

HOTEL ARRIVALS
Prince Rupert

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Seasonable Ideas for Housekeepers

Spring is bringing with it an abundance of fresh fruits and vegetables which the thrifty housewife will want to hold for less productive seasons and, for many, this will involve home canning.

The home economists have many good ideas and hints about canning that they would like to pass on in the hope that they will be found useful.

First of all, foods do not miraculously improve in flavour or appearance during canning, therefore fruits and vegetables to be canned should be of the highest quality. In addition, they should be canned as soon as possible after gathering. The home economists emphasize the point "only tender, young vegetables and well-formed, mature fruits should be canned."

Before the canning season really gets under way, it is important to check on utensils to make sure that they are in good condition. Pressure canners are now used by many housewives the year round but if, by chance, they have been stored away for the winter, they should be taken out well ahead of time and thoroughly checked, particularly the penings to the petcock, safety valve and pressure gauge.

Glass sealers should be checked carefully to make sure they are not cracked or nicked in the rim. New glass tops or metal screw bands may be required as well as new rubber rings. When buying rubber rings, be sure to get the correct size for the sealers. The narrow rings are for the screw top sealers and the wider ones for the spring top sealers. The boxes in which the rings are sold are clearly marked with the trade-names of the sealers on which they should be

used. Rubber rings should not be used a second time.

When tin cans are to be used, the sealing machines should be carefully inspected and a test can sealed to see that the machine is working perfectly.

There are two methods of packing . . . hot pack and cold pack. The hot pack is the method recommended for canning vegetables. In this method, the product is actually packed into the containers while boiling hot and then processed for the required time.

The cold pack is an excellent method to use for fruits or tomatoes. As the name implies, the food is packed cold into the sealer or can and is then covered with either hot or cold liquid and then processed. This method should never be used for canning vegetables.

A few minutes spent in careful planning and checking with last year's results will show the homemaker which method she prefers for each of the products to be canned. It is a good idea

to look at the vacant spots in the storage shelves because they tell one very quickly what the family liked best and, no doubt, one will want to do up more of the favorites this year.

Modern methods of canning recommend leaving a headspace when packing. Headspace is the space between the surface of the liquid and the rim of the container. Leaving such a space helps to prevent loss of liquid from sealers or bursting of tin cans.

After processing, the sealers should be cooled in an upright position, out of draughts, with some space between them for circulation of air. Tin cans are cooled by plunging them immediately into cold water. Changing the water frequently helps to speed up the cooling.

The canning bulletin has been revised recently and is now available, free of charge. This bulletin will be a boon to the home-canning novice since it not only gives all the steps in canning fruits and vegetables but also

Highway Bridge Closed Today

A bridge sixteen miles this side of Terrace having broken down was closed for repairs today but it was expected the highway would be open for traffic again by late this afternoon. Three stringers in the bridge were broken, Foreman Art Kennedy of Terrace reported to departmental offices here. Mr. Kennedy hoped to have the repairs finished by 4 p.m. today.

Water of the Skeena River is rising, it was reported at the public works office yesterday but there has been no trouble with the highway as yet.

Directions for making many delicious jam, jellies and pickles. To obtain a free copy of "Home Canning of Fruits and Vegetables," send your name and address to the Information Service, Department of Agriculture, Ottawa.

Advertisement in the Daily News.

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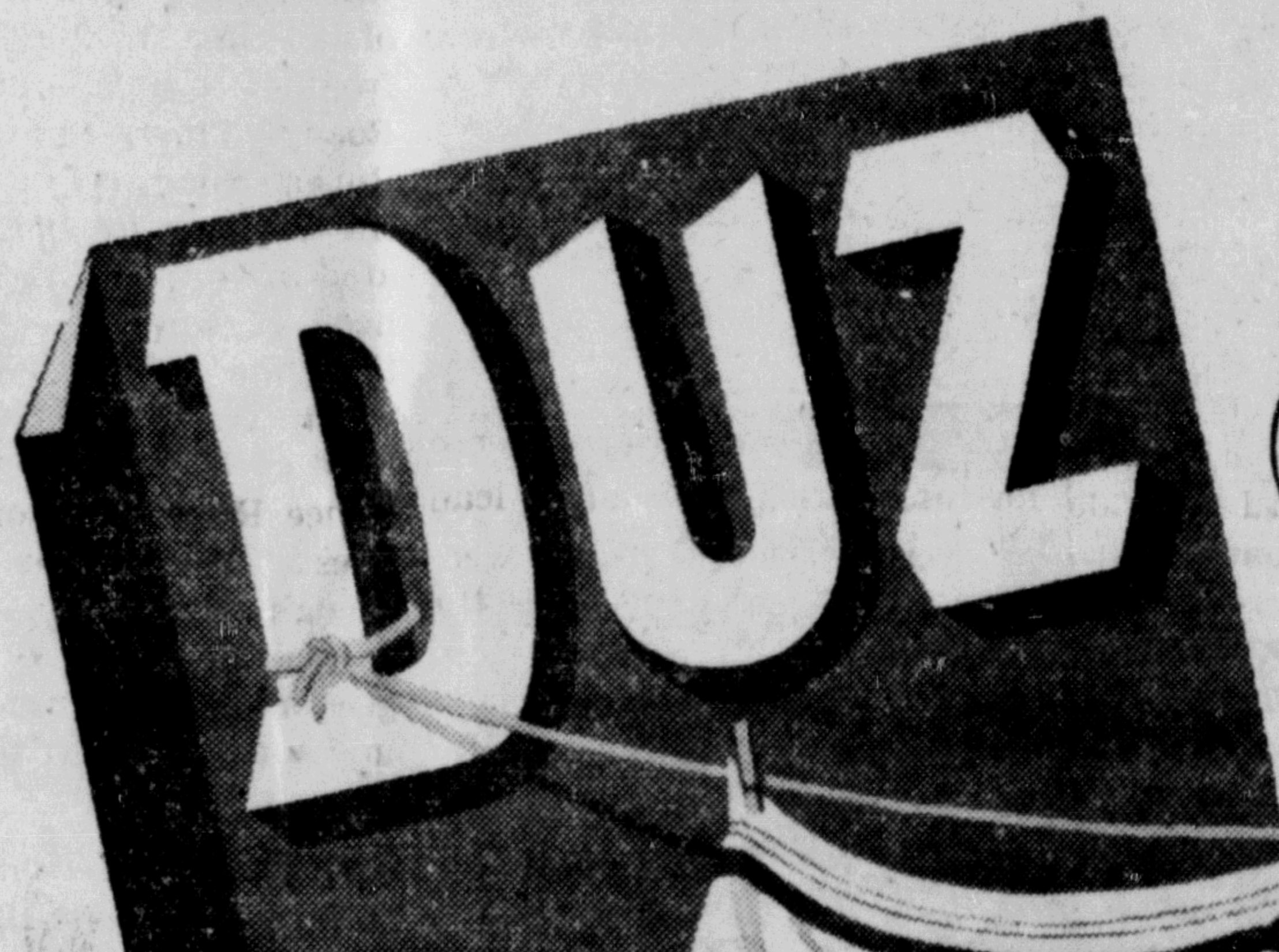
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Loss of everything they own is faced by this Manitoba family of Mr. and Mrs. Peter Martin and Richard, 6, Dennis, 4, and Luella, one month. They had purchased a lot at Rosenort and \$12,000 worth of material, machinery and equipment for a retail garage. All was engulfed in the flood waters when the family was rescued by boat. Such cases will be aided by the Manitoba Flood Relief Fund, for which contributions can be paid into any bank.

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