

ATISM! RITIS!
often needless

Mr. and Mrs. J. D. McRae are sailing tonight on the Prince George for Victoria where Mr. McRae will attend the forthcoming session of the Legislature in his capacity as member for Prince Rupert.

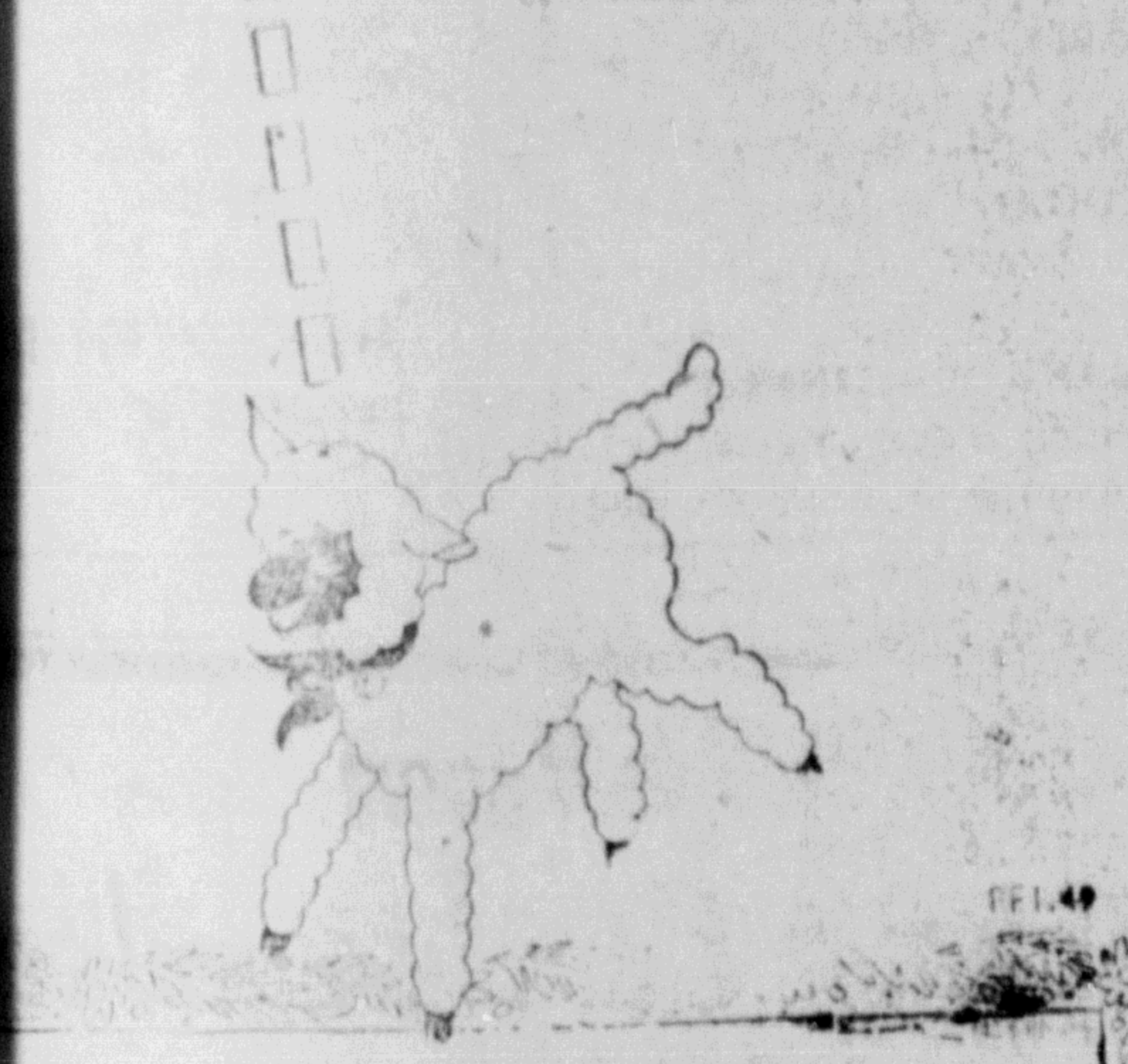
Mr. and Mrs. Albert Stiles returned to the city on the Prince George yesterday from Vancouver where Mr. Stiles for the past several weeks has been receiving treatment as a result of which his health is much improved.

Train Schedule
For the East—
Monday, Wednesday, Friday 8:00 p.m.
From the East—
Tuesday, Thursday, Saturday 10:15 p.m.

Prince 19, Ontario.



a special kind of bathroom softness



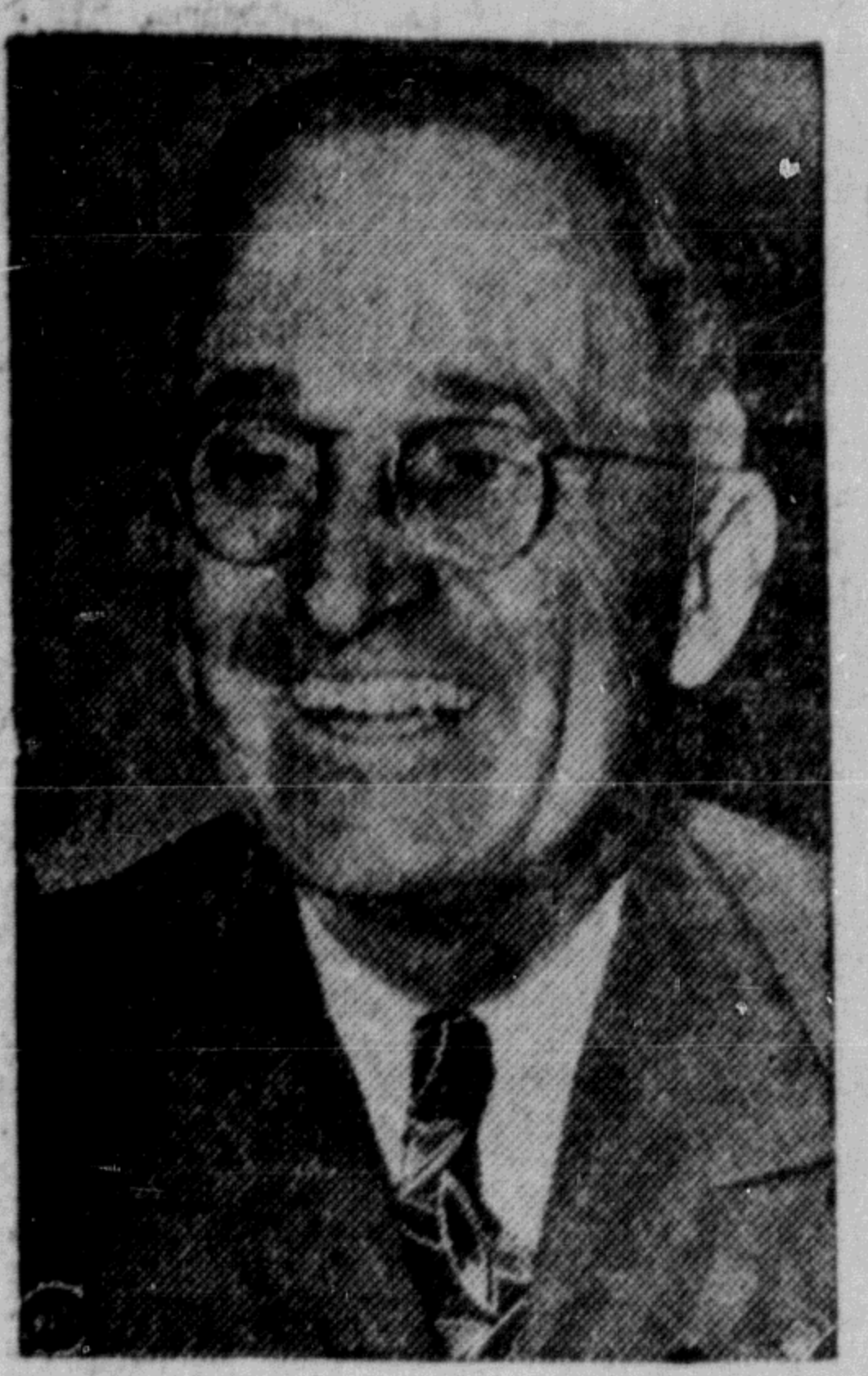
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last—lovely, dinner sized, paper napkins—
thicknesses of soft cellulose.
cling to your
like fine linen!
to a package—
one laundry
ing.

Values for You
Lunch Kits
Percolators
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Pyrex Ware
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IMPSON HARDWARE CO. LTD.

STATIONERY!
FOR EVERY PURPOSE
Good Stationery Shows
Good Taste
For widest selection of
Stationery in town
SEE

THE VARIETY STORE
Shrine Band Concert Feb. 3, Civic Centre



OKAYS H-BOMB — President Truman.

It's business wise to advertise

REAL ESTATE INSURANCE INCOME TAX RETURNS PREPARED
R. E. MORTIMER
324 2nd Ave. (Near C.F.P.)

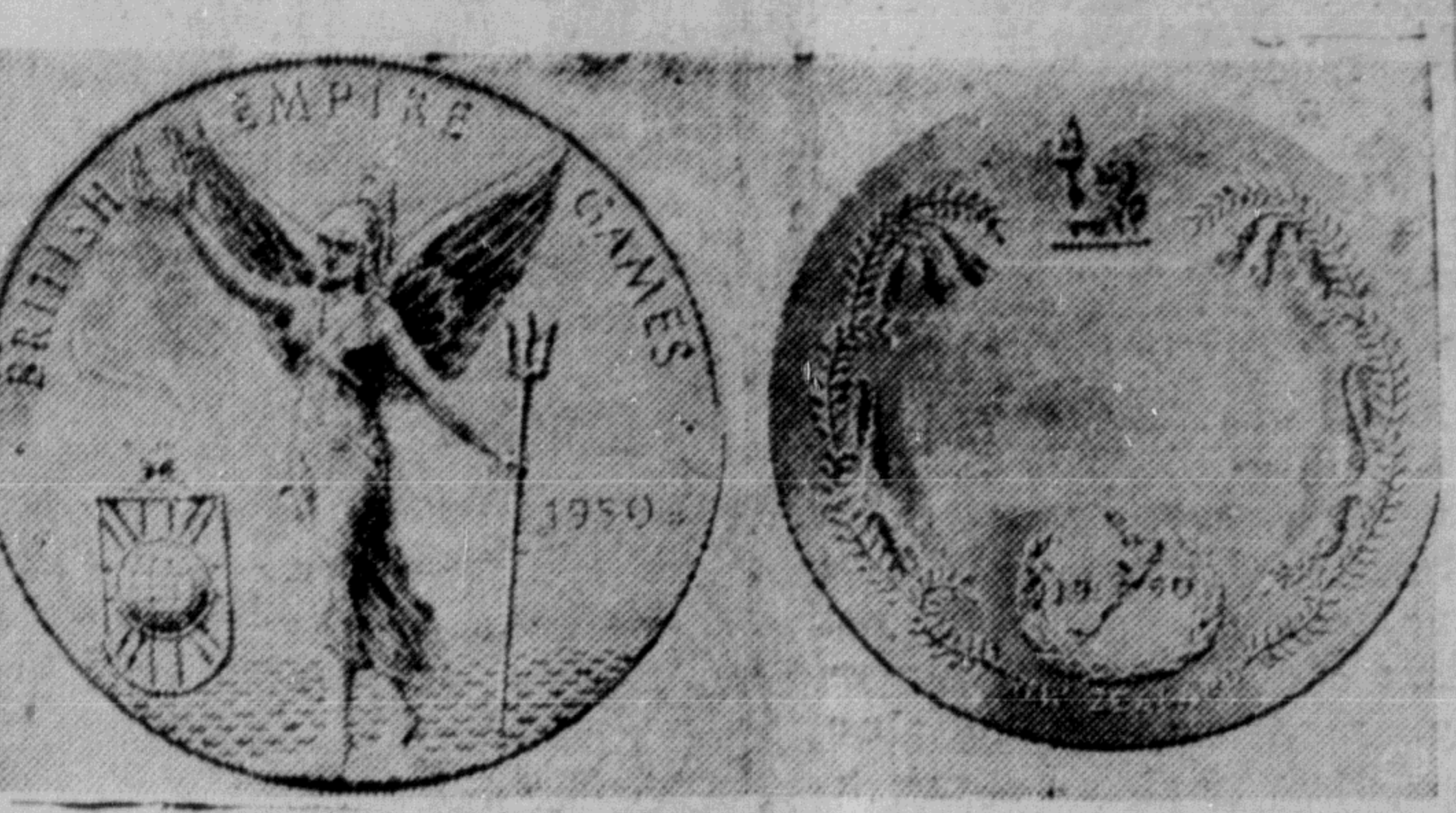
COLD or HOT!
A new home built right is never too cold or too hot.
Plan to Build NOW
For Plans and Estimates
GREER & BRIDGEN
CONTRACTORS AND BUILDERS
R.E.D. 581 BOX 721

5¢ Buys FOUR Delicious AUNT JEMIMA Pancakes!
Try this Tempting LUNCH or SUPPER TREAT
Good for You—DIGESTIBLE AS TOAST!

MARCHAND OIL HEATERS VORTEX OIL BURNERS IRON FIREMAN STOKERS
Plumbing & Heating Alterations
SMITH & ELKINS LTD.
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YUMMY!!
That's what your family will say about the Delicious CAKES from—
RUPERT BAKERIES LTD.
619 3rd Ave. Phone 613

MANUFACTURERS' AGENT
Wholesale Warehouse—carrying a representative stock for prompt service to the trade
GOODYEAR TIRE & RUBBER CO.—Tires, tubes, batteries, hose, belting, accessories.
CANADIAN WESTINGHOUSE CO.—Lamps only, fluorescent and incandescent, 5 to 230 volts.
GENERAL BATTERY CO. of CANADA—Radio batteries, flashlights, ignition batteries.
G. H. WOOD & CO.—Industrial sanitation, paper towels, cups, deodorizers.
DUSTBANE CO. of B. C.—Dustbane, Sisal, Janitor supplies, hotel and restaurant supplies.
IMPERIAL WIPING RAG CO. and others
PRINCE RUPERT SUPPLY HOUSE
712 Second Ave. P.O. Box 772 Phone 632



FOR THE WINNERS—Winners of the various events at the British Empire Games in Auckland, N.Z. will be presented with medals similar to the one shown here. The left photo of the obverse side shows the design of the medal. The right photo is the reverse side on which the winner's name will be engraved. (C. P. Photo)

Ray Reflects . . .
. . . and Reminisces

The drinking of water is not at all uncommon in Prince Rupert. That being the case, the advice of physicians that it be boiled, if not coming through uninterrupted mains, is worth heeding.

If a man has everything a woman could ask for, she usually does. — Quebec Chronicle-Telegraph.

To take a voyage around the world, as a local old timer is doing, means money well spent. Others in the course of a year or less, see, quite a number of different times, that part of the globe between Prince Rupert and Vancouver. And perhaps, there is little difference in cost.

It has long been the unhappy practice to call cigarettes "coffin nails." High time to abandon such a custom. There is no point to it. Nails do not cost two cents each.

Something was said last week about lamps being with us again.

Perhaps it's reminding Thomas Richard and Henry of the days when they trudged home with a gallon of kerosene, with half a potato stuck in the spout to keep from spilling. Chances are they were also given chimneys to polish and wicks to trim. But don't think for a moment oil lamps have become extinct. There are thousands still shedding their soft light in out-of-the-way spots in Canada. And they don't give a tinker's hallelujah how cold it becomes or what the water does.

Prince Rupert is to have a pound keeper. Most people like dogs but there come moments when one's regard might possibly be reconsidered. A pound is a necessity in a town of this size. And every dog should have an owner who thinks enough of his property to take care of him. If he neglects this, then it's a case for the pound with all that this implies. It's kindness to end the days of a diseased, half starved ownerless pooch. And rampaging dogs can also become a nuisance even on Prince Rupert's main business street.

FREE KNIFE RACK
One packed in every large (16oz) box of
Kellogg's ALL-BRAN
Yours! FREE...
handy kitchen knife holder now in every large (16 oz.) package of delicious Kellogg's ALL-BRAN!

MODERN, CONVENIENT! Holds 4 knives. The right knife is always "handle up" against the wall—out of children's reach! No more cut fingers! Knives never touch one another—keep sharp longer! Durable, bright red plastic holder, easy to attach to wall or shelf!

FREE OFFER invites you to try Kellogg's ALL-BRAN of today! Sweet! Crisp-tasting! Wonderful as a breakfast cereal—or in ALL-BRAN muffins! For a batch of these light, tender muffins tonight, see recipe on ALL-BRAN box!

LAXATIVE, TOO! If suffering from constipation due to lack of bulk in the diet, enjoy a bowlful of Kellogg's ALL-BRAN every day and drink plenty of water. Delicious natural laxative cereal!

HURRY! Get your ALL-BRAN kitchen knife holder now, while the supply lasts! Visit your grocer quick! Offer made by Kellogg's of London, Ont.

HOLDS 4 KNIVES
Attach to wall or shelf
Safe, Handy
Get yours today
Supply Limited!

Kellogg's ALL-BRAN
AR, SALT AND MALT FLAVOURING
for Constipation
DUE TO DIET DEFICIENCY OF "BULK"

World's most popular laxative Cereal

Try Libby's Winter-Style!
CANADA'S FAVOURITE TOMATO JUICE

Try it steaming hot. Serve it this way on cold blustering days when the children come home from school or back from play. It's delicious—garden-fresh and flavour-rich. To prepare it this way, heat through, but don't boil. Libby's is an excellent dietary source of the vitamins A and C which you want to protect because an insufficiency of these vitamins lessens resistance to colds and other winter infections. See that your family enjoys at least one big glassful of Libby's every day.

FIRST IN FAVOUR—FIRST IN FLAVOUR
DOUBLE YOUR MONEY BACK
If you don't agree that Libby's "Gentle-Press" Tomato Products—Juice, Catchup, Chili Sauce and Soup—are the best you've ever tasted.

TP13-49