

gnations, ointments

School Vice-Principal
Fire Marshal's Report

Designations from and
ications for the teach-
were accepted by the
Rupert Board of School
at their regular meet-
-day afternoon.

ations were from R. D.
vice-principal of the
school, P. Sbrocchi, P.
G. R. Slade, all of Booth
High School.

ointments were Miss Mar-
on, Miss Sheila McKen-
-ridge, Leslie Matthews
H. Davidson, vice prin-
to the high school; the
Annie Neufeld and Annie
-t Essington and Mrs.
-chison, Digby. Another
ent was left up to Mrs.
-cker, chairman of the
committee to act on
of School Inspector J.

er from the Northern
olumbia School Trustees
on stated the fee for the
owing in the amount
that the Prince Rup-
-rd's share of pooled ex-
the last convention at
ke was \$50. It was de-
pay the fee in the
of \$10 but not the \$50 for
vention expenses. The
o informed the board
Provincial School Trus-
-tation meeting was at
October 4, 5 and 6.
s for July were ordered
in the absence of
Dr. R. G. Large and
Mrs. Becker was given
to sign checks.

opor informed the
intended to begin her
Friday and that ar-
nts had been made for a
while she was away.
e marshal's report came
discussion. Regarding
ndations for the school
Edward it was decided to
the fire marshal that
his requests had been
with including out-
-ther door to Grade 2
and other minor items
port and asking him to
pensive work in recon-
-chimneys, as the
as temporary and would
replaced with a new

ief Becker advised the
at Borden Street school
built to the fire mar-
fications at the time
ing and that certain of
mendations were being

Recruits For Navy

Young Men of Prince Rupert
Are Enlisting for Active
Service

Since the start of the recruit-
ing drive for the three armed
forces, there have been eighteen
applications for the Navy active
service, it was announced yes-
terday at H.M.C.S. Chatham.
Seven men are now awaiting ac-
-ptance and eleven others are
in various stages of medical ex-
-amination. The most of them
range in age from 17 to 20. Once
they are accepted, they will be
sent to H.M.C.S. Cornwallis in
Nova Scotia for training. Two
new officers in H.M.C.S. Chatham
are awaiting acceptance of their
enlistment.

About half a dozen young men
have responded to the Air Force
call for which Ft. Lt. Elmer Clau-
-sen is interviewing officer.

So far there appears to be
little, if any, interest in Army
recruiting here.

BUY AND WHYS

A WEEKLY INFORMATION SERVICE

MONTREAL, Aug. 3rd—Say goodbye to sneezes
and other miserable symptoms of hay fever or
"summer colds!" Sounds too good to be true,
doesn't it? But it can be done, quickly and easily
—with ANOHIST! You see, Anohist combats the
histamine that many doctors believe is released in
your body by an allergic reaction. That's because
Anohist is an antihistamine formula. And now you
can enjoy this prompt, effective relief at a cost of
one tablet in the Super-Economy Family-Size Bottle of 36
tablets. So say goodbye to bothersome hay fever or "summer
colds" — buy Anohist at your drugstore today! Remember: all anti-
histamines are not alike. They vary greatly in performance. Anohist is
the histamine formula recommended for family use because of its
in actual clinical tests.

Barbara Brent's
Pickles— or, rather,
lots of luscious
pickles—is what
you'll have when
you follow these
two tips for
pickling success!

... First of all,
to me—Barbara Brent,
Cent St., Montreal,
for that marvelous FREE
LET—"Pickling Success!"
page folder prepared by
Home Institute gives you
for relishes—pickled veg-
—fine spiced fruits...
ow the recipes exactly for
ul results! Second tip for
success is to always use
WHITE VINEGAR! It's
ave—short-cuts the job—
or to handle. I've found
his crystal-clear vinegar
is the natural colour of
uts and vegetables—and
ow, aged-in-wood pungency
est and piquancy to my

re An Artist... I could
picture better the
beauties of the new
FRIGIDAIRE De
Luxe Cold-Wall
REFRIGER-
ATOR... for it's
a work of art with
its Ice-Blue inter-
ior trim and Life-
shelves, edged in Ice-
rust-and-tip proof! Once
these and all the new
features of the new
De Luxe Cold-Wall
ator, you'll realize why I
it justice with more
... you'll have to see it at
Frighaire Dealer's soon.

To Your Good Health! ... and here's one good way to help
that way! Drink the juice of one lemon in a
water first thing on arising... for this natural
rink helps keep you regular the healthful way!
ecause lemon-water doesn't "tie you up in
e harsh laxatives do... just gently helps
them regulate itself. So, for glowing good
ways keep a supply of lemons on hand. But
they're SUNKIST CALIFORNIA LEMONS
the best, juiciest grown!

What Has More Summertime
Appeal than a
refreshing Jell-O
salad? I'd say—
nothing, unless
it's a Jell-O des-
sert! Salads and
desserts made
with JELL-O
JELLY POW-
-DERS have so
much sparkle and flavour! Because
Jell-O has those seven "locked-in"
flavours, that are delicious in
salads and desserts. Try this cool,
cool, Cucumber Pineapple Salad!
CUCUMBER PINEAPPLE SALAD
1 package Fine Jell-O
2 cups hot water
1 slice canned pineapple, cut in
wedges
1 cup diced cucumber
Dissolve Jell-O in hot water. Ar-
range pineapple wedges in bottom
of mould. Pour on Jell-O, being
careful not to disarrange pine-
apple. Add cucumber. Chill until
firm. Unmould on crisp lettuce.
Garnish with mayonnaise. Serves 6.



"You got a hole in one? ... That's nice! George, on your way
home pick up a loaf of bread, five pounds of potatoes, can of
beans, two pounds ..."

Gave Up Main
Line 'Phone

A fine gesture was made
recently by Bruce Love, ac-
cording to Telephone Chief
Edwards, when he gave up his
main line telephone after re-
tiring from the employ of the
city. For years Mr. Love was
Superintendent of Utilities.
Giving up the main line has
made possible a four party

line so that all homes in the
900 block on Alfred Street
may have telephones.

adds zest to the hour

CFPR Radio Dial

1240 Kilocycles
(Subject to Change)

THURSDAY—P.M.
4:00—CBC Opera Stars
4:15—Stock Quotations & Int.
4:30—Treasure Island
4:45—Western Five
5:00—The Inside Story
5:30—Prelude to Dusk
5:45—Young Man with a Song
5:55—CBC News
6:00—Canada at Work
6:15—English Favourite
6:30—Musical Varieties
7:00—CBC News
7:15—CBC News Roundup
7:30—Eventide
8:00—Proposals for Peace
8:30—Mama's Family
9:00—Guestin' With Kesten
9:30—CBC Vancouver Concert
Orchestra
10:00—CBC News
10:10—CBC News

10:15—Focus
10:30—Winnipeg Drama
11:00—Weather Report
11:04—Fish Arrivals
11:16—Sign off

FRIDAY—A.M.

7:00—Musical Clock
8:00—CBC News
8:10—Here's Bill Good
8:15—Morning Song
8:30—Music for Moderns
8:45—Little Concert
9:00—BBC News and Com'ty
9:15—Morning Devotions
9:30—Sunrise Serenade
9:45—Famous Voices
9:59—Time Signal
10:00—Morning Visit
10:15—Morning Melodies
10:30—Melody Time
10:45—Invitation to the Waltz
11:00—A Man and his Music
11:15—Roundup Time
11:30—Weather Report
11:31—Message Period
11:33—Rec. Int.
11:45—Scandinavian Melodies

SKEENA INN

PORT ESSINGTON

Licensed Premises Clean Comfortable Rooms

"YOUR HOME AWAY FROM HOME"
JANET BROWN, Prop.

After all is said and done,
how does it taste in the
cup? That is what counts!

"SALADA" TEA BAGS

yield the perfect flavour.

Record Sale

1/3 off

Popular and Classical

Come Early and
Don't Be Disappointed

McRae Bros.

BIG CLEARANCE VALUES

WORK SOX

Men's All Wool Work Sox 2 pr. 98c
Work Sox - Men's pr. 39c

TOYS! TOYS! TOYS!

25% OFF
OUR ENTIRE STOCK

MEN'S DRESS TROUSERS

20% OFF
OUR COMPLETE LINES

Outfit Your Lad For School At These Low Prices

BOYS' JACKETS

300 TO CHOOSE FROM!
20% off Our Entire Stock

BOYS' BLUE JEANS

Regular \$2.95. Don't Miss These!
At \$1.95

T-SHIRTS

All sizes.
Reg. 79c to \$1.15.
Now 59c

BOYS' RAINCOATS

These are Rubber-
ized and are a Give-
Away at this Price!
Reg. \$5.95.
Give - Away Price
\$2.95

COWBOY HATS

Reg. \$1.95
Clearing \$1.49

STRAW HATS

Reg. 89c.
Now 59c

BOYS' TROUSERS

THESE ARE
A REAL BUY!
Reg. \$3.75
Now \$1.69

BOYS' CARDIGAN SWEATERS

GROUP 1
★ Reg. \$3.65 Clearing \$1.95
GROUP 2
★ Reg. \$2.50 Now \$1.19

BOYS' COMBS

Reg. \$1.75 Now 89c

BASEBALL SHOES

Sizes 6-8.
Reg. \$8.50 To Clear \$4.95

FOR MOM!

LADIES' BADMINTON AND
TENNIS SHOES.
To go at \$3.69

TENNIS RAQUETS

Take Your Choice
1/3 OFF
OUR ENTIRE STOCK

SALE STARTS FRIDAY, AUGUST 4
ENDS AUGUST 12

FOR DAD

MEN'S DRESS SHIRTS

Reg. \$4.75 To clear at \$2.95

STEAMER TRUNKS

FAMOUS
TRADENAME
TRUNK

All 3-Ply
Construction
with Aluminium
Covering.

Reg. Price \$29.50
Now \$22.95

What Has More Summertime Appeal than a refreshing Jell-O salad? I'd say— nothing, unless it's a Jell-O des- sert! Salads and desserts made with JELL-O JELLY POW- -DERS have so much sparkle and flavour! Because Jell-O has those seven "locked-in" flavours, that are delicious in salads and desserts. Try this cool, cool, Cucumber Pineapple Salad! CUCUMBER PINEAPPLE SALAD 1 package Fine Jell-O 2 cups hot water 1 slice canned pineapple, cut in wedges 1 cup diced cucumber Dissolve Jell-O in hot water. Ar- range pineapple wedges in bottom of mould. Pour on Jell-O, being careful not to disarrange pine- apple. Add cucumber. Chill until firm. Unmould on crisp lettuce. Garnish with mayonnaise. Serves 6.

The Sports Shop