



THE NAIL—Countess Alexander, wife of the former general, Lord Alexander, takes a back seat to no one as she hits the nail on the head. Shown driving a log at the May Court Ball her efforts caused Lord to laugh heartily. (CP PHOTO)

Personals

Mrs. Thomas A. McMeekin sailed last night on the Prince George for a trip to Vancouver.

Douglas Soutar, district manager of B.C. Packers, and William Glass sailed last night on the Prince George for a trip to Vancouver on business.

A. E. Dickens sr. sailed last night on the Prince George for a brief trip to Vancouver where he will meet an old friend who has come out from London, England, for a visit.

Mrs. Annette Mansell, injured recently in an automobile accident at Woodland, California, is still in hospital there. Since entering the hospital, she developed a case of mumps.

Mr. and Mrs. Donald Main sailed last night on the Prince George for a trip to Vancouver. Miss Joan Katcheson sailed last night on the Prince George for a trip to Vancouver.

Miss Lois Stevens of the public relations department, Celanese Corporation of America, sailed by the Prince George last night for Vancouver enroute back to New York after having spent the past week in the city on business.

Volunteers in Defence

Volunteers were enlisted at Hill, local civil defence instructor, after outlining to Legion members plans for a night drill on the Prince Rupert. The drill will be held on the night of the 21st and will be held at the hall. At present, Mr. Hill is the only instructor. He is only one of the several hundred volunteers who are being trained for the defence of the city.

Legion dance, formerly scheduled for February 15 was moved ahead to February 29. A St. Patrick dance also is planned, as well as a play later in the season. More than 40 members attended.

Laborers' Union Discusses Wages

A mid-month meeting of Construction and General Laborers' Union (AFL) was set last night to discuss future negotiations regarding wages and working conditions. Negotiations would be opened with all city and district contractors, unionists decided last night.

Navy Day at Rotary Club

Prince Rupert Rotary Club, at luncheon yesterday, heard Lt. Cdr. R.D. Barrett, RCN, discourse on the subject of naval co-operation with merchant shipping and world trade. The speaker, staff officer, trade, Esquimalt, was introduced by Lt. Cdr. J. D. McRae, RCN, officer commanding HMCS Chatham with whom he served in the navy during the war. A guest was Lt. Walter Smith, also of HMCS Chatham. Rotary President Fred Scadden was in the chair.

Hotel Arrivals

Prince Rupert
J. T. Hindson, E. Clough, J. W. Mackay, W. B. Davidson, R. Wilson and T. J. Coghlan, Vancouver; E. J. Erickson, Skeena Crossing; S. S. Harper, Edmonton; J. A. McCracken, Calgary; T. Woods, Mr. and Mrs. D. Walls and G. Murray, Smithers; Lt. Cdr. R. D. Barrett, Esquimalt; A. Taylor, R. Blackwell and Mr. and Mrs. W. S. Holgate and family, Ocean Falls; J. Barry, South Burnaby; Mrs. B. Eviatt, Port Alberni; Miss M. Frith, Victoria; J. McBain, Winnipeg; C. Bool and G. A. Chamberland, Pacific; C. Crispin, New Westminster; Mrs. A. J. Walker, Kitlas; Mr. and Mrs. F. W. Grimble, city.

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HOUSEKEEPING

SKIM MILK POWDER ONE WAY OF CUTTING EXPENSES

The canny housewife of today, always on the lookout for new ways to keep household expenses down, has made a discovery. It's skim milk powder. Properly handled, it is an inexpensive and acceptable substitute for fresh milk.

Besides being nutritious, easy to store and use, skim milk powder is economical. An eight-ounce cup (one-quarter pound) dissolved in a quart (five cups) of water, has the same food value as a quart of fresh skim milk and the difference in taste can scarcely be noticed. The reason is simple: the powder is actually fresh skim milk with the water taken away. Replace the missing water and it comes out milk again. With milk a basic necessity on the family menu at any time, skim milk powder is becoming a favorite on the shopping lists of the nation.

Most grocery stores carry skim milk powder. Since it can be kept on the kitchen shelf (tightly closed) it is a convenient way to buy milk. Once the powder is mixed with water, however, it should be treated like fresh milk, kept covered and cold, and used within two or three days. On standing, in the liquid form, it tends to become sweet, so many prefer to make up only a day's supply at a time.

Home economists point out that skim milk powder may be used in every way that fresh milk is used. As a general rule, it is best to use four tablespoons (one ounce) of skim milk powder and one cup of water in place of one cup of fresh milk. For extra food value, there is an advantage in using more than this amount of skim milk powder or in adding some to such foods as cooked breakfast cereals, meat loaves or gravies which are not usually made with milk. However, it is not wise to increase the amount of skim milk powder to the point where palatability is affected.

To rehydrate the powder, the home economists suggest pouring half the amount of lukewarm water required into a glass jar, sprinkle the skim milk powder on top, cover tightly and shake the jar for about one minute or until the powder dissolves. Add

the rest of the water, cover and cool immediately. As an alternative method, the skim milk powder may be added to the lukewarm water in a bowl and beaten with a rotary beater or a wire whisk until the powder dissolves. Pour into a glass jar or bottle, cover and cool immediately.

In cooking or baking, skim milk powder may be used in the dry form. The powder is mixed with the other dry ingredients and the required amount of water is added in place of the liquid called for. When substituting skim milk powder, in the proportion of four to six tablespoons of powder to one cup of water for one cup of fresh milk, in a recipe, reduce the amount of flour called for by approximately one-quarter or if cornstarch is used, by approximately one-eighth. This allows for the slight thickening effect of the milk powder.

Milk powder is ideal to use in milk beverages, cream sauces, scalloped potatoes, desserts, breakfast cereals, meat loaves, gravies and baked products.

Car Collision Decision Given

Defendant and plaintiff were ordered Wednesday to share 60-40 respectively in claims and costs of \$325.39 arising out of a car collision here February 7, 1951. Case appeared before Judge W. O. Fulton in County Court in which Clarence Callow claimed damages against Ross Bros. Taxi Service. T. W. Brown, KC, appeared for the plaintiff; Ray Hogarth, for the defendant.

Another damage claim arising out of a car collision near Smithers August, 1950, is being heard this afternoon. Plaintiffs Ralph R. and Irene Grace Smith are claiming \$865 against Ray Foster, who is counterclaiming \$274.25. Solicitors are Brown & Harvey for the Smiths and Ray, Hogarth and Fraser for defendant.

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Definitely a superior wall board, completely marbled, especially suitable for bathrooms and kitchens. Height of wall board 4½ feet.

Price per lineal foot **90c**

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SEE OUR LARGE SELECTION OF MIRRORS

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Snow and Ice Disappearing

Softer air and frequent showers continue to reduce ice so greatly that in some parts of Prince Rupert the streets and sidewalks are bare. Few are heard to praise cold weather. They are eloquent in telling the public what a relief it is to get around without risking a variety of injuries in the way of broken bones.

Mr. and Mrs. Gordon Root, who have been in the city for the past couple of days, will return by air tomorrow morning to Vancouver, having changed plans to go from here to Edmonton.

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DOWN PAYMENT Only 17.45
Including Sales Tax

McRAE BROS.

Besner Apts. Changes Hands

Sale of the well known Besner Apartments property on First Avenue near the junction with Second and Third Avenues is announced.

Purchasers are Mrs. F. M. Crosby of the St. Elmo Hotel and Capt. George Fritz, pioneer fishing vessel owner.

Vendor is Jacob Strand who purchased the property two years ago from Oler Besner.

Deal was transacted by Armstrong Agencies.

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NOTICE

Effective March 31st, 1952, we, the following food merchants wish to announce that due to circumstances beyond our control, we will be obliged to discontinue our Chinaware and Aluminumware premium offer.

ALL COUPONS WILL BE HONOURED UNTIL APRIL 30, 1952

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Lyons Fine Foods Ltd.
Family Meat Market
B & Y Market Ltd.

D & S Grocery
Sunrise Grocery
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