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## Seasonable Ideas for Housekeepers

### COOL DRINKS FOR THIRSTY WEATHER OF AUGUST MONTH

Here's to August, a long month of soft warm days. That urge to relax in a comfortable lawn chair or sink into an inviting hammock is almost irresistible. A trayload of cool, frosty glasses is always in order for between-meal refreshment and casual entertaining.

Tinkling glasses of well-iced fruit drinks are true thirst-quenchers, whether made with one or with several fruit juices combined. Almost any combination is good if well chilled. Tall glasses of fruit punch will clink and sparkle with colored ice cubes. Rhubarb, raspberry, grape and plum juices are wonderful colors for ice cubes and also add flavor as they melt. A few drops of green food coloring added to plain water will supply a trayful of frosty, green ice cubes. Garnishes of mint leaves, fresh berries or paper-thin slices of lemon are a pretty touch with fruit drinks. Tumblers can be given party dress by dipping the rims in egg white and then in sugar.

For convenience in sweetening cold beverages, make up a jar of light sugar syrup. One cup of sugar and two cups of water make about two and one half cups of syrup. This thin syrup sweetens in a jiffy and avoids the difficulty and waste of undissolved sugar crystals in the bottom of glasses or serving pitcher.

Milk drinks help to solve the problem of getting plenty of milk into the diet of both children and adults. Color and added flavor always appeal, particularly to the junior members of the family. Every child loves milk shakes so they are delighted to make their own. A cup of milk and two tablespoons of flavored fruit or cocoa syrup poured into a pint sealer, sealed tightly then shaken well makes a delicious frothy drink. Pouring it into the glass is half the fun. If straws are provided, they add much to the child's pleasure.

Home economists of the Consumer Section, Dominion Department of Agriculture, suggest these recipes for delicious and chilly refreshments.

#### Grape Mint Cooler

1 tablespoon finely chopped mint leaves

1 cup boiling water  
2 tablespoons sugar  
2 cups grape juice  
2 cups gingerale

Cracked ice  
Four boiling water over chopped mint leaves, add sugar and let stand one hour. Strain, add grape juice and chill. Just before serving, add gingerale and pour over cracked ice. Garnish with a sprig of fresh mint. Yield: six servings.

#### Raspberry Vinegar

1 quart box raspberries (4 cups)  
2½ cups cider vinegar  
Sugar

Place berries in a bowl, cover with vinegar and let stand about 24 hours. Crush, strain and measure juice. Add equal quantity of sugar, bring to boil and boil 10 minutes. Bottle.

#### Current Flip

1 quart box red currants (4 cups)

Water

¼ cup sugar

3 egg yolks

Gingerale

Wash currants, stem and measure. Add one half cup water for each cup currants. Bring to boil and boil, covered, 15 minutes. Crush and strain through a moistened jelly bag. Add sugar to juice, reheat to boiling point. Chill. Stir one cup juice into three well-beaten egg yolks. Pour into six tall glasses over cracked ice. Fill glasses with gingerale and serve at once. Yield: six servings.

## MARKETS

### Fresh Fruit

Cherries, lb. 34  
Cherries, crate 6.45  
Grapes, lb. 32  
Apples, 2 lb. 39  
Bananas, lb. 25  
Apples, cooking, lb. 25  
Lemons, large Cal., doz. 55  
Grapefruit, Calif., 3 for 25  
Oranges (Navel), 28-57  
Dates, 2 lb. 49  
Cantaloupe, 27's 38  
Peach Plums, 2 lb. 39  
Pears, Bartlett, 23

### Vegetables

Celery, lb. 15  
Rhubarb, 2 lb. 15  
Beets, bunch 15  
Parsley, bunch 15  
Turnips, lb. 07  
Spinach, 2 lb. 07  
Radishes, bunch 08  
Green Onions, 3 bunches 20  
Mushrooms, lb. 85  
Head Lettuce 10  
Cooking Onions, 3 lbs. 29  
Corn on Cob, 4 for 47  
Cabbage, No. 1 lb. 27  
New Potatoes, 10 lb. 59  
Green Peppers, lb. 42  
Cucumbers, each 10  
Vegetable Marrow, each 15  
Squash, lb. 15

### Canned Vegetables

Dill Pickles, gal. 19  
Cut Green Beans, 10 20  
No. 5 Peas, fancy 19  
Mixed Vegetables 22  
Diced Beets, per tin 14  
Wax Beans, choice 19  
Mixed Peas and Carrots 19  
Pumpkin, 2 for 25  
Baked Beans, 20-oz. tin, ea. 21  
Baked Beans, 15-oz. tin, ea. 21  
Tomatoes, 28-oz. 23

### Fresh Milk

Quart 22  
Pint 12  
Cream, ½ pint 28  
Large, carton, doz. 81  
Medium 70

### Butter

First Grade, lb. 64  
Margarine, lb. 37  
Evaporated Milk, 16-oz. tins, 2 for 7.75  
Case 7.75

### Cheese

Canadian Cheese, lb. 50  
Pastry Flour, lbs. 57  
Flour, 49's, No. 1 hard wheat 3.65  
Flour, 24's 1.95

### Tea and Coffee

Coffee, lb. 66  
DeLuxe quality, lb. 1.14  
Tomatoes, 20-oz. ea. 15  
28-oz. 34  
gallon 59  
Apple, 20-oz. tin, 2 for 29  
48-oz. 34

### Pineapple, crushed

Pineapple, crushed 34  
Pieces, 20-oz. 37  
Apples, 20-oz. 33  
Cherries, fancy, 20-oz. 30  
Loganberries, 20-oz. 37  
Peaches, choice 30

### Lard

Pure, lb. 24  
Shortening 32  
Soap, face, bar 10  
Laundry, cake 2 for 25

### IN THE SUPREME COURT OF BRITISH COLUMBIA

IN PROBATE  
In the Matter of the Estate of George Porter and

and  
In the Matter of the "Administration Act"

TAKE NOTICE that by order of His Honour Judge W. O. Fulton made the 12th day of August, A. D. 1949, I was appointed Administrator of the Estate of George Porter, deceased, late of Terrace, in the Province of British Columbia.

ALL PARTIES having claims against the said Estate are hereby required to furnish same properly verified to me on or before the 30th day of September, A.D. 1949, after which date claims filed may be paid without reference to any claims of which I then had no knowledge.

ALL PARTIES indebted to the said Estate are hereby required to pay the amount of their indebtedness to me forthwith.

DATED at the City of Prince Rupert, in the Province of British Columbia, this 12th day of August, A.D. 1949.

GORDON F. FORBES,  
Official Administrator,  
Prince Rupert, B. C. (201)

### TIMBER SALE X45714

SEALED TENDERS will be received by the Minister of Forests at Victoria, B. C., not later than 11:15 a.m. on the 23rd day of August, 1949, for the purchase of Licence X45714, to cut 11,701,000 b.m. of Hemlock-Balsam, Spruce, and Cedar on part of Lot 451, west shore of Kildala Arm, adjoining the north east and south boundaries of Indian Reserve No. 4, Range 4, Coast Land District. Six years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester Prince Rupert, B. C.

## BEAR TAKES OFF AS MAN BRINGS GUN

A large black bear which invaded the Seal Cove district of the city on Saturday escaped Nemesis because he happened to time his movements so that he was somewhere else when Maurice Teng, local transfer operator, went gunning for him.

Bruin, who apparently, visited the city on a berry foraging expedition, crossed Mr. Teng's path twice during the day, but the third time he was absent when Mr. Teng went looking for him with a gun.

"He was the biggest bear I ever saw in my life and I had a couple of good opportunities to shoot him—but I had no gun," he said. "When I got a permit to carry a gun and picked up my rifle, I couldn't find him."

The bear was first seen Saturday morning on Seal Cove Circle near its junction with Seventh Avenue East by Mrs. B. J. Fortune who was walking along the road. Mr. Teng came along in his truck, drove up Seal Cove Circle. The bear cut across for Seventh Avenue and Mr. Teng doubled back. He last saw the huge animal heading over an embankment in a southerly direction.

At 1 p.m. Maurice picked up his father, J. A. Teng, and the two went to the end of Eighth Avenue where they spotted the bear below a cliff. That was too much.

They went to Game Warden Ed Martin who issued them a permit to carry a rifle. Maurice picked up his .32 calibre gun and went on a bear hunt.

Apparently, however, Bruin had got warning of his deadly intent and disappeared.

The bear was one of several which have come down from Mount Hays to partake of the lush crop of wild berries which are now ripe in the flats behind the city. Several others have been reported seen along Eleventh and Ninth Avenues. Last week a bear and two cubs crossed McClymont park while a number of children were playing there. A search of nearby bushland by Game Warden Martin and his assistant, H. R. Walmsley failed to reveal their whereabouts, however.

## STILL PAYS THOUGH 'DEAD'

MONTREAL. — Robert Toupin may be "dead" but a judge decided he still has to support his family. Toupin appeared in court to say that he stopped payments to his wife and three children when he learned his wife declared him dead when she put the children in a convent. The judge wouldn't have any part of his argument.

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From the East—  
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