

Church Pays Off Its Debt

First Presbyterian Congregation Has Good Reason to Celebrate

There was reason for celebration at First Presbyterian Church Wednesday night. The Ladies' Aid and Men's Club were joint hosts at a social evening held to suitably celebrate the final payment of \$500 being made on a loan of \$2500 procured some eighteen months ago for renovation of the Church properties. The turn-out was large.

Fred Conrad, president of the Men's Club, was in the chair, while Jack Evans was master of ceremonies.

The meeting was opened with the singing of the Doxology after which the minister, Rev. Dr. E. A. Wright, led in prayer.

Games were to test the musical sense of smell and touch of the contestants. Perhaps the most interesting competition was the paper cutting contest. It has been generally accepted that women were the undisputed artists of the needle and the shears, although James Clark, both in his preliminary heat and in the final, showed that he too knew which was the business end of a pair of shears. He was a popular winner.

The highlight of the evening was the presentation by Mrs. W. W. Bowes, president of the Ladies' Aid, to E. J. Smith, representing the Session, of a check for \$500 a final payment on the loan. In accepting, Mr. Smith thanked everyone who had in any way contributed to the liquidation of the loan and particularly stressed the fact that the promptness with which it had been repaid, would make that same sum of money again available for a similar purpose elsewhere and, doubtless, would influence the central committee in making decisions when presented with applications of a similar nature.

The chairman, then called upon Dr. Wright, originator of the nickel bank scheme which had proved so successful.

Dr. Wright graciously submitted to a ten-minute restriction and said this was one of the happiest days of his life. He related briefly, on account of the time limit, the story of how the loan of \$2500 was negotiated on

condition that it would be repaid in five yearly payments of \$500 each. The loan, he revealed, had only been procured by by-passing established practice but he felt desperate cases required desperate remedies even although it did appear a formidable task, requiring both courage and conviction in the face of other pressing obligations and commitments. The nickel bank scheme was one means of raising money that suggested itself. The success of the scheme he believed was a tribute to the untiring efforts of the Ladies' Aid, assisted in some degree by the Men's Club in the distribution and collection of the banks. The ladies were at the moment applying themselves with similar zeal and energy to providing a carpet for the church. In their capable hands the success of their efforts would be a foregone conclusion. Dr. Wright reported that at the last congregational meeting held in January it had been decided to continue the bank collections for another year so that other commitments could be similarly taken care of.

Refreshments, in both taste and abundance, were provided and served by the Ladies' Aid under the leadership of the president, Mrs. W. W. Bowes, following which the enjoyable party came to a conclusion with the singing of Auld Lang Syne, accompanied on the piano by Mrs. James Evans, who had officiated in a similar capacity during the musical part of the games played earlier in the evening.

Hotel Arrivals

Prince Rupert

Mr. and Mrs. H. Hart, Terrace; Constable R. Seaton, Stewart; S. E. Grover and F. W. Moore, Vancouver; H. L. Coleman and D. H. Marshall, Ketchikan; A. Hartley, Premier; S. A. Brooks, Minneapolis; George Johnston, Vancouver; Miss F. M. Neighbor, Terrace.

BLAIRMORE, Alta. (CP)—A new coal cleaning plant operating here was built at a cost of \$250,000. It reclaims 500 tons of refuse coal daily.

Annual Meeting of the Prince Rupert Rod & Gun Club Friday, March 14, 7:30 p.m. Canadian Legion. Election of officers. Films shown. Everybody welcome.

Two Sides to Dietetics, Woman Speaker Tells Rotary

Working as a dietician in a hospital is a two-sided job—one, scientific, the other dealing with human relations. It is the latter side of her job which Miss Jean McLeod, Prince Rupert General Hospital dietician, often finds amusing.

For instance, most men patients in this city are fishermen "and they have very definite ideas about fish as food," Miss McLeod told Rotarians at luncheon Thursday.

"They either cannot stand the sight of anything remotely resembling gills or fins or else they live on little else. One patient of mine announced he was alright if he was fed 'good halibut and fried spuds' three times a day, every day!"

In a hospital, meals were of magnified importance to sick persons for they had little else to occupy their time. Miss McLeod illustrated how one long-term patient had a standing order for a salad plate on fish days.

"He takes great delight in checking up on it every time I pass through the ward."

On the scientific side of her job, Miss McLeod traced the history of dietetics to Florence Nightingale, the founder of the nursing profession, during her service in the Crimean War.

Later, in 1890, hospitals began a movement to place women specially trained in foods and food preparation in charge of diet kitchens.

Today, a four-year university course and a fifth practical post graduate year prepare women for dietetic positions of three types—hospital, commercial and industrial.

Dietetics and nutrition overlap to a considerable extent as

phases of an overall project to improve health and efficiency of human beings throughout the whole life span by providing food adjusted to meet the needs of the body.

FOOD AND PEACE

"But nutrition is a big word in post war vocabulary and is one of the major factors in establishing conditions of world peace," said Miss McLeod.

"Two-thirds of the world's people never have had enough to eat or the right kind of food to promote health. In the past it was accepted as a foregone conclusion that hunger was inevitable, even though two-thirds of the world population was engaged in agriculture.

"Even those who produce the food do not get enough of it, or the right kind."

But today, science provides information on how to produce enough food to feed the world, said Miss McLeod, and the United Nations Food and Agriculture Organization is the first step in putting the scientific information to work by joint planning.

Miss McLeod called on everyone interested in one's own health, that of one's family or community, or of mankind in general to learn something about "this timely subject of nutrition."

Classified advertisements in the News pay big dividends.

Personals

Cecil Abrams, general manager for the Yukon and White Pass Route at Skagway, and Mrs. Abrams were passengers aboard the Princess Norah this morning bound north for the season after spending the winter in Victoria.

A. M. Borland, formerly of this city and for the past nine years located at Whitehorse where he is in the civilian service of the Royal Canadian Engineers, was here aboard the Cassiar this morning bound south for a trip to Vancouver. Returning north in a few weeks he will fly from Seattle.

Mrs. Frank Skinner is sailing Sunday night on the Chilcote for a visit in Vancouver.

R. E. Wolverton of the Consolidated Mining and Smelting Co., who has been spending the winter outside, sailed on the Princess Norah this morning for Taku to spend the season.

Mr. and Mrs. F. E. Love of Wadena, Sask., sailed on the Prince George last night after a week's visit here with their son-in-law and daughter, Mr. and Mrs. George Razzo.



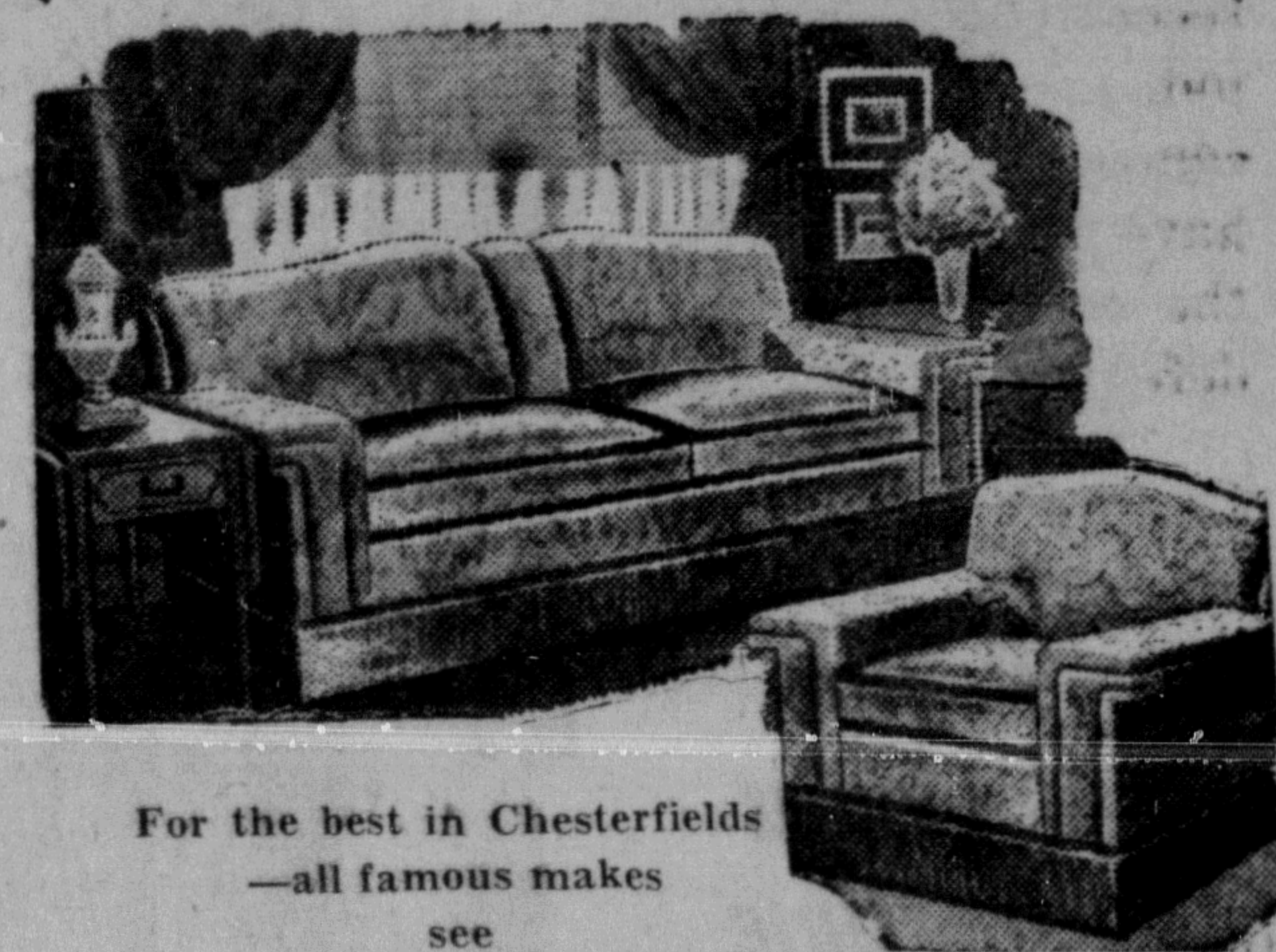
FOR A LASTING SHINE

MUSICAL FESTIVAL NOTICE

THIS IS THE LAST CALL FOR MUSIC AND DRAMA FESTIVAL ENTRIES

Northern B.C. Power Co. Ltd.

QUALITY CHESTERFIELDS



For the best in Chesterfields—all famous makes see

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the STETSON open road



Here's the famous Stetson Open Road, the Western style that has rapidly become one of the East's most popular hats. The rugged individuality of the Open Road is in keeping with the distinctive personality of the man who wears it. Why don't you try it today?

Watts & Nickerson MEN'S CLOTHING

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Largest sale in Canada

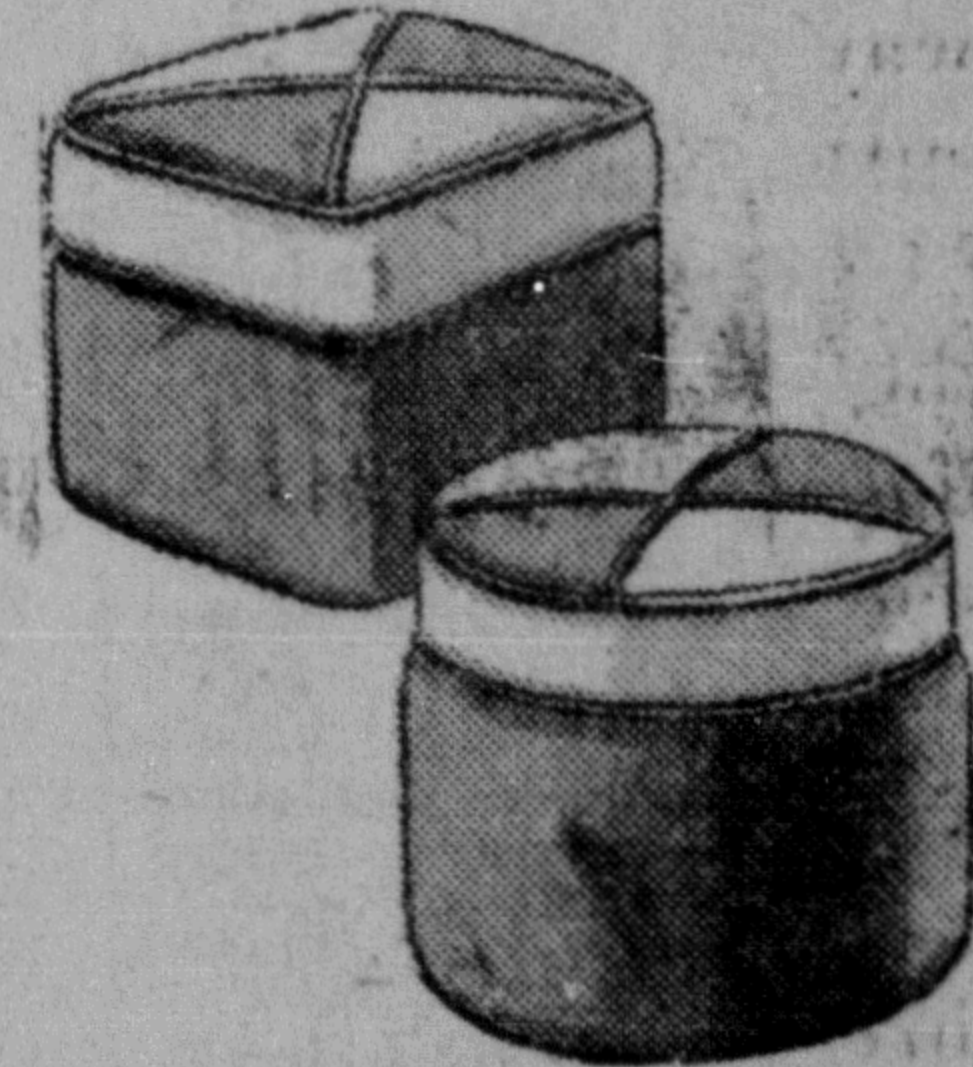
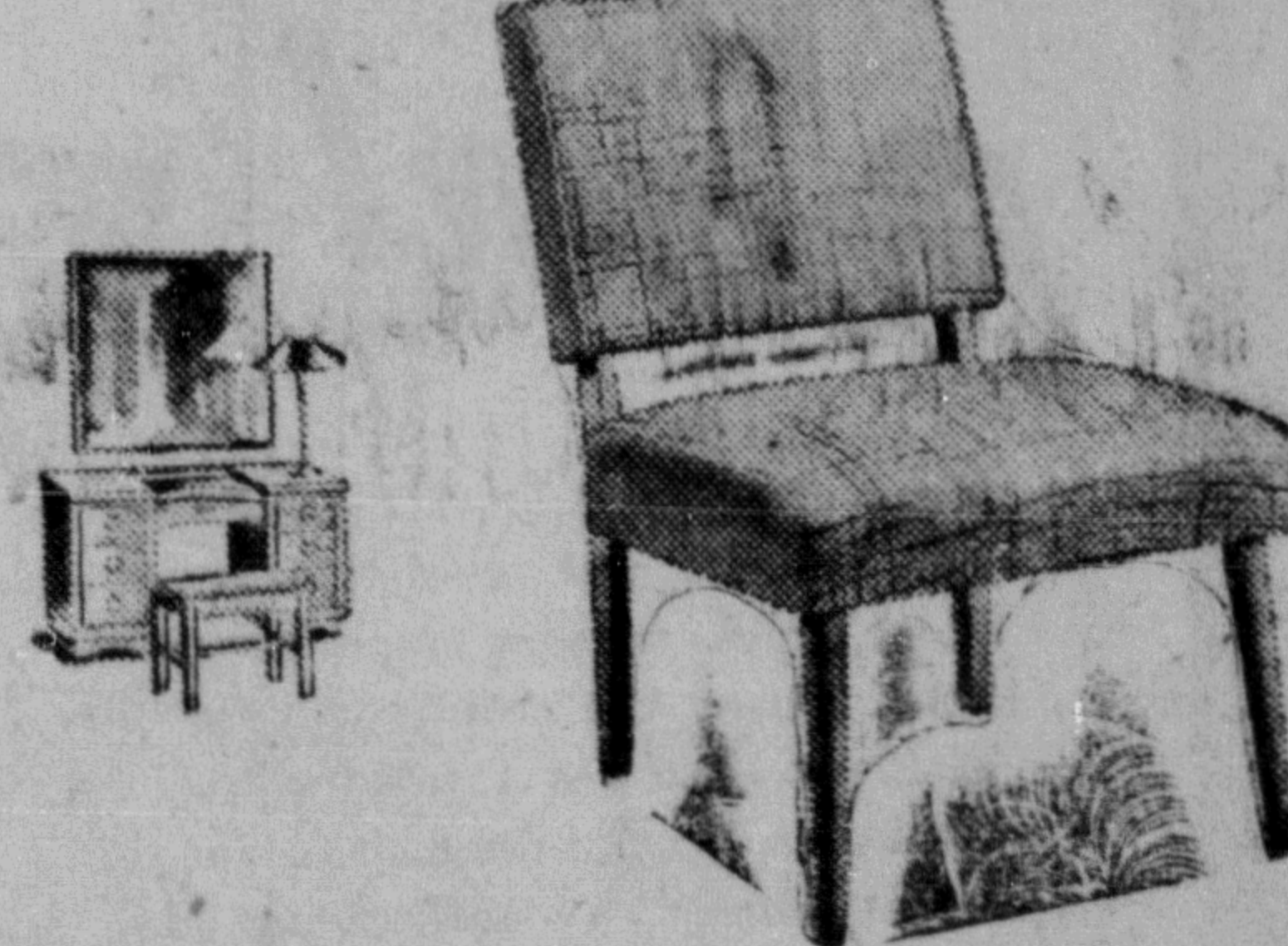
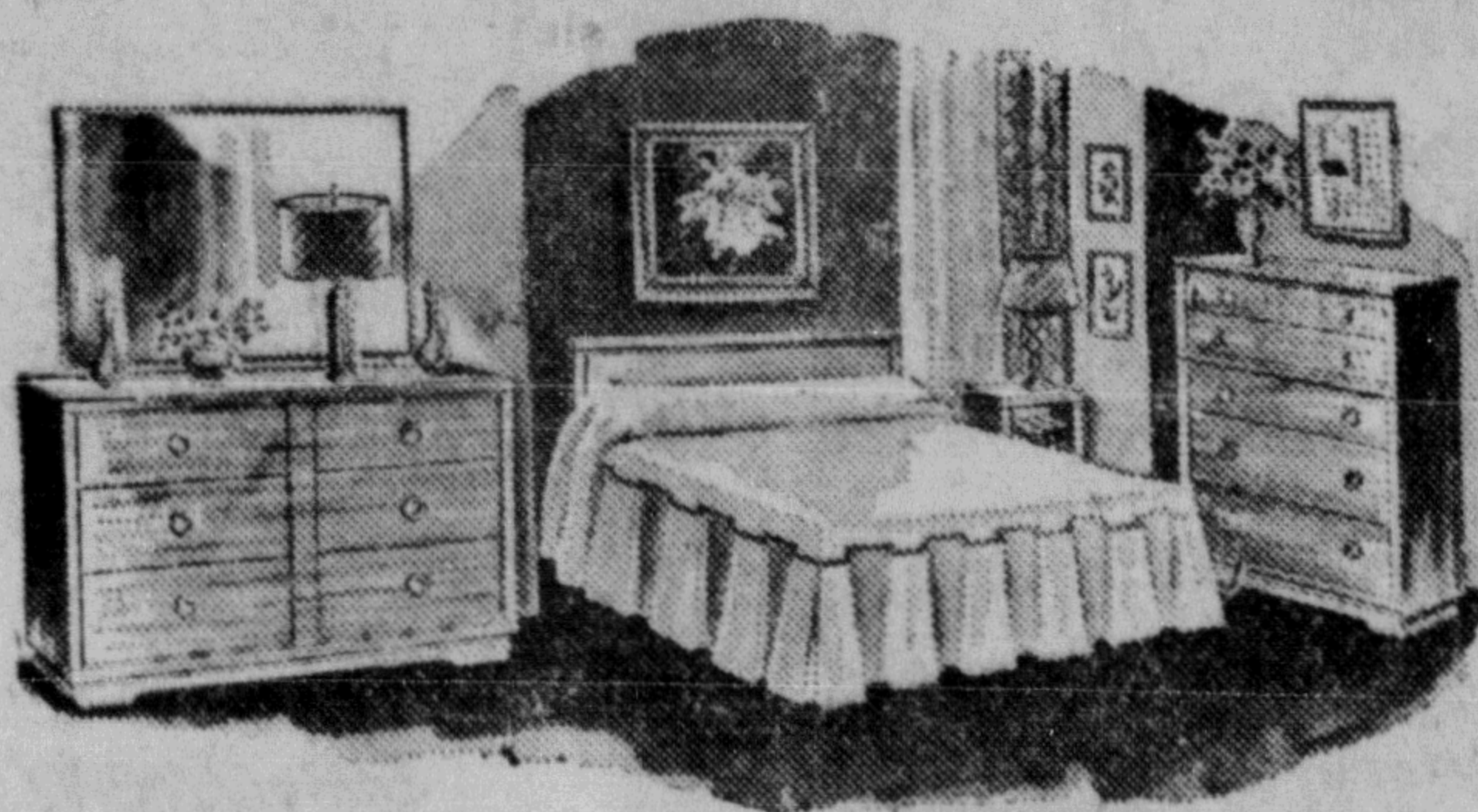
TRADE-IN ALLOWANCES 10% DISCOUNTS

4-piece Blond Mahogany BEDROOM SUITE

Price 199.50 Trade-in Value 45.00

4-piece Grey BEDROOM SUITE

Price 254.50 Trade-in Value 55.00



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WASSOCK—Grey and Cream. Special Value 9.95
PIECE BRIDGE SET, Red leatherette. Price 34.50
CHROME WOODGRAIN CHAIRS, Plastic Fabric, each 21.50

1 CRIB, portable, for car, other uses 7.95

Living Room MANTEL MIRROR, Priced at 12.95

1 VACUUM CLEANER 77.50

1 PULL-UP CHAIR, green, exceptional value 29.95

1 Sunshine SIDEWALK BICYCLE, Priced at 41.95

1 FLOOR POLISHER 39.50

1 MARCONI CONSOLE RADIO Priced at 89.50

HOSTESS CHAIR, Chartreuse, rayon friese 23.95

2 TABLE LAMPS and Shades, Chartreuse. Each 9.95

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