

# Bo-Me-Hi News - A Weekly Record

## Disc Discussion Christmas Trees For Each Class

A very interesting poll is being conducted by a musical magazine. The purpose of this poll is to determine the favorite band, instrumental combo, vocal combo, male and female singer, King of Corn, favorite instrumental soloist and an All-Star Band and band vocalists, etc.

In the race for the favorite band Star Kenton has a majority of 61 votes over his closest competitor, Woody Herman. Dizzy Gillespie is 39 votes behind Woody Herman. Duke Ellington is running a poor fourth. Although the ballot counting is not complete, the results so far show that "BE-Bop" is rising in popularity along with modern, sophisticated jazz such as Maestro Kinton presents.

Frank Sinatra holds a slim lead over newcomer Billy Eckstine in the poll for the most popular male singer not connected with any band. Frankie Laine and Mel Torme are tied for third place and Bing Crosby is in fourth. In the women's section Sarah Vaughan holds a large majority over Doris Day. Anita O'Day is in third spot with Peggy Lee and Jo Stafford tied for fourth.

Spike Jones, of course, has twice as many votes as his nearest runner-up, Guy Lombardo, for the title "King of Corn". In the favorite instrumental soloist poll Dizzy Gillespie is in

Usual Bo-Me-Hi classes continued for the first three periods of the morning on closing day before Christmas but the fourth period saw each class in its own room, gathered around a decorated Christmas tree. One student in each room played the role of Santa Claus and distributed the nicely wrapped presents to their owners. Earlier in the week names had been drawn for the presents. Money contributions to the "Aid for Britain" fund were also given by the students, and in all totalled \$51.

After the presents had been opened, carol singing took place in most of the rooms until the dismissal bell rang at 12 o'clock, marking the beginning of two happy weeks of holiday.

The lead followed by Benny Goodman, Bill Harris and Charlie Parker respectively.

Band leaders are not eligible for the all-star band. The voting in this particular department is very close. The full results of this poll should be out in a few weeks.

A questionnaire will be given to some of the students in the Senior School to find out the musical favourites in Bo-Me-Hi. A comparison of the two results should be very interesting.

## Clubs... TRACK

The Track Club this year is off to a flying start, with about 50 members from Grades 9 to 12. Mr. Cleland and Mr. Evans are joint sponsors of the club. Officers are: President, Eric Moore, Vice-President, Bob Williamson, and Secretary, Oscar Mercer.

If one is up at 6:30 some fine morning the boys may be seen practising for the track meet to be held in May. The girls also are hoping to enter if enough money is raised to send a team south.

High now members are busy thinking up means to raise money. —M.B.

## GIRL'S WOODWORK

Bo-Me-Hi girls are as good carpenters as the boys. Proof of this is Mr. Densmore's woodwork club consisting of about 15 girls from Grades 9-12.

Projects under way at present are varied, some girls are working on lamp stands, others brooches, and some are making picture frames. The more adventurous members hope to work on small stands and stools in the near future.

The club president is Marion Greenwood and the secretary is Gloria Morvon.

## New Teachers

Editor—Irene Hansen.  
Reporters—Margo Brown, Joan Moller, Donna Kerrigan, Mary McAfee, Esther Harrison, Kathleen Smith, Deshka Peneff.

F. H. Moore, the Grade 10 teacher, hails from Cranbrook. Besides Grade 10 he teaches some of the Commercial subjects. He is a graduate of the Victoria Normal School and the University of British Columbia. He was in the Army for four years in the European theatre of war.

Mr. Moore likes Prince Rupert very much, especially the snow we are having now. He excels in the culinary art. He likes highly seasoned foods, especially spaghetti and his dislike is parsnips. His favorite recreations are swimming, bowling and badminton.

Mr. Moore is a conservative dresser himself but thinks most men's clothes are too drab. His favorite color is grey.

## Personalities

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## 'Chris' Currie

Christine Currie, Senior School President, is definitely a hometown girl. She was born here and received all her schooling in Prince Rupert. She first saw the light of day on April 14, 1931. Her elementary school years were spent at King Edward School and her high school ones at Booth.

"Chris" has always taken a keen interest in sports. This year she is one of the star players on the Rainbirds basketball team and the highest scorer in the Women's League. A few years ago she played on the High School girls' softball team. Her hobby is collecting records.

After graduating, "Chris" would like to attend business school and take up stenography.

**SHARP-EYED REPTILE**  
The long-nosed tree snake of the East Indies has eyes with pupils shaped like keyholes. This species has the sharpest sight found in snakes.

## Pre-Xmas Prom Festive Affair

A formal high school dance was held at the Sons of Norway Hall just before Christmas in honor of the victorious Bo-Me-Hi basketball team. The hall was decorated by the Cheer Squad— which sponsored the function— with a Christmas tree and lights although the main attraction seemed to be the small heater around which flocked several teeth-chattering couples. When the dinner waltz was announced by Mistress of Ceremonies Diane Kennedy, both the hall and the dancers were considerably warmer.

Winners of the spot dances were Gordon Rothwell and Lucille Steffens, Bob Anderson and Pat Smith.

The mood of the dancers matched the festive season although those attending were, for a High School Prom, unexpectedly small in number. The music, rendered by Andy McNaughton at the piano, ceased at one o'clock when the couples left the hall to brave the fierce northern winter.

**HINTS FOR ESKIMOS**  
To help Canadian Eskimos make the most of their family allowances, a poster has been produced in both Eskimo syllabics and English informing the natives of what may be purchased on allowance credits.

London Transport Executive figures show that the Underground Railway is carrying 9,000,000 more passengers weekly than last year.



ESKIMOS IN MANHATTAN—The Argnaboog family, year-old daughter Wooduk, genuine Eskimos in New York the Arctic regions for appearance at the Radio City show, felt right at home in the heavy storm which hit recently. They are shown as they ventured out in a sled, and tried to persuade their dog, Amog, to haul. Amog didn't do so well. The Eskimo group in Wales, Alaska, and this is their first trip away from the north.

## Seasonable Ideas for Housekeepers

### MEAT CUTS THAT SEEM NEW—RELIEVE MONOTONY FOR HOMEMAKER, FAMILY

It is sometimes suggested that the homemaker becomes tired of the monotony of house-keeping because she does the same thing, in the same way, over and over again. The best food in the world will pall if it is always cooked and served in the same way. Some families never know variety in the meat they eat, others enjoy different cuts, served in different ways and do it on a smaller budget. It is true that steaks and chops cannot be beaten for appetizing juiciness but other less expensive cuts have the same full meaty flavor.

The less tender cuts do require a little more attention in preparation but they are worth it. Home economists give a word of warning on cooking meat. The most expensive steaks and roasts are easily spoiled by cooking at high temperature. Less tender cuts, such as short ribs, flank, round and rump not only must be cooked at low temperature but also require long cooking in moist heat to break down the tough tissues. With these cuts, the clever cook uses subtle seasoning. So many women are in a rut and use only salt and pepper and perhaps a little onion. A change of seasoning in stew may make it seem like an entirely new dish.

It would be really worth while trying the following recipes. They are penny savers but have the same good meat flavor as expensive cuts. They will also relieve the monotony for both the cook and her family.

- CHILI BEEF STEW**
- 1/4 cup fat
  - 1 pound cubed stewing beef (1-inch cubes)
  - 1 cup coarsely cut celery
  - 1/2 cup coarsely chopped green pepper (optional)
  - 6 medium onions, sliced
  - 2 cups canned tomatoes
  - 2 teaspoons salt
  - 1/4 teaspoon pepper
  - 1 teaspoon chili powder
  - 2 to 3 tablespoons flour (to be added at end of cooking time)
- Melt fat, add cubed beef and brown. Add celery, green pepper and onions. Add tomatoes and seasonings. If necessary, add hot water to barely cover meat. Cover and simmer until meat is tender, about 2 hours. Make a thin paste of the flour and a little cold water, add to stew and cook until thickened. Garnish with a border of mashed potatoes. Yield: five to six servings.

**NOTE 1.**—One cup chopped carrots and 1/2 teaspoon celery salt may replace celery, if desired.

**NOTE 2.**—If using a pressure saucepan, follow the method given above but cook for only 20 minutes at 15 pounds pressure. No extra water will be needed but flour should be increased to 4 tablespoons.

- MCKE DUCK WITH DILL DRESSING**
- 2 lbs. round steak, cut 1/2 inch thick
  - 3 cups soft bread crumbs
  - 1/2 teaspoon salt
  - 1 teaspoon poultry dressing
  - 1/4 cup chopped onion
  - 1/4 cup chopped dill pickle
  - 6 tablespoons melted fat
  - 1 tablespoon prepared mustard
  - 1/2 cup dill pickle juice

Wipe round steak with cloth. Combine poultry dressing, pickle and 3 tablespoons spread with prepared and place dressing on top. Roll up and fasten with string. Place in a large pan with 2 tablespoons fat in it and brown steak on all sides. Add dill pickle juice in a covered pan until tender. Yield: 4 servings.

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**TENDERS**  
Sealed tenders marked "Tenders for Purchase" and containing Proposal Number will be received by the undersigned up to noon THURSDAY, JANUARY 13TH for the following:—  
**PROPOSAL NO. 1**  
Purchase of Clinton Rooms, Fraser Street, for demolition. Purchase to cover large front building only.  
**PROPOSAL NO. 2**  
Purchase of Lot 26, Block 31, Section 1 and all buildings thereon, consisting of Clinton Rooms and cottage at The Clinton Rooms cannot be repaired under existing City regulations, but must be torn down and rebuilt.  
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