
	Ju	ices		

		Ju	ices	
Toma	toes.	20-02		*******
40	oz.		******	
				for
	oz.			******
40		######################################		

fruit (20-oz

48-oz.

3 REASONS FOR GETTING THE JAVEX



and cottons and re-









Liquid Sunshine

Canned Fruits

Corn choice

Corn	Niblets	******		
Baked	Beans,	per	tin	
		Frui	t	
Emper	or Gra	pes,	lb.	.a
Apples	, cooki	12, 3	lb.	
Fanor	Annles	2 11	ne	

Disperse Crupes, 13.
Apples, cooking, 3 lb.
Fancy Apples, 3 lbs.
Grapefruit, Texas (white),
96's, 4 for
(pink), 96's, 3 for
Lemons, large, doz.
O

// 图: .	
	Lemons, large, doz.
	Oranges (Navel)
1	Dates, pitted, lb.
Į.	Anjou Pears, 3 lbs
l	Cranberries, lb.
1	Lara
	PPure, lb.

Laundry, cake Sunlight, cake Glace Fruit

Anricots 20 oz

repriects,	20 02.	*******
Cherries	(fancy)	20 oz.
Loganber	ries, 20	-oz
Peaches,	choice	
~	unnad t	Zamata bi

Canned Vegetables
Dill Pickles, gal
Cut Green Beans, fcy. eac
No. 3 Peas, fcy.
Mixed Vegetables
Diced Beets, tin
Wax Beans, choice
Mixed Peas and Carrots
Pumpkin

Empe	ror G	rapes.	lb.	.a
		Frui	t	
Baked	Bear	is, per	tin	
Corn	Niblet	S		
Corn,	cnoice	e		

Emperor Grapes, lb
Apples, cooking, 3 lb.
Fancy Apples, 3 lbs.
Grapefruit, Texas (white),
96's, 4 for
(pink), 96's, 3 for
하는 그렇게 본지원이 있다. 그런 중에 가는 나를 하는 것이 되었다면 하는데

(pink), 96's, 3 for
Lemons, large, doz.
Oranges (Navel)
Dates, pitted, lb.
Anjou Pears, 3 lbs
Cranberries, lb.
Lara
nn 1h

Cherries, 1/21b. pkt.

Shortening

.72 Soap, face, 2 for

FOR BABY'S A step in time often saves nine. So be wise, and take this simple precaution at

EISENHOWER

"I could not accept the (pres-

idential) nomination even under

the remote circumstances that

"It would be unalloyed trag-

edy if future military comman-

ders were selected with an eye

to their potentialities in the

political field. It is my convic-

tion that the necessary and

wise subordination of the mili-

tary to civil power will be best

sustained when life long pro-

fessional soldiers abstain from

"Politics is a profession:

serious, complicated, and in its

true sense, a noble one. In the

American scene I see no dearth

of men fitted by training, talent

and integrity for national lead-

ST. JOHN'S, Fen End., (P-G.

W. Askew, a fruit grower, has

invented a machine which will

separate good seed peas from

bad ones-known in the trade as

Jams-Pure

"rogues."

Coconut, lb.

Almond Paste, lb.

Fruit Cake Mix. lb.

1.75 Dates (fancy), 1-lb. pkt.

20 Seedless Raisins, 2 lbs.

.15 Shelled Walnuts, 1/2 lb.

.15 Shelled Almonds, 1/2 lb.

.18 Shelled Brazils, 1/2lb.

.18 Strawberry, 28 oz.

.20 Raspberry, 28-oz.

.21 Cherry, 28 oz.

.20 Apricot, 28 oz.

Peach, 28 oz.

FIRST AID

.24 Blackberry, 28 oz.

.22 | Seeded Raisins, 1b.

seeking high political office.

baby's first sneeze or sniffle. Give Baby's Own Tablets to clear little bowels of irriwaste materials that make baby needed to keep up strength. Designed espe-cially for baby's delicate system, Baby's Sweet-tasting, easily crushed to a powder if desired, Baby's Own Tablets have been used by mothers for over half a century. Get a package today. Only 25¢.



Good Eating for the Lunch Boxes!

and so easy to mix!

ALL-BRAN RAISIN BREAD

1 cup sour milk or 2 tablespoons

1 cup Kellogg's All-21/2 cups sifted flour 2 teaspoons baking powder 11/2 teaspoons salt

Beat egg well. Add sugar, molasses. nilk, shortening (melted and cooled) and All-Bran; mix well, let stand until most of moisture is taken up. Sift flour, baking powder, salt and soda together; add to first mixture with raisins; stir only until flour disappears. Bake in greased loaf pan lined with waxed paper in moderate oven

(350°F.) about 1 hour. Extra good and so different! This rich brown loaf has that delicious nutlike flavour only Kellogg's All-Bran can give ... and that marvelously soft, light All-Bran texture. Perfect for the lunch boxes because it's packed with nourishment and keeps I fresh. Clip the recipe now.

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APPLE TURNOVERS

crust into rounds about the size of wer rim of pastry. Bring top part over apples. a fork. Prick top crust, so that steam can Bake in a moderately hot oven (375°

arge saucer. On one-half of pastry round, nge layers of thinly sliced B.C. Apples. ikle with a mixture of sugar, cinnamon a little salt. Dot with butter, Moisten ss the two edges firmly together with tines

F.) for about 20 minutes, or until

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