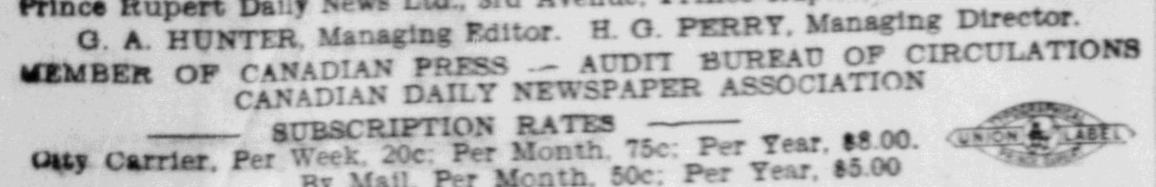
HE

CANADIAN DAILY NEWSPAPER ASSOCIATION Otty Carrier, Per Week, 20c; Per Month, 75c; Per Year, \$8.00. By Mail, Per Month, 50c; Per Year, \$5.00



Importance of Swimmin

holidays. Holidays and sunny week-ends usually mean the beach, either at the lake or the cipients. One overseas mother June 12 is Trinity Jungay in

Each summer brings its toll of drownings, many of which could be prevented, if simple precautions were taken.

A list of 14 "do's" and "don'ts" has been compiled with the hope that this summer will see fewer deaths due to swimming and boating accidents.

1. Learn to swim. Know your own limitations as a swimmer.

Learn artificial respiration. The briefest delay in applying it may cost a life.

Where to swim. If possible swim in a supervised area. Investigate unknown water before swimming or diving.

4. When to swim. Late morning and afternoon are the safest hours in which to swim.

5. Temperature and time. Between 70 degrees and 80 degrees is best (warmer water relaxes too much, colder exhausts). Thirty minutes is long enough in the water for the average swimmer.

6. Swimming after eating. Wait at least two Frank Hicks. hours after eating a regular meal before swimming.

7. Panic contributes to most accidents. Learn to scull and tread water. Novices must stay in shallow water while learning to swim.

8. Exhaustion. Avoid over-activity, before a swim. Over-exertion while swimming, and extremely cold water also contribute to exhaustion. 2. Always have a companion, when fishing,

swimming or boating. Never swim alone. 10. Reaching aids. Learn how to use all reach-

ing aids; how to use floating objects to support yourself; how to throw hand line and ring buoy.

11. Cramps. If hit by stomach cramps, scull to support yourself and call for help. To ease leg cramps, take a deep breath, submerge, and ease cramped muscles with thumb and fingers of one hand, pressing through the muscles, to meet those of the other hand.

12. Currents. Never buck a current. Swim diagonally across and with its flow. If unable to reach shore, drift to save strength and call for help. If caught by an undertow, go with it and swim diagonally upwards to the surface.

13. Weeds. Use gentle, slow drawing and shaking movements to get out of weeds. Swim with the current not against it, until freed.

14. Boating. If capsized, hang on to the boat and call for help. Never enter a canoe unless you are an experienced competent swimmer.

CANADA AND UNITED STATES

V/E (THE AMERICAN PEOPLE) assume, W automatically that, in any time of crisis, the best interests of Canada would be also the best interests of the United States and vice versa. The assumption is founded on more than the compulsion of geography. It is founded on the solid fact of personal and national confidence. Any attitude of mis trust in any dealings with Canada would rightly be abhorrent to us. We take not only the friendliness but also the soundness, stability, integrity and es sential "rightness" of Canada for granted. It would be hard to realize what our lives would be like if we did not.

-New York Times

NEW HOTEL

CINCE ANNOUNCEMENT of the intention to build a modern hotel here, many persons have been looking over the site on Second Avenue to see for themselves just where it is and what it looks like. Some are new comers who know nothing of what transpired in hotel negotiations in the early days. Everyone is finding great satisfaction to know that such an improvement is on the way. They say it will be a big factor in inducing other enterprises, as time goes on, to locate here.

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APPRECIATIVE LETTERS READ

At its regular meeting held Thursday in the ladies lounge in the Civic Centre, Duchess of Edinburgh Chapter I.O.D.E. heard letters of warm appreciation for parcels of food which have been shipped to England

ported that a continuous flow overseas and then read a number of grateful letters from re-

at Langley Prairie to help her with her education,

sistants appointed.

emonies to be held June 19. The these plans. meeting decided not to termin- The natural thing for us to during the summer months.

AIR PASSENGERS

To Vancouver-Mr. and Mrs. H. H. Menshell, Miss Menshell, E. Bulmer, E. Mussellam, A. C. Christensen, Miss L. Christensen, Mrs. A. Benson, Miss R. Walton, L. K. Edelbluttee, A. Altmiller, E. Johnson.

To Sandspit-A. D. McGilliv-

From Vancouver-Miss J. Coupal, O. Hanson, C. Bydgnes, A. Watso, H. Hulbrandson, B. Iverson, T. Berg, G. Strokness, D. Passmore, A. Antonson. Mrs. B.

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From Sandspit-Mr. and Mrs. faith."

Services & the Church KENNEY, BROWN

GOD'S CHOICE

"Ye have not chosen me, but I have chosen you, and ordained you, that ye should go and bring forth fruit, and that your fruit should remain: that whatsoever ye shall ask of the Father in my name, he may give it you. John 15:16."

reported that her children had the Church Year. It is a season us. We do not seek after God, received the parcels "with when we consider the fulness of yet He has determined to save shouts of how wonderful they God. In other seasons we de- us, in spite of ourselves. This were. How wonderful it was to vote our thoughts primarily to does not mean that God comthink that people so far away one particular person of the pels us to worship Him. Neither were willing to help us in our dif- Godhead. In the above text does He compel us to enter we are faced with a decision heaven. However, God sheds A small donation was voted to made by one of the members His love upon us and that love be sent to a girl student living of the Godhead but which also impels us to love Him. It is involves the others. The choice God that seeks out those who that Christ makes is the result will receive Him. The fall bazaar to be spon- of the councils of God before

Theme: God's Choice,

sored by Municipal Chapter was the world was made. In those discussed and conveners and as- councils the matters of salvation were worked out and the when we live Christian lives. Regent Mrs. W. Whidden urg- proper plans laid for their fuled all members to attend the fillment. The three persons of praying and saying pious things. Decoration Day observance cer- God are active in carrying out

ate the work of the chapter do in life is to try to get along without God. So we find sub-The monthly raffle was won stitutes. We busy ourselves doby Mrs. J. Moran. Following ing good deeds. We improvise the business session, delightful a form of religion and often set refreshments were served by up a god of our own making. We Mrs. H. D. Stewart and Mrs. J. never seek after the true God. Moran. The July meeting is Often the very mention of Him to be held at the home of Mrs. is the cause for anger. If some- ous power available to all who one suggests that our worship is vain because it does not honor God then he is shunned. Yes we can always find an excuse for blindly walking on a path that does not lead to God.

The Bible tells us that non seek after God. It tells us that we are unable, because of sin to properly worship Him. Marti Luther writes in his explanation of the creed, "I believe that I cannot by my own reason or strength believe in Jesus Christ my Lord or come to Him but the Holy Ghost has called me by the Gospel, enlightened me with His gifts, and sanctified and preserved me in the true

Our text tells us that we do

not choose God, but He chooses

God has chosen those who are Christians for the work of glorifying Himself. We glorify God Living Christianity is more than It is a life that does the things that God wants done. The fruits of the Spirit such as faith, joy, peace, patience, meekness, humbleness, love, etc., grown in a Christian life. The fruits ma-

ture as the Christian matures. Prayer is a part of the Christian life. When one is obedient to God's will, then God hears his prayer. There is tremendlive thus. The answer to prayer is conditional—we must obey God. There is a goal and a reward for a God fearing life.

It is well to remember that as Christians we are the product of preserves us in the true Christian faith. He enables us through prayer to receive God's gfits. Such gifts increase our Christ-

REGULAR BAPTIST CHURCH (Fundamentalist)

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12:15 p.m.—Sunday School. (Classes for All-Come!) 7:30 p m. -Gospel Service.

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FOR NORTH QUEEN CHARLCTTE ISLANDS s.s. Coquitlam, June 10 and 24

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FIRST BAPTIST 5th Ave. E. at Young St

FIRST PRESBYTERIAN 4th Avenue East

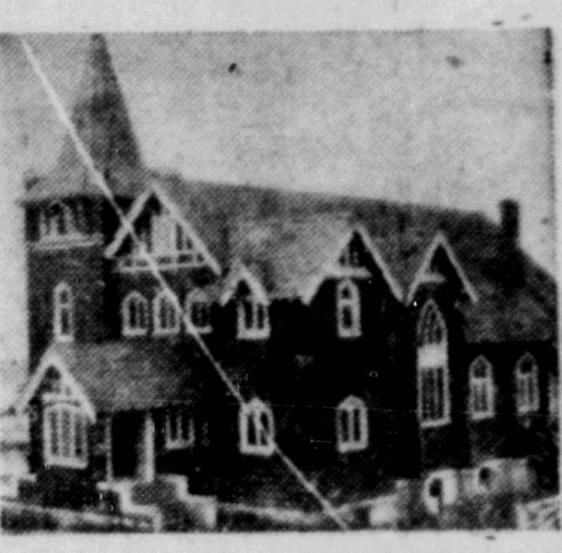
FIRST UNITED 636 6th Ave. West Minister: R. A. Wilson, M.A. FULL GOSPEL TABERNACLE 202 6th Ave. West

Pastor: C. Fawcett

SALVATION ARMY C.O.: Major W. Yurgensen Sunday School 3:00 p.m.

ST. PAUL'S LUTHERAN 5th Ave. at McBride St. Pastor: E. Soiland

ST. PETER'S ANGLICAN Seal Cove Archdeacon E. Hodson Evening Prayer 7:30 p.m.



First Presbyterian Church Rev. G. E. Sendail B.A., B.D.

11:00—Rev. J. A. Tingley (Br. and For. Bible Society).

7:30-"Sustained Pace."

Mon., 8 p.m.-Young Peoples.

MOTORS, LIMITED, PLAIN-TIFF, AND FLOYD GOOD, DEFENDANT

Warrant of Execution issued ant, Floyd Good, I have seized one Allis-Chalmers Caterpillar Tractor, Model 650, Serial No. 55-266 with 11-foot blade. hydraulic hoist and loader, and on Thursday, June 16th. 1949, at the hour of 2 o'clock Sheriff's Office, Court House Prince Rupert, B.C., I shai offer for sale at public auction all the right, title, and interof the defendant in the above goods and chattels.

The tractor may be inspected at the farm of Kenneth Olson, Tchesinkut Lake, about ten miles south of Burns Lake, B.C., and the loader in the C.N. Ry. yards at Burns

this sale is subject to the Social Security and Municipal Aid Tax. The higest or any bid not

Dated at Prince Rupert, B.C., this 6th day of June,

M. M. STEPHENS, Sheriff, County of Prince Rupert.



DRUGS

SUNDAYS AND HOLIDAYS-12 NOON TO 2 P.M. 7 P.M. TO 9 P.M.

Daily car delivery service

and Sunday

Statement On June 2 last I issued a challenge to Frank Calder.

C.C.F. candidate for Atlin constituency, to prove the truth of certain statements made over his signature in the Prince Rupert Daily News May 31, 1949, issue.

To the best of my knowledge no attempt has been made by Mr. Calder to accept this challenge.

I must, therefore, conclude that the statements were in error and have no foundation in fact.

I am relieved to know that Atlin constituency Coalitioists whose good names were in question in these statements, have now had these good names cleared by Mr. Calder's silence.

W. D. SMITH, Coalition Candidate for Atlin.



Second Avenue opposite Prince Rupert Hotel 7:00 a.m. to 3:30 a.m. Phone 173 for Outside Orders

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12:15 Sunday School 629 6th E., Near High School

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TONIGHT

10:45 p.m.

Kenney, supported by T. W.

Brown of Prince Rupert, ad-

dressed a public meeting in the

W. J. O'Neill acted as chair-

The speaker stressed the ad-

vantage of free enterprise. The

audience consisted mainly

but much applause.

men. There were no question

Elks' Hall Monday evening.

PREMIER BYRON 1

TONIGHT 10:45 Published by

B.C. Coalition Organization

J. D. MCRAE

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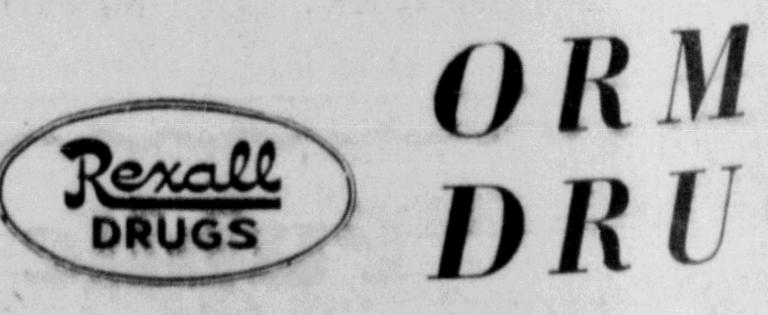
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