

Practical Ideas for Housekeepers

PEACH CHIFFON PIE IS SPECIAL FAMILY DESSERT

Give a lusciousness to their cool flairs and all sorts of dishes. This is an easy-to-prepare pie which is ideal for a treat for those family dinners. "Baked" in the oven, it is cut easily into slices. With a garnish of cream or sliced peaches just before it is served, the chiffon pie will entrance.

Housewives have been experimenting with chiffon pies and have found three different ways to make a peach chiffon pie. It is not as rich as a pie. No. 2 uses a small amount of whipping cream to

BUYS AND WHYS

A WEEKLY INFORMATION SERVICE

MONTREAL, Sept. 8.—There's a glorious feeling of accomplishment in a well-stocked jam cupboard. And with CERTO Fruit Pectin you get up to 50% more jam or jelly from the same amount of fruit. With Certo, too, results are sure if the simple directions under the Certo bottle label are followed. Certo is the natural jelling substance in fruits, in about one-third of the time it formerly took by the method.

The Crop's In!
The Soup's On! Yes, every year at Leamington and Wallaceburg, Ontario, thousands of pickers gather a rosy, rich harvest of specially grown tomatoes for Heinz and you! So that all year round you can have the deliciousness of HEINZ TOMATO PRODUCTS... Heinz Cream of Tomato Soup... Heinz Tomato Juice... Heinz Ketchup and Heinz Chili Sauce! I'm stocking up now on these "famous four"... and counting on them to live up to their name from this September to next! The soup as a steaming first course — the juice as a cocktail — the ketchup and chili sauce to add zest to the flavour of main dishes... your family will love them all! That's why I suggest you keep well supplied... "pick" the pick of the Heinz tomato crop from your grocer's shelves now!

Lovelest Way I Know to keep the flattery of your Summer sun tax right through the Fall... keep it glowing with the NEW WOODBURY POWDER shade... Tropia Tan! Warm, "vibrant" Tropia Tan will see your complexion beautifully through the Summer-into-Winter changeover. And you'll love the new Woodbury Powder... for — wonder of wonders! — it doesn't look the least bit powdery! That's because it contains a very special ingredient that gives a smooth-as-satin look to your skin... helps the powder cling longer and cover tiny blemishes! Ask for the new Woodbury Powder... choose Tropia Tan or one of the six other colours in two convenient box sizes and one "purse" size... 65c, 37c, 19c.

Keep yourself looking your attractive best for your husband. And wise wives realize that a knowledge of feminine hygiene is an important part of their attractiveness. Thousands of fastidious women have found ZONITORS dainty, convenient and effective. These greaseless, stainless, snow-white vaginal suppositories are powerfully germicidal, yet absolutely safe to use! You'll find them at your favourite drugstore — and any questions you may have about feminine hygiene — write to me — Barbara Brent, 1411 Crescent St., Montreal. I'll send you a free copy of a booklet giving frank facts on this subject. I'll send the booklet to you in a plain wrapper.

Sing A Song Of Breakfast Cheer... richly delicious 5 Minute "CREAM OF WHEAT"! For the "Cream of Wheat" habit is an all year round habit that your family will take very happily to! You'll like it — for 5 Minute "Cream of Wheat" is so quick 'n' easy to prepare — takes only five minutes of boiling for full digestibility... and it contains Iron, Calcium and Phosphorus for diets deficient in these elements! Your family will like it for its wonderful flavour — its appetite-pleasing creaminess! That's why I urge you to serve "breakfast cheer" the year round... you'll find it in every scrumptious bowlful of 5 Minute "Cream of Wheat"!

Come For Dinner — when the family asks for something special... BENSON'S CORN STARCH... It makes scrumptious custards, meringues... you can count on it for the most festive successes! And, speaking of successes... add a tablespoon of Benson's added to 1 tablespoon of each slightly whipped egg white makes a meringue magnificent! Truly, you'll find near perfection when you cook with Benson's!

Being Bright And Early with my favourite Fall house-cleaning tip! I've always found ENERGINE Cleaning Fluid a marvellous help at cleaning time... and I'm sure that you will, too! You see — it's so very versatile! It gets rid of grease spots on upholstery, slipcovers, drapes, bedspreads — so easily! And Enengine will remove chewing gum from practically anything. To make your refrigerator, your washbasins gleam like brand new, just rub them with an Enengine rag. Clean clothes do not attract moths — so before your summer woollens, use this wonderful cleaning fluid on your greasy spots. You can get Enengine for as little as 10¢ at your grocer or department store.

SILVER WEDDING IS CELEBRATED

An enjoyable evening was spent at the Valhalla Hall on Friday evening last in honor of Mr. and Mrs. C. E. Olsen's twenty-fifth wedding anniversary.

A lovely three tiered wedding cake centred the table. Jack Franks on behalf of the many friends and relatives, presented the happy couple with the numerous gifts, including a silver tea service, a mixmaster and a silver flower vase with money attached to paper streamers hanging from the handle.

After refreshments were served, dancing was enjoyed until the early hours of the morning.

Enjoyed His Trip On Coastal Liner

H. G. T. Perry, managing director of the Daily News, who arrived in the city yesterday, expressed his appreciation of the courtesy and efficiency of the personnel of the steamer Prince Rupert on which he travelled from Vancouver. Mr. Perry, who is a seasoned traveller, found the voyage a delightful one and the service unexcelled.

Timely Recipe

Salmon Salad Surprise
1/2 lb. can salmon
1/2 cup lemon gelatine
1 pt. boiling water
Cooked Peas, Tomatoes, Lettuce, French dressing or mayonnaise.

Dissolve gelatine in boiling water. When cold put in a shallow layer in bottom of mould. When partly set, add sliced tomatoes. Fill mould with alternate layers of Canned Salmon, cooked peas and cold gelatine. When completely set, serve on bed of lettuce, garnish with tomatoes, add French dressing or mayonnaise. Serves 4.

GROWS TO DEATH
The weed-killer, 2-A-D, kills by making plants speed their growth to excess. The weed quickly uses up its own life substance and dies enlarged and deformed.

of popular fruit juices, none of these are as good as an investment as the citrus fruits — either for economy or vitamin C content.

VITAMIN D—Vitamin D is necessary to a child's diet to prevent rickets and to build strong, healthy bones and teeth. But the sunshine vitamin is not found in sufficient quantities in regular diet, nor can it be absorbed from the sun. Every child needs extra vitamin D in form of liquids, capsules or other preparations throughout the growing years.

CARE OF TEETH—Teeth need frequent brushing to prevent decay. The toothbrush should be moved up and down, not only across the teeth. Inside surfaces should not be forgotten. Proper brushing, plus a visit to the dentist once every six months will save a lot of trouble later on.

THE DIONNE QUINTUPLETS
The first quintuplets in recorded history who survived infancy, the five Dionnes are the picture of health at 15. The famous doctors who cared for them during the critical months of their babyhood prescribed Libby's Baby Foods — the only baby foods which are both strained and homogenized.

Build up a year-round "bank"
Insure success with HEINZ white Vinegar in bulk and gallon jars.

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Better English

1. What is wrong with this sentence? "He was enthused about the idea."
2. What is the correct pronunciation of "predicament"?
3. Which one of these words is misspelled? Perpendicular, pernicious, perpetrate.
4. What does the word "opprobrium" mean?
5. What is a word beginning with de that means "contemptible"?

Answers
1. ay, "He was enthusiastic." Enthuse is a colloquialism. 2. Pronounce first syllable pre, not per as often heard. 3. Perpetrate. 4. The disgrace that follows shameful conduct. "A man finds it difficult to escape the opprobrium attached to his indiscretions." 5. Despicable.

PROVINCE'S NAME
The province of Saskatchewan was named after the Saskatchewan river, whose name is an Indian term meaning rapid river.

ALLOWANCES FOR OUT-OF-TOWN STUDENTS MADE

"Boarding allowances" for five children from the interior part of this school district who are attending city schools were approved by the School Board last night after members learned that the school law authorizes it to pay up to \$14 a month in such cases.

The Board took the action following receipt of letters from parents of two families in the East Kwantlen region having children attending school here. The allowances are designed to aid in the cost of their education away from home.

Board Chairman Dr. R. G. Large said that the Board should make allowance in next year's estimates for such costs. Previously only two children were attending school from outlying points.

Also approved by the Board was a scale of transportation costs submitted by Kalen Island Stages Ltd. for carrying seven Port Edward children to

and from school here. The rate quoted by the stage company was \$4 a week for children over 12 and \$2 a week for children under that age.

VETERAN PRODUCER
The Turner Valley oil field, in spite of its shrinking output, continues to contribute about 40 percent of Alberta's oil.

Gentlemen prefer Christie's because they're



Christie's Biscuits
all the way through

A Gift for baby!



Jewel-Like, Polished Plastic BRUSH and COMB SET
REGULAR 7 VALUE
ONLY 25¢
with 6 labels from Libby's Baby Foods

Just send your name and address clearly printed on any slip of paper, or use this convenient coupon. Enclose 6 labels from Libby's Baby Food and 25c in coin, and state your colour preference. Mail to Libby's, Toronto, Ontario, P.O. Box 177.

Colour (state pink or blue).....

Name.....

Address.....

Here is a bargain indeed! A beautiful polished plastic comb and brush set for baby—\$1 value, yours for only 25c when you enclose 6 labels from Libby's Baby Foods. The brush has extra soft Wylene plastic bristles and handle of sparkling pink or blue Polystyrene, a sturdy new plastic material of jewel-like brilliance. The comb is clear polished plastic with rounded teeth that comb smoothly. To get this beautiful set for your baby, just send us your name and address clearly


printed on any slip of paper, or use convenient coupon above. Enclose 25c in coin and 6 labels from Libby's Baby Foods, any variety (see list below). The important thing is, don't delay. Our supply of brush and comb sets is limited, and this offer may be withdrawn without notice. Act now and be sure of your set.

ONLY LIBBY'S BABY FOODS ARE HOMOGENIZED FOR EASY DIGESTION

Mothers, do you know that Libby's alone takes an extra step in preparing fruits, soups and vegetables for your baby? After straining the foods, Libby's homogenize them.

This exclusive Libby process, which breaks up the food cells, makes Libby's Baby Foods at least ten times finer in texture than foods which are only strained. By breaking up the coarse, irritating food fibres which often cause digestive upsets when baby first starts on solid foods, it removes the cause of indigestion from these foods. Clinical tests show that even a six-week-old baby can digest Libby's easily, without upsets. This is true only of Libby's, the only baby foods which are homogenized.

Think what this means at the critical time when you start feeding fruits and vegetables! What a continued safeguard it is! And Libby's are the only baby foods which offer these extra benefits.



BEETS

Spinach	Vegetables with Beef and Barley	Applesauce
Carrots	Vegetables with Bacon and Barley	Apples and Prunes
Peas	Vegetable Soup	Apples and Apricots
Peas, Carrots, Spinach and Barley	Liver Soup	Peaches
Squash		Custard Pudding