

Handbags for Fall

All Styles and Colors

as low as

\$1.95

Fashion Footwear

Wolves Trail Lost Hunter In Alaska

FAIRBANKS, Alaska (AP)—Ruben Parham of Elleson Air Force Base was returned here safely Wednesday after he became lost while hunting and being trailed by wolves in the Ester region 30 miles west of here.

Parham was rabbit hunting when he became separated from other members of his party.

Searchers found his trail and followed his footprints in the snow. Along with Parham's prints were the footprints of three wolves which had been following him.

Searchers finally found Parham, who had sprained a leg and was lying helpless.



Rice and Short Ribs With Vegetables Make Mighty Succulent Fare

With meat so tender it fairly falls off the bone, and the rice white and fluffy, just waiting to catch any of the savory juices and gravy which might otherwise get away—your family will not be able to resist eating the very last bite of this simply wonderful tasting main dish.

Here is a sure fire appetite satisfier because hefty and hearty servings of the rice and short ribs are allowed each hungry eater. You will be glad to see that you can satisfy your family so inexpensively because this beef and rice dish is low in cost but really "fills up" those starving youngsters.

INGREDIENTS:
 1 1/2 cups flour
 1 teaspoon salt
 1/4 teaspoon pepper
 2 pounds beef short ribs
 1/4 cup fat
 1/2 cup chopped onion
 1 cup diced carrots
 1 cup diced celery
 1 cup water
 1 tablespoon flour
 1/4 cup water
 4 1/2 cups hot cooked rice

PREPARING THE FLUFFY WHITE RICE: To make 4 1/2 heaping cups of white, fluffy, perfectly cooked rice:
 1. Put 1 1/2 cups of uncooked rice,

3 cups of cold water and 1 1/2 teaspoons of salt into a 2-quart saucepan and bring to a vigorous boil.

2. Turn the heat as low as possible. Cover the saucepan with a lid. Do not remove lid nor stir rice while it is cooking.

3. Leave saucepan over this low heat for 14 minutes. Remove from the heat. The rice is now ready to use. However, leave the cover on the saucepan to keep the rice hot if you are not ready to use it immediately.

METHOD: Mix together the flour, salt and pepper. Cut the short ribs into six equal portions and dip into the flour covering all sides well. Melt the fat in a large skillet. Brown the short ribs in the fat. Add the onion, carrots, celery and water. Cover and cook over a medium low heat for about 1 1/2 hours or until the meat is tender. Add the 1/4 cup of water to the 1 tablespoon of flour and mix to make a paste. Slowly add, stirring constantly, to the liquid around the short ribs. Cook, stirring, for about 5 minutes. Serve over the hot cooked rice. Some of the gravy may be served in a separate dish.

This recipe makes 6 generous servings.

Fishermen Learn Seamanship

LUNenburg, N.S. (CP)—Some newcomers to the Nova Scotia fishing industry are going to sea with as much knowledge of the finer points of navigation as their skippers.

The reason is the fishermen's navigation school here, operated by the provincial industry department with assistance from the federal labor department's vocational training section.

Established in May, 1951, the school is the only one of its kind in Canada and is aimed at teaching the basic principles of the fisherman's calling.

The teaching is varied to suit the needs of the particular student.

The aim of the school is to give every fisherman a better knowledge of seamanship and fishing equipment.

Thursday, October 29, 1953

Sir John Hawkins, seaman who died in 1595, was the first Englishman to traffic in African slaves. Locks of the Lachine Canal near Montreal, raise ships 4 feet in by-passing rapids on the St. Lawrence river.

Barbara Brent's BUYS AND WHYS

A WEEKLY INFORMATION SERVICE

MONTREAL, October 29th—It's a pleasure to use gay colors in sewing on these dark fall days. That's one reason, I think, why more women buy Canadian made PRISCILLA BIAS FOLD TAPE than any other kind. For Priscilla comes in colors as delicate and "gay as a bowl of sweet peas". Also in the prettiest two-toned effects. The fine quality lawn with which Priscilla is made, has been specially treated, so that it's crisp and always fresh—yet folds over scallopes, curves, corners, with ease. Why not whip up some children's clothes—some cute aprons—new curtains for the kitchen—and use Priscilla Bias Fold Tape to give them that extra charm? Guaranteed fast to boiling!

Each Week 1 Dozen... of what I think is a homemaker's starchy and inspired friend, HEINZ CONDENSED SOUPS. Then I know I'm all set for a week of varied flavours and added richness in sauces, dressings, meat loaf, rarebits, casseroles—and of course soup! With Heinz Soups on hand... you can use Vegetable Soup in beef stew; add mushroom sauce to fried mushrooms; Cream of Tomato Soup to your Spanish rice; Chicken Soup with Noodles on casseroles of vegetables. You can whip up the most delectable omelets with soups that the family may not "out-of-this-world!"—when you have a row of Heinz Condensed Soups always ready.

I'm Excited About The Chance A Woman Has—to win big cash prizes in the BLUE BONNET MARGARINE Christmas cash contest! Each week—twenty-six prizes—\$500; \$200; \$100; with 5 other prizes of \$50 and 18 of \$25! Plus a chance at the Christmas BONUS of one thousand dollars... Write in 30 words, or less, why you prefer Blue Bonnet Margarine. Send as many entries as you like, and enclose with each one TWO END FLAPS (with Good Housekeeping Seal of Approval) from Blue Bonnet—or reasonable facsimile. For a chance at the \$1,000 Christmas Bonus, write how many units of Vitamin A, are in each package of Blue Bonnet. Mail to Blue Bonnet Sue, Box 2160, Toronto, Ontario.

Here's To Your Good Health! Yes, it's a toast to health and beauty when you drink the juice of one fresh lemon in a glass of water, first thing on arising. You see, this natural fruit drink helps keep you regular, the healthful way. That's because lemon-water gently helps your system regulate itself. So take my tip—if you're feeling out of sorts, follow this healthful "lemon formula" for feeling better. But make a point of using SUNKIST LEMONS. I find I get more, delicious juice from them than any others I've ever tried.

Make Life Easier!

Milady BLUE TOWELS

WITH Milady BLUE TOWELS

...They save you time and work so many ways!

Bacon, fried foods or salad ingredients are crispier, tastier when drained on Milady Blue Towels.

Hands are dried quickly, gently with soft absorbent Milady Blue Towels.

Kitchen clean-up — Blue Towels are ideal for dozens of chores — polishing glass, windows, or using with cleansers, polishes or soap.

Household protection — for manuring or protection against any damaging or rusty household liquid.

Place a handy dispenser of Milady Blue Towels in your kitchen today — you'll find them at your grocer's.

It's the Blue that makes Milady Towels Better—Accept no substitutes.

PROVEN AND PROVED

Housewife Caps Civic Career As Next "Mayor" of London

LONDON (Reuters)—A grey-haired housewife with a passion for "silly hats" is scheduled to become London's next "mayor."

She is Mrs. Molly Bolton, mother of two adult children and a veteran Socialist who has already proven her diplomatic skill by successfully concealing her age through a long public career.

Mrs. Bolton virtually is certain to be installed as chairman of the 150-member London County Council next Tuesday when the councilmen meet to confirm her nomination by the Labor party, which holds a majority of seats.

Her job, the toughest in British municipal politics, requires great tact and administrative ability.

HEAD CITY'S HEART

She will be the active head of the 3,500,000 persons who live in London county, the heart of the capital's 8,000,000 population. She will not receive one penny for her full-time job, and will get only a strictly-audited expense account.

She lives with her husband, an engineer, in a solid old Victorian brick house in northwest London. Their daughter is an actress in a London stock company and their son is on duty in Malaya as an army medical officer.

During her early days on the council, Mrs. Bolton dazzled her fellow-councilmen by showing up wearing bold new hats notable for their carefree, feminine styling. But this year when she was elected as vice-chairman of the council, decorum got the better of her and she began to show up bareheaded.

When Mrs. Bolton took her seat on the dais for the first time there was a subdued chorus of groans from the male councilmen whose lives had been brightened for years by the hats.

"It's just laziness, really," Mrs. Bolton apologized.

LONG A SOCIALIST

Mrs. Bolton's devotion to socialism dates far back into this century. For seven years she was the private secretary to Britain's famous Socialist team, Sidney and Beatrice Webb.

As chairman of the council she will be the head of a body which handles almost all the county's active civic life, from sewage disposal and civil defence to child welfare and the school system. The council even operates a string of restaurants.

It has no jurisdiction, however, over the city police, who are national.

Mrs. Bolton's job is not to be confused with that of the Lord Mayor of London, whose tradition-steeped post gives him jurisdiction—chiefly honorary—over the square-mile borough known as "the City of London," the capital's financial district and the site of St. Paul's Cathedral.

Lamb's NAVY RUM

a staunch old friend

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QUICK'n' EASY LUNCHBOX SPECIAL*

TASTES GREAT WITH French's

Made for each other — sliced luncheon meat — and French's

***HERE'S ONE WAY:**
 Luncheon Meat Sandwich Spread. 1 can luncheon meat, chopped; 2 tablespoons chopped sweet pickle; 3 tablespoons French's Prepared Mustard. Combine ingredients in a bowl and mix thoroughly. Yield: Filling for 6-8 sandwiches.

What's most important in a lunch box? The sandwiches! So make 'em hearty and vary the fillings. Try this taste tempter — made with canned meats and deliciously flavoured with French's pure golden Mustard. Smoother, creamier, French's blends better... flavours better. You can taste the difference!

For a variety of practical lunchbox, and other recipes send 10¢ for a copy of the new edition of "Culinary Art" to Reckitt & Colman (Canada) Limited, Dept. FR, 1000 Amherst Street, Montreal.

LOOK FOR THIS ATTRACTIVE NEW JAR WITH THE FAMILIAR RED PENNANT

French's PREPARED MUSTARD CREAM SALAD BRAND RECKITT & COLMAN (CANADA) LIMITED MONTREAL

GOLDEN APPEARANCE • GOLDEN FLAVOUR • GOLDEN QUALITY

New Instant Coffee Sparks Revolution in Breakfast Habits

Changeover Comes Fast as Women Abandon Coffee Pots and Messy Grounds for Matchless Speed and Satisfaction of Chase & Sanborn's New "Instant"

Just can't deny it! When the new hot disappears from innumerable breakfast tables across the land, some sort of revolution is hit the Canadian breakfast scene.

It's happening! In a fast-moving number of homes in every community the breakfast coffee is brewed, perked, strained or clipped any more—

It's made—glorious, fragrant and restful—the moment hot water hits a spoonful of wonderful new Instant Chase & Sanborn coffee.

Any woman would be glad to say farewell to stained coffee pots and sloppy grounds. But it has to be an "instant" of exceptional merit to change her allegiance. For breakfast coffee, particularly.

They're not just talkin' THIS REALLY IS REAL COFFEE!

Yes, this instant coffee is a far cry from the weak, disappointing coffee substitutes. It's potent, full-flavored, 100% real coffee!

But there's only one way to prove it. Get a jar of New Instant Chase & Sanborn. Taste that freshly ground coffee flavor—so good you'll make it your regular coffee!

Big Savings, Too

With new Instant Chase & Sanborn you not only economize in time and work. You save money—up to 40¢ a pound on your coffee bills. No wonder it's served in more and more homes every day.

Now!...the Flavor and Aroma of Freshly Ground Coffee Instantly!

SPECIAL ON Steel Oil Tanks

110 Gal. Tank	\$ 55.00
275 Gal. Tank	\$ 75.00
375 Gal. Tank	\$ 90.00
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All tanks made of 12-gauge steel

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